Ed McCarthy played baseball at Notre Dame High School, under Coach Ray Tellier S. and St. Joseph’s College with Coach Dick Pawlow.

He served as head coach at St. Joseph’s High School in Trumbull from 1974-1983. During this time, his teams made it to the state tournament all ten seasons, winning the Class S title in 1976 and the Class M title in 1980.

McCarthy served as assistant coach at SCSU from 1984 to1990, working with head coach Joe Bandiera.

From 1991-93 he served as an area scout for a major league scouting bureau ( Connecticut and Rhode Island area). He then served as an assistant scout for the Houston Astros from 1994 to 1996 under supervisor Tom Mooney.

McCarthy also was head football coach for 44 years at St. Josephs and West Haven High Schools.

He is married to Marilyn McCarthy and is the father of father of Kerry Olivieri,and sons Ed Jr., Tim and James.