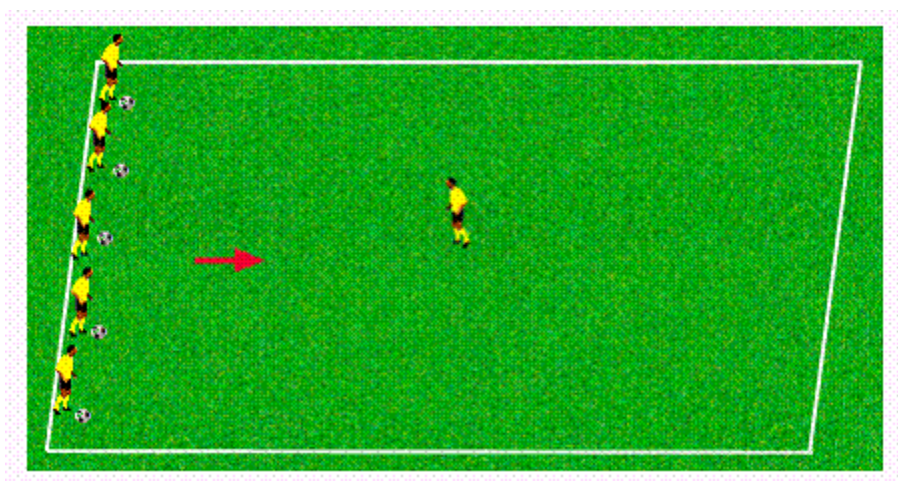


Sharks and minnows

a simple and fun warm up especially good for younger players

Play in a large grid. Half the players have balls and are the minnows. The rest don't have a ball and are the sharks.



The Minnows start at one end of the grid. The Sharks stand on the opposite line. The Minnows must try to cross the Shark's line without losing possession of their ball. The Sharks defend their line, trying to kick the Minnows' balls out of the defined area.

Minnows who successfully dribble across the Shark's line go back for round two. Each Minnow who loses their ball join the Sharks. The last Minnow left in is the winner.