Meals	
MONDAY	
St. Paul's Drop In  308 King St. Midland  Light Breakfast  TUESDAY	9:30am - 11:30am
Calvary Friendship Group	10:15am - 11:30am
598 King St. Midland  Coffee and Snacks	10.15am - 11.50am
Knox Gift of Grace Soup Kitchen 539 Hugel Ave. Midland Lunch and Food Staples to go	10:30am - 12noon
WEDNESDAY	
Penetang Legion Helping Hands Soup Kitchen  2 Poyntz St. Penetanguishene  Lunch	8:00am - 11:30am
Wendat Dinner 237 Second St. Midland	5:00am- 7:30am
Dinner (\$3) pre-register by Tuesday at (705) 526-1305	
THURSDAY	
Chigamik Kitchen Talk Program Knox Presbyterian Church Kitchen 539 Hugel Ave. Midland Drop-in Cooking class and Lunch	11:00am-1:00pm
FRIDAY	
SATURDAY	
Wendat Lunch 237 Second St. Midland Lunch (\$2) no pre-registration required	5:00 - 7:30 PM
SUNDAY	