



Bib Number: _____

FOR RELAY PARTICIPANTS ONLY

RELAY TEAM NAME: _____

CIRCLE ONE: 2-PERSON TEAM, 3-PERSON TEAM, 4-PERSON TEAM

SIGNATURES REQUIRED FOR ALL TEAM MEMBERS (Parent must sign for minors):

	SIGN AND PRINT	DATE
CAPTAIN		
RUNNER (2)		
RUNNER (3)		
RUNNER (4)		

I know that running and volunteering for a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the event, The Gate City Striders, the city of Nashua, New Hampshire, all cities and towns, all volunteers, sponsors, and vendors, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my name, my photograph, motion pictures, recordings or any other record of this event for any legitimate purpose. I further agree to receive emails from the organizer for information and advertising for this and subsequent events. I also understand that all fees are non-refundable and non-transferable.

If signing for my minor child, I acknowledge that:

My Child is fit for the Event, and I consent to my Child's participation. I have read and I understand the above Release. In consideration of allowing my Child to participate, I consent to the Release and agree that its terms shall likewise bind me, my Child, and our respective heirs, legal representatives, assignees and anyone else who might claim on their own behalf or mine or my Child's behalf. I hereby release and shall defend, indemnify and hold harmless Releasees from every claim and any liability that I or my Child may allege against the Releasees (including reasonable legal fees and costs) as a direct or indirect result of injury or death to me or my Child because of my Child's participation in the Event, whether caused by the negligence or carelessness of my Child, the Releasees or others, to the maximum extent permitted by law. I covenant not to sue Releasees on my behalf or on behalf of my Child or my Child's estate for any claim arising from my Child's participation in the Event.