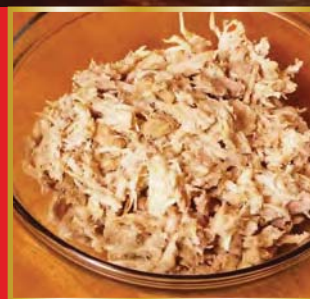


GREEN DRAGON PORK SHREDS

Product Code #16200 Commercial | #26200 Commodity



FULLY COOKED



MORE WAYS TO PLEASE PATRONS' TASTE WITH GREEN DRAGON FULLY COOKED SHREDDED PORK

Our Fully Cooked Shredded Pork is sure to please your patrons. Make their favorite sandwiches, exotic ethnic dishes or fill-in whenever you need just the right amount of protein. Start with Green Dragon for fantastic finishes.



GREEN DRAGON SHREDDED PORK

Product Code #16200 Commercial / #26200 Commodity

- Great for speed scratch dishes
- Fully cooked
- Healthy protein
- Versatile ingredient for many menu items



COOKING INSTRUCTIONS

1. Begin by tempering product until thawed
2. Once thawed pre heat oven to 350 degrees for Convection ovens or 375 degrees for conventional ovens
3. Break up meat evenly into a deep pan and cover with foil
4. Cook, covered for 15 to 20 minutes or until meat has reached internal temperature of 165 degrees

Tip – If you find the product finishing slightly dry, add 1 cup of water to every 5 lb. package of meat. Add moisture to taste. Then, cover and heat to desired temperature.

GET COOKING
TODAY
CALL US AT
1.888.499.6888

info@asianfoodsolutions.com

NUTRITION FACTS

Fully Cooked Shredded Pork
Serving Size 1 portion (108g/3.8oz.)

Amount Per Serving	
Calories 130	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1.5g	
Cholesterol 60mg	20%
Sodium 390mg	16%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 22g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
Riboflavin 25%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less Than 65g	80g
Saturated Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Total Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Pork, Water, contains 1% or less of Sugar, Salt, Sodium Phosphate, Natural Flavors.

CN EQUIVALENCY

3.80 oz of Fully Cooked Shredded Pork provides 2.00 oz equivalent meat/meat alternate for the Child Nutrition Meal Pattern Requirements.

PRODUCT INFORMATION

Fully Cooked Seasoned Shredded Pork
Product Code #16200 - Commercial
Product Code #26200 - Commodity

PACKAGING INFORMATION

Serving Size: 3.8 oz
Portions per Case: 135 servings
Bags per Case: 4 bags of 8.02 lb
Case Weight: 32.08 lb (Net Weight)
34.08 lb (Gross Weight)
Case Dimensions: L 21.75" x W 14.75" x H 4"
Case Cube: 0.74 cuft
Pallet Pattern: 10 Ti x 5 Hi
Shelf Life: 365 days at 0°F ± -10°F