



Windsor Open

Track and Field Meet

Saturday, May 21st, 2016

University of Windsor Stadium

- Facility** Eight lane track and jump approaches plus javelin runway are all Mondo Super X, concrete throwing circles.
All track events will be FAT (Finish Lynx) and will be run with assisting winds.
Distance events will be run under the lights during the evening.
Track facility and jumps areas have lighting for evening events.
- Directions** University of Windsor Stadium is located at the corner of Huron Church Rd. and College Ave. (2555 College Ave. for your GPS)
From Ontario take the 401 West to Huron Church and Huron Church to Ambassador Bridge – Stadium is on the right before entering the Ambassador Bridge.
From the U.S. (via Ambassador Bridge) turn left at the first stop light off the bridge and Stadium is on the right hand side. You must have proof of citizenship and picture ID to enter Canada and again to re-enter the U.S.
- Entry Fee** \$ 18 for first event & \$12 for each additional event
All athletes must be registered with their provincial/state track and field association.

\$ 25 for first event for Unattached Athletes & \$12 for each additional event (includes insurance fee)

Teams/Athletes are responsible for all entries submitted. The entry fee is payable online only.

Post entries will be accepted at \$ 30 per athlete per event (additional Insurance Fee will be added if required) on the day of the meet. Please read note below regarding schedule and possible cancellation of events.
- Entries** All entries are processed online only at:

https://www.trackie.com/online-registration/event/running-factory-windsor-open/3396/#.Vx_PMGNIInLY
- Deadline** Entries must be processed online by Monday May 16th by 11:59 p.m.

Additional Information

Brett Lumley (519) 253-3000 x. 2423
lumley3@uwindsor.ca

Final Schedule:

All sprint events (up to 200m) will be contested with favourable tail winds.

A final schedule will be emailed to each school/club pre-entered into the meet based on the number of entries per event. Some events may be deleted if insufficient entries and the schedule condensed.

Note to all potential athletes who wish to post enter, check the final schedule on-line regarding potential schedule changes or cancellation of events prior to departing for the meet.

The final schedule will be posted on-line at www.golancers.ca and www.trackie.ca , by Friday, May 20th by 12:00 p.m.

Age Class Specifications

We will be accommodating the following age class events with the associated specifications:

Shot Put - Men @ 5kg, 6kg, & 7.26kg; Women @ 4kg
Hammer - Men @ 5kg, 6kg, & 7.26kg; Women @ 4kg
Javelin - Men @ 800g, Women @ 600g
Hurdles - Men @ 39" & 42"; 400H @36" & 33"; Women @ 30"
Discus – Men @ 2kg, 1.75kg, 1.5; Women @ 1kg

Note: To ensure the correct weighted implement is available, providing your own is recommended.



Tentative Schedule of Events
Saturday, May 21st, 2016

Track Events

6:00 p.m.	Women's 100m Heats
6:10 p.m.	Men's 100m Heats
6:30 p.m.	Women's 100mH Heats
6:40 p.m.	Men's 110mH Heats
6:55 p.m.	Women's 100m Final
7:00 p.m.	Men's 100m Final
7:10 p.m.	Men's 110mH Final
7:15 p.m.	Men's 100mH Final
7:25 p.m.	Women's 400m Timed Final
7:35 p.m.	Men's 400m Timed Final
7:45 p.m.	Women's 200m Timed Final
7:55 p.m.	Men's 200m Timed Final
8:45 p.m.	Women's 400mH Timed Final
8:55 p.m.	Men's 400mH Timed Final
9:05 p.m.	Women's 800m Timed Final
9:15 p.m.	Men's 800m Timed Final
9:25 p.m.	Women's 1500m Timed Final
9:40 p.m.	Men's 1500m Timed Final

Field Events

5:00 p.m.	Men's & Women's Hammer
6:00p.m.	Women's Long Jump Men's High Jump Women's Pole Vault Men's Javelin Throw
7:00 p.m.	Men's & Women's Discus
7:30 p.m.	Men's Long Jump Women's High Jump Men's Pole Vault Women's Javelin Throw
9:00 p.m.	Men's & Women's Triple Jump Women's and Men's Shot Put

