

There are many choices for Orthopaedic Bracing. Here's why you should choose **SME** CLINIC

Tommy Foster, Jr. is a board-certified, Orthotist and Pedorthist. He attended The University of Tennessee at Chattanooga for his undergraduate studies, and The Medical College of Wisconsin in Milwaukee where he obtained his pedorthic training and certification. This was soon followed with his training and certification in orthotics.

His staff position with SME Clinic as Clinical Director, Orthotics, returned him to the Triangle area in 2013, having previously been on staff with Raleigh Orthopaedic Clinic, 2007-2010; where he served as Staff Practitioner (Orthotist/Pedorthist) and Supervisor of the Orthotic and Pedorthic Department.

Mr. Foster has 20 years of adult, adolescent and pediatric patient care experience which includes comprehensive upper and lower extremity orthotic clinical care in contracture management; cranial deformities;

fractures; neuromuscular disease; sports injuries; spinal curvature (scoliosis); joint arthroplasty; and trauma. He has a particular focused interest in pediatrics and disorders of the foot and ankle.

In his clinical practice, Mr. Foster has a special interest in children with neuromuscular disorders such as cerebral palsy, spina bifida, and muscular dystrophy. Having a brother, Timmy (pictured to the right and on back cover with football), born with cerebral palsy, he truly understands the challenges facing families with special needs children.

In 2014, Mr. Foster co-founded The Raleigh Comprehensive Pediatric Neuromuscular Clinic. RCPNC is a monthly multi-specialty clinic devoted especially to children with neuromuscular disorders like cerebral palsy, down syndrome, muscular dystrophy, spina bifida and spinal muscular atrophy.

At SME Clinic, he provides pediatric orthotic clinical services for congenital and developmental problems; sports injuries; clubfeet; fractures; femoral anteversion; dislocated hips; juvenile rheumatoid arthritis; neuromuscular disorders; tibial torsion; torticollis; and spine conditions including scoliosis, spondylolysis, and spinal stress syndrome.



Additionally, Mr. Foster has special training in orthotic clinical management in adult and adolescent disorders of the foot and ankle, which include posterior tibial tendon dysfunction; post tibial neuritis; charcot arthropathy; and the neuropathic diabetic foot. He has received specialized training in the comprehensive management of the neuropathic foot at The National Hansen's Disease Program in Baton Rouge, LA; and musculoskeletal trauma through The University of Louisville Hospital in Louisville, KY.

He holds membership in The Association of Children's Prosthetic-Orthotic Clinics, The American Academy of Orthotists & Prosthetists; and is credentialed through The American Board for Certification in Orthotics, Prosthetics and Pedorthics (ABC); and The Board of Certification/Accreditation International (BOC).

Visit www.SMEClinicRaleigh.com to meet Tommy Foster, Jr. and take a tour of the clinic!

Upper and Lower Extremity Orthotic Clinical Services

CRANIAL ORTHOSES

Cranial Protective Headgear Torticollis Orthosis

CERVICAL / CERVICAL-THORACIC ORTHOSES

Aspen Vista Collar / Aspen Pediatric Collar Aspen CTO S.O.M.I. Brace Lerman Minerva Halo (Invasive / Non-Invasive)

CHEST ORTHOSES

Pectus Caritanum Orthosis

SPINAL ORTHOSES

LSO (Aspen, Chairback, Corset, Cybertech, Knight) LSO (Bi-Valve, Anterior Overlap, Flex Foam,

Corset Front)
TLS0 (Knight-Taylor)

TLSO (Bi-Valve, Anterior Overlap, Flex Foam, Bi-Valve with Sternal Shield)

CTLS0

Hip Spica (Drop Lock, ROM, Static) Hyperextension (CASH, Jewitt, Spino-Med)

SCOLIOSIS SPINAL ORTHOSES

Boston Brace (Full-time) Low Profile with Sternal Shield (Kyphosis) Milwaukee Style (Scoliosis/Kyphosis) Providence Scoliosis System (Nocturnal)

SHOULDER ORTHOSES

Shoulder Immobilizer / Stabilizer Sully Brace SEWHO (Erbs Palsy Type) SEWHO (Airplane Type) Gunslinger Orthosis

ELBOW ORTHOSES

ROM Static ("Gutter Type") Dynamic (Ultra-Flex, Empi, Pro-Glide)

WRIST-HAND-FINGER ORTHOSES

Benik Pediatric Supports Static (Resting, Contour) Dynamic (Mannerfelt, Rancho, Swanson, Weniger, Ultra-Flex, Pro-Glide)

FRACTURE ORTHOSES

Humeral "Sarmiento Type" Fracture Brace
Ulnar Fracture Brace
Prime Elbow (ROM with Ulnar or WristHand Component)
Orlando HKAFO (Proximal Femoral Fractures)
Femoral Fracture Brace
Orlando TPFx KAFO (Femoral Shaft and
Tibia Plateau Fractures)
Orlando TPFx PTB (Tibial Pilon Fractures)
Ankle Fracture Brace

PASSIVE STANDING FRAME

Parapodium

RECIPROCATING GAIT ORTHOSIS

Cable (Hooped, Horizontal) Isocentric Rocker Bar

PARTIAL FOOT PROSTHOSES

Transmetatarsal Lisfranc Chopart

FOOT ORTHOSES

Accommodative Foot Orthoses (FLO, TCI)
Functional Foot Orthoses (FLO, TCI)
UCBL Foot Orthosis (Rigid, Modified
Semi-Rigid)
SubMO (Submalleolar Orthosis)
JFO (Jones Fx Orthosis)
LFO (Lisfranc Fx Orthosis)
PTN (Post Tibial Neuritis Orthosis)
RCO (Retrocalcaneol Orthosis)
CFO (Clubfoot Orthosis-Post Surgical)
Partial Foot Orthosis (Hallux, 1st Ray, 5th Ray,

ORTHOPEDIC FOOTWEAR

Custom-Molded Shoes
Extra Depth Shoes
Pediatric Shoes (Bebax, Open Toe – Straight
Last with or without Denis Browne Bar,
Reverse Last/Outflare)
Orthopedic Shoe Modifications

Metatarso-Phalangeal Disarticulation)

COMPRESSION GARMENTS

Edema, Lymphedema, Post-Op, Venous Insufficiency

ANKLE-FOOT ORTHOSES

Conventional Double Upright

Conventional Double Upright with Molded Calf Lacer Solid Ankle Articulating **Ground Reaction** PLS (Posterior Leaf Spring) SMO (Supramalleolar Orthosis) PTB (Patella Tendon Bearing) CROW (Charcot Restraint Orthotic Walker) Cascade DAFO (Dynamic Dorsal Wrap) SAAFO (Short Articulating Posterior Opening) PRAFO (Pressure Relieving) Arizona Ellis "Type" (Solid Ankle w/ Pre-Tibial Shell) Tib-Transformer (Tibial Torsion Deformity) Ponseti / Mitchell Brace

KNEE ORTHOSES

Functional (ACL/MCL/PCL)
Unloader (OA)
Static ("Gutter Type")
Dynamic (Ultra-Flex, Empi, Pro-Glide)
Swing Phase Stance Control
Polio
Drop Lock, Dial Lock, Step Lock, Trigger Lock

HIP ORTHOSES

Pavlik Harness Rhino Cruiser (Ilfeld) Hip Abduction Brace Maple Leaf / Newport Post-Op Hip System Scottish Rite SWASH

KNEE-ANKLE-FOOT ORTHOSES

Conventional Double Upright
Thermoplastic with Metal Uprights
Swing Phase Stance Control
Polio
Drop Lock, Dial Lock, Step Lock, Trigger Lock

HIP-KNEE-ANKLE-FOOT ORTHOSES

Conventional Double Upright w/ Pelvic Band Torsion Cable System (Attached to Daytime Footwear or Nighttime Solid AFOs)

In addition to being a contracted provider with NC Medicaid, Medicare, and NC Workman's Compensation; SME Clinic is also privileged to have contractual DME agreements with over one hundred private insurance companies including Aetna, BCBS, Cigna, UHC, and Tricare. See the complete list on our website www.SMEClinicRaleigh.com



We'd love to share some ideas on how our orthotic clinical services can benefit both your patients and your practice!





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