



2019
SEEDS CONFERENCE

#NextGen: B4STAGE4

MAY 22ND, 2019
GLENDALE COMMUNITY COLLEGE

CALL FOR WORKSHOP PROPOSALS
DUE FRIDAY MARCH 1ST, 2019

Mental Health America of Arizona's **25th Annual SEEDS Conference: #NextGen: B4STAGE4** seeks to highlight cutting edge practices and approaches used to address current and emerging issues impacting the **mental health of young adults**. This years workshops will focus on innovative strategies, best practice interventions, recovery and prevention models that cover:

- Peer Advocacy and Civic Engagement
- Justice involved young adults
- Trauma resilience
- Technology, social media
- Mindfulness and meditation
- Non-suicidal self injury
- Social justice and civil rights
- Mental health and disabilities
- Homelessness
- Fitness and nutrition
- Self care for parents/providers/young adults
- Serving LGBTQ young adults
- Suicide prevention, intervention, postvention
- Bullying, sexual assault, trafficking
- Mental health and the role of schools
- Navigating behavioral health system
- Opioids and substance abuse
- Alternative therapeutic modalities
- Eating disorders
- Crisis services
- Policy reform

WORKSHOP FORMAT AND SELECTION PROCESS

All workshops are **60 minutes** and must be engaging, innovative, and facilitated by no more than 3 presenters. Rooms will be equipped with A/V, computers, and internet. Presenters are responsible for all printing needs, however MHA AZ will ask for electronic presentations prior to the conference to be shared with participants. Power point presentations are not required.

Upon receipt of your proposal, you will receive a email acknowledgement and your paperwork will be sent to the conference planning review committee. You will receive a response from MHA AZ by March 15th, 2019. If your proposal is selected, registration for all presenters will be FREE.

All proposals must be submitted to Erin Callinan at erin@pommconsulting.com by **FRIDAY, MARCH 1ST, 2019**



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GLENDALE COMMUNITY COLLEGE

WORKSHOP PROPOSAL

Title of Presentation (to be printed in conference program):

Target Audience for your workshop (check all that apply):

- | | | | |
|-------------------------|------------------|---------------------------|----------|
| Youth Service Providers | Educators | Behavioral Health | Youth |
| Family Support Services | Child Welfare | Law Enforcement | Military |
| Criminal Justice | Governing Boards | Organizational Leadership | |
| Parents/Family Members | Peers | Other _____ | |

Are you willing to repeat your workshop? YES NO MAYBE

Presenter Name (primary contact): _____

Organization/Company: _____

Position: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone Number: _____ **Email:** _____

Today's Date: _____

If there are co-presenters, complete the following:

Presenter #2 Name: _____

Organization/Company: _____

Position: _____

Phone Number: _____ **Email:** _____

Presenter #3 Name: _____

Organization/Company: _____

Position: _____

Phone Number: _____ **Email:** _____

PLEASE SUBMIT YOUR PROPOSAL ALONG WITH THE FOLLOWING BY MARCH 1ST, 2019

- **A 50-WORD ABSTRACT** of your presentation including 2 learning objectives, which will be published in the program, if accepted.
- **150-WORD DESCRIPTION** of your presentation that discusses the content, main points to be covered, relevance to conference attendees, and how it fits with the theme of youth mental health.
- **A BRIEF BIO FOR EACH PRESENTER**

Questions? Contact Erin Callinan at erin@pommconsulting.com