



**ARYANA DiBERNARDO**  
**NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK**  
**SOFTBALL PROGRAM**

*The NVHS Athletic Booster Club is proud to present the featured athlete of this week, softball player ARY DiBERNARDO.*

**Booster Club Reporter:** *How did you fall in love with softball?*

**Ary:** I joined my first softball team when I was in first grade, so I would guess I was around 6 or so years old, and I've been playing ever since! It's hard to explain why I love the sport of softball so much, but above everything, I've stuck with softball over the years because of all the amazing things it has done in my life. It has made me into the person I am today, gave me some of my best friends, and has taught me more than I ever thought possible, even beyond the lines.

**Booster Club Reporter:** *What do you do on your free time?*

**Ary:** Whatever true free time I have is usually spent working out. I absolutely love anything to do with health and fitness, and being able to shine through that in the gym, has enriched my life profusely. I love challenging myself with Crossfit, because it really brings out the very best in me. It takes everything I have, tires me out beyond exhaustion, and then allows me to get better every day.

**Booster Club Reporter:** *What is your recipe for keeping up with good grades while practicing sports?*

**Ary:** As athletes, numerous times we are reminded that the *student* comes before the *athlete*, and that's really what it comes down to. I find that I best balance myself when I take this into consideration. Sometimes it's necessary to come home from practice, and then stay up until wee hours in the morning to complete an assignment that's due the next day. Nonetheless, I've also learned that just because conflicting schedules can get busy, if it's something you love, you'll always be able to make time for it, that's just how it works.

**Booster Club Reporter:** *What have you learned from all the years in sports that you think will serve you well in your adult life?*

**Ary:** One quality that I have come to value so much is the quality of leadership. Through many aspects of my life, but sports especially, I've learned how important it is to serve as a good role model, as well as just someone that all others can look up to, and that, in my opinion, stems from possessing great leadership qualities.

**Booster Club Reporter:** *What makes you different/unique – what do you bring to the table in your team?*

**Ary:** I would like to think that I bring a very positive air to my team. Optimism is something I have always valued in others. I've seen the effect it has to better a team, and I also have seen what happens when there is a lack there of. I, just like any other human being, understand how hard it can be to put forth a positive attitude, but I've also made it a priority in my life to be as positive as possible, because positivity is most definitely contagious.

**Booster Club Reporter:** *What does playing in a team mean to you?*

**Ary:** First and foremost, playing on a team is one of the biggest privileges I have ever had. I thank God everyday for the opportunity I have to play the sport I love, with the people whom I also do. Being on a team, any team, gives you a second family; one that works towards a common goal. The comradery of a well-meshed team is something that you can't explain, it's something you can only experience for yourself!

**Booster Club Reporter:** *What quote/inspiration do you resort to when things get really hard?*

**Ary:** One verse that means a lot to me, and serves as a motivation in my everyday life, is 1 Corinthians 10:31, which says, "Whatever you do, do all for the glory of God." So many times, when things get tough, it is a result of the pressure I put on myself. This verse reminds me that I am truly not out there playing for myself. I am an imperfect person who serves a perfect God, and for that, the least I can do is play for Him, and the ability he has blessed me with!

**Booster Club Reporter:** *What are your plans for after HS? Will you keep playing in College?*

**Ary:** I will be attending Taylor University, in Upland, Indiana. I plan to study and major in exercise science. I am blessed with the utmost amazing opportunity to play at the collegiate level on a softball scholarship. It's been my dream since before I could even remember, and the fact that it's being put into action within a number of months makes me feel like the most fortunate person on the face of the earth!

**Booster Club Reporter:** *Who is your role model? Why?*

**Ary:** Every day, more and more, I learn that my parents are both my best friends and my biggest supporters in everything I do. That said, my father is someone who I truly aspire to be like, because of his hard-working, determined, and selfless nature. My mother never ceases to amaze me with her compassion for anything she sets her mind to. It is these simple yet overwhelming qualities and characteristics that make my parents the biggest and greatest role models I could ever ask for!