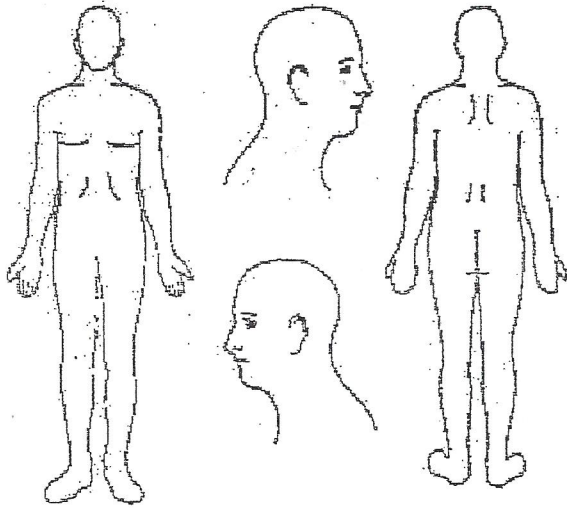


Date of Visit: \_\_\_/\_\_\_/\_\_\_ Patient: \_\_\_\_\_ Age: \_\_\_\_\_

What brought you here today? \_\_\_\_\_

Place an "X" on the drawing below on areas causing you pain and a letter describing it

A = ACHE  
 B = BURNING  
 S = STABBING  
 N = NUMBNESS  
 P = PINS & NEEDLES



**PAIN SCALE**

Please circle the number that best describes your pain

0 1 2 3 4 5 6 7 8 9 10  
 NONE LITTLE MEDIUM SEVERE

Describe your past health history:

Prior Illness: \_\_\_\_\_

Past Hospitalizations: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Patient Signature: X \_\_\_\_\_

(DO NOT WRITE BELOW THIS LINE)

**EXAMINATION**

**Range of Motion**

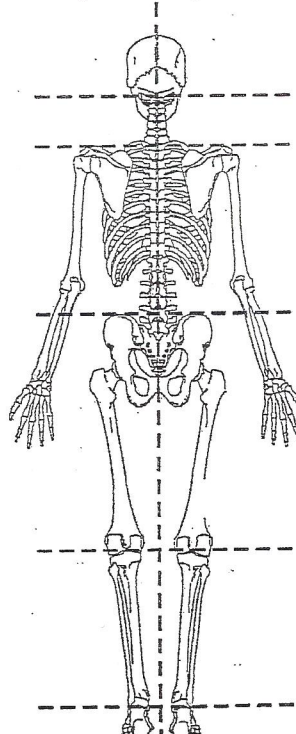
Cervical	Normal	Pain
Flexion	50	
Extension	60	
Left Lat Flex	45	
Right Lat Flex	45	
Left Rotation	80	
Right Rotation	80	
Lumbar	Normal	Pain
Flexion	60	
Extension	25	
Left Lat Flex	25	
Right Lat Flex	25	
Left Rotation	30	
Right Rotation	30	

Health HX Notes:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Asymmetry**

- C0
- C1
- C2
- C3
- C4
- C5
- C6
- C7
- L1
- L2
- L3
- L4
- L5
- SAC
- L-IL
- R-IL

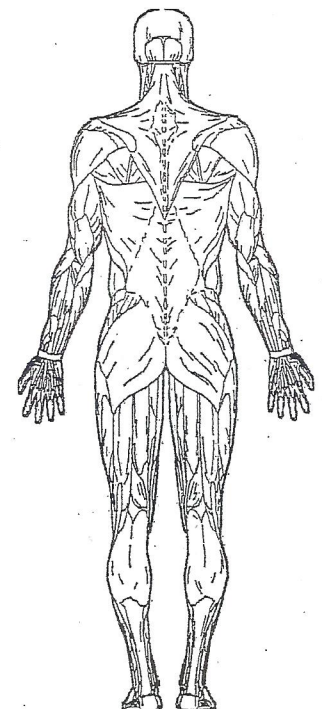


Using arrows (↑↓), mark postural asymmetry

Using arrows (↑ ↓ → ←) mark the misaligned vertebrae

- T1
- T2
- T3
- T4
- T5
- T6
- T7
- T8
- T9
- T10
- T11
- T12

**Tissue**



Mark tissue abnormalities TP, LG, TN, SK, FS

TP=Trigger Points; LG=Ligaments (swollen or tender)  
 TN=Tendons; SK=Skin; FS=Fascial Restrictions