

JAMMIN' DANCE & FITNESS CENTER

We are a unique studio offering traditional and non-traditional styles of dance. Our instructors are highly skilled in their specialty classes, and are several are considered experts in their knowledge of the dance style they teach. The director of the studio is a certified dance instructor with Dance Masters of America, and has received numerous awards as a nationally competitive team, as well as choreography and costumes awards. We offer All Inclusive classes and can accommodate wheelchairs for those with limitations. We believe everyone should have the opportunity to dance, and we do our best to find the right class for anyone who comes to our studio. Please see our website for more info on all of our classes at our website, jammindance.com

DANCE & ZUMBA INSTRUCTORS

Dance, Creative Kids & Zumba classes: Kay Lenhart • dance@jammindance.com

Belly Dance: Valerie Baker aka, Vahana • dancingesquire@yahoo.com

Scottish Country classes: Jeffery and Patsy Corrigan • pkcorrigan@aol.com

Any Time Fitness classes: • Phone: 530-295-3600

* **Please note:** All instructors at Jammin' Dance and Fitness Center are independent instructors, and manage their own classes, including payments. We provide direct contact for each instructor, so you can speak directly with them. For any questions you may have about their classes, please use the contact info provided, or contact the studio by email, dance@jammindance.com ~

Dance Class Prices:

1 hr - \$53 per month

45 min - \$45 per month

30 min - \$42 per month

Drop In: \$15 per class

Studio Zumba Classes:

\$35 per month (Any 1 Zumba class per wk)

\$48 per month (Any 2 Zumba classes per wk)

Drop In: \$12 per Zumba class

** Senior Discount for Chair Zumba (30 minute) class: \$5 per class

Any Time Fitness Zumba Classes:

Registration thru Any Time Fitness: 530-295-3600

Saturday Fun Day - Dance, Crafts, and Games:

1.5 hr - \$20 per class

Zumba Kids:

\$35 per month

(Parents are encouraged to join for only \$10 more per month)

*** "New to the studio" dancers can try a complimentary DANCE class for FREE!
Zumba classes, Saturday Fun Day and Parties are excluded from the complimentary Free class ~