## Menu for Children over one year Infant and Child Nutrition, Inc

## With No Change unless Meal Patterns are Revised

Menu A

	Date: 1st	Date: 2nd	Date: 3rd	Date: 4th	Date: 5th	Date: 6th	Date: 7th	Date: 8th	Date: 9th	Date: 10th	Date: 11th	Date: 12th	Date: 13th	Date: 14th	Date: 15th	Date: 16th
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Fruit/Veg.	Grapefruit	Applesauce	Strawberries	Peaches	Banana	Orange	Hash browns	Orange Slices	Grapes	Applesauce	Fruit Cocktail	Blueberries	Bananas	Grapes	Pineapple	Hash Browns
Bred/Grain			Croissant	Biscuit	Bagel			Cheerios	French Toast	Oatmeal			Pancakes	Toast	Bagel	
Meat/M. Alt		Scrambled Eggs	0101338111	Discuit	Dagei	Boiled Egg	Sausage Patty	Oncentos	Trenen Todat	Catilical	Bacon/Eggs	Yogurt	T ancakes	10031	Dagei	Scrambled. Ec
Milk	rogun	eorambioa Eggo				Donioù Egg	eadeage : any				Basen Egge	rogun	Milk		Milk	eerambiea. Eg
Fruit/Veg.	Grapes		Pineapple	Orang Juice	Seasonal Fruit			Pears	Grape Juice	Seasonal Fruit			Mandarin Oranges	Apple Juice	Carrot Sticks	
Bred/Grain		WG Crackers	Filleapple	Cheerios	Seasonai i Tuit	Crackers	Pretzels	Animal Crackers	Crackers	Seasonai i Tuit	WG Goldfish	Crackers	Manual III Oranges	Crackers	Carrot Sticks	Bread
Meat/M. Alt		Ham/Cheese	Cottage Cheese	Cheenos	Yogurt	P-nut Butter	Cheese	Animal Clackers	Clackers	Yogurt	Cheese Cubes	Boiled Egg		CIACKEIS		Ham/Cheese
Other	•	Tiant/Cheese	Collage Cheese		rogun	F-Hut Dutter	Cheese			Togun	Cheese Cubes					Tian/Cheese
Milk	Milk	Mille	MOL	Male	Mill	M.C.L.	Milk	MOL	Male	Mille	M.C.L.	Male	Mall	MOL	Mall	Male
		Milk	Milk	Milk	Milk	Milk		Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Meat/M. Alt		HM Cheese Pizza	Ham/Cheese Tator Tots	HM Beef/Bean Burrito Lettuce/Tomato	HM Beef Meatballs	Grilled Cheese	Chicken & Rice Green beans	Chicken Potatoes	Egg Salad Lettuce/Tomato	All Meat Hot Dog Baked Beans	HM Mac-n-Cheese Green Beans	Ham/Cheese	Turkey Lettuce/Tomato	Corn	HM Beef-A-Roni Tomato Sauce	Bologna Sweet Potato
Vegetable		Corn Pineapple	Peach	Corn	Tomato Sauce Peas/Apples	Carrot Sticks Grapes	Orange Slices	Seasonal Fruit	Mixed Veggies	French Fries	Mandarin Oranges	Broccoli Peaches	Sweet Peas	Tossed Salad	Peas/Kiwi	Fruit Salad
Fruit/Veg.	WG Pita Bread	WG Toast	WG Bread	WG Tortilla Shell	WG Pasta	WG Bread	Brown Rice	WG Roll	WG Bread	WG Bun	WG Pasta	WG Bread	WG Bread	WG Crackers	WG Pasta	WG Bread
Other	WG Fild Diedu	WG TUASI	WG Bleau	WG TUTILIA SHEII	WGFasia	WG bleau	DIOWIT RICE	WGROII	WG Bleau	WG Bull	WG Fasia	WG bleau	WG bleau	WG Clackers	WG Fasia	WG bleau
1.1.1																
Milk		Milk	Milk	Milk	0.1			<b>D</b> : 1	E 11 0 14 11				Milk	<b>D</b> : 1	-	
Fruit/Veg.	Applesauce		Strawberries		Salsa	Apple Juice	Cucumber	Pineapple	Fruit Cocktail		Celery	0 0 0 1	Grapes	Pineapple	Banana	Mixed Fruit Jui
Bred/Grain		Graham Crackers	5	Banana Bread	Tortilla Chips	Animal Crackers		0	Corn Muffin	Crackers		Soft Pretzel			Cheerios	Toast
	. Peanut Butter						Ham Chunks	Cottage Cheese		Ham/Cheese	Peanut Butter	Cheese Slice		Cheese Cubes		
Other																
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	. Shepherd's Pie	Chicken	HM Beef Meatloaf			Hamburgers	Speghetti/W Bee		Pork	HM Beef Meatbal		Chili (Beef)	Chicken	Eggs/Sausage	Baked Fish	HM Chicken So
Vegetable	Potatoes/Corn	Spinach	Broccoli	Mixed Veggies	Green Beans	Lettuce/Tomato	Tossed Salad	Sweet Potatoes	Potatoes	Green Beans	Lima Beans	Kidney Beans	Green Peas	Hash Browns	Asparagus	Carrots, Celery
Fruit/Veg.	Aoolesauce	Carrots	Pears	Apples	Potatoes	French Fries	Apple	Carrots	Baked Beans	Peaches	Carrots	Corn	French Fries	Apples	Carrots	Peaches
Bred/Grain	Roll	Bread	Roll	Crust	Bread	Bun	Roll	Bread	Garlic Toast	Pasta	Rice	Bread	Roll	Toast	Rice	Pasta
Other																
		Approved UPC	codes must be use	d for for chicken nug	gets, fish sticks, co	rn dogs or any othe	er prepared food			Pizza must be ho	omemade, have adde	ed meat or cheese	or be purchased	from an approved	d vendor	
				-												
	Date: 17th	Date: 18th	Date: 19th	Date: 20th	Date: 21st	Date: 22nd	Date: 23rd	Date: 24th	Date: 25th	Date: 26th	Date: 27th	Date: 28th	Date: 29th	Date: 30th	Date: 31st	
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	
Fruit/Veg.	Orange Slices	Grapefruit	Pears	Fruit Cocktail	Blueberries	Banana	Berry Juice	Banana	Peaches	Hash browns	Applesauce	Nectarine	Peacues	Pears	Fruit Cocktail	
Bred/Grain		Cheerios	Waffle			Grits	Oatmeal	Cold Cereal			Pancakes	Biscuit	English Muffin			
Meat/M. Alt	. Yogurt			Bacon/Egg	Canadian Bacon				Sausage Patty	Cheese/Sausage				Boiled Egg	Canadian Bacon	
Milk						Milk				Milk	Milk			Milk		
Fruit/Veg.	Banana		Peaches	Apple Juice	Grapes		Watermelon		Grape Juice		Carrot Sticks	Cantaloupe	Grapes		Orange Slices	
Bred/Grain		Bagel Chips	Graham Crackers			Bagel Chips		Crackers	Cheerios	Graham Crackers		Toast	Corn Muffin	Banana Bread		
Meat/M. Alt		Ham			Cheese Stick		Yogurt	Cheese							Cheese Stick	
Other																
	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	
Milk	IVIIIN				Roast Beef	HM Mac-n-Cheese		All Meat Hot Dogs		HM Sloppy Joes	HM Beef Meatballs	Breaded Chicken	Ham/Cheese	Hamburger	Fish	
Milk Most/M_Alt	HM Choose Bizzo	Turkov Sub		Choose Quesadilla			CHICKEN	TAILINEAL LIUL DUYS	1 1311	TIM Sloppy Joes		Carrots		Lettuce/Tomato	Green Beans	
Meat/M. Alt	HM Cheese Pizza	Turkey Sub	Chicken Tacos				Squash	Broccoli	Pototoos	Franch Fries						
Meat/M. Alt Vegetable	Peas & Carrots	Lettuce/Tomato	Corn	Lettuce/Tomato	Carrots	Tossed Salad	Squash	Broccoli	Potatoes	French Fries	Peas		Celery Fruit Salad		Molon	
Meat/M. Alt Vegetable Fruit/Veg.	Peas & Carrots Pineapple	Lettuce/Tomato Pears	Corn Seasonal Fruit	Lettuce/Tomato Applesauce	Carrots Peas	Tossed Salad Orange Slices	Strawberries	Pears	Pineapple	Peaches	Tomato Sauce	Fruit Cocktail	Fruit Salad	French Fries	Melon WG Toast	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain	Peas & Carrots	Lettuce/Tomato	Corn	Lettuce/Tomato	Carrots	Tossed Salad									Melon WG Toast	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other	Peas & Carrots Pineapple	Lettuce/Tomato Pears	Corn Seasonal Fruit	Lettuce/Tomato Applesauce WG Tortilla	Carrots Peas	Tossed Salad Orange Slices	Strawberries	Pears	Pineapple	Peaches WG Bun	Tomato Sauce	Fruit Cocktail	Fruit Salad WG Bread	French Fries		
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk	Peas & Carrots Pineapple WG Garlic Toast	Lettuce/Tomato Pears WG Sub Roll	Corn Seasonal Fruit WG Tortilla	Lettuce/Tomato Applesauce	Carrots Peas WG Bread	Tossed Salad Orange Slices WG Pasta	Strawberries WG Roll	Pears WG Bun	Pineapple WG Roll	Peaches	Tomato Sauce WG Pasta	Fruit Cocktail	Fruit Salad WG Bread Milk	French Fries WC Bun	WG Toast	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg.	Peas & Carrots Pineapple WG Garlic Toast Blueberries	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice	Corn Seasonal Fruit WG Tortilla	Lettuce/Tomato Applesauce WG Tortilla Milk	Carrots Peas WG Bread Apples	Tossed Salad Orange Slices WG Pasta Orange Juice	Strawberries WG Roll Carrot Sticks	Pears WG Bun Peaches	Pineapple WG Roll Salsa	Peaches WG Bun Milk	Tomato Sauce	Fruit Cocktail WG Roll	Fruit Salad WG Bread	French Fries WC Bun Tomato Juice	WG Toast Cheese Cubes	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers	Lettuce/Tomato Pears WG Sub Roll	Corn Seasonal Fruit WG Tortilla Orange Slices	Lettuce/Tomato Applesauce WG Tortilla	Carrots Peas WG Bread	Tossed Salad Orange Slices WG Pasta	Strawberries WG Roll	Pears WG Bun	Pineapple WG Roll	Peaches WG Bun	Tomato Sauce WG Pasta Banana	Fruit Cocktail WG Roll Crackers	Fruit Salad WG Bread Milk	French Fries WC Bun	WG Toast	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain Meat/M. Alt	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice	Corn Seasonal Fruit WG Tortilla	Lettuce/Tomato Applesauce WG Tortilla Milk	Carrots Peas WG Bread Apples	Tossed Salad Orange Slices WG Pasta Orange Juice	Strawberries WG Roll Carrot Sticks	Pears WG Bun Peaches	Pineapple WG Roll Salsa	Peaches WG Bun Milk	Tomato Sauce WG Pasta	Fruit Cocktail WG Roll	Fruit Salad WG Bread Milk	French Fries WC Bun Tomato Juice	WG Toast Cheese Cubes	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain Meat/M. Alt Other	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice Crackers	Corn Seasonal Fruit WG Tortilla Orange Slices Cottage Cheese	Lettuce/Tomato Applesauce WG Tortilla Milk Pretzels	Carrots Peas WG Bread Apples Breadsticks	Tossed Salad Orange Slices WG Pasta Orange Juice Crackers	Strawberries WG Roll Carrot Sticks Crackers	Pears WG Bun Peaches Animal Crackers	Pineapple WG Roll Salsa Tortilla Chips	Peaches WG Bun Milk Breadsticks	Tomato Sauce WG Pasta Banana Yogurt	Fruit Cocktail WG Roll Crackers Cheese	Fruit Salad WG Bread Milk Apple Slices	French Fries WC Bun Tomato Juice Crackers	WG Toast Cheese Cubes Goldfish	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain Meat/M. Alt Other Milk	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers Milk	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice Crackers Milk	Corn Seasonal Fruit WG Tortilla Orange Slices Cottage Cheese Milk	Lettuce/Tomato Applesauce WG Tortilla Milk Pretzels Milk	Carrots Peas WG Bread Apples Breadsticks Milk	Tossed Salad Orange Slices WG Pasta Orange Juice Crackers Milk	Strawberries WG Roll Carrot Sticks Crackers Milk	Pears WG Bun Peaches Animal Crackers Milk	Pineapple WG Roll Salsa Tortilla Chips Milk	Peaches WG Bun Milk Breadsticks Milk	Tomato Sauce WG Pasta Banana Yogurt Milk	Fruit Cocktail WG Roll Crackers Cheese Milk	Fruit Salad WG Bread Milk Apple Slices Milk	French Fries WC Bun Tomato Juice Crackers Milk	WG Toast Cheese Cubes Goldfish Milk	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain Meat/M. Alt Other Milk Meat/M. Alt	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice Crackers Milk as All Meat Hot Dog	Corn Seasonal Fruit WG Tortilla Orange Slices Cottage Cheese Milk HM Beef Meatloal	Lettuce/Tomato Applesauce WG Tortilla Milk Pretzels Milk Fish	Carrots Peas WG Bread Apples Breadsticks Milk Hamburgers	Tossed Salad Orange Slices WG Pasta Orange Juice Crackers Milk Chicken	Strawberries WG Roll Carrot Sticks Crackers Milk Tuna	Pears WG Bun Peaches Animal Crackers Milk Turkey	Pineapple WG Roll Salsa Tortilla Chips Milk Chicken & Rice	Peaches WG Bun Milk Breadsticks Milk Eggs/Sausage	Tomato Sauce WG Pasta Banana Yogurt Milk Shepherd's Pie	Fruit Cocktail WG Roll Crackers Cheese Milk HM Bean Burrito	Fruit Salad WG Bread Milk Apple Slices Milk Speghetti/W Beef	French Fries WC Bun Tomato Juice Crackers Milk Chicken	WG Toast Cheese Cubes Goldfish Milk Beef Tacos	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain Meat/M. Alt Other Milk Meat/M. Alt Vegetable	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers Milk Chicken Enchilad, Tossed Salad	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice Crackers Milk as All Meat Hot Dog Baked Beans	Corn Seasonal Fruit WG Tortilla Orange Slices Cottage Cheese Milk HM Beef Meatloat Mixed Veggies	Lettuce/Tomato Applesauce WG Tortilla Milk Pretzels Milk Fish Asparagus	Carrots Peas WG Bread Apples Breadsticks Milk Hamburgers Lettuce/Tomato	Tossed Salad Orange Slices WG Pasta Orange Juice Crackers Milk Chicken Spinach	Strawberries WG Roll Carrot Sticks Crackers Milk Tuna Sweet Potato	Pears WG Bun Peaches Animal Crackers Milk Turkey Green Beans	Pineapple WG Roll Salsa Tortilla Chips Milk	Peaches WG Bun Milk Breadsticks Milk Eggs/Sausage Hash Browns	Tomato Sauce WG Pasta Banana Yogurt Milk Shepherd's Pie Potatoes/Corn	Fruit Cocktail WG Roll Crackers Cheese Milk HM Bean Burrito Corn	Fruit Salad WG Bread Milk Apple Slices Milk Speghetti/W Beef Broccoli	French Fries WC Bun Tomato Juice Crackers Milk Chicken Baked Beans	WG Toast Cheese Cubes Goldfish Milk Beef Tacos Corn	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Milk Fruit/Veg. Bred/Grain Meat/M. Alt Other Milk Meat/M. Alt Vegetable Fruit/Veg.	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers Milk Chicken Enchilad Tossed Salad Pineapple	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice Crackers Milk as All Meat Hot Dog Baked Beans Apples	Corn Seasonal Fruit WG Tortilla Orange Slices Cottage Cheese Milk HM Beef Meatloat Mixed Veggies Potatoes	Lettuce/Tomato Applesauce WG Tortilla Milk Pretzels Milk Fish Asparagus Carrots	Carrots Peas WG Bread Apples Breadsticks Milk Hamburgers Lettuce/Tomato French Fries	Tossed Salad Orange Slices WG Pasta Orange Juice Crackers Milk Chicken Spinach Apples	Strawberries WG Roll Carrot Sticks Crackers Milk Tuna Sweet Potato Fruit Cocktail	Pears WG Bun Peaches Animal Crackers Milk Turkey Green Beans Potatoes	Pineapple WG Roll Salsa Tortilla Chips Milk Chicken & Rice Broccoli Banana	Peaches WG Bun Milk Breadsticks Milk Eggs/Sausage Hash Browns Apples	Tomato Sauce WG Pasta Banana Yogurt Milk Shepherd's Pie Potatoes/Corn Applesauce	Fruit Cocktail WG Roll Crackers Cheese Milk HM Bean Burrito Corn Orange Slices	Fruit Salad WG Bread Milk Apple Slices Milk Speghetti/W Beef Broccoli Strawberries	French Fries WC Bun Tomato Juice Crackers Milk Chicken Baked Beans Potatoes	WG Toast Cheese Cubes Goldfish Milk Beef Tacos Corn Apples	
Meat/M. Alt Vegetable Fruit/Veg. Bred/Grain Other Milk Fruit/Veg. Bred/Grain Meat/M. Alt Other Milk Meat/M. Alt Vegetable	Peas & Carrots Pineapple WG Garlic Toast Blueberries Crackers Milk Chicken Enchilad Tossed Salad Pineapple	Lettuce/Tomato Pears WG Sub Roll Mixed Fruit Juice Crackers Milk as All Meat Hot Dog Baked Beans	Corn Seasonal Fruit WG Tortilla Orange Slices Cottage Cheese Milk HM Beef Meatloat Mixed Veggies	Lettuce/Tomato Applesauce WG Tortilla Milk Pretzels Milk Fish Asparagus	Carrots Peas WG Bread Apples Breadsticks Milk Hamburgers Lettuce/Tomato	Tossed Salad Orange Slices WG Pasta Orange Juice Crackers Milk Chicken Spinach	Strawberries WG Roll Carrot Sticks Crackers Milk Tuna Sweet Potato	Pears WG Bun Peaches Animal Crackers Milk Turkey Green Beans	Pineapple WG Roll Salsa Tortilla Chips Milk Chicken & Rice Broccoli	Peaches WG Bun Milk Breadsticks Milk Eggs/Sausage Hash Browns	Tomato Sauce WG Pasta Banana Yogurt Milk Shepherd's Pie Potatoes/Corn	Fruit Cocktail WG Roll Crackers Cheese Milk HM Bean Burrito Corn	Fruit Salad WG Bread Milk Apple Slices Milk Speghetti/W Beef Broccoli	French Fries WC Bun Tomato Juice Crackers Milk Chicken Baked Beans	WG Toast Cheese Cubes Goldfish Milk Beef Tacos Corn	