

mission: empowerment!

WORKSHOPS AND EVENTS THAT EDUCATE, INSPIRE AND EMPOWER

Registration Form

Self-Compassion and Emotional Resilience with Kristin Neff, Ph.D

May 10, 2019, Stratford, Ontario, Canada

Instructions: To ensure that your entry into this fillable form is saved, please do the following (some browsers such as Google Chrome don't save the entry if you just type in the form on the browser). 1) Save a blank copy of this form in your computer. 2) Open the saved document in your computer in Adobe, not in a web browser. 3) Type your answers into the form. 4) Re-save the completed form and then either 1) print and mail along with cheque or 2) email the completed form, immediately followed by your e-transfer.

Name:

Job Title:

Organization:

Full Mailing Address (including postal code):

Home/Mobile Phone (Please enter the best number to reach you on the day of the workshop in the unlikely case of cancellation or emergency):

Email:

Please Specify Any Food Allergies or Dietary Restrictions and severity of allergic reaction if applicable:

How did you hear about this event?

Have you reviewed the cancellation policy below?

Early-Bird Cost: \$225 CAD + 13% HST (= \$254.25) by April 9, 2019

Regular Cost: \$250 CAD + 13% HST (= \$282.50) after April 9, 2019

Includes lunch, morning and afternoon refreshments

**Group Rates available for groups of 5+ people registering together OR for individuals registering for more than one workshop.*

*See www.missionempowerment.ca/discounts for more information**

Payment Options:

1) Include your cheque made payable to: **Mission: Empowerment!** with your registration form and mail to 356 Ontario Street, Suite 227, Stratford, ON N5A 7X6. Please note, we do not accept post-dated cheques and registration is not confirmed until payment is processed. Post-dated cheques will be returned. Cheques are accepted up until 14 days prior to the event date, after which time we only accept online registrations with payment through paypal, credit card or email money transfer. To qualify for the early-bird rate, cheques must be received by the early-bird deadline so it is a good idea to mail at least 4 days in advance.

2) Send an email money transfer to: info@missionempowerment.ca (make security answer: empowerment) Registration form must be emailed for this option, just prior to sending the e-transfer so that we receive both together.

3) To pay by credit card or PayPal, you must register online at www.missionempowerment.ca

Registration is required for this event. Space is limited. Please register early to avoid disappointment! Your registration is not considered complete and your space is not reserved until we have received your registration fee. We will confirm your registration when payment is received.

Cancellation Policy

An administrative fee of \$50 will be charged for all cancellations. Cancellation 14 or more days prior to the workshop date – receive a refund, less \$50 administration fee. Cancellation less than 14 days prior to the workshop date – receive a credit, less \$50 administration fee, to be applied to a future workshop. No credit or refund will be issued if you do not notify us in advance of the workshop date. You may transfer your registration to another person without prior notice. The organizers reserve the right to cancel the event due to under-enrollment, instructor illness or inclement weather. If a workshop is cancelled, any payment will be returned in full.