

ASOD Classes Available for 3YO - 5th Grade (4/1/24)

AGE	Class – Day/Time	Available Spots	Class Description
3	3 YO Pre-Ballet #1 <i>Wed, 4:30p – 5:15p, Rm #3</i>	10	This is a 45 minute BALLET ONLY class for older 2's and 3 year olds. We will focus on learning to follow directions, R/L hands, staying on our marks and listening to the teacher during a structure warm up and fun routine.
	3 YO Pre-Ballet #2 <i>Thurs, 3:30p-4:15, Rm #3</i>	10	

4	4 YO Pre-Ballet #1 <i>Wed, 3:30p – 4:15p, Rm #3</i>	12	This is a 45 minute BALLET ONLY class for older 3's and 4 year olds. We will continue to build on the skills we learned in the 3yo pre-ballet class by adding on to the difficulty. We will also learn a routine using a prop.
	4 YO Pre-Ballet #2 <i>Thurs, 4:30p-5:15, Rm #3</i>	12	

K	Kindergarten T & B #1 <i>Tues, 3:30p – 4:25p, Rm #2</i>	12	This is a 55 minute combination Tap & Ballet class for dancers in Kindergarten. We will continue to build on the follow the leader and start to focus on Structure and sounds with tap and basic classical ballet moves.
	Kindergarten T & B #2 <i>Tues, 4:30p – 5:25p, Rm #1</i>	12	

1 st	1st Grade T & B <i>Mon, 4:30p – 5:25p, Rm #2</i>	12	This is a 55 minute combination Tap & Ballet class for dancers in 1 st Grade. Classical ballet positions and technique continue and tap structure continues to layer on top of beginner work. Small barre etiquette in spring.
	Jr Aux. #1 (1st-3rd) <i>Tues, 3:30p – 4:25p, Rm #3</i>	14	This is a 55 minute class for 1 st -3 rd Graders that will not only focus on dance but will. Also incorporates various props from pompoms, flags, and recital themed items.
	Jr Jallet #3 (1st-3rd) <i>Thurs, 4:30p – 5:25p, Rm #1</i>	14	This is a 55 minute dance class for 1 st – 3 rd Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)

2 nd	2nd Grade T & B <i>Tues, 4:30p – 5:25p, Rm #1</i>	12	This is a 55 minute combination Tap & Ballet class for dancers in 2 nd Grade. All ballet positions continue to be improved upon, barre work begins, tap works on speed and strength practice with both feet.
	Jr Aux. #1 (1st-3rd) <i>Tues, 3:30p – 4:25p, Rm #3</i>	14	This is a 55 minute class for 1 st -3 rd Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	Jr Jallet #2 (2nd– 4th) <i>Thurs, 3:30p – 4:25p, Rm #1</i>	16	This is a 55 minute dance class for 2 nd -4 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	Jr Aux. #3 (2nd-4th) <i>Thurs, 4:30p – 5:25p, Rm #2</i>	14	This is a 55 minute class for 2 nd -4 th Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	Jr Jallet #3 (1st-3rd) <i>Thurs, 4:30p – 5:25p, Rm #1</i>	14	This is a 55 minute dance class for 1 st – 3 rd Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)

3 rd	3rd Grade Jazz <i>Mon, 3:30p – 4:25p, Rm #1</i>	16	This is a 55 minute dance class for 3 rd Graders will introduce them to the different types of jazz from kickline, broadway, cheer, pom, hip hop, lyrical, the list goes on and on.
	3rd Grade T & B <i>Mon, 4:30p – 5:25p, Rm #2</i>	14	This is a 55 minute combination Tap & Ballet class for dancers in 3 rd Grade. Barre work, center floor exercises, as well as continued Technique & skill,.
	Jr Aux. #1 (1st-3rd) <i>Tues, 3:30p – 4:25p, Rm #3</i>	14	This is a 55 minute class for 1 st -3 rd Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	Jr Aux. #2 (3rd-5th) <i>Tues, 3:30p – 4:25p, Rm #3</i>	14	This is a 55 minute class for 3 rd -5 th Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	+ BEG Basics (3rd -6th) <i>Wed, 4:0p – 4:30p, Rm #2</i>	16	This is a 30 minute ADD ON class for 3 rd – 6 th Graders that's main focus is to educate dancers on muscle & core work to be a stronger dancer <i>(Add on classes last half a year and do not perform in the recitals)</i>
	Jr Jallet #4 (3rd - 5th) <i>Wed, 4:30p – 5:30p, Rm #2</i>	16	This is a 55 minute dance class for 3 rd -5 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	Jr Jallet #2 (2nd– 4th) <i>Thurs, 3:30p – 4:25p, Rm #1</i>	16	This is a 55 minute dance class for 2 nd -4 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	Jr Aux. #3 (2nd-4th) <i>Thurs, 4:30p – 5:25p, Rm #2</i>	14	This is a 55 minute class for 2 nd -4 th Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	Jr Jallet #3 (1st-3rd) <i>Thurs, 4:30p – 5:25p, Rm #1</i>	14	This is a 55 minute dance class for 1 st – 3 rd Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)

4 th	4th Grade Jazz <i>Mon, 3:30p – 4:25p, Rm 2</i>	16	This is a 55 minute dance class for 4 th Graders will introduce them to the different types of jazz from kickline, broadway, cheer, pom, hip hop, lyrical, the list goes on and on.
	Jr Jallet #1 (4 th -5 th) <i>Mon, 4:30p – 5:25p, Rm #3</i>	16	This is a 55 minute dance class for 4 th -5 th Graders that will work to take a song & tellit's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	4th & 5th Grade T & B <i>Mon, 5:30p – 6:25p, Rm #2</i>	16	This is a 55 minute combination Tap & Ballet class for dancers in 4 th & 5 th Grade. Improve technique and skill, speed, transition and flexibility will be the main focus.
	Jr Aux. #2 (3 rd -5 th) <i>Tues, 3:30p – 4:25p, Rm #3</i>	14	This is a 55 minute class for 3 rd -5 th Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	+ BEG Basics (3 rd -6 th) <i>Wed, 4:00p –4:30p, Rm #2</i>	16	This is a 30 minute ADD ON class for 3 rd – 6 th Graders that's main focus is to educate dancers on muscle & core work to be a stronger dancer <i>(Add on classes last half a year and do not perform in the recitals)</i>
	+ BEG F & T (4 th -6 th) <i>Wed, 4:00p - 4:30p, Rm #2</i>	12	This is a 30 minute ADD ON class for 4 th – 6 th Graders that's main focus is to educate dancers on how to improve flexibility and turns. <i>(Add on classes last half a year and do not perform in the recitals)</i>
	Jr Jallet #4 (3 rd - 5 th) <i>Wed, 4:30p – 5:25p, Rm #2</i>	16	This is a 55 minute dance class for 3 rd -5 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	Jr Jallet #2 (2 nd – 4 th) <i>Thurs, 3:30p – 4:25p, Rm #1</i>	16	This is a 55 minute dance class for 2 nd -4 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	Jr Aux. #3 (2 nd -4 th) <i>Thurs, 4:30p – 5:25p, Rm #2</i>	14	This is a 55 minute class for 2 nd -4 th Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.

5 th	5th Grade Jazz <i>Mon, 3:30p – 4:30p, Rm #3</i>	16	This is a 55 minute dance class for 5 th Graders will introduce them to the different types of jazz from kickline, broadway, cheer, pom, hip hop, lyrical, the list goes on and on.
	Jr Jallet #1 (4th -5th) <i>Mon, 4:30p – 5:30p, Rm #3</i>	16	This is a 55 minute dance class for 4 th -5 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)
	4th & 5th Grade T & B <i>Mon, 5:30p – 6:25p, Rm #2</i>	16	This is a 55 minute combination Tap & Ballet class for dancers in 4 th & 5 th Grade. Improve technique and skill, speed, transition and flexibility will be the main focus.
	Jr Aux. #2 (3rd-5th) <i>Tues, 4:30p – 5:25p, Rm #3</i>	14	This is a 55 minute class for 3 rd -5 th Graders that will not only focus on dance but will. Also incorporate various props from pompoms, flags, and recital themed items.
	+ BEG Basics (3rd -6th) <i>Wed, 4:00p –4:30p, Rm #2</i>	16	This is a 30 minute ADD ON class for 3 rd – 6 th Graders that's main focus is to educate dancers on muscle & core work to be a stronger dancer (Add on classes last half a year and do not perform in the recitals)
	+ BEG F & T (4th -6th) <i>Wed, 4:00p - 4:30p, Rm #2</i>	12	This is a 30 minute ADD ON class for 4 th – 6 th Graders that's main focus is to educate dancers on how to improve flexibility and turns. (Add on classes last half a year and do not perform in the recitals)
	Jr Jallet #4 (3rd - 5th) <i>Wed, 4:30p – 5:25p, Rm #2</i>	16	This is a 55 minute dance class for 3 rd -5 th Graders that will work to take a song & tell it's story through creative movement and dance, this is like lyrical (a jazz/ballet combo)