

# Loranthus Acaciea (Plicosepalus Acacia) – The Proving

Conducted by: Elia Onne, Michal Yakir, Alice Ruth Ben Chail, Talia Sharon and Neomy Langford. Israel 2008

Written and collated by Elia Onne and Michal Yakir

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## 1. ACKNOWLEDGMENTS

First and foremost gratitude is due to the provers who volunteered to participate in this experiment. Without their dedication, adherence and devoutness, this proving wouldn't have been realized.

Much gratitude is due to the supervisors: Liat Teller, Gali Meuchas, Irit Wishlitzky, Ronen Levi, Dafna Shunweld, Tamara Halamish, Dina Barak and Rona Bar Yanai whose care and devotion, fine distinction and observations contributed so much to the deciphering and understandings of this proving.

Special thanks are due to Alice Ruth Ben Chail, Talia Sharon and Neomy Langford who in search for a topic for their end of course dissertation made us pullout this idea of proving the Loranthus which had been in our minds for a while, and actualize it. Post factum one can realize that with the nature of this particular proving it couldn't but be a bumpy road.

Special gratitude is due to Ruthy Shilo and Neot Shoshanim Pharmacy who prepared the remedy.

## 2. INTRODUCTION

The inspiration for this proving came to Elia Onne in the spring of 2008. "I was accompanying a friend who was hiking the entire Israel Trail (A 970 Km hiking trail, stretching from the northern tip of Israel right to the most southern tip). I joined her for the walk of the southern part - The Negev desert. This is an arid land, very dry, remote and sparsely populated. One of the trees that can survive in the Negev Desert is the Acaciae tree. At a certain point I noticed a strange phenomenon: On many Acaciae trees, in complete contrast to their economical nature (small marrow leaves, one of mother's nature devices designed to minimize loss of humidity) another climbing plant could be observed attached to it. This one was luxuriously displaying thick fleshy leaves (full of water) and flamboyant large red attractive flowers. It was thickly spread over the frugal and modest Acaciae, its aggressive fleshy shoots digging deep into the Acaciae trunk and branches. Some sections of the Acaciae trees were dried out and dead; some trees were entirely dried out and dead. This distressing sight accompanied my journey for days and I could not but think of the homeopathic implications it might have, regarding Similia Similibus Curantur.



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When I got back I talked to Michal Yakir, my friend of 20 odd years, a colleague, and a botanist, and we had our mind set to carry out a proving of the Loranthus, sometime in the near future".

The proving was conducted in the early summer of 2009.

As expected, it turned out to be pretty vicious stuff.

Its vicious nature showed its face everywhere in the human dynamics within the proving conducting team and not surprisingly, the key points of bitterness and dispute stood out later on, in the symptomatology, as expressed in the provers' diaries.

Each proving has an individual energy around it. Often one can observe how the entire proving is coloured with this energy and thus becomes an inseparable part of the deeper understanding of the remedy's "wesen."

In this particular proving we had two primary investigators with a vision (to carry out a proving of the Loranthus) and three students in search of a topic for their dissertation and a wish to experience conducting "a proving" but without a focus on a particular substance to prove. Unfortunately but not surprisingly and with adherence to the signature of the source of the remedy, what started up with great enthusiasm and desire to bestow, share, endow and donate on one hand and passionate and zealous energy to carry out "a proving" on the other hand, turned out to be a cause of acrimonious feelings and sensation of "we have been wronged," of being taken over, of losing

trust and hardhearted attitudes. Also anger and oppositions towards the one you are dependent on and an underlining attitude of "it's either us or them." One may say that this position fueled the entire proving. Not surprisingly, that and many other themes along that line showed up later on in the proving and were recorded in the provers' diaries.

### 3. BOTANICAL ASPECTS

Loranthus Acaceae (recently the name was set on the synonym: Plicosepalus Acacia) grows in desert regions, where it mostly leeches onto several species of Acacia trees, though it may be found on other plants. It is found mainly in East Africa and the Sudan and it can also be found in Israel; Israel is the most northern spot it can be found. Loranthus Acaceae is a semi-parasitical plant, which means that it produces its own sugars, but takes water, minerals and nutrients (mostly nitrogenous) from its host. Its growth cycle depends solely on one species of bird pollinator – the Orange Tufted Sunbird (*Nectarinia Osea Osea*). The



Loranthus produces nectar-rich elongated red flowers (the tubercular corolla is 40 mm long) which function as an oasis for the Honey-Sucker birds which pollinate it as they drink its nectar, as well as for bees who try to steal nectar from the little holes the birds puncture on the side of the flower. Apparently the flowers turn completely red after pollination (when nectar is no longer produced) and the Sunbirds are attracted to the flower while it is still green. This is a strange post-pollination phenomenon since Honey-Suckers can see red and are attracted to red which usually indicates the presence of nectar.

After pollination, the plant produces red fleshy fruits, which are eaten by yet another bird, mainly Bulbuls, and the seeds are dispersed with the birds' excretion (the seeds aren't harmed while passing via the birds' intestinal tract – presumably by accelerating their digestive system). The fruit can also adhere to the birds' beaks and as they try to



remove it (by rubbing their beaks onto the branches), the sticky seeds stick to branches. The seeds germinate immediately on the substance they were deposited on, regardless of location, and try to strike roots. If a seed was not deposited on the right tree or was unable to set roots - it will quickly dry out and perish.

Whenever the seed does manage to germinate, it sends absorbing roots-like organs (haustoria) that extend through the inner layers of the branches' host, where most of the water transport occurs. After a while it merges completely with it. Other roots get interlocked around the host's branch in order to fasten their grip.

The Loranthus creates a mass on the

hosts' branches; it is always above ground, never touching the ground, feeding solely through its host. Henceforth,

it grows, producing a mass of succulent fleshy leaves, availing itself of the host's water and mineral supply, regardless of the austerity and modesty usually mandated by the desert climate. If the Loranthus' masses of growth on the tree multiply too much, then at a certain point this brings an end to the tree as well as to itself. Deep scars will remain on the tree, marking the penetration holes of the Loranthus' suckers. This life cycle resembles that of the *Viscum Album*. A rare plant in the past, the Loranthus is now - with settlement expansion and the population of birds that comes with it (as pollinators and distributors) – much more widespread throughout the desert region infecting more and more trees.

#### 4. CONTEMPLATING HOW TO WRITE UP THE PROVING

Since the birth of our science and art, publishing and distributing newly acquired knowledge of a proving is virtually the life line of a remedy. Spreading and sharing the knowledge brings in cured cases of that remedy, adding clinical data and widening our deeper understanding of the newly-introduced remedy.

Over the past 25 years the world of homeopathy has flourished with new provings. Some end up buried in someone's drawer (PC's hard-disk nowadays); some get published.

However, there seems to be a sort of a bottleneck in the internalizing process of the proving. There is a multitude of information that is harvested from the diaries that does not find its way to a focused and precise understanding of the remedy.

In his book *The Dynamics and Methodology of Homeopathic Proving*, Jeremy Sherr writes: "... Always try to envision a homeopath reading the proving 100 years in the future. Think about what would be meaningful and useful to her/him in healing the sick, and what would be confusing and unclear....They (the symptoms) should be arranged so that the thread of meaning can be easily perceived as it runs through the genius of the remedy."

So what is the best way to write up the proving so that in 100 years....?

Throughout the years, different approaches to publishing the "as if one person" of a proving have developed. Some have taken the more purist approach and suffice in publishing the provers' diaries, backed up with the supervisor's data and observations, usually in a format following the repertory's chapters, while the internal listing of the symptoms is arranged according the chronology of events. ("as if one person", hour by hour and day by day). This is followed by repertorizing and distributing the information with hope that homeopaths coming across the new remedy while repertorizing will delve into the provers' journals and thus get to grips with the remedy. Another approach is to divide the content into somewhat laconic themes with appropriate quotations from the provers' diaries. However, more often than not, the published proving ends up resembling a rather ambiguous shopping list or a list of ingredients for a recipe but lacking the flavor, smell, texture etc. which characterize the uniqueness of the new remedy.

We decided to dare and add our own synthesis and understanding with hope that this will help homeopaths to gain an understanding of Loranthus but hopefully will not limit or narrow their understanding of the remedy.

#### 5. PROVING METHODOLOGY

This proving was conducted following Hahnemannian guidelines, alongside the protocol suggested by Jeremy Sherr in his book *The Dynamics and Methodology of Homeopathic Proving*. Each prover's case was taken by his supervisor, prior to the proving. The provers began filling up their diaries one week prior to the day of taking the remedy.

The provers were instructed not to exceed six doses over the first two days. Eventually one to two doses was enough and only one prover (Number 2) took three doses.

The provers' diaries combined with the supervisors' diaries are the purest and unprejudiced source of data and served as the foundation which our understanding of the remedy is based on. Thus all the symptoms that belong to the mind section, including the dreams, were put together in an "as if one person" format and divided into themes. The themes were presented with the relevant quotations from the provers' diaries.

The physicals and generals were arranged following headings according to the repertory format. A short summary of the main themes of each chapter are at the head of each list.

Committed to listing the data while adhering to the repertory and materia medicas' format, we chose **in addition**, to synthesize our understandings in a summary article that brings together the pure data of the provers' diaries

with the unique dynamics that characterized this proving and the events and happenings to the parties involved in the proving team as well as interpretations inspired by the theory of signature and the location of the remedy in The Table of Plants.

Readers are advised to also read the provers' diaries as they are, and form their own understanding. This backed by cured cases (long term follow-ups), will hopefully shed more light and will bring cure to those who can benefit from this remedy.

Nine provers participated in the proving of which one was given a placebo. One dropped out midway and this diary was not submitted.

The potencies that were used:

Doses taken	potency		Prover number
1 Dose	30C	F	1
3 Doses	7C	M	2
1 Dose	30C	M	3
1 Dose	12C	M	4
2 Doses	12C	M	5
1 Dose	1C	F	6
2 Doses	30C	F	7
	Placebo	F	8

The remedy was prepared by Ruty Shilo, Neot Shoshanim Pharmacy, Chulon, Israel  
[neot.shoshanim@gmail.com](mailto:neot.shoshanim@gmail.com)

Parts that were used: flower, leaves, fruit, and rootlet.

## 6. SUMMARY ARTICLE

The summary article includes the proving themes and understandings. It is a synthesis of the data that were extracted from the diaries, the occurrences and atmosphere of the proving as well as implications and associations of the signature. Different points of view can come up at a later time.

The proving's thread of scarlet seems to be :

**Taking or claiming rights of things which are not yours (it could be belongings, someone else's spouse, a position, a title and so on) or being a victim or feeling like a victim of such circumstances, exploiting or being exploited and the rage that comes with it. Another facet was being/feeling dependent on someone and at the same time feeling hatred for that party. A twisted atmosphere prevailed in this proving, twisted power games, misuse of power and being taken over that evoked negative emotions, anger and cursing.**

Occurrences and dreams concerning coveting and stealing per se, showed up in the proving. However some were not clear cut stealing situations – there is a specific twist to the Loranthus thieving: There is evasiveness, seeming innocence and other facets that blur boundaries .

The situation arose whereby there was a taking over or taking something which does not belong to you by misuse of power or of **being used or abused with no ability to respond on account of being dependent on the offender.**

A dream: "...There were three men and they are raping my boyfriend. He doesn't know how to extricate himself because he is supposed to keep working with them..." (6)D11.

This **lack of clear boundaries** was extended beyond mine/his issues. It surfaced also in male/female gender issues, invasion into one's privacy and more. A dream: "...renovating a bathroom. I am shocked to realize that the outer wall is wide open so anyone can look in and even enter the house. I felt as though I am being observed ..." (1) D08. Or another dream: "... Sexually abused woman... someone is publically touching her private parts... I am trying to help her and at the same time I am trying not to become too involved." (6)D02. There were also dreams of same sex relationships, a pregnant man etc.

With the characteristic signature of a semi-parasitic plant, it was no surprise those themes of **trying to take shortcuts and skip the investment that is needed in order to gain a position of merit** showed up in the proving. One of the provers was contemplating in length around a biblical chapter that was the weekly portion of the Torah read in synagogues during the proving period: The Korach Affair. [See Bible, Numbers (Bamidbar), Chapter 16]. The

story in short: Korach and his followers challenged Aaron's and Moses leadership. They too wanted a position of priesthood. There was also a dispute around the distinguished status of the Levi tribe. It was a fight for position of power and gaining distinction. "... Wanting it here and now could bring about an end such as Korach suffered - when he tried to take a short cut to the divine without undergoing the rectification that every prophet must experience, he was therefore swallowed into Hell, his own hell, and was lost forever." (5)D09

(It is much like the Loranthus, the parasite, assuming to take over the Acacia but ending in total destruction.)

This is enhanced by **stealing, coveting something that belongs to someone else**. Dreams: "I am barefoot because someone stole my shoes ..." (1)(D9). "I am eating my teacher's sandwich without asking permission..." (1)D4. In another dream: a woman is coveting the husband of her friend.

The twisted deviousness continues with the themes of **hiding, disguising, and also mutation**. The idea of mutation implies that a recognized known shape deforms and changes and another is formed. "...Suddenly there are two people with masks (like the Joker in Batman)... people begin to transform and mutate (horns, tails)..." (1)D21. "... I sneak into my husband's guarded army base in a dangerous zone dressed up as a male soldier in order not to be recognized; I fool everyone..." (1)D00. One of the provers wakes up one morning with a song replaying in his mind: "They say that myself is not myself" (a song from the musical *Two Kunilemels* where a man disguises himself as another man so that there are two men look-alikes) (5)D01. This is a striking expression of the signature of the host and the parasite intermingled with one another .

The themes of **slime, slick, slugs, mud and disgust** that accompanied the feeling of the parasite reverberated into a real life occurrence for one of the provers: "A whole jar of sesame paste spilled and the entire kitchen floor was covered with oil. It was disgusting." (1)D3. Or in dreams: "...We go into a butcher shop and the floor is muddy and disgusting. We have to walk in the mud and it is disgusting and wet..." (1)D02. Another dream: "... Snails and slugs emerged. There was one huge slug, the size of the entire length of the wall and I took a bite of it, taking off part of its tail. This nearly paralyzed my mouth..." (4)D01.

The deviousness and slyness continues further with the theme of **secretiveness and concealment**. Dreams: "I make love with two of the male students. None of them knows about the other. Concealment and secrecy. Felt great..." (1)D03. "Under the stairs there are lots of eggs that this woman has laid and I have to be careful not to tread on them. Somewhere inside me, I wish that one of the eggs will break and the whole affair will be revealed. That everything will be exposed. (1)D22.

The themes of **too much prattling and unrestrained talking or gossiping** are additional expressions of the lack of refinement and unrestrained urges mentioned before. It began within the proving team on the very day the specimen was picked by the primary investigators and delivered to the pharmacy (see the introduction to the proving). This continued later on as recorded in one prover's diary: "Strange how everyone is saying that one mustn't talk about this proving, but as it turned out everyone talks to everyone about it." (7)D06

One of the supervisors said at the summarizing provers' meeting: "There were rumors all the time of quarrels that were going on in the proving, things I did not want to hear... sort of indiscreetness... you couldn't escape it." Or a Dream: "I am at a clinical training session. The teacher is saying that a friend of mine came to the clinic as a patient and said that he cannot continue his relationship with me because I am gossiping about people. And I was thinking how stupid she is to reveal things concerning a patient since this is confidential!" (1)D12. And another example: "I couldn't control my tongue and I said things that I shouldn't have said and also that I did not mean to say..." (7)D05. Indeed throughout the proving there were symptoms of the tongue itself: burning, thick, paralyzed and more.

There were multitudes of expressions of **belligerence, dictatorial behavior and bitter and aggressive attitudes**: "... I feel decisive – told my husband and kids: 'I make the rules in the house!'" (1)D19. There were instances of extreme impatience and explosive anger: "Felt tidal waves of anger and frustration, and could not stop complaining and telling off my husband" (1)D30. "... Things penetrated and settled into a heap of rage which was not being released. (6)D06. "...I couldn't stop looking for reasons to argue and quarrel."(1)D30.

That was accompanied by **cursing, swearing, loud, rude behavior and rude manner of speech**: "... I said to my husband with the kids present: 'You don't give a shit about me'. I never talk like this, definitely not when the kids are around."(1)D30 "... Any garment or toy that was misplaced, any improper word was responded to with shouting and cursing... I even told my son that he was a loathsome child..." (1)D31. A dream: "... friends of mine... they are talking loudly ... they are noisy and they are shouting at someone else's house, with no respect for him."(1)D25. This is intensified by **unrestrained urges and inability to hold back**. A dream: "... I also have a lover that excites me very much. The lover comes to me. It's a big hall with lots of people. I pull a curtain (not a thick curtain), as a partition between the crowd and the place where we meet. Lots of passion and sexual urges."(1)D22

**Cold blooded maliciousness and desire to hurt** were also present: "Another man and I have murdered someone, cut him to pieces so he was unrecognizable... It wasn't a deep experience: someone murdered someone and one needs to get rid of the body. I did something wrong and I want to get away with it, not to be caught... I have to clean the crime scene in order not to be caught..." (6)D31 "... I felt a strong urge to hurt my kids, wanted something bad to happen to them – so that they will feel pain, to make them regret what they did." (1)D31.

Moreover, there were situations of **coming with naivety and good intention and then being rewarded with exploitation or aggressiveness thus feeling wronged and losing trust**. A dream: "... laughing, the girls disappear and I am left alone with the snake. Felt fearful and disappointed and insulted that they left me after I tried to help them." (1)D11

There was a plethora of sensations of **being overpowered, forced, used, and leeched upon**. "... I want people to get off my neck." (6)D13 or "Demanding and needy people entered my life, sending me text messages demanding to know where I am and are angry because I talked to someone else. Felt as if she was a leech on my neck. (7)DXX, as well as of **being engaged and restricted**: "Felt engaged and there is nowhere to escape" (2) D05 or "I don't want to be **restricted and limited** and unable to go whenever I want. As if I am trapped in a situation. Like an animal in a cage... want to throw everything and leave now. (6)D20

With that came **intolerance of any contradiction and resistance to authority**. "...Cannot stand others telling me what to do" (6)DXX. "... I feel like kicking, breaking and leaving. Don't want to stay and be ordered..." (6)D06. "... There is a new boss; he is intoxicated by his power, seeking to give orders, in a military style. .. criticizing ... playing power games..." (6)D11

Some of the provers experienced a sense of **haughtiness, a sense of omnipotence**: "I make them feel that their questions are idiotic. It's a bit vicious, I have no mercy." (6)D06. A dream: "I'm a queen, I have a husband and I have a lover... No sense of immorality on account of having a lover." (1)D03 "... I am part of a group of chosen top quality students." (1)D03.

Some, at the other end of the spectrum, experienced a **sense of humility**: "Sense of humility that I can't have it all, maybe I'll have to be happy with myself as I am and it is OK." (5)D0. "It is I – who, for years has hung on to the words of every intelligent writer... I'm great too ... I've learned my lesson. From now on I'll hang on only to my own merits.... I won't depend on anyone taller than me to pull me and raise me up. I'll raise myself up anyway I can." (5)D09. "...I had a stunning birthday, enjoyable with a good mood although modest and intimate." (7)D14

**Feeling inferior and unimportant vs. a sense of empowerment**: "Felt small and worthless." (7)DXX "No one cares about me, only about the results of the proving. I am not important enough." (1)D27. A dream: "Although I am a woman and they are three men ... I smashed the bottle on his head; I was in a position of power. I wasn't threatened... Don't mess with me! ... at the moment the predator makes one more step she assaults him..." (6)D11

As opposed to the negative feeling and atmosphere there were revelations of a far more positive nature, of **laughter, euphoria, joy and sense of love**. There was also **good flowing communication as well as faulty communication**: "I communicate with everything that I come across, even if it is a flower. (6)D01 and at the other end of the spectrum: "Bad communication with my supervisor. She is not attentive, bad communication, no flow." (7)D03

In line with that, provers' diaries reveal a myriad of sensations of **softening and opening up, of going with the flow, of being tolerant, loving, and generous, of pampering others and of self-pampering**. "I felt my heart is opening. Flowing with my feelings... broadening of the heart. Felt softer. Felt that there was a barrier that was in my way for the past three months and now I got over it. I felt free. That I have the ability to love and to give to others." (4)D08. Or a dream: "... soon enough they come to me and return the payment out of generosity." (5)D06. "...Felt a need to pamper my husband and children and bought them presents." (1)D04. This softening up and generosity could sometimes turn (at the very same event) into **harshness and cruelty**. In accordance with that there was **weeping after a long period of not being able to cry, weeping easily, inability to weep or weeping with no tears**.

**There were obstinacy of complaints** and stubborn manifestations: colds, sore throat and expectoration, sensation of stricture of the throat - dragging on and on. A prover described a headache: "... Something obstinate that does not want to go away." (1)D00. There was a lengthy process of maturation of abscesses, then bloody pus, that wouldn't let go. Incidentally, the proving was conducted during an outbreak of the avian flu, and seemed to bear relation to it:

**There were lengthy diseases that wouldn't let go**, a flu like state, an ongoing illness and fatigue, with **slow recovery with the feeling of strength seeping out**. (Two provers had to be eventually antidoted). "...a sort of a virus with no beginning or end... something took over me and put my system into an endlessly repeated circle ...the sensation is of weakness that's growing from day to day and that I am operating on reserves that are running out



fast"(5)D37. Provers also complained of weakness and limpness: "No energy for my morning walk... I take a shortcut... tire easily... great weakness... feel like I have low sugar levels..."(5)DXX

**There were feelings of numbness, formication, heaviness and awkwardness:** "numbness of face...", "... lack of sensation at the front upper part of the tongue." "Eyes feel heavy and tired ...." Some experienced heaviness of the jaw, heaviness of the tongue, stopped-up ears, a stuffy nose, and impaired hearing. Some experienced formication of the limbs, face, nose or tingling sensation of various parts.

**There were feelings of awkwardness and coordination problems:** "feels weakness in the muscles, especially the hands... lack of coordination..."(2)D01. "Sensation of rubber in-between the teeth..."(4)D00. There were reports of saliva drooling at front of mouth, food drops out of mouth, suffocation due to food or drink going in the wrong way .

And opposite to that numbness, **exaggerated sensitivity and intensification of senses:** "sensation of exposed nerves at finger tips... I can hear the sound of the electrical current."(6)D11

**Sharp, stitching pain, skewer like:** "Stitching as of needle at big toe..."(4)D05, "stabbing pain, as with a skewer"(1)D00. Splinter sensation was experienced by most provers on various parts of the body .

**Stings:** several occasions of being stung were reported by provers as well as stinging like eruptions, coming and going, itching on face, armpit, and lower back. Encounters with ants, cockroaches. An encounter with a scorpion and being stung by a scorpion .

**Burning sensation** at vertex, burning face, burning eyes, throat, and bright red rash on face. Congestion and heat in face and lips. Burning feet. Desire to cool down by moistening parts with cold water: the head, eyes .

**Dryness:** dryness in the eyes, dry mouth. Dryness in throat that does not improve by drinking.

An anecdote: Tahini (sesame paste) appeared in the proving on three different occasions: Tahini sandwich, tahini spilt on the floor and tahini popsicles. What is there in tahini? Rich food, oily, nourishing but also dries you up. Water that is added to raw tahini is absorbed immediately, toughening up the mixture. More and more water has to be added until the tahini yields and begins to thin down. One can say that tahini is very thirsty.

**Stiffness** of back, particularly lower back. **Lack of flexibility.** Painful to sit on hard seats, cramps in the muscles of buttocks .

**Difficulty in urinating** and urgent need to urinate but unable to. Feeble stream or sometimes involuntary urination. Constipated or stool incomplete, "no urge to evacuate." Diarrhea. Worms.

**Desire for cool air** and draft of air.

Desire for ice-cream and refreshing beverages, for eggs (yolk in particularly), for tomatoes, for refreshing food, for fruits, for cold lemonade with mint.

**Excessive growth:** weight increase, nails grow faster. Cracked nails, deformation in nails.

A surplus, as if something adheres to the skin. Under the armpit, "a small growth of skin in addition to the one that's already under my right eye." (5)D09 .

**Nausea** that is not better after vomiting accompanied by a pressing headache. **Emptiness in the stomach** which does not improve by eating, **distention and hardness of stomach and abdomen.** Eructation.

**Narrowness, stoppage at throat and larynx:** narrowness of throat, lump sensation at throat, expectoration at throat, stuck, going up and down. **Suffocative sensation** that does not improve with drinking water. Difficulty breathing, difficulty taking air in. "As if a hand is pressing on sternum or, a marble board lying on chest – heavy and suffocative."(1)D10

### Short summary

The Loranthus proving was shrouded in an atmosphere of animosity and suspicion. The thread of scarlet seemed to be: taking or claiming rights of things which are not yours or feeling like a victim of such circumstances, feeling that one is overpowered by malicious force and being leached upon. There is hatred for those you depend on or for those that are dependent (or use) you. This was responded to by resistance to any authority, by belligerence, and by a dictatorial, bitter, aggressive and impatient attitude. It is an uncompromising rivalry that is fueled by an undercurrent conviction that it's "either me or you." In accordance with the parasitic nature which is about draining and eventually eliminating the other, the conflict is unbridgeable. It's an "either me or you" situation. Thus a mother can wish the worst for her own child; one's boundaries are being mutilated - a heartless conqueror is taking over, deeming what is yours is his. There were unrestrained twisted and perverted urges, stealing or coveting, disguise, mutation, secretiveness and concealment. This was topped by revelations of cruelty, rudeness, coarseness and bluntness as well as uncompromised strictness vs. lightness, renunciations and appeasement .

All the above were also manifested on the physical level as stiffness and numbness, awkwardness (defective neurological communication or flow), dryness and lack of flexibility as well as stricture and narrowness of parts. The opposite was sliminess.

On the general level there were burning sensations (feet, face, and vertex), desire for cold air, open air and desire to be fanned. Parallel to myriad of expressions of heat and dryness, there were many expressions of liquid qualities or slimy qualities experienced as repellent and repulsive. Detached or cut off from others, or opening up of emotions that was withheld or weeping following a long period of inability to weep. The word "flow" appeared frequently and in different contexts: delayed flow of urine, sabotage of the main water pipeline in the garden and subsequently, a flood. Or "... my husband says that I am now the one that is flowing in the family..."

Boundaries were crossed on all levels from water that was overflowing to an influenza that continued on and on for weeks on end. There were dreams of same sex relationships, indicating slackening of male/female classifications. There was a dream of a pregnant man and another dream of a woman having a baby with another woman. Intensification of feminine attributes to male provers and masculine attributes to female provers was seen. (In a dream: A woman protects her boyfriend from men who rape and abuse him). Communication is about crossing boundaries; thus the subject of communication, forced or flowing, came up.

Notwithstanding the negative connotation of a parasite plant, the issue of communication and intercrossing boundaries connects us to another aspect: the parasitic plant as a gateway between heaven and earth, a gate to other dimensions. The Loranthus is a plant that never touches the ground, just like the *Viscum*, and carries with it the potential for higher love – once the discords are solved. Learning to live together without being depleted on account of this togetherness, learning to give without being emptied, learning to give from higher level of our being - this is the lesson of Loranthus – which indeed came up in some of the provers' experiences.

## 7. AFFINITY TO THE "TABLE OF PLANTS"

### Loranthus and its position in column five in the table of plants

The remedy's location on the table of plants\* is at the confluence of the fifth column and the seventh row. At this point of the fifth column (which deals with relationship with the other in a stage of established Ego-self) relationships should be such that each party is separate, its individuality kept. This separation is emphasized in the seventh row, a late stage in the column's development, a stage where the young adult is supposed to be active in the outside world, forming a healthy intimate relationship with the other. This is the healthy state – or the center of the pathology in the column. However the state of a parasitic plant generates a regression into dependency and breaks the boundaries between the self and the other. Therefore we can see unhealthy and deleterious dependency in relationships, dependency or dominance, exploitation, twisted relationships, theft and abuse.

Yet, living at the expense of someone else, or lack of independence is unbearable at this level of column five Ego development. This discrepancy arouses negative feelings towards oneself or the other: anger and bitterness carrying a grudge. There is even hatred directed at the person one is dependent upon. (in comparison to column one, where dependency is meaningless, since Oneness is still a natural state. Indeed, there are hardly any parasites in column one). As the lack of boundaries collides with the need for independence and Ego identification, a characteristic pathology ensues. Column five is related to the relationship formation. Here, due to boundary issues and the parasitical quality, interpersonal communication is distorted: It could be obsessive – excessive and immoderate need for communication with the other-- or blockage in communication, disconnection and lack of internal flexibility in relationships with the other. Column five relates to the fifth Chakra which is associated with throat and communication; **in that context one can comprehend the pathologies in the tongue and the throat that are to be found in the remedy's proving.**

The parasitical attribute is thus related to distortion, falsification and mutation due to the improper location of the parasite in that column, but also to a detoxification quality, to cleansing of poisons and drainage. The seventh row is related also to Doing. An ability to do, to act, is ascribed to a strong Ego. A strong Ego is formed by boundaries (a masculine attribute) – boundaries which here in a parasitical atmosphere are missing or breached. Thus the Ego is not developed in a place it should have developed. This weakness of the ego explains the **enfeeblement, utter fatigue and lack of will or ability to act** on the mental\emotional level, where we see laziness, aversion to work. On the physical level the issues of borders produce endless influenzas, diseases that drag on and on because the body is not able to defend itself against the pathological agents that invade it from outside, nor can it cleanse itself. There is mental, physical and sexual enfeeblement and **exhaustion as if the batteries had run out, as if all the energy had been sucked out.** Associated to that, autoimmune problems and cancer can transpire.

\* (*The Table of Plants – Wondrous Order* classifies the remedies following their botanical evolution. Following this classification, there is a correlation to the stages of development of the human Self, from a unified and Ego-less state in the first column, to a state of separateness and a strong and conscious Ego in the sixth column. Every stage bears correlation to a botanical Order or Family and has an implication for the remedy's emotional, mental and physical characteristics. For further information see *Wondrous Order – the Systematic Table of Plants* by Michal Yakir. Narayana Publishing, 2014.)

## 8. MIND - THEMES (INCLUDING DREAMS)

### OVERPOWERED, FORCED, LEECHED UPON, ENCAGED, RESTRICTED

- Mind: Sensation as if my neck is wrapped, as if inside a tube. (6)D00
- Mind: My head is a flower and my neck in part of the stem. The **neck is encapsulated in a tube**. As if my head and neck are separated at the meeting point of the pharynx and throat. A sort of tension warps the place. The head is like a flower and the neck is like a stalk. (6)D01
- Mind: I want people to **get off my neck**. Want to shake them off. They are needy. These people desperately depend on me. **I want freedom. I don't want anyone to need me**, don't want to be ordered, and don't want anyone to decide for me or **restrict me**. Best thing is to **go on vacation**. (6)D13
- Mind: ... In the evening I worked at the restaurant and it was much better. I tried not to let the impatience and nervousness take over me. I tried to oppose it and dismantle it so that light would come .... It is not as if it went away easily- coping with it was instead of **submission and being taken over. Standing up to the monster and not letting it take over me**. I did not always succeed, sometimes I thought I did but **it outsmarted me and came out in a different way**. (6)D15
- Dream: I take part in Shabbat reception with everybody in the community, but at home **I am forced to do** another ordinary small ceremony because I have my daughter or part of the family not present at the big one.... It is to do with the **duality** in my life... (5)D07
- Mind : **confused, absent minded, uninspired.... As if something has taken over me, burdening and preventing smooth flow**. (5)D14
- Mind: Fear of **something taking over, something that wouldn't let go**... I have lots of plans and I need a drive and initiative but most of my energy is going now for survival... No flowing, I am ill. (5)D16
- Mind: I am afraid that **something will take over me and will not go away**. (5)D16
- Mind: Noticed that in my clinic's garden a strange plant flourishes wildly... pumpkin like plant... huge leaves, 30 cm in diameter. Yellow flowers. It sends its tendrils towards my clinic... **climbing on other shrubs**, 4 meters high....(5)D18
- Mind: the sensation in this disease is, as if **a cruel conqueror, a particularly heartless one, has taken over my soul, and then my body**, deeming what's mine, as if it's his. No surprise that connotations of the Nazi occupation or that of the Russian occupation turned up: two awful **dictatorships .... Foreign conqueror enables us to live, as long as we serve it first, and devote all our energy to it....** The sensation is of getting weaker from day to day, that I am using reserves that are quickly running out. (5)D37
- Mind: Called the master prover and gave her a mouthful: Why isn't she answering the phone... and not telling me the name of the remedy! ... **If something is governing me I want to govern it!** (5)D37
- Mind: Felt **encaged** and there is nowhere to escape (although there is nothing to run away from) **(2) D05**
- Mind: I don't want to be **restricted and limited** and unable to go whenever I want. As if I **am trapped** in a situation. **Like an animal in a cage**, something impulsive – want to throw everything and leave now. (6)D20
- Mind: I am a waitress and people want things from me, all the time, and it is as if I am there and cannot get away... As if (the clients) were **restricting me.... They are needy ... I wanted to shake them off ... wanted to be left alone (6) D13**
- Mind: Highly sensitive, cannot stand anyone around me, especially not my husband. Want to be alone. (7)D05
- Mind: Demanding and **needy people entered my life**, sending me text messages demanding to know where I am and are angry because I talked to someone else. Felt as if **she was a leech on my neck**. (7)DXX
- Dream: I am being **pursued in order to be raped**. I managed to get away. A feeling that it turned out OK. (6)D21

## BLURRED BOUNDARIES

- Mind: ...the sensation in this disease is, as if a cruel conqueror, a particularly heartless one, has taken over my soul, and then my body, **deeming what's mine, as if it's his** (5) D37
- Mind: ...As if part of me was trusted and there was a **split or diffusion of parts**. As if I saw what I heard and what I felt. (6) D03
- Mind: Noticed that in my clinic's garden a strange plant flourishes wildly... pumpkin like plant... huge leaves, 30 cm in diameter. Yellow flowers. It sends its tendrils towards my clinic... climbing on other shrubs, 4 meters high...(5)D18
- Dream: My mother is taking me to see some renovations she is doing in her bathroom. I am shocked to realize that **the outer wall is wide open so anyone can look in and even enter the house**. I felt **as though I am being observed** and indeed, across in front of the house, near the river **there is a man looking at me**. I feel unsafe and I go into the house but I can't calm down. How can one go to sleep when the room is broken wide open?? (1)D08
- Dream: I'm a queen or an empress. Everyone is at my disposal. I have a husband that I love very much but I also have a lover that excites me very much. The lover comes to me. It's a big hall with lots of people. I pull a **curtain (not a thick curtain) as a partition between the crowd and the place where we meet**. Lots of passion and sexual urge. I feel wonderful. But all the time there is that thought that's bugging me that my husband won't find out because I love him and I do not want to divide the family. (1)D22
- Dream: I was going abroad with E. ... At night we arrived at a big luxury house. We wandered in the yard and then found ourselves near a **glass window** with a metal grill and E. couldn't climb since she was pregnant. The alarm was set off and the maid caught us and called the owners who actually were the policemen who escorted our trip. **They were angry that we broke into their house...**(4)D01
- Dream: I am at a conference. It is not interesting since I already know everything so **I stayed outside** with the husband of a friend of mine. We were sitting enjoying ourselves, chatting. **He was naked**. He was really fascinating... He was very impressed with my knowledge... There was **a sense of seduction in the air and I was in a dilemma. He is my friends' husband**. (1)D12
- Dream: Sexually abused woman, half naked, exaggerated sexuality, she is sick, someone is **publically touching her private parts, she is detached**, used to this kind of treatment, she was sexually abused and that is where she remained and she becomes a prostitute. I am trying to help her and at the same time **trying not to become too involved**. (6)D2
- Mind: **I communicate with everything that I come across**. Even if it is a flower. (6)D01
- Mind: Something has opened inside me. **Want to mix and play with the world** (6)D06

## MALE / FEMALE – BLURRED / CONFUSED ROLES

- Dream: I sneak into my husband's guarded army base in a dangerous zone. **I am dressed up as a male soldier in order not to be recognized, I fool everyone**. Off course eventually I'll clear out of there – it is too dangerous for a woman. Although I am sure I'll be perfectly OK. (1)(D0)
- **Dream: A pregnant man** (4)(D07)
- Dream: There were **three men and they are raping my boyfriend**. He doesn't know how to extricate himself since he is supposed to keep working with them. **I disagree and protect him**. After the rape we stand hugging and kissing each other and my boyfriend is turned on and we begin to make out. Suddenly I realize that they are laughing at us because we are making out. One of them takes a plastic bottle and hits my boyfriend on his head. I take a glass bottle and break it on his head. This surprises him and also surprises me but it is more important for me to protect my boyfriend. **Although I am a woman and they are three men I did not feel as though it was directed towards me. I smashed the bottle on his head; I was in a position of power. I wasn't threatened**. We made out ecstatically. There was something unhealthy there, madness. My boyfriend was in a **world of his own, disconnected**. There was a sense of increased sexuality. The men didn't see me. I was watchful, I had to be vigilant. Then when they hit him with the plastic bottle that was enough! Don't mess with me! I guard him! Like a mother guarding her pups. You aren't getting near! It's as if the mother is licking her pups and she sees the predators in the background but continues to behave as though everything is as usual and at the moment the predator makes one more step **she assaults him**. I kept hugging my boyfriend like a mother is licking her pups. As if I did not notice the three men but all the senses are turned on to seize the

enemy. All the senses are sharpened; I was not really engaged in the making out. I was keeping my boyfriend close to me. He was disconnected from reality; **he comes in order to stick to me and to get warmth and protection. He needed to connect to someone and it became sexual.** I am afraid of them but it is more important for me to protect him. This motivates me to protect. This does not deter me from acting (in Hebrew the expression that was used is "this does not **castrate** me from acting"). (6)D12

- Dream: I give birth to a girl named Tangerine. **I conceive this girl with another woman**(6)D41

## **BELLIGERENT, DICTATORIAL, BITTER, AGGRESSIVE, RUDE, EXPLOSIVE, CURSING**

- Mind: I am touchy. Things penetrate and settle into a **heap of rage** which is not being released (6)D06
- Mind: argued with my husband-he is not helping me enough.(1)(D0)
- Mind: I feel **decisive** – told my husband and kids: "I am in charge here and **things will happen the way I decide.**" I meant that when I ask the kids to do something (like put their clothes in the dirty clothes basket) they have to do it and not ignore it... **I make the rules in the house!** (1)(D19)
- Mind: since last night, **angry, embittered, aggressive. Nothing works out the way I want.** Things I wanted to do were canceled. Nothing anyone can do about it but I am still angry. (1)(D6)
- Mind: ...I asked for an ice-cream and he [my husband] did not get me one because he couldn't find a parking place. So I just **chopped him down, couldn't let go. I was vexed, hurt** and so on and on. (1)D30
- Mind: very nervy at the kids. **Criticizing everything they do.** (1)D17
- Mind: We have to go out to an event with the children. I kept nagging my husband to be on time. Irrational tension, but I can't let it go. Phoned him several times. Eventually we arrived well in time, found a good parking place, there was enough space and everything was fine. There was still plenty of time before the event began and we were sitting comfortably. But **I couldn't stop looking for reasons to argue and quarrel** with my husband for not arriving home earlier. And what would have happened if there had been traffic jams, or if there had been no parking space or if the kids had been hungry and if and if and if.... Just couldn't relax and enjoy the magnificent event. **Felt tidal waves of anger and frustration, and could not stop complaining and telling off my husband.** Even when we got back home and I asked for an ice-cream and he did not get me one because he couldn't find a parking place. So I just **chopped him down, couldn't let go. I was vexed, hurt** and so on and on. In the car I told my husband with the kids present: "**You don't give a shit about me.**" I never talk like that, definitely not when the kids are around. **As if madness took over me.** (1)D30
- Mind: more relaxed with the kids but assertive.(1)D17
- Mind: My entire negative energy that had been directed toward my husband last night was now directed towards my children. Any garment or toy that was misplaced, any improper word was responded with **shouting and cursing.** I even **told my son that he was a loathsome child...** I was afraid that I might hurt the kids. **I felt a strong urge to hurt them, wanted something bad to happen to them – so that they would feel pain, to make them regret of what they had done.** (1)D31
- Mind: impatient while having to pay via a dialing system. Easily angered. I made a mistake once and **slammed down the phone.** (5)D15
- Mind: Restless and difficult to concentrate... **want to break something...** (5)D08
- Mind: At work – **I can't be who I am.** In the restaurant I cannot allow myself to **be impatient and repulsive.** I try to suppress it. (6)DXX
- **Anger and rancor towards my husband and children on** account of how they behaved and what they did. (1)D09
- Mind: **Angry with my parents.** They are going to Australia for a month and a half. It was important for me to join them and see my family. **This is an anger that has been accumulating for a long time.** (3)D37
- Mind: Whilst digging the garden hit the main water pipe. Have no strength to fix it. Leakage... a flood... **I swear...** I don't feel well... shit (5)D16
- Dream: I am a student, entering a house which is a sort of a medical herb shop with friends of mine. They are **talking loudly** and I don't like it so I go out. They are **noisy and they are shouting at someone else's house, without respect for him. Only one of the girls goes out with me and we chat, I'm happy that we suit each other so much, communicate well and understand each other** (1)D25

## NEGATIVE FEELINGS TOWARDS THE ONE YOU'RE DEPENDENT ON

- Mind: "...There were three men and they are raping my boyfriend. He doesn't know how to extricate himself because he is supposed to keep working with them..." (6)D11.
- Dream: I was in the army and suddenly **all the rules had changed**. They took all my soldiers and forbade me from going home and **burnt my sunflower field**. Before they put me **on trial**, I had to perform with an army entertainment group. They **made a song of everything I had been through, it's like they made a show of what I have been through**. They caused me **great injustice**. (4)D11
- Dream: I am visiting a friend. Staying overnight. We sit for breakfast. I eat something dairy, a cheese sandwich and suddenly she brings in chicken and begins to serve the friends around the table. (Eating milk products and meat/poultry together is forbidden for those observing Jewish dietary law). The table is not set and she nearly **throws the chicken at each one of us. I return mine, pretty shaken. She is a religious Jewish woman and I am eating a cheese sandwich**. She smiles at me in an appreciative manner since I was found to keep Kosher and separate milk from meat.(1)D08

## HARDHEARTED, UNCOMPASSIONATE, MALICIOUS

- Mind: My entire negative energy that was directed toward my husband last night was now directed towards my children... I even **called my son a loathsome child**.... I was afraid that I might hurt the kids. **I felt a strong urge to hurt them, wanted something bad to happen to them – so that they would feel pain, to make them regret of what they had done**. (1)(D31)
- Mind: I punished the kids and did not take them to a birthday party and **did not give in even after they cried...** the **kids were begging but I told them: "This will never happen – regardless of all the punishments you get, everything will stay as it is!"** Also told my husband: "You are not going to change my behavior!" (1)D31
- Mind: Went for some gardening, pulled few stray weeds that were stupid enough (in Hebrew "weed" and "stupid" are the same word) to think that they could **flourish at the expense of my flowers**. I showed them who was boss! I uprooted them, pulled and threw them far away. After about ten minutes .... I went inside... then suddenly - a sting! Here, on my arm there is a sting, like a bee sting. But there is no visible sting!!! What is it? And then another sting, behind the knee! What's going on!! And then I saw something falling on the floor: **Black scorpion... I stepped on it at once, killed it and that's it! After all, it came to kill me** - so I felt. I must have waved it onto my back when I pulled out the weeds, which probably weren't as stupid as they seemed to begin with, if they sent me such a scorpion.... **So here, I stepped on it and that's it – no more scorpion!** I was a bit scared: a scorpion, after all... But I was also lucky, I was not really stung, just symbolically... so strange. The area turned red, not much swelling, and was painful. This is in order to remind me that it was not a dream.(5)D09
- Dream: Another man and I have **murdered someone, cut him to pieces** so he was unrecognizable and hid him in the car trunk. It wasn't a deep experience: someone murdered someone and one needs to get rid of the body. **I did something wrong and I have to get away with it, not to be caught**. I am running away because I have to cover up for what I did. Thinking how to extricate myself. I have to clean the scene in order not to be caught. I have blood on my hands so my instinct is to run away. (6)D31
- Mind: ... I try to make them feel that their questions are idiotic. It's a bit **vicious, I have no mercy**. (6)D06

## FEELING WRONGED, USED / LOSING TRUST

- Dream: My husband, some friends and I are in a restaurant... My husband says he is not hungry and suddenly I am left alone at the table. I am looking for him, making lots of phone calls. Eventually I find out that he went to another restaurant and shortly afterward he enters the restaurant with a tray of food and sits next to me. **I am very angry. He left without saying a word and now he comes back as if nothing has happened. I get up, throw my purse at him (there is a minimum charge) and leave with a big emotional fuss. I even begin to curse and then stop because the restaurant is full of people and as I got up everyone became silent**. 1(D7)
- Dream: I am visiting a friend. Staying overnight. We sit for breakfast. I eat something dairy, a cheese sandwich and suddenly she brings in chicken and begins to serve the friends around the table. (Eating milk products and meat/poultry together is forbidden for those observing Jewish dietary law). The table is not set and she nearly **throws the chicken at each one of us. I return mine, pretty shaken. She is a religious Jewish woman and I am eating a cheese sandwich**. She smiles at me in an appreciative manner since I was found to keep Kosher and separate milk from meat.(1)(D8)

- Mind: sensitive, on verge of tears, frustrated and hurt. **Felt as though I was conned. I wasn't taken into consideration. All she was concerned about was her own self.** (3)D01
- Dream: I was in the army and suddenly **all the rules had changed**. They took all my soldiers away from me and forbade me from going home and **burnt my sunflower field**. Before they put me **on trial**, I had to perform with an army entertainment group. They **made a song of everything I had been through; it's like they made a show of what I have been through**. They caused me **great injustice**. (4)D10
- Mind: I have **less trust in people** (4)D09
- Dream: I consulted the **police** because **someone was trying to burn my house** and I felt **I had no more trust in people**. (4)D23

## MOCKED, LAUGHED AT, BEING AN OUTSIDER

- Dream: Two friends and I on a journey to the south, somewhere deep by the sea. There is a sunset and a mother, her son and I are swimming, with difficulty towards the shore. As we get to the shore I notice that **the boy is retarded**. We split up and take the train... **We were laughing at the retarded boy**. (3)D03
- Dream: Friends from a previous workplace and I are at the swimming pool. One of the girls screams as she is nearly bitten by a **tiny viper**. I am rushing to help her and the snake falls and sticks to the middle of my forehead near the hairline. I am scared. It is painful since **it digs itself into my forehead**. **The girls are laughing and then they disappear and I am left alone with the snake**. Felt fearful and **disappointed and insulted** that they left me after I tried to help them. (1)D11
- Dream: ... After the rape we stand hugging and kissing each other. My boyfriend is turned on and we begin to make out. Suddenly I realize that **they are laughing at us** because we are making out. (6)D12
- Dream: ....They made a song of everything I have been through; it's like **they made a show of what I have been through**. (4)D11
- Dream: There is a theater group. **I feel like an outsider**. I do not belong to them. There was an old friend of mine there, someone I loved very much. She then became religious. I try to reconnect with her but can't. She refuses to be in contact with someone from her previous life. **I felt she does not accept me** and that I cannot do what I want which is theater and music. **They were a closed circuit**. (6)D02
- Dream: ...T. **was making fun of me** because I can't surf and I threw sand at her and then she shut up. (4)D01

## MISUSE OF POWER, POWER GAMES

- Mind: There is a new boss; he is **intoxicated by his power**, seeking to give orders, in a **military style**. The place where I work is not like that, it used to have relaxed, home like, good atmosphere. What is it with you that you are **giving me orders**? Criticizing immediately, **playing all these power games**? (6) D11
- Dream: A proving is being conducted at the college. .... **I was one of the people in charge of the proving**. I gave one of the girls a ride home and **I was in control all the way, there and back**. Good dream. (1)D17
- Dream: a black cat. Naughty, mischievous cat, playing tricks with us. Communicates with us, standing on its hind legs, like in a cartoon, we were sort of talking, interacting. **It would not murder us, it was bullying, bothering. It was mischievous, not vicious**. (6)D02
- Mind – People are bugging me, complaining, want me to compensate them. **What do they think? That they are the masters and I am a servant that they can abuse?** In the past I did not mind that, I was more forgiving, now I want them to leave me alone. Don't play with me, **don't try to exploit me. I have no strength to carry anyone on my back** (6)D03
- Dream: There were three men and they are **raping my boyfriend**. He doesn't know how to extricate himself since **he is supposed to keep working with them**. I disagree and protect him. After the rape we stand hugging and kissing each other and my boyfriend is turned on and we begin to make out. Suddenly I realize that **they are laughing at us** because we are making out. One of them takes a plastic bottle and hits my boyfriend on his head. I take a glass bottle and break it on his head. This surprises him and also surprises me but it is more important for me to protect my boyfriend. Although I am a woman and they are three men I did not feel as though it is directed towards me. I smashed the bottle on his head; **I was in a position of power. I wasn't threatened**. We make out ecstatically. There was something unhealthy there, madness. My boyfriend was in a world of his own, disconnected. There was a sense of increased sexuality. The men didn't see me. **I am watchful, I have to be vigilant**. Then when they hit him with the plastic bottle, that's enough! **Don't mess with me! I guard him!** Like a mother guarding her pups. You aren't getting near!

It's as if the mother is licking her pups and she sees the predators in the background but continues to behave as though everything is normal and at the moment the predator makes one more step **she assaults him**. I kept hugging my boyfriend like a mother is licking her pups. As if I didn't notice the three men but all the senses are turned on to seize the enemy. **All the senses are sharpened**; I was not really engaged in the making out. I was keeping my boyfriend close to me. He was disconnected from reality; he comes in order to be close to me and to get warmth and protection. He needed to connect to someone and it became sexual. I am afraid of them but it is more important for me to protect him. This motivates me to protect. This does not deter me from acting (in Hebrew the expression that was used is "this does not **castrate** me from acting"). (6)D12

- Dream: About a mother. **She feels redundant because I don't need her and I let her feel that way** – her lips are trembling in weeping. **Her son in under my education**. (5)D00
- Mind: the sensation in this disease is as if a **cruel conqueror**, a particularly heartless one, **has taken over** my soul, and then my body, **deeming what's mine is his**. No surprise that connotations of the Nazi occupation turned up or that of the Russian occupation – two awful **dictatorships** stemming from a defensive position of inability to cope with internal viciousness – Nazis – and inability to see the midway as good instead of the extreme and inhuman – Communism. **The foreign conqueror enables us to live, for now, as long as we serve it first and devote all our energy to it and whatever is left....** The sensation is of getting weaker from day to day, that I am using reserves that are quickly running out. (5)D37

## RESISTS AUTHORITY, INTOLERANT OF CONTRADICTION

- Mind: Cannot stand others telling me what to do. (6)DXX
- **Mind: More difficult to yield to authority**. I feel I'm being bossed. In the past I did not look at things like that, I just did what I did. (6)D06
- Mind: I feel **like kicking, breaking and leaving**. Don't want to stay and be ordered. People are childish, needy and sometimes are morons. (6)D06
- Mind: **Can't stand any opposition**. If something did not turned out the way I wanted, or I was forced to do something – it would drive me crazy. Had no patience at all. Everything had to turn up the way I want it to be. Not because of wanting to control things. **It is intolerance to opposition or restriction**. (6)D32
- Feels as though I am a servant but **my say has to be respected and not ignored**. I am not thin air that can be ignored, **I said (my say) and things have to be done accordingly**. (1)D21
- Mind: **I have become like a Nazi** – I need for things to be exactly as they are supposed to be. Can't tolerate delays. **Everything has to run smooth**. (6)D13

## CUTTING THE CORNERS, TAKING SHORTCUTS WITHOUT INVESTMENT

- It occurred to me that the true sin of the revolutionary founders of the Kibbutz was that they tried to bring the coming of the Messiah forward, to have it here and now, much like (many years later) the "Peace Now" movement which wanted it all when such an endeavor requires a long correction process, a process of mounting pain through the "valley of darkness." **Wanting it here and now could bring about an end such as the one Korach suffered: when he tried to take a short cut to the divine without undergoing the rectification that every prophet must experience, and he was therefore swallowed into Hell, his own hell**. [See Bible, Numbers (Bamidbar), Chapter 16] (5)D09
- Dream: I am back at primary school to take a course (something to do with matriculations). I remember that the lesson was disorganized **and** during the break I enjoyed walking around outside. The dominant sensation in the dream: **I want to get it over and done with** - together with restlessness. (2) D16

## STEALING, COVETING SOMETHING THAT DOES NOT BELONG TO YOU

- Dream: I am barefoot because **someone stole my shoes** and it's a little embarrassing. (1)D09
- Dream: I am at a conference. It is not interesting since I already know everything (that is being taught there) so **I stayed outside with the husband of a friend of mine**. We were sitting enjoying ourselves, chatting. He was naked. He was really fascinating. We talked about what I studied in the past – business management – that is what he is about to study now. He was very impressed with my knowledge and I



enjoyed myself with him. There was **a sense of seduction in the air and I was in a dilemma: he is my friend's husband.** (1)D12

- Dream: **I am eating my teacher's sandwich without asking permission.** Left the sandwich half-eaten. Felt really bad about it. (1)D04
- Mind: It is I – who, for years has hung on to the words of every intelligent writer who writes anything that I consider being praiseworthy, meaning: hey, listen, me too, I mean... you're great, the way you write... Listen... I'm here too... look at what I have here... I can heal the world... isn't that also great? Aren't I also a bit Messianic... Let's show off together, we're a totally secretive band, we're both great, aren't we? Right?! Say it, say it now, [saying to himself] that I'm great too, say that I'm Messianic too... Say it, come on say it... **No more! I've learned my lesson. From now on I'll hang on only to my own merits.... I won't depend on anyone taller than me to pull me and raise me up. I'll raise myself up anyway I can and when I can.** (5)D09

## HAUGHTINESS, SENSE OF GRANDEUR

- Mind: At end of year party, I enjoy talking to people. Warmhearted, simple. More open and less haughty. (5)D13
- Mind: I can't say what I think, it comes out sarcastically, **I try to make them feel that their questions are idiotic.** It's a bit vicious... (6)D06
- Mind: Sensation that I am **taller than I really am.** (6)D05
- Mind: ... People are childish, needy and sometimes are morons (6)D06
- Walked into the sea and I was euphoric, my hair was blowing in the wind – **I felt like a queen that owns the entire sea.** (1)D19
- Dream: I begin to work for some governmental body... I received Amnon Dankner's (Famous media personality) cell phone and was told that this is for the time being, until he decides if I am suitable for the job. ... Later on I go to visit the girls at my previous work place. **I am trying to impress them.** They are not impressed, so I leave. (1)D09
- Dream: I am at a conference. **It is not interesting since I already know everything** (that is being taught there) so I stayed outside with the husband of a friend of mine. We were sitting enjoying ourselves, chatting. He was naked. He was really fascinating. We talked about what I studied in the past – business management – that is what he is about to study now. **He was very impressed with my knowledge and I enjoyed myself with him.** There was **a sense of seduction in the air and I was in a dilemma. He is my friends' husband.** (1)D12
- Dream: **I m a queen or an empress. Everybody is at my disposal...** (1)D22
- Mind: stayed late in bed although the children woke up along time ago. Didn't want to open my eyes and start with reality. Wanted to go back to the dreams were **I am a queen with servants and lovers...** (instead of a mother of three yelling, quarreling boys)(1)D23
- Mind: **I am part of a group of chosen top quality students.** Lots of sexual energy. **I make love with two of the male students. None of them knows about the other.** Concealment and secrecy. Felt great! They want only me! (1)D03
- Mind: It is I – who, for years has hung on to the words of every intelligent writer who writes anything that I consider being praiseworthy, meaning: hey, listen, me too, I mean... you're great, the way you write... Listen... I'm here too... look at what I have here... **I can heal the world... isn't that also great? Aren't I also a bit Messianic...?** Let's show off together, we're a totally secretive band, we're both great, aren't we? Right?! Say it, say it now, that I'm great too, and say that I'm Messianic too... Say it, come on say it... **No more! I've learned my lesson. From now on I'll rely only on my own merits... I won't depend on anyone taller than me to pull me and raise me up. I'll raise myself up anyway I can and when I can.** (5)D09

## SELF DEPRECIATION / LOWER SELF ESTEEM

- Mind: No one cares about me so I have to take care of myself. So I started to **buy things for myself, to say what I want and where I want to go.** (1)DXX
- **Mind: I have to pamper myself and not compromise on things that I want very much.** Took out the entire family and bought myself a wallet that I wanted very much. (1)D29
- Mind: tremendous **lack of self-confidence. Need to get support and encouragement** from my husband. I feel **helpless, fat, and unattractive, old.** I am concerned about others, giving to others and **not getting anything in return.** I want to keep my weight down, eat less fattening food but can't succeed. Normally if I decide something, it happens.(1)D24
- Mind: I feel angry toward those in charge of the proving – I am suffering and they don't want to help me. **No one cares about me,** only about the results of the proving. **I am not important enough.** (1)D27
- Mind: Had a **big quarrel** with my husband... I apologized to my husband but reconciliation was not immediate... **I feel inferior to him,** something I did not feel before (Only sometimes if he says something that could be interpreted as scorn {as deprecating}). As a whole I have self-confidence but lately with my husband I felt that he scorns me and is discourteous and appreciate me less. Truth is that I myself feel less productive, as if I am not doing anything. (7)D05
- **Felt small and worthless.** (7)DXX
- Mind: People's reaction is that they like me, and I myself feel that I need this affection because I'm weaker. Sense of humility, that I can't have it all, maybe I'll have to be happy with myself as I am and it is OK. (5)D01

## HIDING, DISGUIISING, MASQUERADING, MANIPULATION, MUTATION

- Dream: My husband, the children and I are in a hotel, on vacation. Suddenly there are two **people with masks** (like the **Joker in Batman**). I understand that something is wrong, **people begin to transform and mutate (horns, tails),** I grab my husband and my baby and we run to look for the older child... My husband asks what's going on. I think: is he stupid or something? And I explain to him that **there is something in the food that causes mutations** and that we must rescue the child. We pick him up and we are running in the streets, **being pursued. It is frightening and dangerous.** We improvise with a tricycle to help with children – it is difficult to run with them. **We are hiding** in the staircases and entrances of buildings. (1)D21
- Mind: **...My lover comes to me. It's a big hall with lots of people. I pull a curtain (not a thick curtain) ,** as a partition between the crowd and the place where we meet...(1)D22
- Dream: I am **flying.** Out of distress. I fly because this is the sort of solution that I am familiar with. It has to do with me versus a group, something threatening. I run away and **I hide in a tree,** a large tree with lots of foliage, like a Eucalyptus. (6)D18
- Dream: Something about a game of words of how to get along abroad: men and a woman are caught walking in town; they have to commit themselves to something they are not interested in. Eventually they get out of it by changing the name of the business from Arabic to English or Hebrew... a game of words related to **how to manipulate municipal law by a literary wisecrack.** (5)D03
- Dream: Cycling on [Ayalon] highway. A friend calls me and is telling me that she is also on Ayalon and asks me to come and sit with her. I go back, it's dark and frightening, I am alone, and there is a dark sea under the road. There are army barracks all the time. My friend tells me that she is falling asleep and I get angry and tell her that in no way is she going to sleep after I came all this way. I finally get to her and she is sitting at a picnic table, near a fire with two Indian men. It is not her, it is my partner. The Indian men are **disgusting** and make me feel uncomfortable. Other people are joining in all the time: A couple of Thai men, a couple of Japanese etc. **They all have some sort of a defect, fingers are missing, they are either injured or sick, their skin is peeling, and they are violent and frightening.** The Japanese are shaking my hand but they have no fingers. (3)D06
- Mind: (song in my head) **"They say that myself is not myself"** (a song from the musical *Two Kunilemel's* where a man disguises himself as another man so that there are two men look-alikes) (5)D01
- Dream: I sneak into my husband's guarded army base in a dangerous zone. **I am dressed up as a male soldier in order not to be recognized, I fool everyone.** Of course eventually I'll clear out of there – it is too dangerous for a woman. Although I am sure I'll be perfectly OK. (1)D00

- Dream: Went into the storage room and there was a **huge snake**. I jumped on a beam near the ceiling but it was fragile and reached the floor. When I looked down I saw that the **snake had four legs of a lizard and then it bit me**. (4)D11

## SLIME, MUD, DISGUST

- Mind: **A whole jar of sesame paste spilt and the entire kitchen floor was covered with oil. It was disgusting**. (1)D03
- Dream: I am with a friend and her children. We go into a **butcher shop and the floor is muddy and disgusting**. We have to walk in the mud and **it is disgusting and wet**. The street is under construction and I have to go through and take care as not to stumble into the sand. I talk to the builder and I wonder – is he making a pass at me? Everything is disgusting and muddy. I am surprised that **everyone recognizes me**. (1)D02
- Dream: At my house in Jerusalem: Suddenly, lots of **animals** begun to emerge out of the street's terrace wall. **Snails and slugs** emerged. There was one **huge slug, the size of the entire length of the wall and I took a bite of it, taking off part of its tail. This nearly paralyzed my mouth**. I had to remove it with my hand. Afterwards two **octopuses** emerged and then fell into a puddle. They talked to me and I took them home and put them in a bath tub with salt. (4)D15
- Dream: **Slugs**(4)D28
- Dream: **A Snake** – for the third time(4)D28
- Dream: My girlfriend and a friend of hers prepared ice-popsicles for a party. The popsicles were made from the [oily] **liquid that was prepared from cooking sesame paste (tahini)**. I entered the kitchen, after they left and by mistake, **knocked over the utensils that contained the liquid that was about to go into freezing**. Rest of the dream had to do with refilling those utensils. (2)D01
- Dream: ...The Indian men are **disgusting** and make me feel uncomfortable. Other people are joining in all the time: A couple of Thai men, a couple of Japanese etc. They all have **some sort of a defect, fingers are missing, they are either injured or sick, their skin is peeling, and they are violent and frightening**. The Japanese are shaking my hand but they have no fingers. (3)D06

## SUPERSTITION AND THE EVIL EYE

- Dream: preparing a *Hamsa* (protective amulet against evil eye) in the kindergarten (4)D10
- Dream: **I have a baby** and she is crawling downstairs. It is an apartment building and she can't come up and is afraid and crying. I extend a very long hand to her, picking her up, holding her very, very tight and close to me and I cry. I take her into a room and my partner says that now I'll teach her witchcraft and he objects to it and takes us out of the room. The sensation is: to protect and hold her tight like a mother. (6)D15
- Dream: A black cat. Naughty, mischievous cat, playing tricks with us. Communicates with us, standing on its hind feet, like in a cartoon, we were sort of talking, interacting. It would not murder us, it was bullying, bothering. It was mischievous, not vicious (6)02
- Mind: [During a prolonged period of sickness that occurred during the proving] a curse, I am cursed. It is not a coincidence that we are now reading *The Balak Affair*. It is all about how to put a spell on someone – from within. He is protected from the outside but is touched from within, in his soul and it is a ruinous, destructive touch. (5)D25

## SECRETIVENESS, CONCEALMENT / REVEALING SECRETS

- Dream: I am at a party. There are many large rooms at the venue and lots of people. **There is a woman that needs protection from a group of people on the grounds of jealousy or something even worse. They are trying to trap her** and some other people and I are trying to protect her. **Under the stairs there are lots of eggs that this woman has laid and I have to be careful not to tread on them. Somewhere inside me, I wish that one of the eggs would break and the whole affair would be revealed. That everything would be exposed**. (1)D22
- Dream: I was in the **army** and suddenly **all the rules had changed**. They took all my **soldiers** and forbade me from going home and **burnt my sunflower field**. Before they put me **on trial**, I had to perform with an

army entertainment group. They **made a song** of everything I have been through. It's like they made a show of what I have been through. They caused me **great injustice**. (4)D11

- Dream: ... Lots of sexual energy. **I make love with two of the male students. None of them knows about the other. Concealment and secrecy.** Felt great! They want only me! (1)D03
- Dream: **I sneak into my husband's guarded army base in a dangerous zone. I am dressed up as a male soldier in order not to be recognized, I fool everyone.** Off course eventually I'll clear out of there – it is too dangerous for a woman. Although I am sure I'll be perfectly OK. (1)D00

## GOSSIPING, UNRESTRAINED TALK

- Mind: Had a **big quarrel** with my husband, **I couldn't control my tongue** and **I said things that I shouldn't have said and also that I did not mean to say.** I crossed my own boundaries. Same happened with my daughter, but less severe. I apologized to my husband but reconciliation was not immediate. There is **faulty communication...** (7)D05
- Mind: Strange how everyone is saying that **one mustn't talk about this proving but as it turned out everyone talks to everyone about it** – it's uncontrollable. Everyone involved is hinting, asking questions and enquiring about his fellow provers. (7)D06
- Dream: I am at a clinical training session. The teacher comes out and is telling that a friend of mine came to the clinic as a patient and said that he cannot keep going out with me because I am **gossiping about people.** And I was thinking how stupid she is to tell such things about a patient – **this is confidential.** (1)D12

## COMMUNICATION; (FLOWING OR NOT FLOWING)

- [In the class] A question was asked and the answer had nothing to do with the question, the lecturer did not hear properly, they misunderstood each other and mediation was required. (1)D00
- Mind: My **cell-phone broke** and my husband changed it into my sons' phone number, so they disconnected my number. I am at the Tel Aviv promenade **without a phone and I have no way to call back.** I asked people around to let me make a call and was first refused. I felt helpless in the middle of Tel Aviv and no way to make a phone call. Only after I called a friend the confusion was understood.... What a mess, **I don't have a phone number and my new cell phone's battery is dead...** (1)D18
- Mind: **I communicate with everything that I come across.** Even if it is a flower. (6)D01
- Mind: I apologized to my husband but reconciliation was not immediate. There is **faulty communication. The communication with my husband is less fertile.** (7)D05
- Mind: Obsessively waiting for phone calls from friends. **Checking that my mobile is working,** upset and angry that my friend is not phoning me. A bit compulsive. (7)D03
- Mind: Bad communication with my supervisor. She is not attentive, **bad communication, no flow.** (7)D03
- Mind: This week I didn't get around to reply to any of my to my best friend's calls and here I text her that I love her and she replies: "Really? You did not pay attention to me the entire week...." And indeed it was just like that; I have been **trying to talk to her all week and don't get around to it.** There is no reason why I should not.. Same with my supervisor, but that exactly it, I don't get around to it.(7)D07
- Mind: No time to talk to my supervisor .(7)D06
- Mind: Soap-opera **communication issues.** A friend that wasn't invited to come with us for an outing called to ask why she wasn't invited. It was my friend's place and the friend that called thought that it was me that did not invite her. Silly teenage stuff. There was something compulsive obsessive. (7)D33
- Mind: A friend of mine had recently given birth and **I didn't talk to her,** another friend returned from abroad recently and with her too, **there is hardly any communication.** Something is not OK with the output; I don't get around to doing things at all. Not that I am doing anything special... I don't find time for these conversations. Disregarding this, or maybe with regard to it, there is again a **sense of ease, mental serenity.** (7)D06

## INCREASED SENSITIVITY

- Mind: Generally sensitive, to **noise**, to **any disturbance** (5)D20
- Mind: My son developed chicken pox. His brother had chicken pox before him and had about ten lesions but he is full of pocks and this makes **me feel full of compassion towards him** (7)D03
- Mind: I **cried when I saw how much my son was suffering** with his chickenpox lesions. It's unlike me to weep out of compassion for my children. Usually, I'm less compassionate, have short fuse, irritable and want to get more things done. I feel that time is wasting away, I am not uptight but actually I hardly do anything.(7)D04
- Mind: Suddenly I noticed that there is an electricity pylon across from the veranda. Noticed that **I can hear the sound of the electrical current**. There is a load on my hearing, every sound is a load. (6)D11
- Extremities: A sense of rawness at the tips of my fingers, as if raw and exposed, exposed nerves. Unpleasant to touch [things] (6) D16
- Mind: Highly sensitive, cannot stand anyone around me, especially not my husband. Want to be alone. (7)D04
- Mind: Insignificant things **and immediately my eyes were full of tears**. (6)D01
- Mind: I was very excited. We celebrated my daughter's birthday and **I was moved to tears**. My friend wrote me a greeting and I wept. **High sensitivity threshold**. (7)D23
- Mind: Very excited, **shedding tears out of excitement** and with all the birthday greetings. More weepy and excited then I am normally. (7)D14

## DISEASE THAT PERSISTS AND DRAGS ON

- Generalities: **Tired and heavy** in the morning. Difficult to walk. **No strength to walk**, as if low sugar level. Lack of physical strength. Difficult to get up, difficult to stand. 10:00-11:00 am. Or Breakfast to lunch break at 12:00 am. **This lasted for over a week** (4)D28
- Generalities: Ongoing weakness... half my usual strength (5)DXX
- Generalities: slow recovery in my general energy. (5)D21
- Mind: what worries me is not the fever but the sensation of reverberation – of something that repeats itself endlessly and in vain... a sort of a virus without a beginning or an end. Something has taken over me and placed my entire system in a closed circuit that repeats itself endlessly....(5)D34
- Mind: The sensation is of getting weaker from day to day, that I am using reserves that are quickly running out. (5)D37
- Mind: Woke up this morning feeling sick, like a viral disease. Weak, frustrated. I decide to cancel some of the plans for this morning.... I feel truly sick. Weak, low energy.... A little worried of what I have to do, stand up for the tasks with me being like that. (5)D01

## AWKWARDNESS, NUMBNESS

- Extremities: Several times during the day I gave little knocks to people around me, by mistake. (2) D07
- Extremities: Feel weakness (numbness) in the muscles, particularly the hands, some lack of coordination. I put a glass in the sink and knocked the glass on the bottom of the sink. (2)D01
- Mouth: Slight lack of sensation in the lips, particularly outer parts.(2) D20
- Mind: Morning, angry... everything falls down; I bump into things, awkward... (5)D18
- Dream: ....here was one **huge slug, the size of the entire length of the wall and I took a bite of it, taking off part of its tail. This nearly paralyzed my mouth**. I had to remove it with my hand. (4)D15
- Mind: Hasty, not careful – whilst digging the garden hit the main water pipe. Have no strength to fix it. Leakage... a flood... I swear... I don't feel well... shit (5)D16

## ANTS, COCKROACHES, SNAKES, BITES AND STINGS

- Mind: On sitting next to my computer, ants climbed on the table. Some climbed on me. (2)D11
- Mind: Delusion: Sometimes I feel as if ants are climbing over me. (2)D10
- Dream: Went into the storage room and there was a **huge snake**. I jumped on a beam near the ceiling but it was fragile and reached the floor. When I looked down I saw that the **snake had four legs of a lizard and then it bit me**. (4)D14

- Dream: **Snake** – for the third time(4)D28
- Mind: Delusion: Sometimes I feel as if ants are climbing over me. (2)D10
- Skin: Sat on the lawn and was bitten by insects, probably ants. (2)D00
- Mind: Cockroach – lots of them. (6)D00
- Delusion: Cockroach touching my leg(6)D01
- Mind: Suddenly - a sting! - Here, on my arm there is a sting, like a bee sting. But there is no visible sting!!! What is it? And then another sting, behind the knee! ... I see something falling on the floor: **Black scorpion...** I stepped on it at once. **Kill it and that's it! After all, it came to kill me** - that was my feeling. (5)D09

## DRAINING OUT, DEATH, THE END

- Mind: Thought about **end of career, getting old**. I regret taking the remedy. I want home. (5)D01
- Mind: Desperate and worried about the future ... I will have no money and shall have to leave this house which I love. (5)D04
- Dream: About spirituality deteriorating into money... How at the Kibbutz one can make money and build a nice house, with a staircase and a beautiful, smooth, thick, rich wooden banister. (5)D17
- Dream: Trailer truck flying. Falls apart in midair, first to fall are the back wheels and then the rest (5)D23
- Dream: I was at my **grandmother's** home and I wanted to leave but I stayed because I felt uncomfortable or **guilty**. Then my **grandmother died and the same happened to my mother**. I then felt more **anger**. (4)(D23)
- Mind: Going to meet my ex-lover for a breaking-up meeting (5)D04
- Mind: Longing for my sister that passed away from cancer. **Grieved for her for the first time**. Also longing for my great love from last year. Was thinking of writing to her and then meet for self-examination. (5)D03

## LAUGHTER, EUPHORIA, JOY, SENSE OF LOVE

- Mind: **Crazy laughter** in the class amongst those involved in the proving. **Elation and sense of nirvana**, everything is so good. (7)D01
- Mind: Lack of communication during class time. **We were laughing our heads off** the entire lesson... there was this sort of energy in the class. (1)(D0)
- Mind: Exaltation, joy. As if I have just opened my eyes, as if on LSD, **everything is vivid**. **Euphoric, exalted, wanted only to laugh** (6)D00
- Mind: At a party. Enjoyable time outside with people. My head is working well, I am friendly, I contribute to the **party and feel really good with the people that are close to me and are important to me... But I have an enjoyable time with everybody...**(5)D08
- Mind: **Joy with the plants around me**. This joy lasted longer than ever. (5)D05
- Mind: Sense of humor with my kids, every remark was made nearly in a **laughing and joking mood and with lots of love** towards them. (7)D01
- Dream: Had to choose colors. Chose **white again and again** and felt **sensation of pureness and perfection**. (1)D19
- Mind: With my husband, euphoric, pleasant and fun between the two of us. (7)D07
- Mind: I feel **joy and excitement**. It's as if my eyes were opened for the first time, looking at a beautiful yellow flower, amazing pink. Big smile, feel like laughing, **full of love, not intimate, general sense of love**. (6)D00
- Mind: During a morning walk, **happy with good energy**, I notice my excitement and my **joyous sensitivity to plants**, how beautiful and faultless, and fresh they are and the joy of touching them! I love plants, they make me happy and calm(5)D03
- Mind: **People's reaction is that they like me** and I myself feel that I need this affection because I'm weaker. Sense of humility, that I can't have it all, maybe I'll have to be happy with myself as I am and it is OK. (5)D01
- Mind: **Everybody treats me so nicely**. Smiling at me, approaching me, inviting me. Also my teacher. And also I want to be treated nicely. (pleasantly) (5)D00
- Mind: Wake up with a happy love song: "Tonight is a spring night, lass, a tune that all the lovers in the world find their voice..." (5)D08

- Dream: I Kiss and kiss again my late sister Rachel, and **it feels so good, so good deep down in my heart. Profound love** without an erotic element in it. (5)D20
- Mind: Sense of **serenity, tolerance, lots of love and understanding** toward everybody, especially my children. (7)D07
- Mind: **Tremendous love** for my children, felt great compassion for them. Had **lots of patience** towards my children. (1)DXX

## **OPENING UP, SOFTENING UP, WEEPING/DIFFICULTY WEEPING, GOING WITH THE FLOW, TOLERANCE, GENEROSITY,**

- Mind: **Something has opened inside me. Want to mix and play with the world** (6)D06
- Mind: **Suddenly I am relating to my daughter as a little girl** (she is six). I always relate to her as a grownup, less fooling around with her. Tonight we were laughing with her and enjoying her company as a child and not as a little lady. (7)D02
- Mind: **Felt a need to pamper my husband and children** and bought them presents. (1)(D4)
- Mind: I allow myself to eat more food, **to indulge myself** with tasty food, special ice-creams instead of an icy popsicle, more fattening food. (1)DXX
- Mind: Its **real fun spending time with the kids**, I really enjoy them. (1)D03
- Mind: During the Greenberg treatment today, I felt **my heart was opening**. Flowing with my feelings. What before was: rigidity / keeping distance between me and other people. During treatment, felt lots of pain and sorrow. And following the treatment I felt **broadening of the heart. Felt softer**. Felt that there was a barrier that was in my way for the past three months and now I went through it. **I felt free**; I could do what I wanted. **That I had the ability to love and to give to others. That my heart had broadened.** (4)D08
- Mind: Someone called from an internet site. Also my son **offered me help** with publicity. It's clear in the past few days that there is help. **People want to help me.** (5)D05
- Dream: It's a session of working homeopaths. Someone decides to give a different remedy and that's OK – he is in charge now. I have to pay for the treatment and I give few coins. But soon enough they come to me and **return the payment out of generosity. It's a dream about generosity towards me. People are generous and good to me.** (5)D06
- Mind: **Kindness and longing for peace**. Managed to have a good meeting with my ex-wife concerning our mutual daughter and passing on to her **a true desire to help and cooperate**. Something I did not manage to do before. (5)D11
- Mind: At end of year party, I enjoy talking to people. Warmhearted, simple. More open and less (haughty) conceited. (5)D13
- Mind: With my daughter and a friend at the swimming pool – **great fun, good time....** I talk in a **warmhearted** manner to people, open up more easily than usually and happy to make contact. It so good to be with my daughter, her friend and an ice-cream, all running peacefully... (5)D17
- Mind: Had a wonderful meeting with my ex-lover following my initiative, after a year since we separated. This initiative due to the proving, it's to do with the new, **plain openness towards people.** (5)D23
- Mind: **...Usually I'm the first one to open my mouth and demand decent service and this time I was trying to moderate and reconcile and kept real cool inside and outward.** I was not afraid, I was not shy and tried to find a middle ground and **indeed eventually everybody had a good time and it was great.** (7)D06
- Mind: **I have lots to do but I am not strung up because of it.** Normally I would have made lists and tried to push tasks at every opening. All in all **peaceful time.** (7)D07
- Mind: On birthdays I am usually uptight and try to be organized. This time there was **something loose and new to me**. Everybody around made a point of it. **I was allowing things to flow.** For example, I lost my sunglasses... (7)D23
- Mind: **... I was more relaxed than usual.** Eventually I gave a wrong answer. **In my nature I am very competitive and now I was not more than just upset.** (7)D23
- Mind: **Gratification and peace of mind. This is with me since the beginning of the proving. .... I didn't have to make an effort in order to be positive.** It came out **fun and easy**. A friend gave me a massage and I **accepted it with a lot of love.** (7)D14

- Mind: ...not typical for me – **to be in such peace of mind when things do not work the way I planned them to be.** (7)D14
- Mind: I arrived at the seminar after last minute arrangement of a babysitter. Normally I organize things days in advance but only last night I begun to plan an arrangement for him – truly not me. (7)D06
- Mind: **The tension that comes out with the urge to achieve is gone.** All around it feels good because there is less mental tension. (7)D05
- Mind: **Lots of patience** – this is new to me. (7)D03
- Mind: Usually I need to do, to achieve, and to manage to do things on time. Now I am more relaxed with the time, not uptight in succeeding to do things on time. (7)D01
- Mind: As if someone **injected me with a "tolerance injection"**, extended fuse, more empathetic, tolerant, compassionate. (7)D01
- Mind: Highly sensitive, particularly towards my children, **higher tolerance towards my kids.** (7)D03
- Mind: My son developed **chicken pox**. His brother had chicken pox before him and had about ten lesions but he is full of pocks and this **makes me feel full of compassion towards him** (7)D03
- Mind: We had a stroll with the older **kids and I pampered them.** Something that I wanted to do for a long time and couldn't(1)D29
- Mind: Usually I'm censorious and vexatious. Now I was **more relaxed and cool in situations that normally I find annoying.** (1)DXX
- Physical and mental over sensitiveness: **outbursts of crying and weeping** after a period of a year of no crying – **emotions** (towards my parents) **that were suppressed.** Alert and sensitive. (4)DXX
- **Couldn't weep.** (Normally I am a person that weeps). (1)DXX
- Mind: Outburst of crying during the day... while watching a cartoon, a children's movie, scenes which are a little bit sad but not to the point of crying...(1)D09
- I was very excited. We celebrated my daughter's birthday and **I was moved to tears.** My friend wrote me a greeting and I wept. High sensitivity threshold. (7)D23
- Mind: Sad, even cried, I was offended by my mother. I did not weep for a year. (3)D02
- **Mind:** Parents' meeting at the kindergarten. There is this lovely girl that I like a lot. Her mother is not an understanding person and the child is leaving the kindergarten. **I began to cry, and I was emotional and sad.** This hasn't happened to me for a long time. I do not cry in front of other people. I used to be very reserved. (3)D08
- Mind: I talked to my sister, and **I cried.** I miss her, she is in Australia, haven't seen her for a year. (3)D17
- Mind: Wept while watching a movie. I saw that film many times and never cried. Kitsch American film. (3)D22
- Mind: I was crying all day. Lots of suppressed emotions that are connected to my parent's journey. (3)D38
- Mind: Sad, lonely, weeping and angry at my parents. (3)D44
- Mind: I do not have to worry that I am not sitting down to do what I planned to do. Everything has its time and then it'll happen. **Everything will sort itself out.** (And indeed in the afternoon, I sat down to work on something that I have been postponing for a week and felt bad about it). (1)D00
- Mind: Since taking the remedy I am more in a reflective mood, preoccupied with dilemmas concerning the cosmos, myself, the world, and my place in the world. (3)D04

## WARM HAERTEDNESS, LIGHTNESS AND GENEROSITY ALTERNATING WITH STRICTNESS AND ANGER

- Mind: We had a stroll with the older **kids and I pampered them.** Something that I wanted to do for a long time and couldn't. We were in the flea market and **I was not going to give up** and went to all the stalls even when the kids were fed up. I said that **I also deserve to have fun and enjoy myself.** (1)D29
- Mind: At noon I was euphoric. We took the kids; bought them *Bamba* (a snack) and we went for a stroll. After an hour, nervous again, I was fed up, I went home. Had no patience, I felt hot. The kids weren't listening, **felt like killing someone.** Felt desperate, nothing seems to be working, **can't see the end of it.** (1)D08
- Mind: **Argued with my husband and cursed him, or wanted to pamper him, was generous and giving.** (1)DXX



- Mind: I was very nervous, angry at the children and raised my voice at them. Couldn't cool off. **I was criticizing everything they did.** After an hour I felt exhausted, sent them to the library and went to bed exhausted. When they came **back I was relaxed and attentive to them.** (am I crazy?) (1)D12
- Mind: With my daughter and a friend at the swimming pool – great fun, good time.... I talk in a **warmhearted** manner to people, **open up more easily than usual and am happy to make contact.** It **so good to be** with my daughter, her friend and ice-cream, all running peacefully... but as soon as I get home I am **restless, easily angered... tantrum, attack of anger** about something small that doesn't work... threw things at the floor, got hit myself, I scream. (5)D17
- Mind: Mood changeable: **impatient and angry alternating with lightness,** smiling, giving mood, wanting to pamper others. The swings in the mood are from one minute to the next. (6)D02

## MISCELLANEOUS

- Mind: Woke up with a song: "There's a kind of hush all over the world tonight" ... "One mischievous kid caught a lizard in its tail"... (rhymes in Hebrew) (5)D04
- Dream: Went to work and prepared food (wheat groats). **A famous Indian movie star arrived accompanied by a group of dancers.** We were very excited; he gave us a **dance lesson.** No one knew the steps and it was embarrassing because people did not cooperate. Eventually he asked me to demonstrate but I could not do it. I felt a sense of **missed opportunity** that I did not know the steps. (4)D04
- Dream: **Driving** from the Kibbutz to visit a friend, I am alone at the car and exactly before the turn off the car stops working, **there are no brakes and I having no control over the car.** I manage to direct the car toward a ditch. I cry and **I can't breathe, I suffocate with fear.** A friend turns up and asks if I need help. I can barely manage to answer her and tell her what happened. She says it happened to her many times and that it has to do with the car's code. Suddenly the **car slides again onto the road. I wake up horrified.** (3)D27
- Dream: A car is turning upside down. The color of the car was copper. Thinking of Cuprum. Since that dream, noticed many cars of **red-orangey-metal color.** (6)D32
- Dream: Dangerous water, my kids are in danger and R. is helping me and them.
- Dream: I am holding a **few day old baby girl.** I woke up with a fright. (3)D37
- Mind: Worshipping at the tree of knowledge leads us to certainty that things should be in a certain way thus shutting off any possibility of mediation and reconciliation or rectification and reaching harmony within a contradiction. Somewhere within the open space that is always in between two extreme opinions... only there, can peace be found. (5)D09

## 9. PHYSICALS AND GENERALITIES

### VERTIGO

Nausea, vertigo and weakness since morning. (1)D15

A sort of vertigo, as if head is thrust forward with a metallic thundering sound and a vision of light bluish metallic denser waves. The shock-wave sensation swept me away. A bit like going out of the body, for a second. As if part of me was subjected to a thrust and there was a split or diffusion of parts. As if I saw what I heard what I felt. (6)D03

While parking the car, general trembling, like vertigo or loss of balance while sitting. Also at noon, while walking, momentary dizziness. (5)D08

### HEAD

**Summary of head:**

**Pain:** dull, drawing, pulsating, pressing, burning, obstinate, sleep preventing.

**Sensations:** heaviness, fullness, burning, itching, helmet, shock-wave.

**Location:** left, right, sides, occiput, vertex, forehead, temples

**Modality:** Agg: stooping, bending forward. Amel: cold application.

Headache since noon. Drunk more but without relief. A helmet of pain is resting on my head. (1)D00

Pain from occiput extending to vertex, face, jaw and gums, streams of pain extending to the nose, preventing sleep, worse stooping (1)D00  
 Headache with nausea, worse moving the head, any motion. Better with cold application and wetting head with cold water. (1)D00  
 Pulsating pain at occiput. Pressure on eyes. Sleep disturbing. Ate some ice-cream and it was better. (1) (D00)  
 Obstinate headache, worse stooping. With pressure on eyes and desire to cool the eyes (1) D00  
 Head pain pulsating at occiput accompanied pressing pain on eyes (1)D00  
 Headache improved but does not go away. Something obstinate that does not want to go away. (1) (D00)  
 I noticed that when I bend my head forward, there is strong pain on the left side, extending to cheek and ear(1)D05  
 Pain on the left side of the head, when bending forward. On lying on left side, there is pain extending to eye (1)D06  
 Pain, left temple, spot, extending to forehead and left eye. Then extends to mouth, gums, teeth, left upper. (1)(D10)  
 Left sided dull headache, extending to left eye and maxilla (1)(D10)  
 Pain at both temples. On the right temple, drawing pain (1) (D14)  
 Since noon, a headache that feels like a helmet.(1)D14  
 Pain in the head, like thick cord inside head (1)D15  
 Dull pain in the head, as of a helmet.(1)D19  
 Mucus in throat and a bit of a headache. (2) D07  
 Headache as if hadn't drunk enough. (3)D18  
 Head: itching (4)D0  
 Fullness sensation in the head (5)D00  
 Heavy head, tired feeling, unclear, dazed feeling. Better by eating (5)D00  
 Head pain pressing, sides (6)D03  
 Burning sensation, in the head, vertex (6)D00  
 A pressing headache at the sides of forehead. At that evening, burning in the eye, heaviness in the body, weakness, sense of illness. Sensation of heat in the face. As if my body is filled with something heavy. (6)D05  
 A sort of vertigo, as if head is thrust forward with a metallic thundering sound and a vision of light bluish metallic denser waves. The shock-wave sensation swept me away... (6)D03

Dull headache, right side, around 14:00 (7)D03  
 Headache, dull, right side. Worse after sleep. (7)D04  
 Headache since 06:00, left side above eye including eye. Dull pain, tolerable, lasting all day. Cleared around midnight (7)D14  
 Dull headache, left side of head at 12:00-15:00. I drunk water and it passed away. (7)D26

## FACE

### **Summary of Face:**

**Sensations:** Tingling, numbness, heaviness, heat, congestion,

**Pain:** at jaws, gums, cheeks.

Eruption, desquamating

Pain from occiput extending to vertex, face, jaw and gums, streams of pain extending to the nose, preventing sleep, worse stooping (1)D00  
 Red, elevated, itchy eruption, on the right side of face (1)(D0)  
 Tickling sensation in the nose and right ear which turned out to pain on the right side of face including forehead, cheek and nose. (1)(D14)  
 Dull pain in the face, extending to inside of nose and mouth. Also outer side of nose and cheeks. (1)(D15)  
 Pimple, on the left side of face, under mouth, suppurating (1)(D20)  
 Slight lack of sensation at the lips, particularly outer parts. (2) D20  
 Perspiration on face while sitting for stool. (3)D01  
 I was hot, red face and dried up. I was very thirsty for cold lemonade with mint. I drank in large sips almost a whole litter. (3)D18

Sensation of numbness in the face, including the nose, heavy jaw (4)(D00)  
 Tingling of face, itching at head and beard. (4)(D00)  
 Desquamating of face, chin. Lasted for a long time (4)(D28)  
 Dandruffs at beard area (4)(D28)  
 Herpetic eruption, left upper lip. (5)D09  
 Another skin growth under my right eye, next to the one that is already there. (5)D09  
 I am hot, my body, face, soles, everything (6)D01  
 Under my right eye, on the top part of the cheek, a red spot, the size of the head of a pin and some swelling around it, 2 cm in diameter. Never had it before (6)D05  
 A pressing headache at the sides of forehead. At that evening, burning in the eye, heaviness in the body, weakness, sense of illness. Sensation of heat in the face. As if my body is filled with something heavy. (6)D05  
 My face is burning again, my lips are congested with blood, my face is congested. (6)D07  
 Face: eruption, acne (7)D03

## EYES

### Summary of Eyes:

**Sensations:** heaviness, swelling sensation, tired, burning, itching, dryness – want to moisten and cool the eyes. Desire to close eyes.

Yellow discharge.

Eye still feel burdened and I tend to close eyes (1)(D00)  
 Pressing pain on eyelids. I want to close my eyelids and apply something cold on the eyelids. (1)D00  
 Eye, heaviness, I want to sleep. (1)D00.  
 Dryness (1) Dxx  
 Dryness in the eye, I want to moisten it with eye drops (1) (D02)  
 Very dry eyes. Want to moisten it with tears.(1)(D07)  
 Burning pain in the eyes. Want to cool it off with some artificial tears or eye drops (1) (D09)  
 Dryness in the eyes. I was also weeping but without tears. Similar to the nausea without vomit – as if something had dried out. (1)(D11)  
 Pressing pain in the eyes with desire to close the eyes (1) D14)  
 Eyes dry and burning (1) D19  
 Eyes, tired, burning (1) D22  
 Increases eye discharge, inner corners of eyes, similar to nightly discharges, but during the day. (2) D09  
 Itching n the eyes (4)(D00)  
 Pressure at left eye (4)(D00)  
 Eye, burning (6)D03  
 Eye, burning, desire to close eye (6)D03  
 A pressing headache at the sides of forehead. At that evening, burning in the eye, heaviness in the body, weakness, sense of illness. Sensation of heat in the face. As if my body is filled with something heavy. (6)D05  
 Still tired. My eyes are still burning. Want to close my eyes. (6)D06  
 Very tired. Eyes as if swollen, sense of tiredness and heaviness in the eyes. At mid-day, a large quantity of thick yellow discharge from the eyes (7)D00  
 Eyes swollen on waking in the morning (7)D02

## EARS

### Summary of ears:

**Sensations:** stopped, pressing, quivering, itching, tickling, noises, as if diving deep,

**Pain:** dull, sharp

Tickling, right ear (1)D14  
 Itching at right ear (2) D09  
 Dull pain in left ear as if inflammation of ear. (4)(D00)  
 Pain in left ear extending to throat(4)(D00)  
 Noises in the ears, blowing nose after (4)(D02)

Generally sensitive, to noise, to any disturbance (5)D20

A strange sensation of pressure in both ears. Similar to the sensation one can feel while talking on the cell-phone. It overburdens the ears. The pressure one can feel while diving deep. (6)D11

Several times in the past few days felt that my ears are blocked. Particularly the right ear (6)D03

Sudden stopped sensation in my ears. A sort of

A sharp pain in left ear extending to right ear. (7)D03

## HEARING

I suddenly notice that there is a pylon across from the veranda. I noticed that I can hear the sound of the electrical current. There is a load on my hearing, every sound is a load. (6)D11

Decrease in hearing level. In addition to the impaired hearing that is already there. (5)D13

## NOSE

### Summary of Nose:

**Discharge:** yellow, yellow-green, clear, watery, bloody, viscid, black,

**Sensations:** tingling, numbness, blocked

Sneezing

Yellowish clear watery discharge, flowing with no control, run for few hours and dried out towards afternoon. (1)D00

Yellowish watery discharge from the nose, with blood.(1)D00

Tickling sensation in the nose and right ear which turned out to be pain on the right side of face including forehead, cheek and nose. (1)(D14)

Lots of viscid coryza. By the evening it was over. (3)D17

Woke up in the morning with pain in my throat and runny nose. (3)D17

Viscid and sticky coryza with lots of sneezing and tears. (3)D18

Yellow Green coryza in the morning turning clear and watery during the day. (3)D19

Clear coryza, sneezing and tears all the time. (3)D19

Coryza viscid, yellow, clear with sneezing all the time. (3)D19

Lots of sneezing and clear, thick coryza in the morning. Disappeared after 2 hours. (3)D40

Sensation of numbness in the face, including the nose, heavy jaw. (4)(D0)

Watery discharge from nose together with large quantities of thick coryza. Nose tingling as if from black pepper (4)(D0)

Discharge of black coryza, clotted blood. Smells of blood at left nostril. ,(4)(D00)

Clotted blood with coryza and smell of blood at right nostril.(4)(D01)

Discharge from nose, watery, clear – crystal clear. Afternoon + evening agg. Warmth to cold agg (4)(D09)

Left nostril in blocked. (5)D00

Blocked nose, night during (5)D25

## MOUTH

### Summary of mouth:

Aphthae, eruption-lip, cracks, salivation, dribbling,

**Pain:** sharp

**Sensations:** numbness, heaviness, itching, dryness, soapy taste

Aphthae in the mouth on the lower left side of the gums (1)D07

Aphthae on left side of inner mouth, above lip (1)(D18)

Swallowing food instead of chewing it first (1) (D19)

Sharp pain under the tongue, on lifting the tongue (2)(D02)

Lack of sensation (numbness) at the upper front part of the tongue (2)(D02)

Slight lack of sensation in the lips, particularly outer parts.(2) D20

Itching on the tongue, nearly pain, lasted all day. (2) D 26

Sensation of numbness in the face, including the nose, heavy jaw. On clothing the mouth, sensation of rubber in-between the teeth, (4)(D00:08:05)  
 Tongue felt larger and heavier in the mouth. Later on, dull throat pain. (4)(D00:08:05)  
 Mouth: itching on the right side of the tongue (5)D00  
 Waking up at 01:00 with dry mouth and thirst (5)D00  
 Saliva dribbles from my mouth, passively, without meaning to. Falling, running. (5)D06  
 Saliva that was normally drooling at the side of the mouth while speaking – moved to the front with part of mouth. Saliva is falling forward and parts of food falling out of my mouth. (5)D11  
 Herpetic eruption, left upper lip. (5)D09  
 Mouth, dryness (6)D02  
 Crack corner of mouth, right (6)D32

## TASTE

### Summary of tast:

Soapy, salty.

Ate something at breakfast that tasted very salty. It was so salty that I couldn't continue with my meal and had to drink water. Others also ate from that dish but couldn't tell if it was also salty for them. Was wandering if salt was sprinkled by mistake over the part I ate. (6)D02  
 Again, food felt too salty. (6)D07  
 On washing dishes, sense of exposed nerves at the fingertip and also taste of washing up liquid in my mouth. (6)D20

## THROAT

### Summary of Throat:

**Sensations:** narrow, stricture, dryness, suffocative, choking, swelling, burning

**Pain:** smarting, dull.

Mucus

Pain at the throat on swallowing, no swelling. (1)(D00)  
 I swallow the food instead of chewing it first. (1)(D19)  
 Pain in the throat. (2) D07  
 Mucus in throat and a bit of a headache and general sensation of catching a cold. (2) D07  
 Woke up in the morning with pain in my throat and runny nose. (3)D17  
 Smarting pain. Mucus stuck in the throat. (3)D19  
 Suffocation sensation in the throat, as if I swallowed a too large bite of food. Agg when swallowing water (4)(D00)  
 Dull pain at throat and tonsils .(4)(D01)  
 My throat feels narrower. (4)(DXX)  
 Pain in throat on swallowing. As I swallow, throat feels even more dry on drinking water. As if the water do not wet the throat. Stricture of throat and suffocative sensation (4)(D08)  
 Dryness in the throat and cough (5)D00  
 Chokes, as if content of esophagus lodges into trachea (5)D16  
 Thick mucus, purulent, fetid, stuck deep down. Comes now and then and then swallowed again. (5)D24  
 Pain and swelling at left side of throat (6)D01  
 Dull pain, feels swollen inside, as if a lump in throat. (6)D02  
 Burning pain in my throat, begun around noon time with clear expectoration (7)D08

## NECK

Sensation as if my neck is wrapped, as if inside a tube (6)D00

## STOMACH

### **Summary of Stomach:**

**Sensations:** emptiness – eating does not amel, thirst and thirst with aversion to drink, hardness, distended, nausea, appetite increased

**Pain:** cutting.

Eructation, heartburn

Pain in the stomach with sensation of emptiness and a need to eat something in order to ease the pain .The pain extends to the abdomen, sharp cutting pain, worse as I walk or move. Does not improve when I eat.

(1)D00

Very painful stomach, distended from the diaphragm to the abdomen, much like a fourth month pregnancy.

Sort of hardness. (1)D00

Painful distended stomach, upper part. It feels hard. With emptiness. The pain lasted until night and was not ameliorated by eating (1) (D08)

Stomach: Nausea, riding a car (1)(D11)

Nausea while riding in the car. Could not vomit. In the past I used to vomit a lot whilst riding in a car but it improved in recent years but today was awful. (1)D11

Lots of eructation accompanied yawning (1)(D11)

Dryness in the eyes. I was also weeping but without tears. Similar to the nausea without vomit – as if something had dried out. (1)(D11)

Nausea but no vomiting (1)(D12)

Eructation and yawning – lasting all day (1)(D12)

Nause, vertigo and weakness since morning. (1) (D15)

Weakness, nausea, eructation and yawning lasting for days (1)(D17)

Thirst with aversion to drinking. (1)(D17)

I swallow the food instead of chewing it first. (1) (D19)

Stomach pain with sensation of emptiness (1) (D20)

Stomach pain, lying on abdomen does not ameliorate. (1)(D21)

Thirsty but no desire to drink.(1)(D21)

Stomach pain and emptiness, lying on abdomen does not amel. (1) (DXX)

Emptiness in stomach, eating does not ameliorate (1) (D22)

Heaviness. Went to bed and could not sleep all night. Terrible nausea, heaviness, wanted to vomit, rolled in bed all night. In the morning managed to vomit. Was ameliorated but still with nausea and weakness. (1) (D26)

Woke up in the morning after a sleepless night and vomited large quantities. Slightly relived but still strong nausea and weakness. (1)(D27)

Throughout the day, nausea, vomiting, weakness. Ate a dry crisp bread, ate whole wheat ban and vomited it.

Sleepless night on account of nausea. Desire to drink Coka Cola. Could not drink juice or soda water. It disgusts me. (1)(D27)

Went to a funeral, it was very hot, sunny, I was weak, felt as though I am about to lose consciousness. Had to force myself to drink water. Only moistened the mouth, couldn't drink. (1)(D28)

Nausea(2)(D00)

Nausea while riding a car. (2)(DXX)

Heartburn. Ate a tomato and it passed away. (2) D06

Didn't sleep well. Woke up from thirst several times.(3)D05

Very thirsty for cold lemonade with mint. I drank in large sips almost a whole litter. I was hot, red faces and dried up. (3)D18

Waking up at 01:00 with dry mouth and thirst (5)D00

No appetite (5)D01

More thirsty (5)D13

Increased appetite (7)DXX

## ABDOMEN

### Summary of Abdomen:

**Sensations:** hard, distended, heaviness, cramps, flatulent

**Pain:** dull above umbilicus, cramping, burning

**Location:** epigastrium, left of navel

Abdomen distended and painful (1) (D00)

Very painful stomach, distended from the diaphragm to the abdomen, much like a fourth month pregnancy.

Sort of hardness (1)D00

Heaviness at abdomen although I ate very little today.(3)D01

Heavy, distended abdomen, mild pain. Stool painful. After stool, there was a relief. (3)D06

Cramps, muscle cramps at abdomen (4)(DXX)

Flatus (5)D00

Abdomen pain returning all the time, after eating. Not strong but disturbing, around navel. Left of navel.

Cramping pain. Flatus amel. Noisy movement of flatus in the abdomen above navel. After eating. (5)D03

Abdomen pain, above umbilicus, dull but annoying, with flatus. Clearly better after flatus. Noisy flatulent motion inside abdomen. After eating, any food. (5)D03

Sensation of burning at the area of upper abdomen (6)D00

## SKIN

### Summary of skin:

**Sensation:** itching, stinging

Vesicles, insect bites

Sat on the lawn and was bitten by insects, probably ants. (2)(D00)

I scratch a lot, particularly on the head and legs. (2) D10

Itching vesicles (6)DXX

Felt a sting. Stings, like a bedbug, at the sacrum. Keeps returning. (5)D09

Itching sensation, lower back. The "stings", 3 or 4 large, red, no pus, lower back, apex of right buttock. The itching is throughout the lower back, above it, attacks all day long. Right there I felt the first sting the night earlier without a clear cause. (5)D11

Either I am being stung by a bedbugs or just a sensation as if stung... now there are 3 large sting like eruptions (5)D09

Again, 3 sting-like sensation in my lower back, right side. (5)D21

New spots with stings developed during the night... behind right knee. (5)D23

## FG

### Summary of FG

**Sensations:** Contractions-sudden, desire increased.

Yellow discharge

Pain at uterus and anus, sudden contraction, similar to what it feels like during menses.(1)D00

Pain at the area of uterus, to the right, contractions at the uterus, sharp cramping pain at uterus and anus, terrible pain, radiating to the area around. (1)(D0)

Sudden frantic passionate sexual desire, woke my husband, and I am menstruating. (1)(D12)

Sex desire, increase (7)DXX

Increased desire for sex; I came back home from the cinema and wanted so much to go to bed with my husband, just that he was asleep. (7)D02

A yellow discharge from vagina (7)D03

## MG

Sexual desire, increased: (5)D05

## BLADDER

### Summary of Bladder

**Urination:** Frequent urge, urination increased, unable to urinate, feeble stream, retarded

**Sensation:** burning

For a couple of days now, I have an urge to urinate every few minutes, almost involuntary, urgent desire.

(1)(D0)

Lots of urination although I don't drink. (1)(D18)

I noticed that I urinate more, relatively. Feels as if water I drink simply passes through me. (2)(D00)

Difficult urination, difficult flow of urine. (5)D00

Urination, slow stream, weak flowing (5)D00

Difficult to urinate in presence of other people (5)D01

As if prostate enlarge. Weak feeble stream (5)D04

Bladder: Bladder does not contract, problem with stream of urine. (5)D05

Difficult flow in urination, with burning sensation (5)D25

Want to pass urine, but it takes time for the urine to come out (7)D03

## URIN

Fetid odor from urine, sharp and acidic. (3)D45

Urine: odor of urine resembles mushrooms. (6)D00

## RESPIRATION

### Summary of Respiration

**Sensations:** difficult, oppressed, as if lack of air, difficult to take a deep breath, suffocative

Weezing, rattling.

Oppression of chest; Sensation as if someone puts a heavy hand on the chest and impedes my respiration (1)D00

As if lack of air; If I don't take deep inspiration I feel as if I did not breathe. (3)D02

Wheezing respiration, during inspiration and expiration. Coughing, amel. Agg at the evening. (3)D19

Rattling respiration with cough and viscid expectoration (3)D23

Pressing sensation and difficulty to take a deep breath (4)(D04)

Difficult respiration on the morning walk. Painful to inhale (5)D05

Pain at end of inspiration, a strong spell of sneezing, mucus and a momentary chill that ended all possibility to keep walking. (5)D08

Repeated episodes of suffocation due to inspiring esophagus content into trachea. Occurred 3 times today. (5)D11

Respiration: Difficulty at the end of respiration. (5)D16

I tried to swim and felt low physical fitness and difficulty in breathing deep which I never had before.

Improves as I continued to swim (5)D14

Ongoing short breath during deep inspiration with pain at the end of inspiration.. (5)D15

Respiration: difficult on morning walk. Painful to inhale. Perhaps it is the diaphragm. (5)

Stitching pain at left side of chest, worse on inspiration (6)D01

## COUGH

Cough with expectoration, Voice hoarse, deep, coarse. (3)D19

Expectoration green, difficult to extricate, comes up only after lengthy cough. (3)D22

Cough with viscid expectoration, rattling respiration (3)D23

## EXPECTORATION

Expectoration green, difficult to extricate, comes up only after lengthy cough. (3)D22

Cough with viscid expectoration, rattling respiration (3)D23

Thick mucus, purulent, fetid, stuck deep down. Comes now and then and then swallowed again. (5)D24



## CHEST

### Summary of Chest:

**Sensation:** palpitation, heaviness, oppression, congested, heaviness-mamea,

**Pain:** digging, stabbing, stitching, pressing,

Redness at axilla, wound at axilla- discharging

Oppression of chest. Sensation as if someone puts a heavy hand on the chest and impedes my respiration (1)D00

Pain in the chest, like digging. More to the right of the chest. (1)D00

Stabbing pain in the chest, as with a skewer. (1)(D0)

Difficult respiration with pressing pain on right side of chest at 15:00 (1)D00

During dinner, palpitations, as if I was running, (1)(D01)

Pressure in the chest, followed by very painful stabbing pain as if with a skewer, right side. (1)(D02)

Chest, heaviness, makes respiration difficult (1)(D04)

Weakness and palpitation from even slight effort.(1)(D04)

The oppression in the chest had moved to the left side, lasting all day. (1)(D07)

Pain in mamea before menses. Normally only heaviness and sensitivity (1)D07

Mamea heavy and painful, is it before menses? (1)(D08)

Since morning, stitching pain on right side of chest (1)(D09)

Chest congested and painful. Oppressing sensation. Stitching pain while lying down. As though a marble plate is resting on my chest, heavy and suffocative. (1)(D10)

Since morning pressing pain at upper part of chest, above mamea. Strong stitching pain, digging pain. As if some is digging deep with a spoon at right side of chest. (1)(D12)

Pain in the chest as if a skewer is nailed at right side (1)(D15)

Dull, oppressive pain in the chest.(1)(D17)

The wound on my right armpit is sore and discharges yellow transparent liquid that dries up on the sight of the wound.(3)D01

Redness at right axilla. (3)D02

The wound on my right armpit is burning more and more. The redness has spread and bathing (which usually helps) do not amel.(3)D04

Wound at armpit does not improve. It takes longer than ever before. (3)D05

Redness at right armpit, returning. (3)D18

Red, smarting wound at right armpit with clear discharge that dries up hard. (3)D25

Sensation of heaviness in the chest, dull pressure on sternum (4)(D00)

Stitching pain at left side of chest, worse on inspiration (6)D01

Stitching pain in chest, left side, on inspiration. Felt like needles. Pain felt along a vertical line, about 3 cm' long. (6)D02

## BACK

### Summary of Back:

**Sensations:** sting like, itching, stinging

**Pain:** piercing

Sharp piercing pain running along back, buttocks and extending to anus. I rush to the toilets trying to ease the pain. No Stool, no relief. Pain! (1)(D21)

Felt a sting. Stings, like a bedbug, at the sacrum. Keep returning. (5)D09

Either I am being stung by a bedbugs or just a sensation as if stung... now there are 3 large sting-like eruptions (5)D10

Stiffness at lower back, less flexible. (5)DXX

## EXTREMITIES

### Summary of Extremities:

**Nails:** rapid growth, cracks, deformed, indentation,

**Sensations:** weakness, cramps, formication, stiffness, numbness, exposed nerves, stitching, thorn like, electric current like, heat.

Desire to walk barefoot

Lack of coordination

Plantar wart, vesicles

Pain in the bones particularly the legs. (1)(D00)

Noticed that my nails are growing fast. (4)(D07)

My nails are much more cracked than usually. Large cracks, reaching mid-nail. Also folding (1)D06

Noticed that my nails are deformed, indented (1)(D29)

A dent at the center of nails of thumb and first finger. (1)D29

Desire to walk barefoot. Normally I dislike walking barefoot. (1)(D29)

I feel weakness (numbness) in the muscles, particularly the hands, some lack of coordination. I put a glass in the sink and knocked the glass on the bottom of the sink. (2)D01

Several times during the day I gave little strokes to people around me, by mistake. (2) D07

Pain at 2<sup>nd</sup> finger, right hand, at the joint, particularly after using computer mouse. (2) D24

Cramps at thighs, buttocks, calves. As if I exerted my muscles and then did not follow it with any stretching exercise. (4)(D02)

Pain at heels (4)(D07)

Cramps at muscles of thighs, lower legs and buttocks (4)(D03)

Stitching pain at my right big toe (4)(D04)

Formication at left leg, between big toe and second toe (4)(D04)

Stiffness and pain at pelvic bones (4)(D05)

Stitching sensation as of needle at big toe, right leg (4)(D05)

Formication between left big toe and 2nd toe (4)(D05)

Cramping pain at back of left hand. As a blow at the wrist. More pain on moving the hand, restricts movement. (4)D06

Flushes of numbness along left leg, coming and going for the past few days. Particularly below the knee. This morning 3 toes of the left leg, felt numb for about half an hour, after walking. (5)D11

Still numbness at the foot (5)D16

Numbness, formication at front of left thigh. (5)D17

New spots with stinging sensation developed during the night... behind right knee. (5)D23

Electric current like sensation in the palm of my hands. Sensation of burning in my feet, soles. (6)D00

I am hot, my body, face, soles, everything (6)D01

Electric current like sensation in the palm of my hands extending to fingers, along the fingers. Feels like formication. (6)D02

My feet are burning, the sole (6)D02

A sharp pain behind the knee, extending toward the thigh (6)D06

My feet are swollen, the sole (6)D07

For few days now, there are tiny vesicles, size of a pin head, containing clear liquid, left hand, middle finger, itching (6)D17

A sense of rawness at the tips of my fingers, as if raw and exposed, exposed nerves. Unpleasant to touch [things] (6) D18

Pain at sole of left foot, between 2-3 finger, as if of a thorn or a splinter. Looks like an internal wart, plantar wart. (6)D20

On washing dishes, sense of exposed nerves at the fingertip and also taste of washing up liquid in my mouth. (6)D20

Pain in the knees as if the cartilage is wearing off. It occurred after a game of tennis and a walk, but still it is new. (7)D26

The skin of my palms is peeling off. (7)D31

## RECTUM

### Summary of Rectum

Worms, constipation, flatus, diarrhea, stool incomplete

**Pain:** sharp

Diarrhea, 3 times accompanied by weakness and bad nausea (1) (D20)

Sharp piercing pain running along back, buttocks and extending to anus. I rush to the toilets trying to ease the pain. No Stool, no relief. Pain! (1)(D21)

Stool immediately as I woke up in the morning, odorless. Both, unusual. (3)D01

Constipated. Feels the urge but no stool. Eventually some stool in the evening, like balls and sensation of not finished. (3)D19

Soft and stinking stool, on the verge of diarrhea turning hard with difficult to extricate. (3)D18

Worms (4)(D30)

More constipated in the past week. Stool every 3rd day. Small stool (4)(D07)

Constipation. (4)(D07)

During the night, in bed. Sudden sharp pain at anus. Lasted for a while. (1)D00

Sudden sharp pain at anus, extending to uterus. Very painful. Area became rigid. Lasted for half an hour.(1)(D24)

Rectum: Constipated. Feels the urge but no stool. Eventually some stool in the evening, like balls and sensation of not finished. (3)D19

Flatus (3)D42

Flatus (5)D00

Morning stool on time but somewhat lazy. After an hour another urge and I need to evacuate again, this time properly. Suddenly I understand: there is a general relaxation of the smooth muscles of the intestine so that there is no urge to evacuate. Same with the urinary tract. Everything is passive. Flowing with the mere force of gravity alone.... (5)D06

Fetid diarrhea (5)D27

## STOOL

### Summary of Stool

Small, soft, watery, excoriating, acrid, fetid diarrhea.

**Odor:** odorless, vomit like

More constipated in the past week. Stool every 3rd day. Small stool (4)(D07)

Very soft stool (1) (DXX)

Stool immediately as I woke up in the morning, odorless. Both, unusual. (3)D01

Soft, almost liquid, excoriating. Perspiration on face while sitting for stool. (3)D01

My stool has changed since the remedy. The texture changed, it is softer and the odor changed too. More like odor of vomit. (3)D08

Watery, fetid diarrhea, like vomit, burning acrid (3)D15

Soft and stinking stool, on the verge of diarrhea turning hard with difficult to extricate (3)D18

## SLEEP

### Summary of Sleep

**Waking:** 04-05

Yawning, yawning with eructation, short refreshing, long, deep

Very deep sleep (1)(D00)

Lately I wake up at 04-05 am and then I have difficulty to fall asleep again. Usually with no reason that disturbs the sleep (like the baby) (1)D12

Yawning accompanied eructation (1)(D11)

I was yawning all day long. Large yawning, mouth wide open. Nearly painful at the jaw joint. (1)(D12)

Desire to sleep all day (1)(D14)

Weakness, nausea, eructation and yawning lasting for days (1)(D17)  
 Recently I sleep on my abdomen (never slept on my abdomen) (1)(D21)  
 Sleep: Deed not sleep well. Woke up from thirst several times, rolled from side to side many times. (3)D05  
 Sleepiness 11:30a.m. Slept for about 15 minutes and woke up refreshed. I never manage to sleep during daytime (5)D03  
 Short sleep, 10 minutes in order to get refreshed (5)D03  
 Deep sleep, sleep longer than usual. Wake up difficult (7)D02  
 Fell asleep at 20:00 and woke at 07:00. It's been years since I slept 11 hours. (7)D31

## GENERALITIES

### Summary of Generalities

Air cold desire for, air open desire, heat sensation, desire to be fanned.  
 Weakness, tired and heavy, weakness-forced to lie down, gaining weight  
**F&D DES:** ice-cream, cooked warm food, cold food and drink, eggs, egg yolk, tomatoes, chocolate, sweets, salt, refreshing fruit, Coca-Cola, pizza, milk and honey  
**F&D Aver:** fruit juice, soda water.  
**F&D Amel:** ice-cream, tomatoes  
**Pain:** in bones  
**Ants:** bitten by ants, ants on the food, cockroaches  
**Being stung** by insect, or sensation as if being stung, eruptions as of a sting – comes and goes  
**Abscesses** at various spots, lengthy maturation, then bloody pus, **dragging on for a fortnight**  
 Flu like state – dragging for 2 month (eventually had to be antidoted), slow recovery.  
**Stubborn manifestations:** colds, sore throat, expectoration, flu like states  
 Burning sensation (feet, face, vertex)  
 Weakness and palpitation

Feels hot all the day. Wanted air-conditioning or fan. Hot and stuffy. I am short of air.(1)D00  
 Pain in bones, entire body. At night, in bed. (1)D00  
 Tired feeling. Want to go to sleep (1) D00  
 Pulsating pain at occiput. Pressure on eyes. Sleep disturbing. Ate some ice-cream and it was better. (1) (D00)  
 Considerable less desire for sweet. (1)D00  
 I open the deep-freezer in order to inspire colder, fresher air. (1)(D2)  
 Weakness, nausea, eructation and yawning lasting for days (1)(D17)  
 Tired, weakness, nauseous, dull pain at chest, tired burning eyes, eructation and yawning. Lasting for days. (1)(D18)  
 I eat more ice-cream and not ice-popsicle. (1)(D21)  
 I eat more carbohydrates than normally, special ice-creams (1)(D24)  
 My husband prepared Shakshuka (sort of "sunny side up" omelet). The kids didn't like it so I sat and ate 4 soft yolks. I devoured it. Normally I have no desire for eggs. Had a desire for soft yolk for the past few days. (1)(D26)  
 Throughout the day, nausea, vomiting, weakness... Sleepless night on account of nausea. Desire to drink Coca Cola. Could not drink juice or soda water. It disgusts me. (1)(D27)  
 Went at a funeral, it was very hot, sunny, I was weak, felt as though I am about to lose consciousness. Had to force myself to drink water. Only moistened the mouth, couldn't drink. (1)(D28)  
 I Gained 2 Kg during the proving (1)(D29)  
 Desires for Pizza (2)(D01)  
 Tired all day, physical and mental. (2) D04  
 Desire for Ice-cream. (2) D04  
 Tired all day (2) D05  
 Heartburn. Ate a tomato and it passed away. (2) D06  
 General sensation of catching a cold. (2) D07  
 Desire salt. Ate some pure salt. (2) D17  
 Desire sweet (2) D19

Very thirsty for cold lemonade with mint. I drank in large sips almost a whole litter. I was hot, red faces and dried up. (3)D18

Tired in the morning between 10:00-11:00 am (4)D21+22

Tired and heavy in the morning. Difficult to walk. No strength to walk, as if low sugar level. Lack of physical strength. Difficult to get up, difficult to stand. 10:00-11:00 am. Or Breakfast to lunch break at 12:00 am. This lasted for over a week (4)D28

Gained weight (4)(D37)

Heavy head, tired feeling, unclear, dazed feeling. Better by eating (5)D00

I feel truly sick. Weak, low energy.... A little worried for what I have to do, stand up for the tasks with me being like that, a bit sick... Weakness as in a viral disease (5)D01

I am cold, Sneezing (5)D01

At noon prefers cooked food. (5)D01

Desire for cooked warm food (5)D04

No strength to walk on my morning walk. I shorten the walk to 20 min instead of 40 min. Get tired quickly. (5)D06

I gained weight: from 73 to 76.3. A new 10 years record. (5)D06

I have no strength to walk in the morning. I stop at half the time; 20 min. Motivation is also low. (5)D07

Low energy in the morning – can't walk for more than 20 min and if I try for more there is a great weakness. (5)D08

Desire for chocolate. (5)D08

Prefers salad at the evening, rather than cooked food. (5)D09

I've gained another 1 Kg. now 76. First time for the past 20 years. (5)D12

Tried to walk a little, but again, short of breath especially at taking deep inspiration and weakness that forced me to actually lie down for few minutes. (5)D14

Ongoing weakness... half my usual strength (5)D15

Desire for tomatoes. (5)D18

Slow recovery in my general energy. (5)D21

Feels sick, weakness (5)D24

Lack of strength and bad mood. Pessimism and sensation of illness. Went to sleep early, totally exhausted and as early as morning no joy of life. I am sick...(5)D25

I am sick. No fever but great weakness, of body and soul. Try to walk – 5 minutes. Trying to read something – 5 minutes. A reduction of everything and true lack of energy. (5)D27

Desire for milk and honey (5)D27

Moved the remedy from my handbag to a drawer and on opened it on the way. Felt heaviness as if my entire body is filled with something warm and solid (6)D00

Generalities: heat sensation (6)D01

I am hot, my body, face, soles, everything (6)D01

A pressing headache at the sides of forehead. At that evening, burning in the eye, heaviness in the body, weakness, sense of illness. Sensation of heat in the face. As if my body is filled with something heavy. (6)D05

Trying to read something – 5 minutes. A reduction of everything and true lack of energy. (5)D27

Want to eat ice-cream (6)D06

I'm so hot. I want all sorts of cold things. I need to cool myself all the time. I desire cold things like ice-cream. It's the coldness that I seek. (6)D07

Eating ice-cream every day, strictly. Also refreshing fruits (6)D14

Increased appetite, wants to eat all the time. Strong desire for Ice cream, any ice cream (7)D04

Desire for ice-cream (7)D22

## 10. REPERTORY

### Repertory – Mind

mind; ABSENT-MINDEDNESS  
 mind; ABSENT-MINDEDNESS; morning  
 mind; ANGER; alternating with; kindness  
 mind; ANGER; alternating with; exuberance  
 mind; ANGER; easily  
 mind; ANGER; kill, desire to  
 mind; ANGER; family, toward; parents  
 mind; ANGER; morning  
 mind; ANGER; respected, he thinks he is not  
 mind; ANGER; suppressed, controlled  
 mind; ANGER; throws things away  
 mind; AFFECTIONATE  
 mind; AFFECTION; desires  
 mind; ANXIETY; future, about  
 mind; ANXIETY; money, financial matters, about  
 mind; APPRECIATION, desires  
 mind; APPRECIATION, desires; husband, by  
 mind; AUTHORITY, refusal to accept some one's  
 mind; AWKWARDNESS  
 mind; BREAK things, desire to  
 mind; CARES, worries, full of; future, for  
 mind; COMPANY; aversion to; solitude, desire for  
 mind; CENSORIOUS, critical  
 mind; CENSORIOUS, critical; husband, towards  
 mind; CHILDREN; aversion to; her own  
 mind; CONFIDENCE; want of self; inadequate, feels  
 mind; CONFIDENCE; want of self; support, desires  
 mind; CONCENTRATION; difficult  
 mind; CONTENTED  
 mind; CONTRADICTION; intolerant of  
 mind; CURSING, swearing, desires  
 mind; CURSING, swearing, desires; anger; with  
 mind; DESPAIR; future, about  
 mind; DESPAIR; recovery, of  
 mind; DELUSIONS, imaginations; abused, being  
 mind; DELUSIONS, imaginations; bewitched, he is  
 mind; DELUSIONS, imaginations; body, body parts; diffused, has  
 mind; DELUSIONS, imaginations; cruel conqueror; control of, is under **new**  
 mind; DELUSIONS, imaginations; cursed, he is **new**  
 mind; DELUSIONS, imaginations; deceived, is  
 mind; DELUSIONS, imaginations; dominated, is (3)  
 mind; DELUSIONS, imaginations; fat, she becomes  
 mind; DELUSIONS, imaginations; governed, controlled, he is **new**  
 mind; DELUSIONS, imaginations; influence, is under a powerful (31)  
 mind; DELUSIONS, imaginations; looked down upon, that she is  
 mind; DELUSIONS, imaginations; looking down from a height  
 mind; DELUSIONS, imaginations; old; he is  
 mind; DELUSIONS, imaginations; old; looks  
 mind; DELUSIONS, imaginations; outside of body  
 mind; DELUSIONS, imaginations; queen, she is a  
 mind; DELUSIONS, imaginations; people; depend on her **new**

mind; DELUSIONS, imaginations; pursued, of being  
 mind; DELUSIONS, imaginations; sounds; visible, are  
 mind; DELUSIONS, imaginations; sounds; metallic **new**  
 mind; DELUSIONS, imaginations; stranger, strangers; control of, under (4)  
 mind; DELUSIONS, imaginations; tall, taller; he is  
 mind; DELUSIONS, imaginations; tied up, she is **new**  
 mind; DELUSIONS, imaginations; trapped, he is  
 mind; DEPENDENT  
 mind; DEPENDENT, aversion of being **new**  
 mind; DEPENDENT, aversion of being, on **new**  
 mind; DICTATORIAL  
 mind; DICTATORIAL; control others, wants to  
 mind; DICTATORIAL; dogmatic  
 mind; DREAMS; abused  
 mind; DREAMS; abused; being  
 mind; DREAMS; abused; being, sexually **new**  
 mind; DREAMS; accidents, of; car, with; turned upside down **new**  
 mind; DREAMS; admired, she is **new**  
 mind; DREAMS; amorous  
 mind; DREAMS; amorous, playful **new**  
 mind; DREAMS; anger, angry  
 mind; DREAMS; anger, angry; cursing with **new**  
 mind; DREAMS; anger, angry; passion, outburst of  
 mind; DREAMS; animals, of; biting him  
 mind; DREAMS; animals, of; changing form  
 mind; DREAMS; amorous  
 mind; DREAMS; attacked, of being  
 mind; DREAMS; attacked, of being; friends, by  
 mind; DREAMS; belonging, not  
 mind; DREAMS; betrayal  
 mind; DREAMS; bicycle, bicycling, of  
 mind; DREAMS; bicycle, bicycling, of, on a highway **new**  
 mind; DREAMS; boasting  
 mind; DREAMS; cars, automobiles, of; trucks  
 mind; DREAMS; cars, automobiles, of; truck, falls apart in midair **new**  
 mind; DREAMS; cars, automobiles, of; wheels detaching from body  
 mind; DREAMS; cats, felines; black  
 mind; DREAMS; cats, felines; black, mischievous, bullying **new**  
 mind; DREAMS; child, children; babies, holding a few days old baby **new**  
 mind; DREAMS; child, children; babies; baby girl, conceived by two women **new**  
 mind; DREAMS; cleanliness, about  
 mind; DREAMS; child, children; babies  
 mind; DREAMS; child, children; babies; protecting them from harm  
 mind; DREAMS; child, children; rescuing them  
 mind; DREAMS; coition  
 mind; DREAMS; coition; presence of others, in  
 mind; DREAMS; colored; golden  
 mind; DREAMS; control; being in  
 mind; DREAMS; cooking  
 mind; DREAMS; cooking, Indian food **new**  
 mind; DREAMS; consoling people  
 mind; DREAMS; cruelty  
 mind; DREAMS; dancing  
 mind; DREAMS; disease; sick people  
 mind; DREAMS; disrespect

mind; DREAMS; disguise  
 mind; DREAMS; disgusting  
 mind; DREAMS; dirt, dirty  
 mind; DREAMS; driving a; car; brakes, without  
 mind; DREAMS; eating  
 mind; DREAMS; eating; a sandwich **new**  
 mind; DREAMS; efforts, unsuccessful; do various things, to  
 mind; DREAMS; eggs, of  
 mind; DREAMS; eggs, of, treading on eggs **new**  
 mind; DREAMS; flying  
 mind; DREAMS; generosity **new**  
 mind; DREAMS; guilt  
 mind; DREAMS; hiding  
 mind; DREAMS; hiding; danger, from  
 mind; DREAMS; hiding; in a tree **new**  
 mind; DREAMS; husband, stupid, is **new**  
 mind; DREAMS; house, houses; walls, open  
 mind; DREAMS; important; person, is  
 mind; DREAMS; injuries  
 Mind; DREAMS; insolence **new**  
 mind; DREAMS; insults  
 mind; DREAMS; isolated, being  
 mind; DREAMS; jealousy  
 mind; DREAMS; journey, travelling  
 mind; DREAMS; laughing; people are laughing at him, her  
 mind; DREAMS; lewd, lascivious, voluptuous  
 mind; DREAMS; lewd, lascivious, voluptuous; perverse  
 mind; DREAMS; love; platonic  
 mind; DREAMS; manipulating **new**  
 mind; DREAMS; murdering  
 mind; DREAMS; murdering; detachment, with  
 mind; DREAMS; lizards  
 mind; DREAMS; masks  
 mind; DREAMS; mocked, of being  
 mind; DREAMS; mocking, retarded boy, at **new**  
 mind; DREAMS; mud, walking in  
 mind; DREAMS; mutate; transform, people are **new**  
 mind; DREAMS; mutilation; mutilating a body **new**  
 mind; DREAMS; nakedness, about  
 mind; DREAMS; needed, he is not  
 mind; DREAMS; observed, being **new**  
 mind; DREAMS; octopus  
 mind; DREAMS; octopus, talking octopus **new**  
 mind; DREAMS; octopus, in the bath tub **new**  
 mind; DREAMS; offending people  
 mind; DREAMS; opportunities, about lost  
 mind; DREAMS; parties, of pleasure  
 mind; DREAMS; police, of  
 mind; DREAMS; people, of, transforming, mutate **new**  
 mind; DREAMS; people, of; handicapped  
 mind; DREAMS; power, of  
 mind; DREAMS; power, of; powerful, being **new**  
 mind; DREAMS; people, of; handicapped, mentally **new**  
 mind; DREAMS; pregnant, of being, man **new**  
 mind; DREAMS; prostitution, of



mind; DREAMS; protection, about  
 mind; DREAMS; protection, about; protecting her boyfriend **new**  
 mind; DREAMS; pureness, about **new**  
 mind; DREAMS; pursued, of being  
 mind; DREAMS; queens, of, queen being, an empress **new**  
 mind; DREAMS; rape  
 mind; DREAMS; rape; pursued for the purpose of  
 mind; DREAMS; rape; victims of  
 mind; DREAMS; rape; submitting lest he lose his job **new**  
 mind; DREAMS; rejected, being  
 mind; DREAMS; rescue, of  
 mind; DREAMS; school, of; back in, being  
 mind; DREAMS; secrets,  
 mind; DREAMS; secrets, of, revealing secrets **new**  
 mind; DREAMS; sisters, of; kissing his late sister **new**  
 mind; DREAMS; seduction, of  
 mind; DREAMS; slugs, snails  
 mind; DREAMS; slugs, snails, huge **new**  
 mind; DREAMS; slugs, snails, biting a slug **new**  
 mind; DREAMS; snakes  
 mind; DREAMS; snakes; bitten by, of being  
 mind; DREAMS; snakes; huge, four legged snake **new**  
 mind; DREAMS; slanders  
 mind; DREAMS; stealing, theft  
 mind; DREAMS; stealing, theft; he was  
 mind; DREAMS; storms  
 mind; DREAMS; sun, of; sunset, lasts endlessly **new**  
 mind; DREAMS; talking; blatant **new**  
 mind; DREAMS; threats  
 mind; DREAMS; trapped, he is; an attempt to trap a woman **new**  
 mind; DREAMS; tricked, cheated, being  
 mind; DREAMS; violence  
 mind; DREAMS; vulgar scenes  
 mind; DREAMS; water; black  
 mind; DREAMS; women; arrogant, of a, with exaggerated confidence  
 mind; DREAMS; weeping  
 mind; DREAMS; water  
 mind; DREAMS; water; dangerous  
 mind; DREAMS; water; swimming in  
 mind; EMBITTERED, exasperated  
 mind; EUPHORIA, elation  
 mind; EUPHORIA, elation; alternating with; despair  
 mind; EXHILARATION  
 mind; EXPLOITED sensation  
 mind; FANCIES; lascivious  
 mind; FANCIES; lascivious, being a queen with servants and lovers **new**  
 mind; FASTIDIOUS  
 mind; FORGETFULNESS  
 mind; FORSAKEN feeling  
 mind; FRATERNIZED with the whole world  
 mind; FREEDOM; desire for  
 mind; GRIEF; events, about past  
 mind; GOSSIPING  
 mind; HELPLESSNESS  
 mind; HUSBAND; aversion to

mind; HURT; feelings of others, inclination to  
 mind; IMPATIENCE  
 mind; IMPATIENCE; children, about , her own **new**  
 mind; IMPATIENCE; alternating with patience  
 mind; INDOLENCE, aversion to work; contentment, with  
 mind; IRRITABILITY; noise, from  
 mind; JESTING  
 mind; JOY; nature, in  
 mind; KICKS, desire to **new**  
 mind; LAUGHING; silly  
 mind; LAUGHING; immoderately  
 mind; LAUGHING; uncontrollable  
 mind; LONGING for; yearning for deceased sister **new**  
 mind; LONGING for; yearning for my great love from the past **new**  
 mind; LOVE; children, for; own  
 mind; LOVE; family, for  
 mind; LOVE; nature, for; plants  
 mind; MALICIOUS, vindictive  
 mind; MALICIOUS, vindictive; anger, during  
 mind; MALICIOUS, vindictive; loved ones, to  
 mind; MILDNESS  
 mind; MOCKING; sarcasm  
 mind; MODESTY, prudishness; increased  
 mind; MOOD; changeable, variable  
 mind; MOOD; changeable, variable; sudden  
 mind; MOROSE, sulky  
 mind; OBSTINATE, headstrong  
 mind; PATIENCE  
 mind; PATIENCE; increased, children, for; own **new**  
 mind; PLANS; future, for  
 mind; POWER, love of  
 mind; QUARRELSOMENESS, scolding  
 mind; RESPECT; desires  
 mind; RAGE, fury  
 mind; RAGE, fury; children, towards her  
 mind; RAGE, fury; cursing, with  
 mind; RAGE, fury; malicious  
 mind; REFUSES; orders  
 mind; RELAXED feeling, letting go  
 mind; REVEALS secrets  
 mind; SADNESS; weeping; impossible  
 mind; SELFISHNESS, egoism  
 mind; SENSITIVE, oversensitive; noise, to  
 mind; SENSITIVE, oversensitive; disturbance, to slightest  
 mind; SHRIEKING, screaming, shouting; anger, vexation agg.  
 mind; SING, desires to; cheerful, joyously  
 mind; SONG, Repeating in his mind **new**  
 mind; SUSPICIOUSNESS, mistrustfulness  
 mind; SYMPATHETIC, compassionate, too  
 mind; TALK, talking, talks; violent  
 mind; THROWS; things  
 mind; THROWS; things; away, around  
 mind; TRANQUILLITY, serenity, calmness  
 mind; REFUSES; orders  
 mind; RESENTMENT to husband

mind; UNFEELING, hard-hearted  
 mind; UNSYMPATHETIC, unscrupulous  
 mind; UNSYMPATHETIC, unscrupulous; friends and family, even towards closest  
 mind; VERSES, makes  
 mind; WEEPING, tearful mood; anger, vexation; with  
 mind; WEEPING, tearful mood; excitement, emotional, agg.  
 mind; WEEPING, tearful mood; excitement, emotional, agg.; slight  
 mind; WEEPING, tearful mood; silence, in  
 mind; WEEPING, tearful mood; offense, from  
 mind; WEEPING, tearful mood; sympathy for others, from  
 mind; WEEPING, tearful mood; trifles, about

### Head – repertory

head; FULLNESS  
 head; HEAVINESS  
 head; HEAVINESS; eating; amel  
 head; ITCHING  
 head; PAIN, headache; afternoon; agg.; two pm.  
 head; PAIN, headache; noon; agg.; three pm., until  
 head; PAIN, headache; occiput; extending; vertex, to  
 head; PAIN, headache; occiput; extending; face, to  
 head; PAIN, headache; occiput; extending; jaw, to **new**  
 head; PAIN, headache; occiput; extending; gums, to **new**  
 head; PAIN, headache; occiput; extending; nose, to  
 head; PAIN, headache; sides; left; bending head forward agg. **new**  
 head; PAIN, headache; sides; left; extending; ear, to  
 head; PAIN, headache; sides; left; extending; face, to  
 head; PAIN, headache; sides; left; extending; eyes, to  
 head; PAIN, headache; sides; left; extending; eyes, to  
 head; PAIN, headache; sides; left; extending; maxilla, to **new**  
 head; PAIN, headache; temples; left; extending; forehead  
 head; PAIN, headache; temples; left; extending; eye, to  
 head; PAIN, headache; temples; left  
 head; PAIN, headache; temples; extending; teeth, to  
 head; PAIN, headache; temples; spots  
 head; PAIN, headache; temples  
 head; PAIN, headache; temples; right  
 head; PAIN, headache; burning, smarting; vertex  
 head; PAIN, headache; drawing; temples  
 head; PAIN, headache; drawing; temples; right  
 head; PAIN, headache; dull; left  
 head; PAIN, headache; dull; sides; right  
 head; PAIN, headache; dull; left  
 head; PAIN, headache; dull; afternoon  
 head; PAIN, headache; pressing; helmet, as by an iron  
 head; PAIN, headache; pressing; sides  
 head; PAIN, headache; pulsating, throbbing; occiput  
 head; PAIN, headache; pulsating, throbbing; occiput , extending, eyes to **new**  
 head; PAIN, headache; jar, stepping agg.  
 head; PAIN, headache; motion; agg  
 head; PAIN, headache; stooping; agg.  
 head; PAIN, headache; ice-cream; amel.  
 head; PAIN, headache; applications; cold; amel.  
 head; PAIN, headache; sleep; after  
 head; PAIN, headache; drinking; amel.

head; SHOCKS, blows, jerks  
 head; SHOCKS, blows, jerks; electric, like

### Repertory- Eyes

eyes; HEADACHE; during  
 eyes; EYE gum  
 eyes; APPLICATIONS; cold, amel. **new**  
 eyes; CLOSE, closing; desire to  
 eyes; CLOSE, closing; must  
 eyes; DISCHARGE  
 eyes; DISCHARGE; thick  
 eyes; DISCHARGE; yellow  
 eyes; DISCHARGE; yellow; green  
 eyes; DRYNESS  
 eyes; DRYNESS; tears, can't shed though weeping **new**  
 eyes; HEAVINESS  
 eyes; ITCHING  
 eyes; LACHRYMATION; sneezing, with  
 eyes; PAIN; burning, smarting, biting  
 eyes; PAIN; burning, smarting, biting; closing eyes; amel.  
 eyes; PAIN; burning, smarting, biting; closing eyes; must  
 eyes; PAIN; burning, smarting, biting; cold; amel.  
 eyes; PAIN; pressing  
 eyes; PAIN; pressing; left  
 eyes; PAIN; pressing; headache; during  
 eyes; PAIN; applications; cold; amel.  
 eyes; PAIN; pressing; lids  
 eyes; SWELLING  
 eyes; SWELLING; morning; waking, on  
 eyes; TIRED

### Repertory – ears

ears; BLOWING nose; agg.  
 ears; ITCHING; right  
 ears; QUIVERING, sensation **new**  
 ears; PAIN; left  
 ears; PAIN; left; extending to; throat **new**  
 ears; PAIN; left; extending to; right ear **new**  
 ears; PAIN; dull  
 ears; PAIN; pressing  
 ears; PAIN; pressing; asunder  
 ears; STOPPED, stopped sensation  
 ears; STOPPED, stopped sensation; right  
 ears; STOPPED, stopped sensation; sudden

### Repertory - hearing

hearing; ACUTE  
 hearing; IMPAIRED

hearing; NOISES; blowing nose; agg.

### Repertory – nose

nose; DISCHARGE; bloody  
 nose; DISCHARGE; bloody; watery  
 nose; DISCHARGE; bloody; dark, black clots  
 nose; DISCHARGE; glutinous  
 nose; DISCHARGE; thick; thin, then  
 nose; DISCHARGE; viscid, tough  
 nose; DISCHARGE; watery  
 nose; DISCHARGE; yellow  
 nose; DISCHARGE; yellow; watery, and  
 nose; ITCHING, tickling  
 nose; NUMBNESS, insensibility  
 nose; NUMBNESS, insensibility  
 nose; OBSTRUCTION, obstructed sensation; left  
 nose; OBSTRUCTION, obstructed sensation; right  
 nose; SNEEZING; air; cold, in  
 nose; SNEEZING; coryza; with  
 nose; SNEEZING; frequent  
 nose; SNEEZING; paroxysmal  
 nose; SNEEZING; violent  
 nose; TINGLING, prickling

### Repertory – face

face; BEARD  
 face; LIPS  
 face; JAWS  
 face; CONGESTION  
 face; CRACKS, fissures; mouth, corners  
 face; DANDRUFF; beard  
 Face; DESQUAMATION  
 face; DESQUAMATION; chin **new**  
 face; ERUPTIONS; acne  
 face; ERUPTIONS; herpes; lips; upper  
 face; ERUPTIONS; itching  
 face; ERUPTIONS; right  
 face; ERUPTIONS; pimples; suppurating  
 face; ERUPTIONS; red  
 face; ERUPTIONS; red; cheeks  
 face; ERUPTIONS; red; spots  
 face; ERUPTIONS; stings of insects, like, red **new**  
 face; FULLNESS  
 face; FULLNESS; lips  
 face; HEAT  
 face; HEAT; burning  
 face; HEAT; burning; lips  
 face; HEAVINESS; jaws

face; ITCHING  
 face; MOLES, BIRTHMARKS **new**  
 face; NUMBNESS, insensibility  
 face; NUMBNESS, insensibility; lips  
 face; PAIN; dull  
 face; PAIN; extending to; nose  
 face; PAIN; extending to; nose, inside of nose **new**  
 face; PAIN; extending to; mouth **new**  
 face; PAIN; extending to; cheeks **new**  
 face; PAIN; extending to; head; forehead  
 face; PAIN; jaws  
 face; PAIN; jaws; extending to; nose **new**  
 face; PAIN; right  
 face; PERSPIRATION; stool; during  
 face; REDNESS  
 face; TINGLING, prickling

#### **Reprtory – mouth**

mouth; APHTHAE  
 mouth; APHTHAE; gums  
 mouth; APHTHAE; cheeks, inner side  
 mouth; DRYNESS  
 mouth; DRYNESS; night  
 mouth; DRYNESS; thirst; with  
 mouth; ENLARGED; sensation; tongue)  
 mouth; FOOD escapes from mouth during chewing  
 mouth; HEAVINESS; tongue  
 mouth; ITCHING; tongue  
 mouth; PAIN; gums  
 mouth; PAIN; tongue; under  
 mouth; RUBBERY sensation **new**  
 mouth; SALIVATION  
 mouth; SALIVATION; dribbling  
 mouth; SALIVATION; talking, while)

#### **Repertory - taste**

taste; SALTY (119)  
 taste; SOAPY (16)

#### **Repertory – Throat**

throat; CHOKING, constricting  
 throat; DRYNESS  
 throat; DRYNESS; coughing; with  
 throat; DRYNESS; drinking; after  
 throat; DRYNESS; drinking; does not amel.  
 throat; LUMP sensation  
 throat; MUCUS  
 throat; MUCUS; detach, difficult to

throat; MUCUS; offensive; foul, putrid  
throat; MUCUS; tenacious  
throat; NARROW sensation  
throat; PAIN; morning; agg.; waking, on  
throat; PAIN; left  
throat; PAIN; burning  
throat; PAIN; sore, bruised  
throat; PAIN; tonsils  
throat; PAIN; swallowing; agg.  
throat; STRICTURE, esophagus  
throat; SWELLING; left  
throat; SUFFOCATED feeling  
throat; SUFFOCATED feeling; drinking, agg **new**

### **Repertory – stomach**

stomach; APPETITE; increased, hunger in general  
stomach; APPETITE; wanting  
stomach; DISTENSION; painful  
stomach; EMPTINESS, weak feeling; eat, eating; not amel. by  
stomach; EMPTINESS, weak feeling; distended sensation, with  
stomach; ERUCTATIONS  
stomach; ERUCTATIONS; prolonged  
stomach; ERUCTATIONS; weakness, with general  
stomach; HARDNESS  
stomach; HEAVINESS  
stomach; HEAVINESS, vomiting, amel **new**  
stomach; HEAVINESS; sleeplessness, with  
stomach; HEAVINESS; nausea, during  
stomach; HEARTBURN  
stomach; NAUSEA  
stomach; NAUSEA; headache, during  
stomach; NAUSEA; riding in a carriage or on cars; agg.  
stomach; NAUSEA; stool; during; diarrhea  
stomach; NAUSEA; vomiting; difficult, inability to vomit  
stomach; NAUSEA; vomiting; does not amel.  
stomach; PAIN; emptiness, with  
stomach; PAIN; extending; abdomen, over  
stomach; PAIN; cutting  
stomach; PAIN; cutting; walking, while  
stomach; PAIN; motion; agg.  
stomach; PAIN; distended abdomen, with  
stomach; THIRST  
stomach; THIRST; drinks, with aversion to  
stomach; THIRST; large quantities, for  
stomach; WEAKNESS; with

**Repertory – Abdomen**

abdomen; DISTENSION; painful  
 abdomen; DISTENSION; stool; amel.  
 abdomen; FLATULENCE  
 abdomen; FULLNESS  
 abdomen; FULLNESS; stool; amel.  
 abdomen; HARDNESS  
 abdomen; HEAVINESS as from a load or weight  
 abdomen; PAIN; burning, smarting  
 abdomen; PAIN; cramping, gripping; muscles  
 abdomen; PAIN; cramping, gripping; flatus; amel.  
 abdomen; PAIN; eating; after  
 abdomen; PAIN; inguinal region; ischium **new**  
 abdomen; PAIN; umbilicus; eating; after  
 abdomen; PAIN; umbilicus; region of  
 abdomen; PAIN; umbilicus; region of; above  
 abdomen; PAIN; umbilicus; region of; flatus amel.  
 abdomen; RUMBLING noise; eating; after  
 abdomen; RUMBLING noise

**Repertory – Rectum**

rectum; CONSTIPATION  
 rectum; CONSTIPATION; insufficient, incomplete, unsatisfactory stools  
 rectum; CONSTIPATION; urging; with  
 rectum; DIARRHEA  
 rectum; FECES remained in, sensation as if  
 rectum; FLATUS  
 rectum; PAIN; cramping  
 rectum; PAIN; stitching; anus  
 rectum; PAIN; sudden, paroxysmal  
 rectum; PAIN; anus  
 rectum; PAIN; violent

**Repertory – Stool**

stool; ACRID, corrosive, excoriating  
 stool; BALLS  
 stool; MORNING; rising; before, or driving from bed  
 stool; ODORLESS  
 stool; OFFENSIVE  
 stool; OFFENSIVE; foul, putrid  
 stool; SCANTY  
 stool; SOFT, too  
 stool; SMALL

**Repertory – Bladder**

bladder; PAIN; burning; urination; during  
 bladder; RETENTION of urine  
 bladder; RETENTION of urine; unable to pass urine in company



bladder; URGING to urinate, morbid desire; frequent

bladder; URGING to urinate, morbid desire; frequent; urinate immediately, if he does not, a feeling as if urine passed involuntarily, which is not so

bladder; URINATION; dysuria

bladder; URINATION; feeble stream, slow, weak

bladder; URINATION; frequent

bladder; URINATION; frequent; every; few minutes new

bladder; URINATION; frequent, water, as if water drunk, passes right through **new**

bladder; URINATION; retarded, must wait for urine to start

bladder; URINATION; retarded, must wait for urine to start; alone, can only pass urine when

### Repertory - Urine

urine; MUSHROOMS, odor like **new**

urine; OFFENSIVE

urine; OFFENSIVE; foul, putrid

urine; SOUR, acid

### Repertory – MG

male; SEXUAL; desire; excessive

male; SEXUAL; desire; increased

### Repertory – FG

female; CONTRACTION; uterus

female; LEUCORRHEA; yellow

female; PAIN; uterus

female; PAIN; uterus; extending to; rectum

female; PAIN; cramping; uterus

female; PAIN; sharp

female; PAIN; sharp; uterus

female; SEXUAL; desire; increased; menses; during

female; SEXUAL; desire; increased; excitement; sexual parts, of, with extreme

### Repertory – Larynx & Trachea

larynx & trachea; CONSTRICTION; trachea

speech & voice; HOARSENESS; cough; with

speech & voice; HOARSENESS; expectoration with new

### Repertory – Respiration

respiration; DEEP; oppression, with; chest, of

respiration; DEEP; desires to breath

respiration; DEEP; enough, cannot get

respiration; DIFFICULT

respiration; DIFFICULT; afternoon; three pm. (2) **new**

respiration; DIFFICULT, swimming, amel new

respiration; DIFFICULT; walking; agg.

respiration; IMPEDED, obstructed

respiration; IMPEDED, obstructed; oppression, from; chest, in; load on, as from a

respiration; RATTLING

respiration; RATTLING; cough; during  
 respiration; WHEEZING, whistling  
 respiration; WHEEZING, whistling; evening; agg **new**  
 respiration; WHEEZING, whistling; cough; amel **new**

### **Repertory – cough**

cough; RATTLING

### **Repertory – Expectoration**

expectoration; DIFFICULT  
 expectoration; GREENISH  
 expectoration; VISCID  
 expectoration; VISCID; cough, during

### **Repertory – Chest**

chest; CONGESTION, hyperemia  
 chest; ERUPTIONS; axillae , discharging moist **new**  
 chest; ERUPTIONS; axillae , discharging moist, yellow **new**  
 chest; ERUPTIONS; axillae , smarting, burning **new**  
 chest; EXPAND, as if lungs could not  
 chest; HEAVINESS  
 chest; HEAVINESS; mammae; menses; before)  
 chest; OPPRESSION; left  
 chest; OPPRESSION, weight or load, as of a, marble plate on chest **new**  
 chest; PAIN; mammae; menses; before  
 chest; PAIN; sides; right; inspiration agg.  
 chest; PAIN; digging  
 chest; PAIN; digging; sides, right **new**  
 chest; PAIN; inspiration; agg.  
 chest; PAIN; inspiration; agg.; deep  
 chest; PAIN; pressing; inspiration; agg.  
 chest; PAIN; pressing  
 chest; PAIN; pressing; afternoon  
 chest; PAIN; pressing; sides; right  
 chest; PAIN; pressing; sternum  
 chest; PAIN; stitching  
 chest; PAIN; stitching; lying; agg.  
 chest; PAIN; stitching; inspiration; agg.  
 chest; PAIN; stitching; sides; left  
 chest; PAIN; stitching; sides; left; inspiration agg.  
 chest; PAIN; stitching; sides; right  
 chest; PAIN; stitching; sides; right, as if a skewer nailed **new**  
 chest; PAIN; stitching; needles, as of  
 chest; PAIN; mammae; menses; before  
 chest; REDNESS, axilla **new**  
 chest; WARTS; axilla, under **new**

**Repertory – heart & circulation**

heart & circulation; PALPITATION heart  
 heart & circulation; PALPITATION heart; dinner agg.  
 heart & circulation; PALPITATION heart; eating; agg.  
 heart & circulation; PALPITATION heart; weakness, with

**Repertory – Back**

back; ITCHING; stinging; lumbar region **new**  
 back; ITCHING; stinging  
 back; ITCHING; stinging , sacral region **new**  
 back; ERUPTIONS; stings of insects, like, red, sacral region **new**  
 back; ERUPTIONS; stings of insects, like, red, lumbar region **new**  
 back; ITCHING; lumbar region  
 back; ITCHING; stinging  
 back; PAIN; stitching; extending; rectum, to **new**  
 back; PAIN; stinging  
 back; PAIN; stitching; needles, as from  
 back; PAIN; stitching; extending; downward  
 back; STIFFNESS; lumbar region  
 back; STIFFNESS; sacral region

**Repertory – Extremities**

extremities; AWKWARDNESS; drops things  
 extremities; AWKWARDNESS; knocking against things, lower limbs  
 extremities; CRACKED nails; fingernails  
 extremities; CRAMPS; legs; calves  
 extremities; CRAMPS; buttocks, nates  
 extremities; CRAMPS; thighs  
 extremities; CURVED fingernails  
 extremities; DISTORTION; fingers; nails  
 extremities; ERUPTIONS; desquamating; hands; palms  
 extremities; ERUPTIONS; itching; fingers  
 extremities; ERUPTIONS; stings of insects, like, knee, hollow of **new**  
 extremities; ERUPTIONS; vesicles; fingers; third, middle  
 extremities; ELECTRIC current, like; hands  
 extremities; ELECTRIC current, like; hands; palm **new**  
 extremities; ELECTRIC current, like; hands, extending to fingers **new**  
 extremities; ERUPTIONS; desquamating; hands; palms  
 extremities; FORMICATION, crawling; hands  
 extremities; FORMICATION, crawling; hands; palms  
 extremities; FORMICATION, crawling; hands; extending to; fingers **new**  
 extremities; FORMICATION, crawling; fingers  
 extremities; FORMICATION, crawling; feet  
 extremities; FORMICATION, crawling; feet; left  
 extremities; FORMICATION, crawling; toes  
 extremities; GROW, growth; rapid, nails  
 extremities; HEAT; burning; feet; soles  
 extremities; ITCHING; legs

extremities; LAMENESS; upper limbs  
 extremities; NUMBNESS, insensibility; legs; left  
 extremities; NUMBNESS, insensibility; thighs  
 extremities; NUMBNESS, insensibility; thighs; left  
 extremities; NUMBNESS, insensibility; toes  
 extremities; NUMBNESS, insensibility; toes; walking  
 extremities; NUMBNESS, insensibility; toes; left  
 extremities; PAIN; feet; heels  
 extremities; PAIN; fingers; right  
 extremities; PAIN; fingers; joints  
 extremities; PAIN; legs; bones  
 extremities; PAIN; knees  
 extremities; PAIN; knees, as if cartilage is wearing off **new**  
 extremities; PAIN; knees; hollow of  
 extremities; PAIN; burning, smarting; feet; soles  
 extremities; PAIN; stitching; feet; soles  
 extremities; PAIN; stitching; toes; first  
 extremities; PAIN; stitching; needles, as from; toes  
 extremities; PAIN; stitching; needles, as from; toes; first  
 extremities; RIBBED, ridged, furrowed, nails  
 extremities; SENSITIVE; fingers; tips  
 extremities; SENSITIVE; fingers; tips, as if nerves exposed **new**  
 extremities; SWELLING; feet; soles  
 extremities; UNCOVER, inclination to; feet  
 extremities; WARTS; feet; soles  
 extremities; WEAKNESS; upper limbs

### **Repertory – sleep**

sleep; POSITION; abdomen, on  
 sleep; SHORT; refreshing  
 sleep; SLEEPINESS; daytime  
 sleep; SLEEPINESS; headache; during  
 sleep; SLEEPINESS; heaviness, with; eyes, of **new**  
 sleep; SLEEPLESSNESS; thoughts, from (196)  
 sleep; WAKING; early, too  
 sleep; WAKING; thirst, from  
 sleep; WAKING; midnight; after; morning, toward  
 sleep; WAKING; midnight; after; four am.  
 sleep; YAWNING; eructations; with  
 sleep; YAWNING

### **Repertory – Skin**

skin; ERUPTIONS; stings of insects, like, red  
 skin; ERUPTIONS; vesicles; itching  
 skin; ITCHING; scratching; amel., does not  
 skin; MOLES  
 skin; PAIN; stinging  
 skin; PAIN; stitching; needles, as from

skin; STINGS of insects; sensation of

### Repertory – Generalities

generalities; AIR; cold; amel.

generalities; AIR; cold; desires

generalities; CHANGE; temperature, of, agg.; warm to cold

generalities; COLD; taking, becoming; amel.

generalities; HEAT

generalities; HEAVINESS; forenoon

generalities; FANNING, fanned; desire to be

generalities; FOOD and drinks; carbonated drinks; amel.

generalities; FOOD and drinks; carbonated drinks; aver **new**

generalities; FOOD and drinks; chocolate; desires

generalities; FOOD and drinks; cola; desires

generalities; FOOD and drinks; cold; food; desires

generalities; FOOD and drinks; cold; drinks, water; desires

generalities; FOOD and drinks; cooked food; desires

generalities; FOOD and drinks; eggs; desires; yolk **new**

generalities; FOOD and drinks; farinaceous food, starchy; desires

generalities; FOOD and drinks; fruits; desires

generalities; FOOD and drinks; ice-cream; desires

generalities; FOOD and drinks; ice-cream; amel.

generalities; FOOD and drinks; milk, milk products; desires, and honey **new**

generalities; FOOD and drinks; pizza, desires

generalities; FOOD and drinks; refreshing things; desires

generalities; FOOD and drinks; salt or salty food; desires

generalities; FOOD and drinks; tomatoes; amel.

generalities; FOOD and drinks; tomatoes; desires

generalities; FOOD and drinks; sweets; desires

generalities; FOOD and drinks; warm; food; desires

generalities; FOOD and drinks; water; aversion

generalities; STOOL; during; diarrhea

generalities; PAIN; bones

generalities; VOMITING; does not amel.

generalities; WEAKNESS; forenoon

generalities; WEAKNESS; nausea, with

generalities; WEAKNESS; forenoon; ten am.; agg.; noon, until

generalities; WEAKNESS; numbness, with

generalities; WEAKNESS; stool; after; diarrhea

generalities; WEAKNESS; nausea, with

generalities; WEIGHT, sudden change of; increase, easy

generalities; WORM complaints

generalities; WOUNDS; heal; slow

## 11. PROVERS' DIARIES

### PROVER 01

#### D -8

Headache since noon. Drunk more but without relief. A helmet of pain is resting on my head. (1)D00  
Pain from occiput extending to vertex, face, jaw and gums, streams of pain extending to the nose, preventing sleep, worse stooping (1)D00

#### D -7

Headache with nausea, worse moving the head, any motion. Better with cold application and wetting head with cold water. (1)D00  
Pulsating pain at occiput. Pressure on eyes. Sleep disturbing. Ate some ice-cream and it was better. (1) (D00)  
Yellowish clear watery discharge from nose, flowing with no control, run for few hours and dried out towards afternoon. (1)D00

#### D -6 (collects the remedy)

Obstinate headache, worse stooping. With pressure on eyes and desire to cool the eyes (1) D00  
Difficult respiration. As if someone is pressing with his hand on my chest. (1)D00  
Pain at uterus and anus – sudden contraction, similar to what it feels like during **menses.**(1)D00

#### D -5

Headache improved but does not go away. Something obstinate that does not want to go away. (1) (D00)  
During the night, in bed, sudden sharp pain at anus, lasted for a while. (1)D00  
Cannot sleep although very tired. Brain is wakeful. Thinking of all the stuff I did not finish to do, how to fraise things, tasks not finished . Didn't sleep a wink. (1)D00  
Feels hot all day long. I need air-conditioning or a fan. Hot and stuffy. I am short of air. (1)D00  
I do not have to worry that I am not sitting down to do what I planned to do. Everything has its time and then it'll happen. Everything will sort itself out. (And indeed in the afternoon, I sat down to work on something that I have been postponing for a week and felt bad about it). (1)D00

#### D -4

Opression of chest. Sensation as if someone puts a heavy hand on the chest and impedes my respiration (1)D00

#### D -3

Pain in bones, entire body, at night, in bed. (1)D00  
Considerable less desire for sweet. (1)D00  
My husband does not understand me and he is not supportive. I am exhausted physically and mentally and have no patience for people talking to me.(1) (D00)

#### D -2

Pressing pain on eyelids. I want to close my eyelids and apply something cold on the eyelids. (1)D00  
Pain in the chest, like digging. More to the right of the chest. (1)D00  
Yellowish watery discharge from the nose, with blood.(1)D00  
Pain at the area of uterus, to the right, contractions at the uterus , sharp cramping pain at uterus and anus, terrible pain, radiating to the area around. (1)(D0)  
Abdomen distended and painful (1) (D00)  
For a couple of days now, I have an urge to urinate every few minutes, almost involuntary, urgent desire. (1)(D0)  
DREAM: I sneak into my husband's guarded army base in a dangerous zone. I am dressed up as a male soldier in order not to be recognized, I fool everyone. Of course eventually I'll clear out of there – it is too dangerous for a woman. Although I am sure I'll be perfectly OK. (1)(D0)

**D -1**

Eye still feel burdened and I tend to close eyes (1)(D00)  
 Tired feeling. Want to go to sleep (1) (D00)  
 Pain in the bones particularly the legs.(1)(D00)  
 Pain at the throat on swallowing, no swelling. (1)(D0)

**D 0**

Pain in the stomach with sensation of emptiness and a need to eat something in order to ease the pain .The pain extends to the abdomen, sharp cutting pain, worse as I walk or move. Does not improve when I eat. (1)D00  
 Very painful stomach, distended from the diaphragm to the abdomen, much like a fourth month pregnancy. Sort of hardness. (1)D00  
 Stabbing pain in the chest, as with a skewer. (1)(D0)  
 Difficult respiration with pressing pain on right side of chest at 15:00 (1)D00  
 Eye, heaviness, I want to sleep. (1)D00.  
 Lack of communication during class time. We were laughing our head off the entire lesson... there was this sort of energy in the class. A question was asked and the answer had nothing to do with the question, the lecturer did not hear properly, they misunderstood each other and mediation was required. (1)(D0)  
 Argued with my husband-he is not helping me enough.(1)(D0)  
 Very deep sleep (1)(D00)  
 Red, elevated, itchy eruption, on the right side of face (1)(D0)

**D01**

During dinner, palpitations, as if I was running, (1)(D01)

**D02**

I open the deep-freezer in order to inspire colder, fresher air. (1)(D2)  
 Dryness in the eye, I want to moisten it with eye drops (1) (D02)  
 Pressure in the chest, followed by very painful stabbing pain as if with a skewer, right side. (1)(D02)  
 DREAM: I am with a friend and her children. We go into a butcher shop and the floor is muddy and disgusting. We have to walk in the mud and it is disgusting and wet. The street is under construction and I have to go through and take care as not to stumble into the sand. I talk to the builder and I wonder – is he making a pass at me? Everything is disgusting and muddy. I am surprised that everyone recognizes me. (1)(D2)

**D03**

A whole jar of sesame past spilt and the entire kitchen floor was covered with oil. It was disgusting. (1)(D3)  
 Its real fun spending time with the kids, I really enjoy them. (1)(D3)  
 I don't feel like eating chocolate. Less desire for sweets. (1)(D3)  
 DREAM: I am part of a group of chosen top quality students. Lots of sexual energy. I make love with 2 of the male students. None of them knows about the other. Concealment and secrecy. Felt great! They want only me! (1)(D03)

**D04**

Chest, heaviness, makes respiration difficult (1)(D4)  
 Weakness and palpitation from even slight effort.(1)(D4)  
 Felt a need to pamper (indulge) my husband and children and bought them presents. (1)(D4)  
 DREAM: I am eating my teacher's sandwich without asking permission. Left the sandwich half-eaten. Felt really bad about it. (1)(D4)

**D05**

I noticed that when I bend my head forward, there is strong pain on the left side, extending to cheek and ear(1)(05)

**D06**

Since last night, angry, embittered, aggressive. Nothing works out the way I want. Things I wanted to do were canceled. Nothing anyone can do about it but I am still angry. (1)(D6)  
 Sense of heaviness, want to close my eyes and go to sleep, don't want to be here.(1)(D6)

Pain on the left side of the head, when bending forward. On lying on left side, there is pain extending to eye (1)(D06)  
My nails are much more cracked than usually. Large cracks, reaching mid-nail. Also folding (1)(D6)

### D07

The oppression in the chest had moved to the left side, lasting all day. (1)(D07)

Aphthae in the mouth on the lower left side of the gums. (1)(D07)

Pain in mamea before menses. Normally only heaviness and sensitivity (1)(D07)

Very dry eyes. Want to moisten it with tears.(1)(D07)

DREAM: My husband, myself and friends are in a restaurant. My mom is at the background uptight since her mother said she is coming to join us (my grandmother has long been deceased). My husband says he is not hungry and suddenly I am left alone at the table. I am looking for him, making lots of phone calls. Eventually I find out that he went to another restaurant and shortly afterward he enters the restaurants with a tray of food and sits next to me. I am very angry. He left without saying a word and now he comes back as if nothing has happened. I get up throws my purse at him (there is a minimum charge) and leave with a big emotional fuss. I even begin to curse and then stops because the restaurant is full of people and as I got up there was a silence. (1)(D07)

### D08

At noon I was euphoric. We took the kids, bought them Bamba (a snack) and we went for a stroll. After an hour, nervous again, I was fed up, I went home. Had no patience, I felt hot. The kids weren't listening, felt like killing someone. Felt desperate, nothing seems to be working, can't see the end of it. (1)(D08)

Dryness in the eyes. (1)(D08)

Painful distended stomach, upper part. It feels hard. With emptiness. The pain lasted until night and was not ameliorated by eating (1) (D08)

Very soft stool (1)(D08)

Mamea heavy and painful, is it before menses? (1)(D08)

DREAM: I am visiting a friend. Staying overnight. We sit for breakfast. I eat something dairy, a cheese sandwich and suddenly she brings in chicken and begins to serve the friends around the table. (Eating milk products and meat/poultry together, is forbidden for those observing Jewish dietary law). The table is not set and she nearly throws the chicken at each one of us. I return mine, pretty shaken. She is a religious Jewish woman and I am eating a cheese sandwich. She smiles at me in an appreciative manner since I was found to keep Kosher and separate milk from meat.(1)(D8)

DREAM: My mother is taking me to see some renovations she is doing in her bathroom. I am shocked to realize that the outer wall is wide open so anyone can look in and even enter the house. I felt as though I am being observed and indeed, across in front of the house, near the river there is a man looking at me. I feel unsafe and I go into the house but I can't calm down. How can one go to sleep when the room is broken wide open?? Later on there is a storm outside and water are penetrating through the bathroom. Someone is angry because of the hole that was left in the wall and then blocks it temporarily until the Sabbath is over. (1)(D8)

### D09

Since morning, stitching pain on right side of chest (1)(D09)

Outbursts of crying during the day... while watching a cartoon, a children's movie, scenes which are a little bit sad but not to the point of crying...(1)(D09)

Anger and rancor towards my husband and children on account of how they behaved and what they did. (1)(D09)

Dryness in the eyes (1) (D009)

Burning pain in the eyes. Want to cool it off with some artificial tears or eye drops (1) (D09)

Feel anxious about the future. (1)(D9)

DREAM: I begin to work for some governmental body.... I am barefoot because someone stole my shoes and it's a little embarrassing.

I received Amnon Dankner's (Famous media personality) cell phone and was told that this is for the time being, until he decides if I am suitable for the job. I don't know how my studies will work out with the job. I know that this is not what I planned. Later on I go to visit the girls at my previous work place. I am trying to impress them. They are not impressed, so I leave. (1)(D9)



**D10**

Heavy feeling on waking up in the morning . This increased and slowly took over. Despondent. Weeping silently. Discomfort, oppression of chest. Don't feel like doing anything. Watching soap operas on TV. (1) (D10)  
Pain, left temple, spot, extending to forehead and left eye. Then extends to mouth, gums, teeth, left upper. (1)(D10)

Left sided dull headache, extending to left eye and maxilla(1)(D10)

Chest congested and painful. Oppressing sensation. Stitching pain while lying down. As though a marble plate is resting on my chest, heavy and suffocative. (1)(D10)

**D11**

Nausea while riding in the car. Could not vomit. In the past I used to vomit a lot whilst riding in a car but it improved in recent years but today was awful. (1)(D11)

Lots of eructation accompanied yawning (1)(D11)

DREAM: Friends from a previous workplace and I are at the swimming pool. One of the girls screams as she is nearly bitten by a tiny Viper snake. I am rushing to help her and the snake falls and get stuck at the middle of my forehead near the hairline. I am scared. It is painful since it digs itself into my forehead. The girls are laughing and disappear and I am left alone with the snake. Felt fearful and disappointed and insulted that they left me after I tried to help. (1)(D11)

Dryness in the eyes. I was also weeping but without tears. Similar to the nausea without vomit – as if something had dried out. (1)(D11)

**D12**

Lately I wake up at 04-05 am and then I have difficulty to fall asleep again. Usually with no reason that disturbs the sleep (like the baby) (1)D12

I was very nervous, angry at the children and raised my voice at them. Couldn't cool off. I was criticizing everything they did. After an hour I felt exhausted, sent them to the library and went to bed exhausted. When they came back I was relaxed and attentive to them (am I crazy?) (1)(D12)

Nausea but no vomiting (1)(D12)

Eructation, lasting all day long (1) (D12)

I was yawning all day long. Large yawning, mouth wide open. Nearly painful at the jaw joint. (1)(D12)

DREAM: I am at a conference. It is not interesting since I already know everything so I stayed outside with the husband of a friend of mine. We were sitting enjoying ourselves, chatting. He was naked. He was really fascinating. We talked about what I studied in the past – business management – that is what he is about to study now. He was very impressed with my knowledge and I enjoyed myself with him. There was a sense of seduction in the air and I was in a dilemma. He is my friend's husband. (1)(D12)

**D13**

Since morning pressing pain at upper part of chest, above mamea. Strong stitching pain, digging pain. As if some is digging deep with a spoon at right side of chest. (1)(D12)

Eructation and yawning – lasting all day (1)(D12)

Sudden frantic passionate sexual desire, woke my husband, and I am menstruating. (1)(D12)

DREAM: I am at the clinical training session. The teacher comes out and is telling that a friend of mine came to the clinic as a patient and said that he cannot keep going out with me because I am gossiping about people. And I was thinking how stupid she is to tell such things about a patient – this is confidential. (1)(D12)

**D14**

Wanted to sleep all day (1)(D14)

Pressing pain in the eyes with desire to close the eyes (1) D14)

Pain at both temples. On the right temple, drawing pain (1) (D14)

Tickling sensation in the nose and right ear which turned out to be pain on the right side of face including forehead, cheek and nose. (1)(D14)

Since noon, a headache that feels like a helmet.(1)D14

**D15**

Nause, vertigo and weakness since morning. (1) D15

Pain in the head, like thick cord inside head (1) D15

Dull pain in the face, extending to inside of nose, mouth. Also outer side of nose and cheeks. (1)(D15)

Pain in the chest as if a skewer is nailed at right side (1)(D15)

### **D17**

Dull, oppressive pain in the chest.(1)(D17)

Weakness, nausea, eructation and yawning lasting for days (1)(D17)

Very nervy at the kids. Criticizing everything they do. (1)(D17)

### **D18**

Tired, weakness, nauseous, dull pain at chest, tired burning eyes, eructation and yawning. Lasting for days. (1)(D18)

More relaxed with the kids but assertive.(1)(D18)

Aphthae on left side of inner mouth, above lip (1)(D18)

Thirst with aversion to drinking. (1)(D18)

Lots of urination although I don't drink. (1)(D18)

My cell-phone broke and my husband changed it into my sons' phone number, so they disconnected my number. I am at the Tel Aviv promenade without a phone and I have no way to call back. I asked people around to let me make a call and was first refused. I felt helpless in the middle of Tel Aviv and no way to make a phone call. Only after I called a friend the confusion was understood.... What a mess, I don't have a phone number and my new cell phone's battery is dead... (1)(D18)

Dream: A proving is being conducted at the college. One of the girls is telling that what came out most was the parking area that is adjacent to the college since it is there where we tend to gather and this is our centre. I was one of the people in charge of the proving. I gave one of the girls a ride home and I was in control all the way there and back. Good dream. (1)(D18)

### **D19**

Dull pain in the head, as of a helmet.(1)D19

Apprehensive about future things to come. Fear of something unknown that might happened.(1)D19

I feel decisive – told my husband and kids: "I am in charge here and things will happen the way I decide". I meant that when I ask the kids to do something (like put their cloths in the dirty clothes basket) they have to do it and not ignore it.. .. I make the rules in the house! (1)(D19)

Walked into the sea and I felt so good!– I felt like a queen that rules the entire sea. My hair was blowing in the wind and felt wonderful. (1) (D19)

I swallow the food instead of chewing it first. (1) (D19)

Eyes dry and burning (1) D19

Dream: Had to choose colors. Chose white again and again and felt sensation of pureness and perfection. (1)(D19)

### **D 20**

Diarrhea, 3 times accompanied by weakness and bad nausea (1) (D20)

Pimple, on the left side of face, under mouth, suppurating (1)(D20)

Stomach pain with sensation of emptiness (1) (D20)

### **D21**

Stomach pain, lying on abdomen does not ameliorates. (1)(D21)

Recently I sleep on my abdomen (never slept on my abdomen) (1)(D21)

Sharp piercing pain running along back, buttocks, extending to anus. I rush to the toilets trying to ease the pain. No Stool, no relief. Pain! (1)(D21)

Thirsty but no desire to drink.(1)(D21)

I eat more ice-cream and not ice-popsicle. (1)(D21)

Feels as though I am a servant but my say has to be respected and not ignored. I am not thin air that can be ignored, I said (my say) and things have to be done accordingly. (1)(D21)

Dream: My husband, the children and I are in a hotel, on vacation. Suddenly there are two people with masks (like the joker at Batman). I understand that something is wrong, people begin to transform and mutate (horns, tails), I grab my husband and my baby and we run to look for the older child... My husband asks what's going on. I think: is he stupid or something? And I explain to him that there is something in the food that causes mutations and that

we must rescue the child. We pick him up and we are running in the streets, being pursued. It is frightening and dangerous. We improvise with a tricycle to help with the children – it is difficult to run with them. We are hiding in the staircases and entrances of buildings. (1)(D21)

## D22

Eructation, still going on

Emptiness in stomach, eating does not ameliorate (1) (D22)

Stomach pain and emptiness, lying on abdomen does not ameliorates (1) (D22)

Eyes, tired, burning (1) D22

Dream: I am at a party. There are many large rooms at the venue and lots of people. There is a woman that needs protection from a group of people on the grounds of jealousy or something even worse. They are trying to trap her and some other people and I am trying to protect her. Under the stairs there are lots of eggs that this woman has laid and I have to be careful not to tread on them. Somewhere inside me, I wish that one of the eggs would break and the whole affair would be revealed. That everything would be exposed. (1)(D22)

Dream: I am a queen or an empress. Everyone is at my disposal. I have a husband that I love very much but I also have a lover that excites me very much. The lover comes to me. It's a big hall with lots of people. I pull a curtain (not a thick curtain) , as a partition between the crowd and the place where we meet. Lots of passion and sexual urge. I feel wonderful. But all the time there is that thought that's bugging me that my husband won't find out because I love him and I do not want to divide the family. (1)(D22)

## D23

Stayed late in bed although the children woke up a long time ago. Didn't want to open my eyes and start with reality. Wanted to go back to the dreams where I am a queen with servants and lovers... ( Instead of a mother of 3 yelling, quarreling boys)(1)(D23)

## D24

Sudden sharp pain at anus, extending to uterus. Very painful. Area became rigid. Lasted for half an hour.(1)(D24)

Tremendous lack of self confidence. Need to get support and encouragement from my husband. I feel helpless, fat, and unattractive, old. I am Concerned about others, giving to others and not getting anything in return. I want to keep my weight down, eat less fattening food but can't succeed. Normally if I decide something, it happens.(1)(D24)

I eat more carbohydrates than normally, special ice-creams(1)(D24)

## D25

Dream: I am a student, entering a house which is a sort of a medical herb shop, with friends of mine. They are talking loudly and I don't like it so I go out. They are noisy and they are shouting at someone else's house, with no respect for him. One of the girls goes out with me and we chat, I'm happy that we suit each other so much, communicate well and understand each other (1)(D25)

## D26

My husband prepared Shakshuka (sort of "sunny side up" omelet). The kids didn't like it so I sat and ate 4 soft yolks. I devoured it. Normally I have no desire for eggs. Had a desire for soft yolk for the past few days. (1)(D26)

Heaviness in the stomach. Went to bed and could not sleep all night. Terrible nausea, heaviness, wanted to vomit, rolled in bed all night. In the morning managed to vomit. Was ameliorated but still with nausea and weakness. (1) (D26)

## D 27

Woke up in the morning after a sleepless night and vomited large quantities. Slightly relieved but still strong nausea and weakness. (1)(D27)

Soft stool (1) (D27)

Throughout the day, nausea, vomiting, weakness. Ate a dry crisp bread, ate whole wheat bun and vomited it.

Sleepless night on account of nausea. Desire to drink Coca Cola. Could not drink juice or soda water. It disgusts me. (1)(D27)

Finished the entire de-caf coca-kola and got out of bed and drunk more regular coca-kola. I had great thirst for that.(1)(D27)

Mind: I feel angry toward those in charge of the proving – I am suffering and they don't want to help me. No one cares about me, only about the results of the proving. I am not important enough. (1) (D27)

**D28**

Went to a funeral, it was very hot, sunny, I was weak, felt as though I am about to lose consciousness. Had to force myself to drink water. Only moistened the mouth, couldn't drink. (1)(D28)

**D 29**

I have to pamper myself and not compromise on things that I want very much. Took out the entire family and bought myself a wallet that I wanted very much. (1)(D29)

We had a stroll with the older kids and I pampered them. Something that I wanted to do for a long time and couldn't. We were at the flea market and I was not going to give up and went to all the stalls even when the kids were fed up. I said that I also deserve to have fun and enjoy myself. (1)(D29)

I Gained 2 Kg during the proving (1)(D29)

Noticed that my nails are deformed, indented (1)(D29)

A dent at the center of nails of thumb and first finger. (1)D29

Desire to walk barefoot. Normally I dislike walking barefoot. (1)(D29)

**D30**

Mind: We have to go out to an event with the children. I kept nagging my husband to be on time. Irrational tension, but I can't let it go. I Phoned him several times. Eventually we arrived well in time, found a good parking place, there was enough space and everything was fine. There was still plenty of time before the event began and we were sitting comfortably. But I couldn't stop looking for reasons to argue and quarrel with my husband for not arriving home earlier. And what would have happened if there were traffic jams, or if there was no parking space or if the kids were hungry and if and if and if.... Just couldn't relax and enjoy the magnificent event. Felt tidal waves of anger and frustration, and could not stop complaining and telling off my husband. Even when we got back home and I asked for an ice-cream and he did not get me one because he couldn't find a parking place. So I just chopped him down, couldn't let go. I was vexed, hurt and so on and on. In the car I told my husband with the kids present: "You don't give a shit about me." I never talks like that, definitely not when the kinds are around. As if madness took over me. (1)(D30)

**D31**

My entire negative energy that was directed toward my husband last night was now directed towards my children. Any garment or toy that was misplaced, any improper word was responded with shouting and cursing. I even I even called my son "a loathsome child".... I was afraid that I might hurt the kids. I felt a strong urge to hurt them, wanted something bad to happen to them – so that they will feel pain, to make them regret of what they did. (1)(D31)

I punished the kids and did not take them to a birthday party and did not yield even after they cried..... the kids were begging but I told them: "this will never happen – regardless of all the punishments you get, everything will stay as it is!" Also told my husband: you are not going to change my behavior! (1)(D31)

I allow myself to eat more food, to indulge myself with tasty food, special ice-creams instead of an icy popsicle, more fattening food. (1) DXX

**Prover No 2****D00**

I noticed that I urinate relatively more, feels as if water I drink simply passes through me. (2)(D00)

Nausea(2)(D00)

Sat on the lawn and was bitten by insects, probably ants. (2)(D00)

**D01**

Dream: My girlfriend and a friend of hers prepared ice-popsicles for a party. The popsicles were made from a liquid that was prepared from cooking sesame paste (tahini). I entered the kitchen, after they left and by mistake, turned over the utensils that contained the liquid that was about to go into freezing. Rest of the dream had to do with refilling those utensils. (2)(D01)

I feel weakness (numbness) in the muscles, particularly the hands, some lack of coordination. I put a glass in the sink and knocked the glass on the bottom of the sink. (2)D01

Nausea while riding a car. (2)(D01)

Desires for Pizza (2)(D01)

## D02

Sharp pain under the tongue, on lifting the tongue. (2)(D02)

Lack of sensation (numbness) at the upper front part of the tongue(2)(D02)

## D04

Tired all day, physical and mental. (2) D04

Desire for ice-cream. (2) D04

## D05

Tired all day (2) D05

Felt engaged and there is nowhere to escape (although there is nothing to run away from) (2) D05

## D06

Heartburn. Ate a tomato and it passed away. (2) D06

## D07

Pain in the throat. (2) D07

Mucus in throat and a bit of a headache. (2) D07

General sensation of catching a cold. (2) D07

Several times during the day I gave little knocks to people around me, by mistake. (2) D07

## D09

NS Ear: itching, right ear. (2) D09

NS Eye: increases eye discharge, inner corners of eyes, similar to nightly discharges, but during the day. (2) D09

## D10

I scratch a lot, particularly on the head and legs. (2) D10

Sometimes I feel as if ants are climbing over me. (2) D10

## D11

On sitting next to my computer, ants climbed on the table. Some climbed on me. (2) D11

## D16

Dream: I am back at primary school to take a course (something to do with matriculations). I remember that the lesson was disorganized and during the break I enjoyed walking around outside. The dominant sensation in the dream: I want to get it over and done with - together with restlessness. (2) D16

## D19

Desire salt. Ate some pure salt.(2) D17

Desire sweet (2) D19

## D20

Slight lack of sensation on the lips, particularly outer parts.(2) D20

## D24

Pain at 2<sup>nd</sup> finger, right hand, at the joint, particularly after using computer mouse. (2) D24

## D26

Itching on the tongue, nearly pain, lasted all day. (2) D 26

**PROVER 3****D00**

I am more sensitive with thoughts and feelings. Towards people I'm more introverted. (3) D00

**D01**

Stool immediately as I woke up in the morning, odorless. Both, unusual. (3)D01

Sensitive, on verge of tears, frustrated and hurt. Felt as though I was coned, deceived. I wasn't taken into consideration. All she was concerned about was, her own self (3)D01

The wound on my right armpit is sore and discharges yellow transparent liquid that dries up on the sight of the wound.(3)D01

Heaviness at abdomen although I ate very little today.(3)D01

Soft stool, almost liquid, excoriating. Perspiration on face while sitting for stool. .(3)D01

**D02**

As if lack of air. If I don't take deep inspiration I feels as if I did not breath. (3)D02

Redness at right axilla. (3)D02

Sad, even cried, I was offended by my mother. I did not weep for a year. (3)D02

**D03**

Reflective mood. (3)D03

The wound on my right armpit is burning more and more. The redness has spread and bathing (which usually amel) do not amel.(3)D04

Dream: Two friends and I on a journey to the south, somewhere deep in the sea. It's sunset. A mother and her son and I are swimming with difficulty towards the shore. As we get to the shore I notice that the boy is retarded. We split up and take the train. The sunset lasts endlessly; we ride amidst fields and an ecological farm. All is colored rich golden yellow color. Colors were very pleasant. We were laughing at the retarded boy. (3)D04

Since taking the remedy I am more in a reflective mood, preoccupied with dilemmas concerning the cosmos, myself, the world, and my place in the world. (3)D04

**D05**

Didn't sleep well. Woke up from thirst several times, rolled from side to side many times. (3)D05

The wound at armpit does not improve. It takes longer than ever before. (3)D05

**D06**

Heavy, distended abdomen, mild pain. Stool painful. After stool, there was a relief. (3)D06

**D07**

Dream: cycling on Ayalon highway. A friend calls me and is telling me that she is also on Ayalon and asks me to come and sit with her. I go back, it's dark and frightening, I am alone, there is a dark sea under the road. There are army barracks all the time. My friend tells me that she is falling asleep and I get angry and tell her that in no way is she going to sleep after I came all this way. I finally get to her and she is sitting at a picnic table, near a fire with two Indian men. It is not her, it is my partner. The Indian men are disgusting and make me feel uncomfortable. Other people are joining in all the time: A couple of Thai men, a couple of Japanese etc. They all have some sort of a defect, fingers are missing, they are either injured or sick, their skin is peeling, and they are violent and frightening. The Japanese are shaking my hand but they have no fingers. (3)D07

**D08**

My stool has changed since the remedy. The texture changed, it is softer and the odor changed too. More like odor of vomit. (3)D08

**D10**

Dream: With friends, trying to climb a very steep road. We keep sliding down and it is funny. Then they tell me that father of a friend died, and she is forced to go a combat unit. (3)D08

Parents meeting at the kindergarten. There is this lovely girl that I like a lot. Her mother is not an understanding person and the child is leaving the kindergarten. I began to cry, and I was emotional and sad. This hasn't happened to me for a long time. I do not cry in front of other people. I used to be very reserved. (3)D08

**D15**

Watery, fetid diarrhea, like vomit, burning acrid. (3)D15

**D17**

Woke up in the morning with pain in my throat and runny nose. (3)D17

Lots of viscid coryza. By the evening it was over. (3)D17

I talked to my sister, and **I cried**. I miss her, she is in Australia, haven't seen her for a year. (3)D17

**D18**

Viscid and sticky coryza with lots of sneezing and tears. (3)D18

Soft and stinking stool, on the verge of diarrhea turning hard with difficult to extricate. (3)D18

I was hot, face red and dried up. I was very thirsty for cold lemonade with mint. I drank in large sips almost a whole litter. (3)D18

Headache as if hadn't drunk enough. (3)D18

Redness at right armpit, returning. (3)D18

**D19**

Dream: I go to babysit for Y. one of the kids from the kindergarten. His mother says that a friend of his is also coming and I go to meet him at a deserted bus stop. The child arrives with a friend of his, age 15 named Zorem (Flowing in Hebrew) and he has bad energy and he is and cheeky and let's off Y.'s hand at the middle of the road. I yell at him and am very angry at him and we quarrel. Eventually we get on the bus, the drivers goes to the back of the bus and I see via the mirror that someone collapses from having a heart attack and the driver and paramedics assist him. All that goes on while driving the bus. He nearly dies but eventually they save him. I see all that, looking via the mirror, Y doesn't see what's going on. (3)D19

Smarting pain. Mucus stuck in the throat. (3)D19

Yellow Green coryza in the morning turning clear and watery during the day. (3)D19

Constipated. Feels the urge but no stool. Eventually some stool in the evening, like balls and sensation of not finished. (3)D19

Clear coryza, sneezing and tears all the time. (3)D19

**D20**

Cough with expectoration, Voice hoarse, deep, course. (3)D19

Coryza viscid, yellow, clear with sneezing all the time. (3)D19

**D21**

Wheezing, during inspiration and expiration. Coughing amel. Agg at the evening. (3)D19

**D22**

Expectoration green, difficult to extricate, comes up only after lengthy cough. (3)D22

Wept while watching a movie. Saw that film many times and never cried. Kitsch American film. (3)D22

**D23**

Cough with viscid expectoration, rattling respiration (3)D23

Rattling respiration with cough and viscid expectoration. (3)D23

**D24**

Reflecting about loneliness, being alone. Brings up fears (3)D24

**D25**

Red, smarting wound at right armpit with clear discharge that dries up hard. (3)D25

Dreams: About T. I am offended by her, angry at her. (3)D25

**D27**

Dream: Driving from the Kibbutz to visit a friend, I am alone at the car and exactly before the turn off the car stops working, there are no brakes and I have no control over the car. I manage to direct the car toward a ditch. I cry and I can't breathe, I suffocate with fear. A friend turns up and asks if I need help. I can barely manage to answer her and tell her what happened. She says it happened to her many times and that it has to do with the car's code. Suddenly the car slides again onto the road. I wake up horrified. (3)D27

**D31**

Feels lonely and a little anxious, sort of concerned about the goals in my life and what do I wish to do. (3)31  
Dreary mood. I think a lot about loneliness, fear of loneliness. (3)D31

**D37**

Angry with my parents. They are going to Australia for a month and a half. It was important for me to join them and see my family. This is an anger that has been accumulating for a long time. (3)D37  
Dream: I am holding a few day old baby girl. I woke up with a fright. (3)D37

**D38**

I was crying all day. Lots of suppressed emotions that are connected to my parent's journey. (3)D38

**D40**

Lots of sneezing and clear, thick coryza in the morning. Went away after 2 hours. (3)D40

**D42**

Flatus (3)D42

**D44**

Sad, lonely, weeping and angry at my parents. (3)D44

**D45**

Fetid odor from urine, sharp and acidy. (3)D45

**PROVER NO 4****D00**

Sensation of numbness in the face, including the nose, heavy jaw. On clothing the mouth, sensation of rubber in-between the teeth, (4)(D00:08:05)  
Dremay sensation in the head – as if in a dream. Floating or tired, spacey, detached. (4)(D00:08:05)  
Tongue felt larger and heavier in the mouth. Later on, dull throat pain. (4)(D00:08:05)  
My throat feels narrower. (4)(D00:11:10)  
Sensation of heaviness in the chest, dull pressure on sternum (4)(D00)  
Dull pain in left ear as if inflammation of ear. (4)(D00)  
Watery discharge from nose together with large quantities of thick coryza. Nose tingling as if from black pepper. Itching n the eyes (4)(D00)  
Suffocation sensation in the throat, as if I swallowed a too large bite of food. Agg when swallowing water. ,(4)(D0)  
Tingling of face, itching at head and beard. ,(4)(D00)  
Discharge of black coryza, clotted blood. Smells of blood at left nostril. ,(4)(D00)  
Pressure at left eye. ,(4)(D00)  
Pain in left ear extending to throat(4)(D00)

**D00**

Dream: I was going abroad with E. ... at night we arrived at a big luxury house. We wandered in the yard and then found ourselves near a glass window with a metal grill and Edith couldn't climb since she was pregnant. The alarm was set off and the maid caught us and called the owners who actually were the policemen who escorted our trip.



They were angry that we broke into their house, so I gave them a "Grinberg" treatment and they forgave us and as gratitude they organized a party with all the cousins which was actually our wedding party. That was on the beach. T. was making fun of me because I can't surf and I threw sand at her and then she shut up. Then I saw all the parents and their children and they all went to the grandmothers to calm them down and to reconcile the children.(4)(D01)

Clotted blood with coryza and smell of blood at right nostril.(4)(D01)

Dull pain at throat and tonsils .(4)(D01)

## D02

Dreams: Trip abroad, Birthday, Frustration that things did not go the way I want it to go. (4)(D02)

Noises in ears, blowing nose after. (4)(D02)

Cramps at thighs, buttocks, calves. As if I exerted my muscles and then did not follow it with any stretching exercise. (4)(D02)

## D03

Cramps at muscles of thighs, lower legs and buttocks. (4)(D03)

## D04

Cramps, muscle cramps at abdomen (4)(D04)

Stitching pain at my right big toe(4)(D04)

Formication at left leg, between big toe and second toe. (4)(D04)

Pressing sensation and difficulty to take a deep breath. (4)(D04)

Dream: Went to work and prepared food (burgle). A famous Indian movie star arrived accompanied by a group of dancers. We were very excited; he gave us a dance lesson. No one knew the steps and it was embarrassing because people did not cooperate. Eventually he asked me to demonstrate but I could not do it. I felt a sense of missed opportunity that I did not know the steps. (4)(D04)

## D05

Dream: I have to cook Indian food, lots of people wearing turbans. There was a sense of urgency because someone disappeared.

Muscle cramps at abdomen (4)(D05)

Stiffness and pain at pelvic bones(4)(D05)

Stitching sensation as of needle at big toe, right leg. (4)(D05)

Formication between left big toe and 2<sup>nd</sup> toe. (4)(D05)

## D06

Cramping pain at back of left hand. As a blow at the wrist. More pain on moving the hand, restricts movement. (4)(D06)

## D07

Dream: pregnant man (4)(D07)

Pain at heels (4)(D07)

Noticed that my nails are growing fast. (4)(D07)

More constipated in the past week. Stool every 3<sup>rd</sup> day. Small stool (4)(D07)

## D08

Pain in throat on swallowing. As I swallow, throat feels even more dry on drinking water. As if the water do not wet the throat. Stricture of throat and suffocative sensation (4)(D08)

During the Greenberg treatment today, I felt my heart was opening. Flowing with my feelings. What before was: rigidity / keeping distance between me and other people. During treatment, felt lots of pain and sorrow. And following the treatment I felt broadening of the heart. Felt softer. Felt that there was a barrier that was in my way for the past three months and now I went through it. I felt free; I could do what I wanted. That I had the ability to love and to give to others. That my heart had broadened. (4)(D08)

**D09**

I have less trust in people (4)(D09)

Discharge from nose, watery, clear – crystal clear. Afternoon + evening agg. Warmth to cold agg (4)(D09)

Narrow sensation of throat (4)(D09)

**D10**

Dream: preparing a Hamsa amulets in the kindergarten (4)(D10)

**D11**

Dream: I was in the army and suddenly all the rules had changed. They took all my soldiers and forbade me from going home and burnt my sunflower field. Before they put me on trial, I had to perform with an army entertainment group. They made a song of everything I have been through; it's like they made a show of what I have been through. They caused me great injustice. (4)(D11)

**D14**

Dream: In the kindergarten and there was an old teacher that impresses me very much because everyone loved her. (4)(D14)

Dream: Went into the storage room and there was a huge snake. I jumped on a beam near the ceiling but it was fragile and reached the floor. When I looked down I saw that the snake had four legs of a lizard and then it bit me. (4)(D14)

**D15**

Dream: At my house in Jerusalem: Suddenly, lots of animals begun to emerge out of the street's terrace wall. Snails and slugs emerged. There was one huge slug, the size of the entire length of the wall and I took a bite of it, taking off part of its tail. This nearly paralyzed my mouth. I had to remove it with my hand. Afterwards two **octopuses** emerged and then fell into a puddle. They talked to me and I took them home and put them in a bath tub with salt. (4)(D15)

**D21+22**

General: Tired in the morning between 10:00-11:00 am

**D23**

Dream: I was at my grandmother's home and I wanted to leave but I stayed because I felt uncomfortable or guilty. Then my grandmother died and the same happened to my mother. I then felt more anger. (4)(D23)

Dream: I consulted the police because someone was trying to burn my house and I felt I had no more trust in people. (4)(D23)

**D28**

Tired and heavy in the morning. Difficult to walk. No strength to walk, as if low sugar level. Lack of physical strength. Difficult to get up, difficult to stand. 10:00-11:00 am. Or Breakfast to lunch break at 12:00 am. This lasted for over a week (4)(D28)

Tired and impatient. (4)(D28)

Desquamating of face, chin. Lasted for a long time (4)(D28)

Dandruffs at beard area (4)(D28)

Dream: Slug (4)(D28)

Dream: Snake, for the third time (4)(D28)

**D30**

Rectum: worms (4)(D30)

**D37**

Gained weight (4)(D37)

**PROVER NUMBER 5****D00**

Urination, slow stream, weak flowing (5)D00

Flatus (5)D00

Heavy head, tired feeling, unclear, dazed feeling. Better by eating(5)D00

Everybody treats me so nicely . Smiling at me, approaching me, inviting me including my teacher. And also I want to be treated nicely. (pleasantly) (5)D00

Waking up at 01:00 with dry mouth and thirst (5)D00

Dream: About a mother. She feels redundant because I don't need her and I let her feel that way – her lips are trembling in weeping. Her son in under my education. (5)D00

Difficult urination, difficult flow of urine. (5)D00

Dryness in the throat and cough (5)D00

Left nostril in blocked. (5)D00

Itching on the right side of the tongue (5)D00

Fullness sensation in the head (5)D00

**D01**

Dream: a 9 year old boy got a blow, I console him, he is shy, tall and quite like our neighbor. Yanay says: sit, sit.

Drink a cup of milk, or half will be enough for you. (5)D01

I feel truly sick. Weak, low energy.... A little worried for what I have to do, stand up for the tasks with me being like that, a bit sick. (5)D01

Woke up this morning feeling sick, like a viral disease. Weak, frustrated. I decide to cancel some of the plans for this morning. (5)D01

People's reaction is that they like me and I myself feels I need this affection because I'm weaker. Sense of humility, that I can't have it all, maybe I'll have to be happy with myself as I am and it is OK. (5)D01

No appetite (5)D01

(A song in my head) "They say that myself is not myself" (a song from the musical *Two Kunilemel's* where a man disguises himself as another man so that there are two men look-alikes) (5)D01

I am cold, Sneezing (5)D01

At noon prefers cooked food. (5)D01

Thoughts about end of carrier, getting old. I regret taking the remedy. I want home. (5)D01

Difficult to urinate in presence of other people (5)D01

**D03**

Dream: Something about a game of words of how to get along abroad: men and a woman are caught walking in town; they have to commit themselves to something they are not interested in. Eventually they get out of it by changing the name of the business from Arabic to English or Hebrew... a game of words related to how to manipulate municipal law by a literary wisecrack. (5)D03

During a morning walk, happy with good energy, I notice my excitement and my joyous sensitivity to plants, how beautiful and faultless, and fresh they are and the joy of touching them! I love plants, they make me happy and calm (5)D03

Abdomen pain returning all the time, after eating. Not strong but disturbing, around navel. Left of navel. Cramping pain. Flatus amel. Noisy movement of flatus in the abdomen above navel. After eating. (5)D03

Sleepiness 11:30a.m. Slept for about 15 minutes and woke up refreshed.I never manage to sleep during day time.

At the end of sleep I laid on my back without rushing to get up – unusual for me. (5)D03

Happiness in my heart. Making plans for the future.

Abdomen pain, above umbilicus, dull but annoying, with flatus. Clear better after flatus. Noisy flatulent motion inside abdomen. After eating, any food. (5)D03

Short sleep, 10 minutes in order to get refreshed (5)D03

Longing for my sister that passed away from cancer. Grieved for her for the first time. Also longing for my great love from last year. Was thinking of writing to her and meet her self-examination. (5)D03

**D04**

Woke up with a song: "There's a kind of hush all over the world tonight" ... "One mischievous kid caught a lizard in its tail"... (rhymes in Hebrew) (5)D04

I will have no money and shall have to live this house which I love. Impatient, cynical. (5)D04

Desire for cooked warm food (5)D04

Despair and worried about the future (5)D04

As if prostate is enlarge. Weak feeble stream (5)D04

Going to meet my ex-lover for a breaking-up meeting (5)D04

**D05**

Difficult respiration on the morning walk. Painful to inhale. (5)D05

Someone called from an internet site. Also my son offered me help with publicity. It's clear in the past few days that there is help. People want to help me. (5)D05

Bladder does not contract, problem with stream of urine. (5)D05

Joy with the plants around me. This joy lasted longer than ever. (5)D05

Sexual desire, increased: (5)D05

**D06**

Dream: It's a session of working homeopaths. Someone decides to give a different remedy and that's OK – he is in charge now. I have to pay for the treatment and I give few coins. But soon enough they come to me and return the payment out of generosity. It's a dream about generosity towards me. People are generous and good to me. (5)D06

No strength to walk on my morning walk. I shorten the walk to 20 min instead of 40 min. Get tired quickly. (5)D06

Morning stool on time but somewhat lazy. After an hour another urge and I need to evacuate again, this time properly. Suddenly I understand: there is a general relaxation of the smooth muscles of the intestine so that there is no urge to evacuate. Same with the urinary tract. Everything is passive. Flowing with the mere force of gravity alone.... (5)D06

I gained weight: from 73 to 76.3. A new 10 years record. (5)D06

Saliva dribbles from my mouth, passively, without meaning to. Falling, running. (5)D06

Everybody is so nice to me and generous (5)D06

**D07**

Dream: I take part in Kabbalt Shabat with my community but at home I'm forced to do another ordinary small one because I have my daughter or part of the family not present at the big one.... This has to do with the duplication in my life... (5)D07

I have no strength to walk in the morning. I stop at half the time; 20 min. Motivation is also low. (5)D07

**D08**

Wake up with a happy love song: "Tonight is a spring night, lass, a tune that all the loving in the world find their voice... ". An optimistic song. (5)D08

Low energy in the morning – can't walk for more than 20 min and if I try for more, there is great weakness. (5)D08

Pain at end of inspiration, a strong spell of sneezing, mucus and a momentary chill that ended all possibility to keep walking. (5)D08

Restless and difficult concentrating... wants to break something... (5)D08

Desire for chocolate. (5)D08

While parking the car, general trembling, like vertigo or loss of balance while sitting. Also at noon, while walking, momentary dizziness. (5)D08

At a party. Enjoyable time outdoors with people. My head is working well, I am friendly, I contribute to the party and feel really good with the people that are close to me and are important to me.... But I have an enjoyable time with everybody...(5)D08

**D09**

Felt a sting. Stings, like a bedbug, at the sacrum. Keep returning. (5)D09

Stiffness at lower back, less flexible. (5)D09

Prefers salad at the evening, rather than cooked food. (5)D09

Herpetic eruption , left upper lip. (5)D09

Another skin growth under my right eye, next to the one that is already there. (5)D09

Out in the garden, pulled few stray weeds that where stupid enough (in Hebrew "weed" and "stupid" are the same word) to think that they could flourish at the expense of my flowers. I showed to them who was boss! I uprooted them, pulled and waved them far away. After about 10 minutes of fruitful work I went inside for a refreshing drink. It was noon time, cool and nice inside the house. I drunk something and was about to go out again then suddenly a sting!, here, on my arm there is a sting, like a bee sting. But there is no visible sting!!! What is it? And then another sting, behind the knee! What's going on!! And then I see something falling on the floor: Black scorpion... I stepped on it at once, killed it and that's it! After all, it came to kill me - so I felt. I must have waved it on my back when I pulled the weeds that probably weren't as stupid as they seemed to begin with, if they sent me such a scorpion.... But here, I stepped on it and that's it – no more scorpion. I was a bit scared.. a scorpion, after all... But I was also lucky, I was not really stung, just symbolically... so strange. The area turned red, not much swelling, and was painful. This is in order to remind me that it was not a dream.(5)D09

Worshiping at the tree of knowledge leads us to conclusive decisiveness that something has to be that way and not another way, and shuts any possibility for mediation and reconciliation or ratification and thus reaching harmony within a contradiction, somewhere in the open space, that is somewhere in the middle between two extreme ideas... only there, peace is possible. And then It occurred to me that the true sin of the revolutionary founders of the Kibbutz was that they tried to bring the coming of the Messiah forward, to have it here and now, much like (many years later) the "Peace Now" movement which wanted it all when such an endeavor requires a long correction process, a process of mounting pain through the "valley of darkness." Wanting it here and now could bring about an end such as the one Korach suffered: when he tried to take a short cut to the divine without undergoing the rectification that every prophet must experience, and he was therefore swallowed into Hell, his own hell and was lost forever. (5)D09 [See Bible, Numbers (Bamidbar), Chapter 16]

It is I – who, for years has hung on to the words of every intelligent writer who writes anything that I consider being praiseworthy, meaning: hey, listen, me too, I mean... you're great, the way you write... Listen... I'm here too... look at what I have here... I can heal the world... isn't that also great? Aren't I also a bit Messianic... Let's show off together, we're a totally secretive band, we're both great, aren't we? Right?! Say it, say it now, [saying to himself] that I'm great too, say that I'm Messianic too... Say it, come on say it... No more! I've learned my lesson. From now on I'll hang on only to my own merits.... I won't depend on anyone taller than me to pull me and raise me up. I'll raise myself up anyway I can and when I can. (5)D09

Here is an essay I wrote this week:

### **Parasht Korach (The Korach affair)**

Korach is actually from the Levy tribe. He leads the group that challenges Moses' leadership. In that group are also descendants of Reuven (the first son of Jacob), so in being descendants of the first son, they wanted more for themselves. Also were present 250 people, presidents in the community, known people, people that are invited to speak to the public on holydays.

And so they say to Moses and Aron: enough with thinking that you are better than us. Every one of us is holy, god is within each one of us, so why the towering, the standoffishness? We also want to be in your place. There is no need for priests to act as mediators. He is Aron, and you know what, Moses? There is no need for a profit! You aren't a great leader; you can hardly attar words, hesitant as you are so you bring your brother to help you around.... We don't need you, we are all equal.

But by speaking so, Korach, is digging his own grave, literally. In saying that everyone is sacred, he states that in each and every one there is an implanted distinction between man and god. And the purpose of that distinction is in creating a way for contradictions to get closer to each other. Not in order to annihilate one another but in order to find a min-point between contradictions – that is the place of the divine. There harmony resides.

Let's "sleep on it" says Moses to Korach. During the night good will show all of us who gets closer to him and who isn't.... who is trying to take a superficial short cut without an in-depth process....

Even if two persons that are walking, each one of them is doing his best in order to reach the same target, and thus are equal, the differences are not even in the distance they covered – I'm already a priest or a prophet and you are just a common person – no! The question is does one continues to walk along that way or does one wishes to get closer by taking a shortcut? Let's see who gets nearer in a correct way? Who will shorten the distance in the right way?

Korach (in Hebrew sound like "bold" like bold headed), does not go through any fiery process. However, he is very "hot" on reaching god, quick and now to god... he wants to hastily jump ahead. But he is already a Levi, he is already at the forefront group who is in the service of God. Indeed more of a right-hand man, a caddy, but certainly closer than most of the others. No! He wants to go into the Holy of the Holiest. After all god is already within him! .... Enough for you being a Levi, no need to force a jump into priesthood.

Meanwhile Moses approaches another group of rebels, Datan and Aviram. They did not demand priesthood but are challenging Moses as a person and as a leader. They treat him in a derogatory way, telling him: you failed in your mission to bring us to the land of milk and honey..... Instead you are trying to control us, forcefully, arbitrarily. Moses is very offended. After all, it is he who carried donkeys like them all the way from Egypt and never harmed them. They, materialistic opportunists, are not even trying to take the right way....

**D10**

\_ I have changed, something in the way I lift my body, is different, as if my lower back is more stiff. (5)D10  
 Either I am being stung by a bedbugs or just a sensation as if stung... now there are 3 large sting-like eruptions (5)D10

**D11**

Woke up with an itching sensation, lower back. The "stings", 3 or 4 large, red, no pus, lower back, apex of right buttock. The itching is throughout the lower back, above it, attacks all day long. Right there I felt the first sting the night earlier without a clear cause. (5)D11

Flushes of numbness along left leg, coming and going for the past few days. Particularly below the knee. This morning 3 toes of the left leg, felt numb for about half an hour, after walking. (5)D11

Repeated episodes of suffocation due to inspiring esophagus content into trachea. Occurred 3 times today. (5)D11

Saliva that was normally drooling at the side of the mouth while speaking – moved to the front with part of saliva falling forward and parts of food falling out of my mouth. (5)D11

Kindness and longing for peace. Managed to have a good meeting with my ex-wife concerning our mutual daughter and passing on to her a true desire to help and cooperate. Something I did not manage to do before. (5)D11

**D12**

I've changed. Something inside me is fighting something that attempts to take over me, not merely physically. (5)D12

I've gained another 1 Kg. now 76. First time for the past 20 years. (5)D12

**D13**

Decrease in hearing level. In addition to the impaired hearing that is already there. (5)D13

At an end of year party, I enjoy talking to people. Warm hearted, simple. More open and less (haughty) conceited. (5)D13

More thirsty (5)D13

**D14**

Confused, absent minded, uninspired.... As if something is taking over me, burdening and inhibits smooth flow. (5)D14

Tried to walk a little, but again, short of breath especially at taking deep inspiration and weakness that forced me to actually lie down for few minutes. (5)D14

I tried to swim and felt low physical fitness and difficulty in breathing deep which I never had before. Improves as I continued to swim (5)D14

**D15**

Ongoing weakness... half my usual strength (5)D15

Ongoing short breath during deep inspiration with pain at the end of inspiration. (5)D15

Impatient while having to pay via a telephone dialing system. Easily angered. I made a mistake once and slammed the phone. (5)D15

**D16**

Hasty, not careful – whilst digging the garden hit the main water pipe. Have no strength to fix it. Leakage.. a flood... I swear ... I don't feel well... shit (5)D16

Difficulty to take in air particularly at the end of inspiration. (5)D16

Chokes, as if content of esophagus lodges into trachea (5)D16

Fear of something taking over, something that wouldn't let go... I have lots of plans and now I need a drive and an initiative but most of my energy is going now for survival... No flowing, I am ill. (5)D16

I am afraid that something will take over me and will not go away. Delivered a lecture today and forgot the punchline. My head operates on low level of electricity. Went for a birthday party and forget to get a present for my friend. (5)D16

Still numbness at the foot (5)D16

**D17**

Dream: About spirituality deteriorating into money... How at the Kibbutz one can make money and build a nice house, with a staircase and a beautiful, smooth, thick, rich wooden banister. (5)D17

Extremities: numbness, formication at front of left thigh. (5)D17

With my daughter and a friend at the swimming pool – great fun, good time.... I talk in a warmhearted manner to people, open up more easily than usual and am happy to make contact. It's so good to be with my daughter, her friend and ice-cream, all running peacefully... but as soon as I get home I am restless, easily angered... tantrum, attack of anger about something small that doesn't work... threw things at the floor, got hit myself, I scream.

(5)D17

**D18**

Dream: He is a shit of a brother but I love him very much. (I am in cutout with my younger sister) (5)D17

Woke up with a song in my mind about Ruchama who grows and grows but feels young. Stages in life.

Morning, angry and absentminded ... things drop down, I bump into things, awkward. (5)D18

Desire for tomatoes. (5)D18

Noticed that in my clinic's garden a strange plant flourishes wildly... pumpkin like plant... huge leaves, 30 cm in diameter. Yellow flowers, sending its tendrils towards my clinic... climbing 4 meters high, on top of other shrubs....(5)D18

**D20**

Dream: I Kiss and kiss again my late sister Rachel, and it feels so good, so good deep down in my heart. Profound love without an erotic element in it. (5)D20

Dream: erotic dream. Playing and diving in water with a black woman and soon enough, as if inadvertently, we shall touch one another and make love happily (5)D20

Mind: A song – The song of the drunkard by Jo Amar, who passed away last night:

"One shot I drunk and one more shot I tasted and one more shot I sipped... you might say that I drunk, you might say that I am drunk.... Till I got sick with my life.... One shot I drunk and a second and a third one I tasted and ninth and tenth one I sipped till I got sick of my life and I raised my voice: hoy! Guards, policemen, please lock me up, what a life... till when shall I suffer"? (5)D20

Generally sensitive, to noise, to any disturbance (5)D20

**D 21**

Slow recovery in my general energy. (5)D21

Again, 3 sting-like sensations in my lower back, right side. (5)D21

**D23**

Had a wonderful meeting with my ex-lover following my initiative, after a year since we separated. This initiative is due to the proving, it's to do with the new, plain openness towards people. (5)D23

Trailer truck flying. Falls apart in midair, first to fall are the back wheels and then the rest (5)D23

New spots with stings developed during the night... behind right knee. (5)D23

Forgetfulness and at the same time rigor with the details (5)D23

**D24**

Thick mucus, purulent, fetid, stuck deep down. Comes now and then and then swallowed again. (5)D24  
 Confused and forgetful. Unusual for me. (5)D24  
 Feels sick, weakness (5)D24

**D25**

A curse. Clearly, I have been cursed. It is not a coincidence that we are now reading *The Balak Affair*. It is all about how to put a spell on someone – from within. He is protected from the outside but is touched from within, in his soul and it is a ruinous, destructive touch. (5)D25  
 Lack of strength and bad mood. Pessimism and sensation of illness. Went to sleep early, totally exhausted and as early as morning no joy of life. I am sick...(5)D25  
 Difficult flow in urination, with burning sensation(5)D25  
 Blocked nose, night during (5)D25

**D26**

A Dream: that eventually I succeed in containing all that, locking this sack of garbage, seal, contain it and end the whole thing in peace...(5)D26

**D27**

I am sick. No fever but great weakness, of body and soul. Try to walk – 5 minutes. Trying to read something – 5 minutes. A reduction of everything and true lack of energy. (5)D27  
 Desire for milk and honey (5)D27  
 Fetid diarrhea (5)D27

**D34**

What worries me is not the fever but the sensation of reverberation – of something that repeats itself endlessly and in vain... a sort of a virus without a beginning or an end. Something has taken over me and placed my entire system in a closed circuit that repeats itself endlessly....(5)D34

**D36**

At the end of my life I go back to my natural dimensions. Ordinary medical doctor, good, with appreciated and appreciative clientele, that is dedicated to his work and is not trying to change the world... lives at 87 aa street, works at 17 aa street... walk in nature above the Teknion... (5)D36

**D37**

The sensation in this disease is as if a cruel conqueror, a particularly heartless one, has taken over my soul, and then my body, deeming what's mine is his. No surprise that connotations of the Nazi occupation turned up or that of the Russian occupation – two awful dictatorships stemming from a defensive position of inability to cope with internal viciousness – Nazis – and inability to see the midway as good instead of the extreme and inhuman – Communism. The foreign conqueror enables us to live, for now, as long as we serve it first and devote all our energy to it and whatever is left.... The sensation is of getting weaker from day to day, that I am using reserves that are quickly running out. (5)D37  
 Called the proving organizer and gave her a mouthful: Why isn't she answering the phone... and not telling me the name of the remedy!... If something is taking over me I want to take over and govern it! (5)D37

**PROVER NO 6****D00**

Sensation as if my neck is wrapped, as if inside a tube (6)D00  
 I feel joy and excitement. It's as if my eyes were opened for the first time, looking at a beautiful yellow flower, amazing pink. Big smile, feel like laughing, full of love, not intimate, general sense of love. (6)D00  
 Cockroach – lots of them. (6)D00  
 Burning sensation, in the head, vertex. (6)D00



Moved the remedy from my handbag to a drawer and on opened it on the way. Felt heaviness as if my entire body is filled with something warm and solid(6)D00

Sensation of burning at the area of upper abdomen (6)D00

Electric current like sensation in the palm of my hands. Sensation of burning in my feet soles. (6)D00

Exaltation, joy. As if I have just opened my eyes, as if on LSD, everything is vivid. Euphoric, exalted, wanted only to laugh (6)D00

### D01

Pain and swelling at left side of throat (6)D01

Stitching pain at left side of chest, worse on inspiration (6)D01

A dress that fluttered on my leg made me jump. Maybe it's a cockroach...

(6)D01

I am hot, my body, face, soles, everything (6)D01

I communicate with everything that I come across. Even if it is a flower. (6)D01

My head is a flower and my neck in part of the stem. The neck is encapsulated with a tube. As if my head and neck are separated at the meeting point of the pharynx and throat. A sort of tension warps the place. The head is like a flower and the neck is like a pedicle. (6)D01

Love for the world. Exalted love. Big smile. I feel like loving. Love for the world, not intimate. Energy of love, not specific. Walked in the street, singing. Felt happiness and amazement. Everything made me feel WOW (6)D01

Insignificant things and immediately my eye were full of tears. (6)D01

### D02

Dream: Sexually abused woman, wondering half naked. Because of the abuse her sexuality is now exaggerated. She is sick, someone is publically touching her private parts, and she is detached, used to this kind of treatment. She was sexually abused and that is where she remained and she becomes a prostitute. I am trying to help her and at the same time trying not to become too involved. (6)D02

Mouth, dryness (6)D02

Electric current like sensation in the palm of my hands extending to fingers, along the fingers. Feels like fornication. (6)D02

Dream: A black cat. A Naughty, mischievous cat, playing tricks with us. Communicates with us, standing on its back feet, like in a cartoon, we were sort of talking, interacting. It would not murder us, it was bullying, bothering. It was mischievous, not vicious. (6)D02

Dream: There is a theater group. I feel like an outsider. I do not belong to them. There was an old friend of mine there, someone I loved very much. She then became religious. I try to reconnect with her but could not. She refused to be in contact with someone from her previous life. I felt she does not accept me and that I cannot do what I want which is theater and music. It was a closed circuited. (6)D02

Dull pain, feels swollen inside, as if a lump in throat. (6)D02

For a week now, I feel that there is someone else in the room (6)D02

Stitching pain in chest, left side, on inspiration. Felt like needles. Pain felt along a vertical line, about 3 cm' long. (6)D02

My feet are burning, the sole (6)D02

Mood changeable: impatient and angry alternating with lightness, smiling, giving mood, wanting to pamper others. The swings in the mood are from one minute to the next. (6)D02

Ate something at breakfast that tasted very salty. It was so salty that I couldn't continue with my meal and had to drink water. Others also ate from that dish but couldn't tell if it was also salty for them. Was wandering if salt was sprinkled by mistake over the part I ate. (6)D02

### D03

A sort of vertigo, as if head is thrust forward with a metallic thundering sound and a vision of light bluish metallic denser waves. It swept me. A bit like going out of the body, for a second. As if part of me was subjected to a thrust and there was a split or diffusion of parts. As if I saw what I heard what I felt. (6)D03

Several times in the past few days felt that my ears are blocked. Particularly the right ear. (6)D03

Today also, saw some cockroaches.

**D05**

Under my right eye, on the top part of the cheek, a red spot, the size of the head of a pin and some swelling around it, 2 cm in diameter. Never had it before (6)D05

A pressing headache at the sides of forehead. At that evening, burning in the eye, heaviness in the body, weakness, sense of illness. Sensation of heat in the face. As if my body is filled with something heavy. (6)D05

Sensation that I am taller than I really am. That I'm extended, looking from above (6)D05

People are bugging me, complaining, want me to compensate them. What do they think? That they are the masters and I am a servant that they can abuse me? In the past I did not mind that, I was more forgiving, now I want them to leave me alone. Don't play with me, don't try to exploit me. I have no strength to carry anyone on my back (6)D05

**D06**

Still tired. My eyes are still burning. Want to close my eyes. (6)D06

A sharp pain behind the knee, extending toward the thigh (6)D06

Want to eat ice-cream (6)D06

**D07**

Again, food felt too salty. (6)D07

My face is burning again, my lips are congested with blood, my face is congested. (6)D07

My feet are swollen, the sole (6)D07

I'm so hot. I want all sorts of cold things. I need to cool myself all the time. I desire cold things like ice-cream. It's the coldness that I seek. (6)D07

Something has opened inside me. Want to mix and play with the world. (6)D07

More difficult to yield to authority. I feel I'm being bossed. In the past I did not look at things like that, I just did what I did. (6)D07

I feel like kicking, breaking and going. Don't want to stay and be ordered. People are childish, needy and sometimes are retarded. (6)D07

I can't say what I think, it comes out sarcastically, I try to make them feel that their questions are idiotic. It's a bit vicious, I have no mercy. (6)D07

I am touchy. Things penetrate and settles into a heap of rage which is not being released (6)D07

Every noise irritates me. I wanted everything to run smooth, with no interruptions. That it'll all be silence.

There is a new boss, he is intoxicated by his power, seeking to give orders, he is military stifle. The place where I work is not like that, it used to have relaxed, home like, good atmosphere. What is it with you, giving me orders? Criticizing immediately, making all these power games? (6)D07

**D11**

A strange sensation of pressure in both ears. Similar to the sensation one can feel while talking on the cell-phone. It overburdens the ears. The pressure one can feel while diving deep. (6)D11

I suddenly notice that there is a pylon across from the veranda. I noticed that I can hear the sound of the electrical current. There is a load on my hearing, every sound is a load. (6)D11

**D12**

Dream: There were three men and they are raping my boyfriend. He doesn't know how to extricate himself since he is supposed to keep working with them. I disagree and protect him. After the rape we stand hugging and kissing each other and my boyfriend is turned on and we begin to make out. Suddenly I realize that they are laughing at us because we are making out. One of them takes a plastic bottle and hits my boyfriend on his head. I take a glass bottle and break it on his head. This surprises him and also surprises me but it is more important for me to protect my boyfriend. Although I am a woman and they are three men I did not feel as though it was directed towards me. I smashed the bottle on his head; I was in a position of power. I wasn't threatened. We made out ecstatically. There was something unhealthy there, madness. My boyfriend was in a world of his own, disconnected. There was a sense of increased sexuality. The men didn't see me. I was watchful, I had to be vigilant. Then when they hit him with the plastic bottle; that was enough! Don't mess with me! I guard him! Like a mother guarding her pups. You aren't getting near! It's as if the mother is licking her pups and she sees the predators in the background but continues to behave as though everything is as usual and at the moment the predator makes one more step she assaults him. I kept hugging my boyfriend like a mother is licking her pups. As if I did not notice the three men but

all the senses are turned on to seize the enemy. All the senses are sharpened; I was not really engaged in making out. I was keeping my boyfriend close to me. He was disconnected from reality; he comes in order to stick to me and to get warmth and protection. He needed to connect to someone and it became sexual. I am afraid of them but it is more important for me to protect him. This motivates me to protect. This does not deter me from acting (in Hebrew the expression that was used is "this does not castrate me from acting") . (6)D12

**D13**

At work – I can't be who I am. In the restaurant I cannot allow myself to be impatient and repulsive. I try to suppress it. (6)D13

I have become like a Nazi – I need for things to be exactly as they are supposed to be. I can't tolerate delays. Everything has to run smooth. (6)D13

I want people to get off my neck. Want to shake them off. They are needy. These people desperately depend on me. I want freedom. I don't want anyone to need me, don't want to be ordered, don't want anyone to decide for me, or restrict me. Best thing is to go on vacation. (6)D13

I want everything to run smooth. (6)D13

**D14**

Eating ice-cream every day, strictly. Also refreshing fruits (6)D14

**D15**

Dream: I have a baby and she is crawling downstairs. It is an apartment building and she can't come up and is afraid and crying. I extend a very long hand to her, picking her up, holding her very, very tight and close to me and I cry. I take her into a room and my partner says that now I'll teach her witchcraft and he objects to it and takes us out of the room. The sensation is: to protect and hold her tight like a mother. (6)D15

I watched a lecture about Kabala on the internet... in the evening I worked at the restaurant and it was much better thanks to the inspiration I got from that lecture. I tried not to let the impatience and nervousness take over me. I tried to oppose it and dismantle it so that light would come .... It is not as if it went away easily. Coping with it was instead of submission and being taken over. Standing up to the monster and not letting it take over me. I did not always succeed, sometimes I thought I did but it outsmarted me and came out in a different way. (6)D15

**D17**

Sudden stopped sensation in my ears. A sort of pressing (6)D17

For few days now, there are tiny vesicles, size of a pin head, containing clear liquid, left hand, middle finger, itching (6)D17

**D18**

A sense of rawness at the tips of my fingers, as if raw and exposed, exposed nerves. Unpleasant to touch [things] (6) D18

Dream: I am flying. Out of distress. I fly because this is the sort of solution that I am familiar with. It has to do with me versus a group, something threatening. I run away and I hide in a tree, a large tree with lots of foliage, like a Eucalyptus. (6)D18

**D20**

On washing dishes, sense of exposed nerves at the fingertip and also taste of washing up liquid in my mouth. (6)D20

I don't want to be restricted and limited and unable to go whenever I want. As if I am trapped in a situation. Like an animal in a cage, something impulsive – want to throw everything and leave now. (6)D20

Pain at sole of left foot, between 2-3 finger, as if of a thorn or a splinter. Looks like an internal wart, plantar wart. (6)D20

**D21**

Dream: I am being pursued in order to be raped. I managed to get away. It feels as if it had turned out OK. (6)D21  
Again that soupy taste in the mouth while washing dishes and oversensitivity and exposed sensation at my fingertips. (6)D21

**D31**

Dream: Another man and I have murdered someone, cut him to pieces so he was unrecognizable and hid him in the car trunk. It wasn't a deep experience: someone murdered someone and one need to get rid of the body. I did something wrong and I want to get away with it, not to be caught. I am running away because I have to cover up for what I did. I'm thinking of how to extricate myself. I have to clean the crime's scene in order not to be caught. I have blood on my hands so my instinct is to run away. (6)D31

**D32**

Crack corner of mouth, right (6)D32

Dream: A car is turning upside down. The color of the car was copper. I Think of Cuprum. Since that dream, noticed many red-orangey-metal color cars. (6)D32

I Can't stand any opposition. If something did not turned out the way I wanted, or I was forced to do something – it would drive me crazy. I had no patience at all. Everything had to turn up the way I want it to be. Not because of wanting to control things. It is intolerance to opposition or restriction. (6)D32

**D39**

Dream: my boyfriend is leaving me. Strange, since we had such a wonderful day yesterday. I had dreams like that before.

**D41**

Dream: I give birth to a girl named Tangerine. I conceived this girl with another woman. (6)D41

**PROVER No 7****D00**

Very tired. Eyes as if swollen, sense of tiredness and heaviness in the eyes. At mid-day, a large quantity of thick yellow discharge from the eyes. (7)D00

Sexual desire increased today (7)D00

**D01**

Sense of humor with my kids, every remark was made nearly in a laughing and joking mood and with lots of love towards them. (7)D01

Crazy laughter in the class amongst those involved on the proving. Elation and sense of nirvana, everything is so good. (7)D01

Usually I need to do, to achieve, and to manage to do things on time. Now I am more relaxed with the time, not uptight about succeeding to do things on time.(7)D01

As if someone injected me with a "tolerance injection", extended fuse, more empathetic, tolerant, compassionate.

**D02**

Deep sleep, sleep longer than usual. Wake up difficult. (7)D02

Eyes swollen on waking in the morning. (7)D02

More relaxed than ever. Sense of love for my family, delight from the kids and tolerance, more than ever. (7)D02

Increased desire. Came back home from the cinema and wanted so much to go to bed with my husband, just that he was asleep. (7)D02

Suddenly I am relating to my daughter as a little girl (she is six). I always relate to her as a grownup, less fooling around with her. Tonight we were laughing with her and enjoying her company as a child and not as a little lady. (7)D02

**D03**

Highly sensitive, particularly towards my children, higher tolerance towards my kids. (7)D03

Obsessively waiting for phone calls from friends. Checking that my mobile is working, upset and angry that my friend is not phoning me. A bit compulsive. (7)D03

Bad communication with my supervisor. She is not attentive, bad communication, no flow. (7)D03

Acne on my face had erupted. It is long since I had such one. (7)03

A yellow discharge from vagina (7)D03

A sharp pain in left ear extending to right ear. (7)D03

Dull headache, right side, around 14:00 (7)D03

I have lots of patience and tolerance – this is new to me. (7)D03

My son developed chicken pox. His brother had chicken pox before him and had about ten lesions but he is full of pocks and this makes me feel full of compassion towards him (7)D03

Want to pass urine, but it takes time for the urine to come out (7)D03

#### D04

Headache, dull, right side. Worse after sleep. (7)D04

Increased appetite, wants to eat all the time. Strong desire for Ice cream, any ice cream (7)D04

I cried when I saw how much my son is suffering with his chickenpox lesions. It's unlike me to weep out of compassion to my children. Naturally, I'm less containing (embracing?), have short fuse, irritable and want to get more things done. I feel that time is wasting away, I am not uptight but actually I hardly do anything. (7)D04

#### D05

Highly sensitive, cannot stand anyone around me, especially not my husband. Want to be alone. (7)D05

Increased appetite, desire for ice-cream. (7)D05

Had a big quarrel with my husband, I couldn't control my tongue and I said things that I shouldn't have said and also that I did not mean to say. I crossed my own boundaries. Same happened with my daughter, but less severe. I apologized to my husband but reconciliation was not immediate. There is faulty communication. The communication with my husband is less fertile.

I feel inferior to him, something I did not feel before (Only sometimes if he says something that could be interpreted as a scorn {as deprecating}). As a whole I have self confidence but lately with my husband I felt that he scorns me and is discourteous and appreciate me less. Truth is that I myself feel less productive, as if I am not doing anything. (7)D05

The tension that comes out with the urge to achieve is gone. All around it feels good because there is less mental tension. (7)D05

#### D06

I arrived at the seminar after last minute arrangement of a babysitter. Normally I organize things days in advance but only last night I begun to plan an arrangement for him – truly not me. As I arrived to the seminar the alarm at home was set off by mistake by my son or by my mother-in-law (she blames him, he denies). It took half an hour to switch it off.... (7)D06

Strange how everyone is saying that one mustn't talk about this proving but as it turned out everyone talks to everyone about it – it's uncontrollable. Everyone involved is hinting, asking questions and enquiring about his fellow provers. (7)D06

No time to talk to my supervisor (7)D06

A friend of mine had recently given birth and I didn't talk to her, another friend returned from abroad recently and with her too, there is hardly any communication. Something is not OK with the output; I don't get around to doing things at all. Not that I am doing anything special... I don't find time for these conversations. Disregarding this, or maybe with regard to it, there is again a sense of ease, mental serenity. (7)D06

We went to the Turkish Hamam this evening. My husband was upset and wanted to leave because we asked for 2 female therapists and a female and male therapist turned up. The service was bad and their behavior was in despicable. Usually I'm the first one to open my mouth and demand decent service and exert assertion. This time I was trying to moderate and reconcile and kept real cool inside and outward. I was not afraid, I was not shy and tried to find a middle ground and indeed eventually everybody had a good time and it was great. (7)D06

#### D07

Sense of serenity, tolerance, lots of love and understanding toward everybody, especially my children. (7)D07

I have lots to do but I am not strung up because of it. Normally I would have made lists and tried to push tasks at every opening. All in all, peaceful time. (7)D07

With my husband, euphoric, pleasant and fun between the two of us. (7)D07

Lots of things do not work out and it is OK by me. This week I didn't get around to reply to any of my to my best friend's calls and here I text her that I love her and she replies: "Really? You did not pay attention to me the entire week..." And indeed it was just like that; I have been trying to talk to her all week and don't get around to it. There is no reason why I should not... Same with my supervisor, but that exactly it, I don't get around to it.(7)D07

**D08**

Burning pain in my throat, begun around noon time with clear expectoration (7)D08

**D14**

Today is my birthday and I was relaxed and peaceful all day. Things did not work out and were scattered and still I was pleasant which is not typical for me – to be in such peace of mind when things do not work the way I planned them to be. I had a stunning birthday, enjoyable with good mood although modest and intimate. (7)D14  
Gratification and peace of mind. This is with me since the beginning of the proving. Sensations I did not have before. My husband says that I take his role of the "the one that is flowing with things". There were reasons for embitterment on my birthday but it did not affect me. Everything went by me. I enjoyed myself today. I didn't have to make an effort in order to be positive. It came out fun and easy. A friend gave me a massage and I accepted in with a lot of love. (7)D14

Headache since 06:00, left side above eye including eye. Dull pain, tolerable, lasting all day. Cleared around midnight (7)D14

Very excited, shedding tears out of excitement and with all the birthday greetings. More weepy and excited than I am normally. (7)D14

**D19**

Dream: Dangerous water, my kids are in danger and R. is helping me and them. (7)D19

Increased appetite, not for anything particular. I eat a lot. (7)D19

**D22**

Desire for ice-cream (7)D22

**D23**

I have an examination on Thursday and today is Monday and I did not begin to study for it. My laptops screen is broken and I am not going mad. There is something loosening in this remedy. My behavior before and during examination was very different from my normal behavior. I was relaxed more than usual. Eventually I gave a wrong answer. In my nature I am very competitive and now I was upset but not much more than that. Normally I would feel bad about it all day and even into the weekend. (7)D23

On birthdays I am usually uptight and try to be organized. This time there was something loose and new to me.

Everybody around made a point of it. I was allowing things to flow. For example, I lost my sunglasses... (7)D23

I was very excited. We celebrated my daughter's birthday and I was moved to tears. My friend wrote me a greeting and I wept. High sensitivity threshold. (7)D23

**D26**

Dull headache, left side of head. 12:00-15:00. I drunk water and it passed away. (7)D26

Pain in the knees as if the cartilage is wearing off. It occurred after a game of tennis and a walk, but still it is new. (7)D26

Very tired.(7)D26

**D31**

fell asleep at 20:00 and woke at 07:00. It's been years since I slept 11 hours. (7)D31

The skin of my palms is peeling off. (7)D31

**D33**

Soap-opera communication issues. A friend that wasn't invited to come with us for an outing, called to ask why wasn't she invited. It was my friend place and the friend that called thought that it was me that did not invite her. Silly teenage stuff. There was something compulsive obsessive. (7)D33

## 12. Cases

### Case 1

A man, 24, ultra-religious. A middle son to important Rabbinic family, and the black sheep of the family. He leaves at the basement for half a year now. Still wets the bed, doesn't work, managed to deceit his parents and nicked from them thousands of dollars. Got married and betrayed his wife with her sister. Earn his living as an informer to the police. Eats and drink and lives on the expense of his parents and hates and detest them, curses them and offends them. Waits for them to die in order to inherit their money and is even telling them about that. Not always feed by himself – his mother has to feed him. Does not shower for days out of defiance.

Analysis: prescribed on the basis of the various deformations prevailing the case, treachery, deceit, parasitism and hatred towards the one you depend on.

FU: With the remedy, begun to shower on a daily basis, started to take care of himself and prepares his own food. He became softer and more flowing. Verbal violence was reduced and so hatred towards his parents. Less provocative and parents are now able to talk to him. His father says he is much better. He stopped wetting the bed and stopped drinking. Stopped being a police informer – all his criminal side has subdued, still in progress. (Kobi Nehushtan. Reprint from: Wondrous order, The systematic table of the plants by M. Yakir).