## **Treasure Coast Unit**



This workshop has been approved for and offers 1 contact hour. BAP-321, Exp. 03/21.

October 16, 2019 • 6:00 p.m. – 7:30 p.m.

"Manage Everyday Stress with EFT
Tapping - An Evidence Based Self Help
Therapeutic Method"

Presented by: Nancy Polites, LCSW

**Event will be held at:** 

Watercrest Senior Living - St. Lucie West 279 NW California Boulevard Port St. Lucie, FL 34986

Light Dinner and beverages sponsored by Watercrest Senior Living Registration is free to members and non-members.

To register, please visit www.naswfl.org/events.html.