



RecoveryWerks!

*Changing the world through recovery one **underserved** community at a time*

RecoveryWerks! Mission

Provide recovery support services, in a safe and nurturing environment.

Partner with community organizations to facilitate access to resources and develop a strong community support network to enhance recovery success.

Identify support gaps and develop resources to improve recovery support services for those in need.

Educate the public about substance use disorder, the consequences of untreated addiction, and the various pathways of recovery.

Advocate for the needs of the underserved communities at the local and state level.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

Alternative Peer Group (APG) Recovery Model

The Alternative Peer Group (APG) model of recovery was started in 1971 by The Palmer Drug Abuse Program in Houston, Texas. This recovery model was created to address the emotional, psychological, spiritual and social needs of teens struggling with substance use issues. This unique treatment model integrates the important peer connection with sound clinical practice through intervention, support, education, accountability and family involvement.

Research shows that APGs are a better fit for young people because the main focus is to create a new peer group that uses positive peer pressure to encourage its members to stay sober. In addition, APGs work hard to make sobriety more fun than using drugs and alcohol. Sober fun allows kids to be kids through organized and staffed social activities held during the week, on weekends and over the summer.

Substance use disorder is often said to be a family disease because of its devastating affects on the entire family. Research clearly shows that teens are much more likely to find recovery when their parents take an active role in family recovery groups.

To find out more about RecoveryWerks! services for teens, young adults and parents, please call (830) 310-2585 or (830) 310-2456.

RecoveryWerks! Meeting Schedule

Teen Meetings (up to 18):

Monday: 7-8 pm, **RecoveryWerks!**, 273 E Mill St., New Braunfels

Tuesday: 7-8 pm, **2nd Baptist Church**, 539 East Adams, Pleasanton

Wednesday: 7-8 pm, **RecoveryWerks!**, 273 E Mill St., New Braunfels

Young Adult Meeting (18+):

Monday: 7-8 pm, **RecoveryWerks!**, 273 E Mill St., New Braunfels

Wednesday: 7-8 pm, **RecoveryWerks!**, 273 E Mill St., New Braunfels

Family Meetings (Family members 18 and over):

Monday: 7-8 pm, **RecoveryWerks!**, 273 E Mill St., New Braunfels

Tuesday: 7-8 pm, **2nd Baptist Church**, 539 East Adams, Pleasanton

Wednesday: 7-8 pm, **RecoveryWerks!**, 273 E Mill St., New Braunfels

Individual counseling available by appointment. Call (830) 310-2585 to schedule.

"What you keep to yourself, you lose.
What you give away, you keep forever."

-Axel Munthe



RecoveryWerks! is supported by generous donors, The McKenna Foundation and United Way of Comal County!



To donate on line, visit www.recoverywerks.org

How RecoveryWerks! Helps Me...

Recovery Werks is the first group that I have felt unconditionally welcomed and accepted, and this is one of the leading reasons that I keep coming back each week. I've attended many different recovery groups and this is the first one that I've found that focuses on the younger demographic of addicts. It is HARD to be in recovery when you're young. There have been times when I've felt out of place at the AA and NA meetings because my experience with substance abuse is completely different from the older generation's experience. People close to my age surround me in each Recovery Werks meeting. We share common interests, we have similar fears, and this is a place where we can all work together to better our futures. I leave group each Wednesday feeling GOOD, and feeling good about your sobriety is half of the battle. New Braunfels has needed a group like Recovery Werks for a long time. I am grateful beyond words that I have the opportunity to be a part of it.

Recovery Werks! means being able to have a life after addiction, to me. It means that I can go out and socialize and share with others who struggle with ~~the same~~ similar problems. ~~Things~~ One of my favorite aspects of this program are the sober activities. One of my biggest fears when I first started programs was that life was just going to be serious from then on and having fun was going to be unheard of. I have had more fun at sober activities than I could have ever imagined. It's also really beneficial to be surrounded by like-minded people who have ~~worked~~ fought the battles I'm just starting to face and won, or learned from them and can help me in decision making and 'adulting' like how to have real relationships with people or even helping through fears of school or applying for a job.

Stay connected!

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