

Resources for Pain Management and Substance Use Disorder Management and Treatment

This section of the tool kit provides information on resources available to help clinicians obtain clinical advice and/or arrange referral/consultation for patients with pain management and/or substance use disorders.

- UCSF Substance Use Warm Line:

Substance Use Warm Line
Peer-to-Peer Consultation and Decision Support
7 am – 3 pm PST Monday – Friday
855-300-3595

- Substance Use Treatment Centers in LA County





Substance Use Warmline
Peer-to-Peer Consultation and Decision Support
7 am – 3 pm PST Monday - Friday
855-300-3595

Free and confidential consultation for clinicians from the Clinician Consultation Center at San Francisco General Hospital focusing on substance use in primary care

Objectives of the Substance Use Warmline:

- Support primary care providers in managing complex patients with addiction, chronic pain, and behavioral health issues
- Improve the safety of medication regimens to decrease the risk of overdose
- Enhance the treatment, care and support for people living with or at risk for HIV
- Discuss useful strategies for clinicians in managing their patients living with substance use, addiction and chronic pain.

Consultation topics include:

- Assessment and treatment of opioid, alcohol, and other substance use disorders
- Approaches to suspected misuse, abuse, or diversion of prescribed opioids
- Methods to simplify opioid-based pain regimens to reduce risk of misuse and toxicity
- Urine toxicology testing- when to use it and what it means
- Use of buprenorphine and the role of methadone maintenance
- Withdrawal management for opioids, alcohol, and other CNS depressants
- Harm reduction strategies and overdose prevention
- Managing substance use in special populations (pregnancy, HIV, hepatitis)
- Productive ways of discussing (known or suspected) addiction with patients.

The CCC's multi-disciplinary team of expert physicians, clinical pharmacists and nurses provides consultation to help clinicians manage complex patient needs, medication safety, and a rapidly evolving regulatory environment.

Learn more at <http://nccc.ucsf.edu/clinical-resources/substance-use-resources/>

This project is supported by the Bureau of Primary Health Care (BPHC) and the HIV/AIDS Bureau (HAB) AIDS Education and Training Centers (AETCs) of the Health Resources and Services Administration (HRSA) in the U.S. Department of Health & Human Services (DHHS)

Safe Pain Medicine Prescribing

Referrals for Substance Use Disorder Treatment

How to assess/screen for substance use disorder?

Use the four CAGE Questions as a screening test for Alcohol Dependence (Note: two “yes” responses indicate that the possibility of alcoholism should be investigated further).

- Have you ever felt you needed to **C**ut down on your drinking?
- Have people **A**nnoyed you by criticizing your drinking?
- Have you ever felt **G**uilty about drinking?
- Have you ever felt you needed a drink first thing in the morning (**E**ye-opener) to steady your nerves or get rid of a hangover?

Where should I refer the patient?

- Contact your clinic Social Worker for assistance.
- Find out if the patient has health insurance: refer to the patient’s health plan.
- Medi-Cal patients can be referred for substance use disorder services by calling **888-742-7900**. Additional information is available on the website of the Substance Abuse Prevention and Control (<http://publichealth.lacounty.gov/sapc/>).
- Instruct the patient to call **2-1-1** or go to <http://www.211la.org/> and ask for information on treatment services for drug use disorders.
 - 211 LA County is a private, nonprofit 501(c) (3) organization, formerly known as INFO LINE of Los Angeles. It provides free, confidential services 24 hours a day, 7 days a week in English, Spanish and more than 140 other languages via a tele-interpreting service. Services are also provided for individuals with hearing impairments. It functions as a gateway to the county’s vast and complex social service delivery system.

Is there any advice available for Physicians?

- For Advice, you may call the UCSF Substance Abuse Warm Line for Peer-to-Peer Consultation & Decision Support.
 - 7 am – 3 pm PST, Monday –Friday
 - **855-300-3595**
 - Free and Confidential consultation for clinicians from the Clinician Consultation Center at San Francisco General Hospital focusing on substance use in primary care.

County of Los Angeles Community Assessment Services Centers are available for referral. See the listing of these Centers by Geographic Area (SPA).

**COUNTY OF LOS ANGELES - DEPARTMENT OF PUBLIC HEALTH
SUBSTANCE ABUSE PREVENTION AND CONTROL
COMMUNITY PROGRAM SERVICES DIVISION
ASSESSMENTS REFERRALS BY ZIP CODE**

SPA	COMMUNITY ASSESSMENT SERVICES CENTER (CASC)	ASSESSMENT TYPES	**ZIP CODES	CASC DIRECTOR
1	Tarzana Treatment Center Lancaster CASC-- (Lead) 44447 N. 10th Street West Lancaster, CA 93534 Appointment : (661) 726-2630 x 4100 Arisah Muhammad x4311 amuhammad@tarzanatc.org	Assessing – CW, DCFS, GP, GR, PC-1210, AB 109	93243, 93523, 93532, 93534, 93535, 93536, 93539, 93584, 93586	Alesia Ping-Diflore Phone: (661) 726-2630 x 4220 Fax: (661) 952-1172
1	San Fernando Valley Community MH Center Palmdale CASC 1050 E. Palmdale Blvd #209 Palmdale, CA 93550 Appointment: (661) 266-4517 Additional assistance: Ben Medina bmedina@sfvcmhc.org	Assessing – CW, DCFS, GP, GR, AB 109	93510, 93543, 93544, 93550, 93551, 93552, 93553, 93560, 93563, 93590, 93591	Serina Rosenkjar, Ph.D. Phone: (661) 266-4517 Fax : (661) 266-9176 srosenkjar@sfvcmhc.org
2	San Fernando Valley Community MH Center Van Nuys CASC - (Lead) 14515 Hamlin St. Van Nuys, CA 91411 Appointment: (818) 285-1900 Additional assistance: Ben Medina bmedina@sfvcmhc.org	Assessing – CW, DCFS, GP, GR, AB 109	San Fernando Valley 91040, 91042, 91046, 91331, 91340, 91341, 91342, 91350, 91351, 91352, 91401, 91402, 91404, 91405, 91423, 91521, 91601, 91602, 91603, 91604, 91605, 91606, 91607, 91608, Santa Clarita Valley 91321, 91350, 91351, 91387, 91390	Serina Rosenkjar, Ph.D. Phone: (818) 285-1900 Fax: (818) 285-1906 srosenkjar@sfvcmhc.org
2	Tarzana Treatment Center Tarzana CASC 18646 Oxnard Street Tarzana, CA 91356 Appointment: (818) 654-3853 Additional assistance Lucia Leon x 2062 lleon@tarzanatc.org	Assessing – CW, DCFS, GP, GR, PC-1210, AB-109	San Fernando Valley 90290, 91301, 91302, 91303, 91304, 91306, 91307, 91311, 91316, 91321, 91324, 91325, 91326, 91330, 91335, 91343, 91344, 91345, 91352, 91354, 91355, 91356, 91361, 91362, 91364, 91365, 91367, 91381, 91382, 91384, 91403, 91406, 91411, 91436, Santa Clarita Valley 91354, 91355, 91381, 91382, 91384	Stan Galperson Phone: (818) 996-1051 x 3811 Fax : (818) 996-1753 Sgalperson@tarzanatc.org

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3	Prototypes El Monte CASC (LEAD) 11100 East Valley Blvd., Suite 116 El Monte, CA 91731 Appointment: (626) 444-0705 Additional assistance Alicia Trivison - Madrigal atrivison-madrigal@prototypes.org	Assessing – CW, DCFS, GP, GR, and PC- 1210, AB-109	91006, 91007, 91010, 91016, 91702, 91706, 91722, 91723, 91724, 91731, 91732, 91733, 91734, 91739, 91744, 91745, 91746, 91747, 91748, 91770, 91775, 91776, 91780, 91790, 91791, 91792, 92621	Alicia Trivison-Madrigal Phone: (626) 444-0705 Fax: (626) 444-0710 Atrivison-madrigal@prototypes.org
	Prototypes Pomona CASC 831 East Arrow Highway Pomona, CA 91767 Appointment: (909) 398-4383 Additional assistance: Stephanie Armbruster sarmbruster@prototypes.org	Assessing – CW, DCFS, GP, GR, PC-1210, AB-109	91711, 91740, 91741, 91750, 91765, 91766, 91767, 91768, 91769, 91773, 91789	Alicia Trivison-Madrigal Phone: (626) 444-0705 Fax: (626) 444-0710 Atrivison-madrigal@prototypes.org
	Prototypes Pasadena CASC 2555 E. Colorado Blvd., Suite 308 Pasadena, CA 91101 Appointment: (626) 449-2433 Additional assistance: Stephanie Armbruster sarmbruster@prototypes.org	Assessing – CW, DCFS, GP, GR, PC-1210, AB-109	91001, 91011, 91020, 91023, 91024, 91030, 91101, 91102, 91103, 91104, 91105, 91106, 91107, 91108, 91201, 91202, 91203, 91204, 91205, 91206, 91207, 91208, 91214, 91501, 91502, 91504, 91505, 91506, 91754, 91755, 91801, 91802, 91803	Alicia Trivison-Madrigal Phone (626) 444-0705 Fax (626) 444-0710 Atrivison-madrigal@prototypes.org

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4	<p>Homeless Health Care Los Angeles CASC (LEAD) 2330 Beverly Blvd. Los Angeles, CA 90057 Appointment: (213) 342-3114 Additional assistance: David Murillo X141 dmurillo@hhcla.org</p> <p>BHS Hollywood 6838 W. Sunset Blvd. Hollywood, CA 90028 Appointment: (323) 461-3161</p> <p>Additional assistance: Jovita Hernandez jhernandez@bhs-inc.org</p> <p>BHS East Los Angeles 3421 East Olympic Blvd. Los Angeles, CA 90023 Appointment: (323) 262-1786</p> <p>Additional assistance: John Romero jromero@bhs-inc.org</p>	<p>Assessing – CW, DCFS, GP, GR, PC-1210, AB-109</p> <p>Assessing – CW, GP, GR</p> <p>Assessing – CW, GP, GR</p>	<p>90004, 90005, 90006, 90007, 90008, 90010, 90012, 90013, 90014, 90015, 90017, 90019, 90020, 90021, 90023, 90026,90027, 90028, 90029, 90031, 90032, 90033, 90036, 90038, 90039, 90041, 90042, 90046, 90048, 90057, 90065,90068, 90069, 90071</p>	<p>Delia Mojarro Phone: (213) 342-3114 x137 Fax: (213) 342-3124 dmojarro@hhcla.org</p> <p>BHS Sites in SPA 4 Lisa Sandoval Phone: (310) 973-2272 x1289 FAX: (310) 973-7813 lsandoval@bhs-inc.org</p>
5	<p>Didi Hirsch Community MH Center Culver City CASC (LEAD) 11133 Washington Blvd. Culver City, CA 90230 Appointment: (310) 895-2339</p> <p>Additional assistance: Charles Bullitts cbullitts@didihirsch.org</p>	<p>Assessing – CW, DCFS, GP, GR, PC-1210, AB-109</p>	<p>90024, 90025, 90034, 90035, 90045, 90049, 90056, 90064, 90066, 90067, 90077, 90094, 90210, 90211, 90212, 90230, 90232, 90265, 90272, 90291, 90292, 90293, 90401, 90402, 90403, 90404, 90405</p>	<p>RuthAnn Markusen Phone: (310) 895-2339 Fax: (310) 895-2353 rmarkusen@didihirsch.org</p>

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6	<p>SSG-Integrated Care System South Los Angeles CASC (LEAD) 5715 S. Broadway Avenue Los Angeles, CA 90044 Phone: (213) 895-7700 FAX: (323) 778-2599</p> <p>Additional assistance: Ruby Medina rmedina@hopics.org</p> <p>SSG-Shields for Families 11601 S. Western Avenue Los Angeles, CA 90047 Appointment: (323) 242-5000 x1253</p> <p>Additional assistance: Sara Tienda x 1276 stienda@shieldsforfamilies.org</p> <p>SSG-Shields for Families 11705 Deputy Yamamoto Place Lynwood, California 90262 Appointment: (323) 242-5000</p> <p>Additional assistance: Sheila Smith-Cook ssmith-cook@shieldsforfamilies.org</p>	<p>Assessing – CW, DCFS, GP, GR, PC-1210, AB-109</p> <p>Assessing – CW, GP, GR</p> <p>Assessing – AB 109</p>	<p>90002, 90003, 90011, 90016, 90018, 90037, 90043, 90044, 90058, 90062, 90301, 90302, 90303, 90304, 90305.</p> <p>90001, 90044, 90047, 90059, 90061, 90220, 90221, 90222, 90262, 90723.</p>	<p>Bambi Piland, Phone: (323) 948-0444 Fax: (323) 948-0443 bpiland@hopics.org</p> <p>Shields for Families sites Georgea Madeira Phone: (323) 242-5000 x1257 Fax: (323) 242-3521 gmadeira@shieldsforfamilies.org</p> <p>Delonda Groenow Phone: (323) 242-5000 x1253 Fax: (323) 242-5011 dgroenow@shieldsforfamilies.org</p>
7	<p>California Hispanic Commission Pico Rivera CASC (LEAD) 9033 Washington Blvd. Pico Rivera, CA 90660 Appointments (562) 942-9625</p> <p>Additional assistance: Natasha Medina nmedina@chcada.org</p>	<p>Assessing – CW, DCFS, GP, GR, PC-1210, AB-109</p>	<p>90022, 90023, 90040, 90063, 90201, 90240, 90241, 90242, 90255, 90270, 90280, 90601, 90602, 90603, 90604, 90605, 90606, 90631, 90638, 90640, 90650, 90660, 90670, 90701, 90703, 90706, 90712, 90713, 90715, 90716</p>	<p>Sam Campbell Phone: (562) 942-9625 Fax: (562) 942-9695 scampbell@chcada.org</p>
7A	<p>California Hispanic Commission 5801 E. Beverly Blvd. Los Angeles, CA 90022 Appointments: (323) 728-7707</p> <p>Additional assistance: Natasha Medina nmedina@chcada.org</p>	<p>Assessing – GP Metro East DPSS – GR</p>	<p>90022, 90023, 90040, 90063, 90201, 90240, 90241, 90242, 90255, 90270, 90280, 90601, 90602, 90603, 90604, 90605, 90606, 90631, 90638, 90640, 90650, 90660, 90670, 90701, 90703, 90706, 90712, 90713, 90715, 90716</p>	<p>Sam Campbell Phone: (562) 942-9625 Fax: (562) 942-9695 scampbell@chcada.org</p>

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8	Behavioral Health Services Gardena CASC (LEAD) 15519 Crenshaw Blvd. Gardena, CA 90249 Appointments : (310) 973-2272 Additional assistance: Edward Rivera erivera@bhs-inc.org	Assessing – CW, DCFS, GP, GR, PC-1210, AB-109	90245, 90247, 90248, 90249, 90250, 90254, 90260, 90266, 90274, 90277, 90278, 90501, 90502, 90503, 90504, 90505, 90506, 90717, 90745, 90746, 90747	Lisa Sandoval Phone: (310) 973-2272 x1289 FAX: (310) 973-7813 lsandoval@bhs-inc.org
	Behavioral Health Services 1318 North Avalon Boulevard, Suite A, Wilmington, CA 90744 Phone: (310) 549-2710 FAX: (310) 549-2715	Assessing – CW, DCFS, GP,	90744, 90748	Lisa Sandoval Phone: (310) 973-2272 x 1289 FAX: (310) 973-7813 lsandoval@bhs-inc.org
	Behavioral Health Services Long Beach CASC 1775 Chestnut Avenue Long Beach, CA 90813 Appointments Phone: (562) 218-8387 FAX: (562) 218-7069 Additional assistance: Mary Armenta maquilar@bhs-inc.org	Assessing – CW, DCFS, GP, GR, PC-1210, AB-109	90704, 90710, 90731, 90732, 90802, 90803, 90804, 90805, 90806, 90807, 90808, 90810, 90813, 90814, 90815, 90822, 90840	Lisa Sandoval Phone: (310) 973-2272 x 1289 FAX: (310) 973-7813 lsandoval@bhs-inc.org
AB 109 – Public Safety Realignment CW – CalWORKs DCFS – Department of Children and Family Services GP – General population		GR – General Relief PC – 1210- Substance Abuse Crime Prevention Act of 2000 SPA – Service Planning Area		

**This Zip Code list has been developed to assist the user in determining the closest assessment site. For the convenience of the participant please provide the participant with a choice of locations.

TOLL FREE - HELP LINE 1-800 564-6600
<http://publichealth.lacounty.gov>