



Melody A. Duncan was born and raised with three brothers in the Chesapeake/Virginia Beach area. She is a mother to five and a grandmother to eleven and great grandmother to one. All of which gives her her favorite title—Meme.

After becoming a certified Lay Speaker in The United Methodist Church and speaking from many pulpits in Kentucky and Virginia, her calling to full-time pastoral ministry was the next logical step in her walk with the Lord. Melody has pastored Claremont UMC, Claremont, Virginia, Kenwood UMC, Dinwiddie, Virginia, and currently serves as the pastor of Epworth UMC in downtown Norfolk, Virginia.

Melody, with her best friend and husband of thirty years, DeWayne, have been in ministry together for twenty-six years. DeWayne retired from the ministry in The United Methodist Church in 2021. Being a pastor's wife has given Melody a unique perspective of the self-worth issues individuals in the church face today. And as a professionally Certified Life Coach, Certified Self-Talk Trainer, and an Executive District Manager with an international health and wellness company, Melody has been able to mentor in a powerful way with God's Word: "*Let God transform you into a new person by changing the way you think*" (Romans 12:2 NLT). This verse is the very cornerstone of her own life and ministry to others.

Living her life centered in worship and prayer she has learned that worship and prayer are the keys to having the relationship with God necessary to live the Christlike life that our Lord desires for each of us. Melody also knows that a church that worships and is soaked in prayer "can do everything through Christ" (Philippians 4:13 NLT) who will give them strength.

Melody will be listening to the Lord for the direction she and Aldersgate UMC is to go so this ministry can be a blessing to the Kingdom of God and our community.