



FREEDOM PRESS

News, Information & Insight

April 2020

Step 4. Made a searching and fearless moral inventory of ourselves.

Tradition 4. Each group should be autonomous except in matters affecting other groups or AA as a whole.

Concept IV: At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

Promise 4. Peace of mind instead of confusion.

I hope this Month's News Letter finds all our Fellowship
Happy, Joyous, Free and Heathy!

PUBLIC SERVICE ANNOUNCEMENT

Zoom: Video Conferencing Security Issues: What are they and how they affect you.

1. You know how you go to an AA Website, which are public to everyone who has Internet access, to find a meeting? Anyone else can do the same and show up to any AA meeting. Well there have been reports of people attending AA Zoom Meetings and starting trouble. FYI the Host can boot these people from the meeting.
2. You know how you look at an on-line mattress store's website, and then you go to another website to look at the weather or whatever then you see mattress, pillow, and bedroom furniture ads for the next three weeks? Well because you have Zoom on your phone or computer or tablet/iPad and it goes on-line, you will see ads about other technological software and products. Facebook has been singled out but it is not just them.

In conclusion:

YOUR COMPUTER WILL NOT BREAK!

YOUR PHONE WILL NOT STOP MAKING PHONE CALLS!

YOUR TABLET/IPAD WILL NOT BLOW UP!

A no compromise solution to this non-problem is just call into the meeting and use the Zoom Meeting Number to connect to the meeting.

Information on Zoom Meetings, both on-line and via phone can be found on:

WoodbridgeAA.Org - NVIntergroup.Org - AAVirginia.org - AA.Org

I hope to see you all in meetings on-line and eventually in person.



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Next we launched out on a course of vigorous action, the first step of which is a personal housecleaning, which many of us had never attempted. Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and to be rid of, the things in ourselves which had been blocking us. Our liquor was but a symptom. So we had to get down to causes and conditions.

Therefore, we started upon a personal inventory. This was Step Four. A business which takes no regular inventory usually goes broke. Taking a commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.

We did exactly the same thing with our lives. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Being convinced that self, manifested in various ways, was what had defeated us, we considered its common manifestations.

