

Tai Chi Everyone, Misty Strode

Tuesday June 20, 2017

Misty Strode will be performing Tai Chi for the Summer Reading Club. Misty Strode, Kinesiology & Health BS, AFFA Group Fitness Instructor, Fitour Personal Trainer and other fitness and teaching certifications. Misty Strode has been an instructor at Lavaca Medical Center for 10 years. She started teaching Tai Chi 9 years ago.

Tai Chi Fitness is an exercise program that blends the centuries old Chinese martial art of Tai Chi Chuan (also known as Taijiquan) with modern Western exercise science to provide many of the same benefits. Through gentle flowing movements you will improve strength, balance, flexibility, as well as reduce stress and promote serenity.

Misty Strode teaches Yoga and Tai Chi on Tuesdays 9 a.m. at the Lavaca Medical Center. Tai Chi is a healing slow moving martial art.

“The Very Buggy Picnic”, Kathy Chilek

Tuesday June 27, 2017

Kathy Chilek from Victoria County Masters Gardeners, will be doing a play for the children. The play is about Little Hoppy Grasshopper who is worried about moving to a new town and making new friends. It's summer vacation. How will he meet new friends? At the picnic for insects of course!

On the way he learns what makes an insect, what different insects like to eat and accidentally becomes part of a hoard devouring garden. A horrified gardener runs for the insecticide but the “Beneficials” arrive to save the garden the organic way. All the characters in this play have beautiful colorful costumes. Come have fun watching the play and learn about insects.

Tuesday, July 4, 2017. LIBRARY CLOSED FOR INDEPENDENCE DAY.

Mr. Kippy!,

Tuesday July 11, 2017

Clifford Edge, no other than “Mr. Kippy”, will be making another great appearance for the 2017 Summer Reading Club. “Mr. Kippy” brings fun, laughter, audience participation, good stories and a trick or two up his sleeve, or under his hat, or in his shoes, you just never know. Everyone loves “Mr. Kippy”.

Wednesday July 12, 2017 is the last day to turn in completed Summer Reading Club log. The log must have the child’s name and number of pages read on this log. If this information is not on the reading log, no rewards will be given to the child at the Summer Reading Club party on Tuesday July 25, 2017.

GVEC at the Library, Denise Casas

Tuesday July 18, 2017

Denise Casas from GVEC will be doing a program on electrical safety. What to do when the electricity goes out in your home. What to do when someone is hurt from a down power line and many more safety rules.

Summer Reading Club Party.

The end of Summer Reading Club Party will be on Tuesday July 25, 2017. There will be games, food, face painting and drawings for gift cards.

Certificates and rewards will be given to those children who completed reading the 300 page reading goal.

Children may come to the party in a costume, but it is not required.

WE ARE GOING TO HAVE LOTS OF FUN!!!!!!!!!!!!!!