

IF YOU ONLY REMEMBER ONE STATISTIC...



- **50%** of mental health conditions begin in childhood
- **50%** of affected youth become adults who struggle with behavioral issues
- **50%** of all sick days and **50%** of all disability benefits in wealthy countries are caused by mental ill health
- **50%** of all US prisoners have one or more diagnosable mental illness when sent to prison
- **50%** of people with a mental illness that are 14 and older drop out of high school

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If left untreated...

- Mental health conditions increase costs for all other health conditions by **50%**
- People with depression are **50%** more likely to develop heart disease, stroke, and respiratory illnesses, and are **50%** more likely to die from those conditions!

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