

# Northeast Unit



**February 23, 2021 • 7:00 p.m. – 8:00 p.m.**

## **“Virtual Book Club”**

*Hosted by:* Fred Sacklow, LCSW

**Please join us for a Virtual Book Club featuring  
“Building a Life Worth Living” by Marsha M. Linehan.**

**Please join us for a discussion on a memoir of the  
founder of DBT. She shares her history of mental illness  
and how she was able to use it to help others.**

**You will receive the Zoom login prior to the event.**

**To register, go to [www.naswfl.org/events.html](http://www.naswfl.org/events.html).**