

December Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
			1) Orange chicken with brown rice, veggies, fruit and milk.
5) Mustang bowls with fruit juice and milk.	6) Bean and cheese rolled tacos with salsa, fruit and milk.	7) Grilled cheese sandwich with Tomato soup, fruit and milk.	8) Powerhouse chili with corn bread, fruit juice and milk.
12) Grilled Turkey and cheese sandwich with chips, fruit juice and milk.	13) Cheese enchiladas with beans and rice, fruit juice and milk.	14) Baked pasta with veggies, fruit and milk.	15) Popcorn chicken and dip with sweet potato barrels, fruit and milk.
19) Pepperoni pizza with veggie sticks and dip, fruit and milk.	20) Mustang Bowls with fruit juice and milk.	21) Grilled chicken salad with dressing, fruit, and milk.	22) ½ day brown bag lunch
26) WINTER	27) BREAK	28) NO	29) SCHOOL

Notes:

There will be two types of milk offered at each meal:

Breakfast: skim and 1% white

Lunch: 1% white and fat free chocolate

*Menu is subject to change as needed.

“This institution is an equal opportunity provider.”

December Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
			1) Fruit topped yogurt with granola and milk.
5) Apple Cinnamon Oatmeal with milk.	6) Pancakes with syrup, fruit and milk.	7) Peanut Butter Banana roll up with milk.	8) Assorted cereal with fruit and milk.
12) Biscuits and country gravy, fruit and milk.	13) Bagel with cream cheese, fruit and milk.	14) French Toast with maple syrup, sausage, fruit and milk.	15) Assorted cereal with fruit and milk.
19) Breakfast bowl with fruit and milk.	20) Assorted Cereal bars with fruit and milk.	21) Cheesy scrambled eggs with toast, fruit, and milk.	22) Breakfast pastry with fruit and milk.
26) WINTER	27) BREAK	28) NO	29) SCHOOL

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