



### *Learning Outcomes*

Gain insight into the seven different dimensions of an emotionally intelligent team, and how to work with those dimensions to build a cohesive team.



# The Emotionally Intelligent Team

*"Ignite Potential"*



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## Emotional Intelligence to Collaborative Intelligence™

### A Team Model

Emotional Intelligence is the set of skills that help people want to cooperate and to make their most valuable contribution to the teamwork. In this compelling book, authors Marcia Hughes and James Terrell offer practical information and a guide for businesses that want to enhance the power of their team's emotional competency.

They reveal how leaders and team members can wield more significant influence on the projects where they work and with the people who make them happen. The book outlines the seven emotional competencies of teams including:

- ✓ Team Identity
- ✓ Motivation
- ✓ Emotional Awareness
- ✓ Communication
- ✓ Stress Tolerance
- ✓ Conflict Resolution
- ✓ Positive Mood

We use the world's first scientifically validated assessment of team emotional effectiveness – the TESI® that enables team members to measure their team's performances in each of the seven dynamics.

TESI® is the Collaborative Growth Team Emotional and Social Intelligence Survey®. It creates the Opportunity for a team 360 – that is each member of the team rates the team's skills from his or her Perspective.

TEST® allows team members and leaders to measure the levels of identification with the team, as well as engagement, and skills in areas such as communications and conflict resolution. The report and its breakout graphs offer unique insights, interpret the meaning of current strengths and weakness as a team, and guide the team to strategically choose where to enhance its skills. Because teams are composed of individuals, they perform much better when the individuals gain understanding and develop their own emotional and social intelligence.

Using the EQ-i® and the EQ-360®, or similar tools, in combination with the TESI® provides a highly useful set of complementary data that support powerful growth.

Emotional and social intelligence are key ingredients for success when you are working as part of a team. Empathy, flexibility, and assertiveness are some of the essential skills that you, as a team member, need to foster if you intend to collaborate so you can make the right decisions and ultimately succeed.

