

# CHILDREN'S STRIPE TEST REQUIREMENTS



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TAE KWON DO

## COLOR BELT STRIPE SYSTEM:

| Belt Color | 1st Stripe |  | 2nd Stripe |                    | 3rd Stripe |                                 | 4th Stripe |   |
|------------|------------|--|------------|--------------------|------------|---------------------------------|------------|---|
|            | Classes    | Requirements                               | Classes    | Requirements       | Classes    | Requirements                    | Classes    | Requirements                            |
| White      | 4          | Blocks                                     | 8          | Kicks              | 12         | First half of form              | 16         | Full form                               |
| Yellow     | 5          | Kicks and hand techniques                  | 10         | One-third of form  | 15         | Two-thirds of form              | 20         | Full form                               |
| Orange     | 5          | Kicks and hand techniques                  | 10         | First half of form | 15         | Full form                       | 20         | Falling                                 |
| Green      | 7          | Kicks and hand techniques                  | 15         | First half of form | 22         | Full form                       | 30         | Falling                                 |
| Purple     | 7          | Kicks and hand techniques                  | 15         | First half of form | 22         | Full form                       | 30         | One step sparring & rolling             |
| Blue       | 10         | Kicks and hand techniques                  | 20         | First half of form | 30         | Full form                       | 40         | One step sparring & falling             |
| Red        | 10         | Kicks, hand techniques, first half of form | 20         | Full form          | 30         | One step sparring               | 40         | Knee sparring & rolling                 |
| High Red   | 12         | Kicks, hand techniques, first half of form | 25         | Full form          | 37         | One step sparring               | 50         | Knee sparring                           |
| Brown      | 12         | Kicks, hand techniques, first half of form | 25         | Full form          | 37         | 1-step sparring & knee sparring | 50         | Adult White through Orange self defense |

\*High brown belts will receive stripes during black belt candidacy corresponding with curriculum milestones.