



## International Roofing Expo

February 1-3, 2022  
New Orleans, Louisiana

### **Fundamentals of insulation, vapor retarders, air barriers and attic ventilation**



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### **Topics**

- Some fundamentals
- Insulation
- Vapor retarders
- Air retarders
- Attic ventilation
- Questions... and other related topics

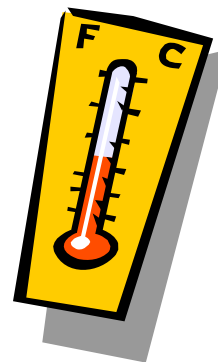
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## Some fundamentals

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## Phases of moisture

- **Gas phase** -- moisture vapor
  - Above 212 F
- **Liquid phase** -- water
  - 32 F to 212 F
- **Solid phase** -- frost or ice
  - Below 32 F



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## Humidity

The amount of water vapor in the air.

## Relative humidity

Relative humidity is defined as the ratio of the partial pressure of water vapor in a parcel of air to the saturated vapor pressure of water vapor at a prescribed temperature.

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## Dew point

Condensation temperature

The temperature at which the air can now longer hold all of its water vapor, and some of the water vapor must condense into liquid water.

*At 100% relative humidity, the dew point temperature and real temperature are the same, and condensation begins to form.*

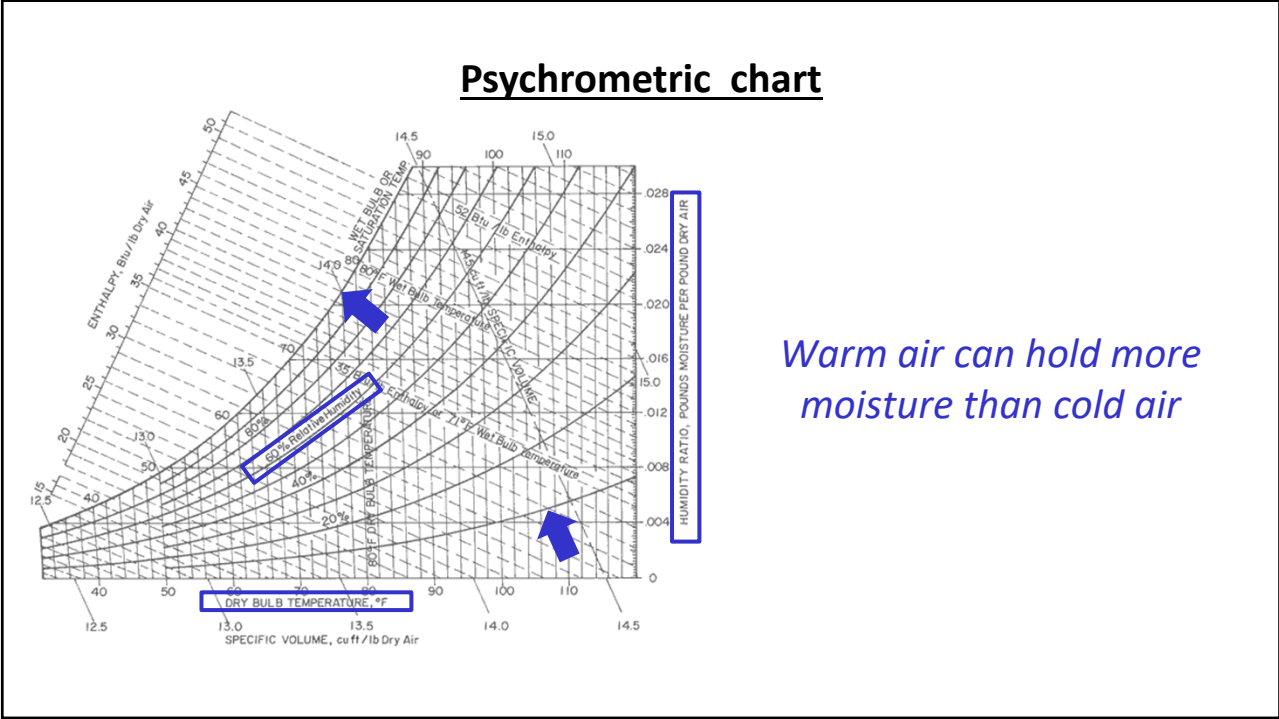
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**Psychrometrics**

The field of engineering concerned with the determination of physical and thermodynamic properties of gas-vapor mixtures.

Derived from the Greek *psuchron* meaning "cold" and *metron* meaning "means of measurement".

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## **Thermodynamics**

In physics, the study of energy conversion between heat and mechanical work, and subsequently the macroscopic variables such as temperature, volume and pressure.

Derived from the Greek *therme* meaning "heat" and *dynamis* meaning "power".

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## **First law of thermodynamics**

Energy can be transformed (changed from one form to another), but cannot be created or destroyed.

*Law of conservation of energy*

*Solid → Liquid → Gas → Liquid → Solid...*

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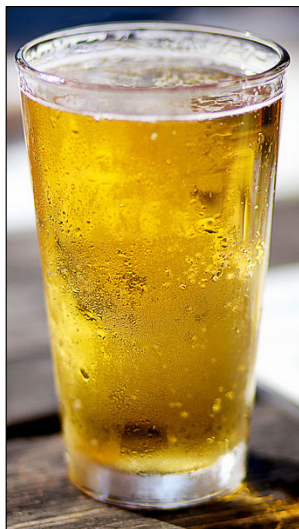
## Second law of thermodynamics

The entropy of an isolated system which is not in equilibrium will tend to increase over time, approaching a maximum value at equilibrium.

*Heat → Cold*

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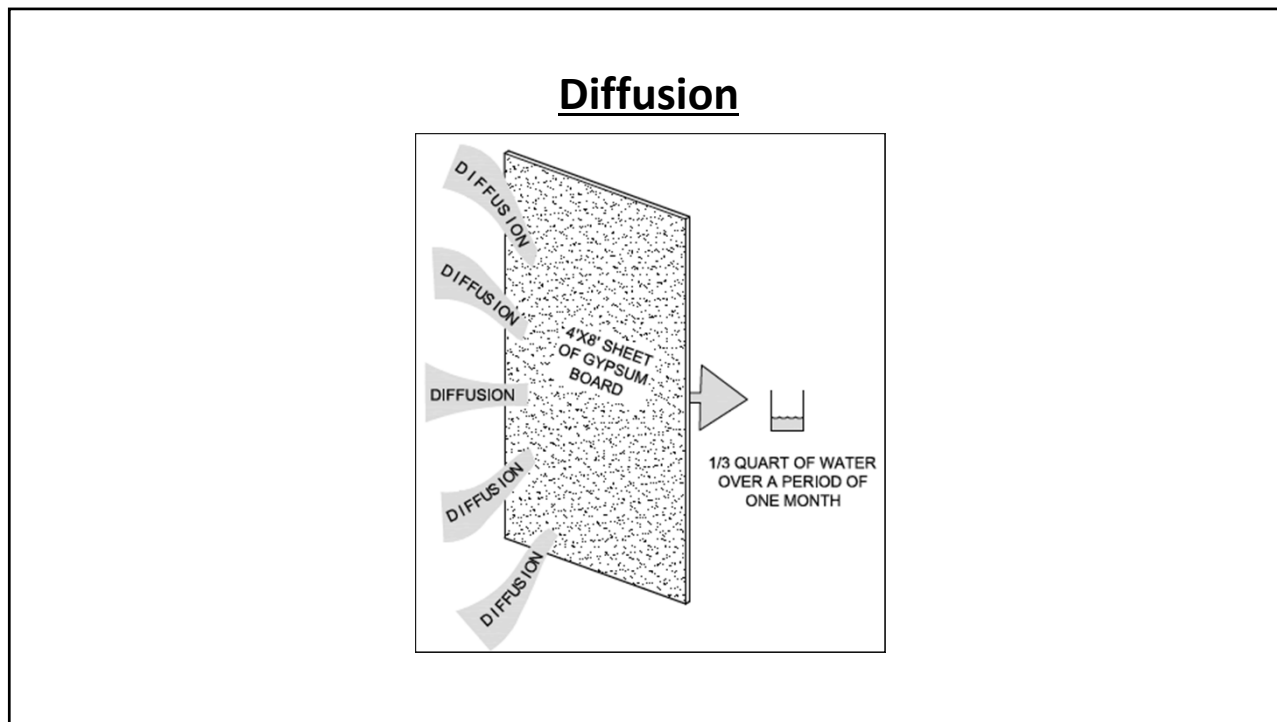
## A practical application...



Is the glass “leaking”?

No... but we are studying thermodynamics

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### Diffusion terminology

**Permeability:** the time rate of vapor transmission through a flat material of a unit thickness induced by vapor pressure difference between two specific surfaces under specified temperature and humidity.

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### **Diffusion terminology**

**Permeability:** the time rate of vapor transmission through a flat material of a unit thickness induced by vapor pressure difference between two specific surfaces under specified temperature and humidity.

Expressed as “perm-inch” units

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### **Diffusion terminology**

**Permeance:** the time rate of vapor transmission through a flat material or construction assembly induced by vapor pressure difference between two specific surfaces under specified temperature and humidity.

Expressed as “perm” units

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Material <sup>1</sup>	Permeance (perm) <sup>2</sup>	Permeability (perm-inch) <sup>3</sup>
<b>Construction materials:</b>		
Concrete (1:2:4 mix)		3.2
Brick masonry (4 inches thick)	0.8	
Concrete block (8 inches thick, cured)	2.4	
Plaster on metal lath (3/4 of an inch thick)	15	
Plaster on wood lath	11	
Gypsum wall board (3/8 of an inch thick, plain)	50	
Hardboard (3/8 of an inch thick, standard)	11	
Built-up roof membrane (hot applied)	0.0	
Plywood (1/4 of an inch thick, Douglas fir, exterior glue)	0.7	
Plywood (1/4 of an inch thick, Douglas fir, interior glue)	1.9	
<b>Thermal insulation materials:</b>		
Air (still)		120
Cellular glass		0
Expanded polystyrene		2.0-5.8
Extruded polystyrene		1.2
Mineral wool (unprotected)		116
Polyisocyanurate <sup>4</sup>		
Unfaced	2.77-4.49	
Foil-faced	.03	
Glass fiber-faced	<1.0	
<b>Plastic and metal foils and films:</b>		
Aluminum foil (0.001 inches thick)	0.0	
Polyethylene (0.004 inches thick)	0.08	
Polyethylene (0.006 inches thick)	0.06	
<b>Building paper, felts, roofing papers:</b>		
Saturated and coated roll roofing (65 lbs./100 ft. <sup>2</sup> )	0.05	
Kraft paper and asphalt laminated, reinforced (6.8 lbs./100 ft. <sup>2</sup> )	0.3	
15-lb. asphalt felt	1.0	
15-lb. tar felt	4.0	
Asphalt (2 oz./ft. <sup>2</sup> )	0.5	
Asphalt (3.5 oz./ft. <sup>2</sup> )	0.1	
Self-adhering polymer-modified bitumen membrane (0.040 inches thick)	0.1 <sup>5</sup>	
<b>Roof membranes</b>		
Built-up roofing	<0.1	
Polymer-modified bitumen	<0.1	
EPDM	<0.1	
Thermoplastic	<0.1	

214 The NRCA Roofing Manual: Architectural Metal Flashing and Condensation and Air Leakage Control—2022  
Condensation and Air Leakage Control | Chapter 1—Fundamentals of Condensation and Air Leakage Control

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## Vapor retarders

<u>Classification</u>	<u>Permeance</u>
Class I vapor retarder	0.1 perm or less
Class II vapor retarder	1.0 perm or less, and greater than 0.1 perm
Class III vapor retarder	10 perm or less, and greater than 1.0 perm

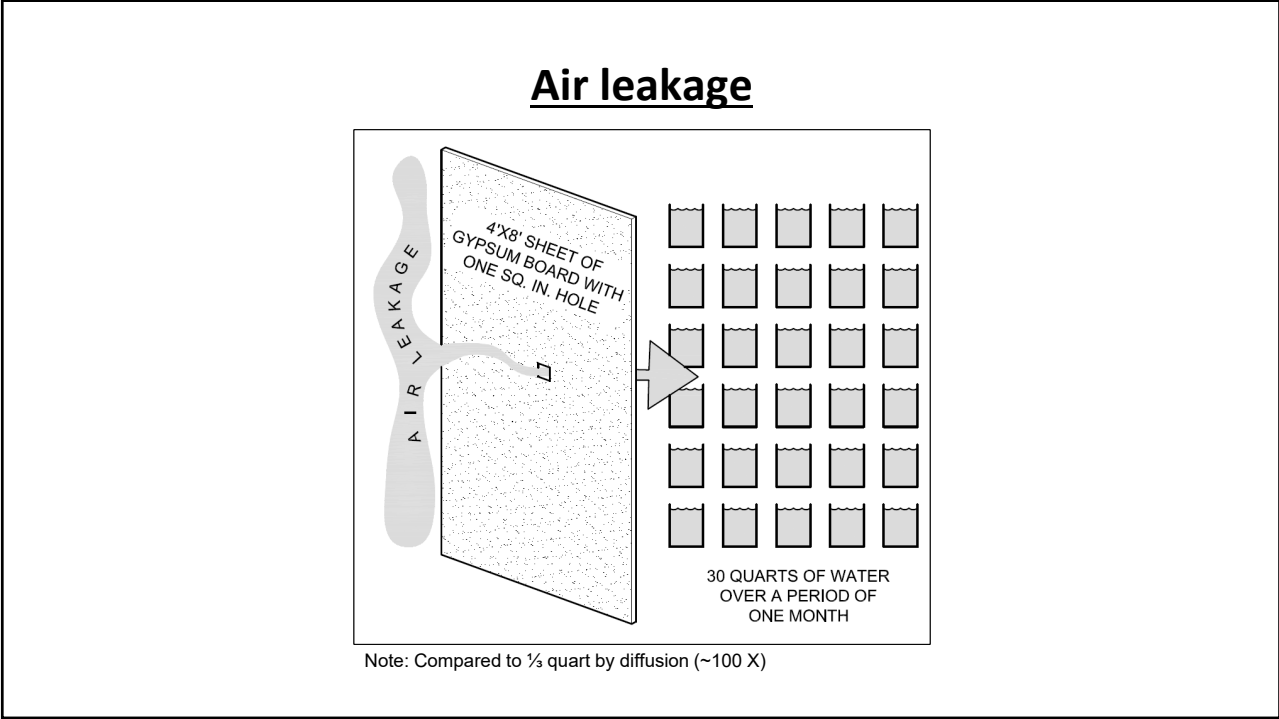
Permeance determined according to ASTM E96, Test Method A (desiccant method or dry cup method)

*NRCA recommends effective vapor retarders have perm-ratings of 0.5 or less*

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*Continuity is critical.*

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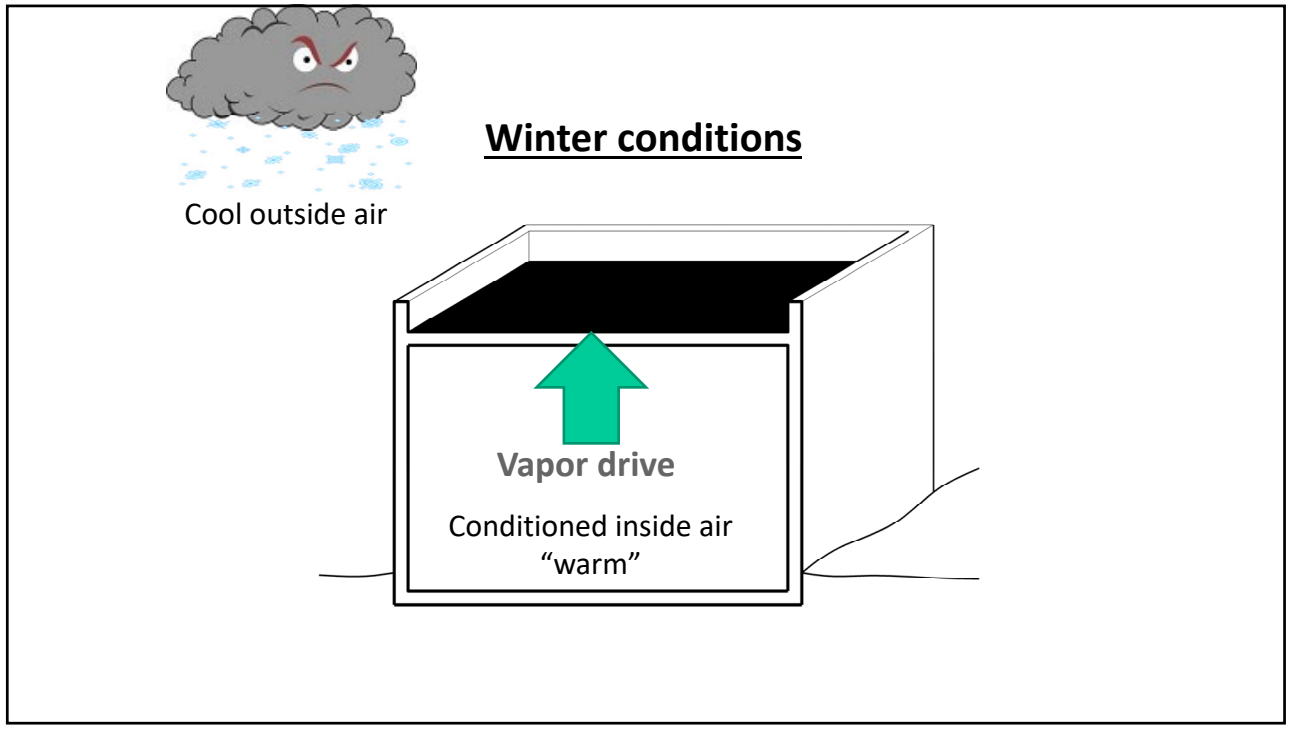
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*Air leakage, not vapor diffusion, can  
and does cause most of the moisture  
problems building envelopes suffer.*

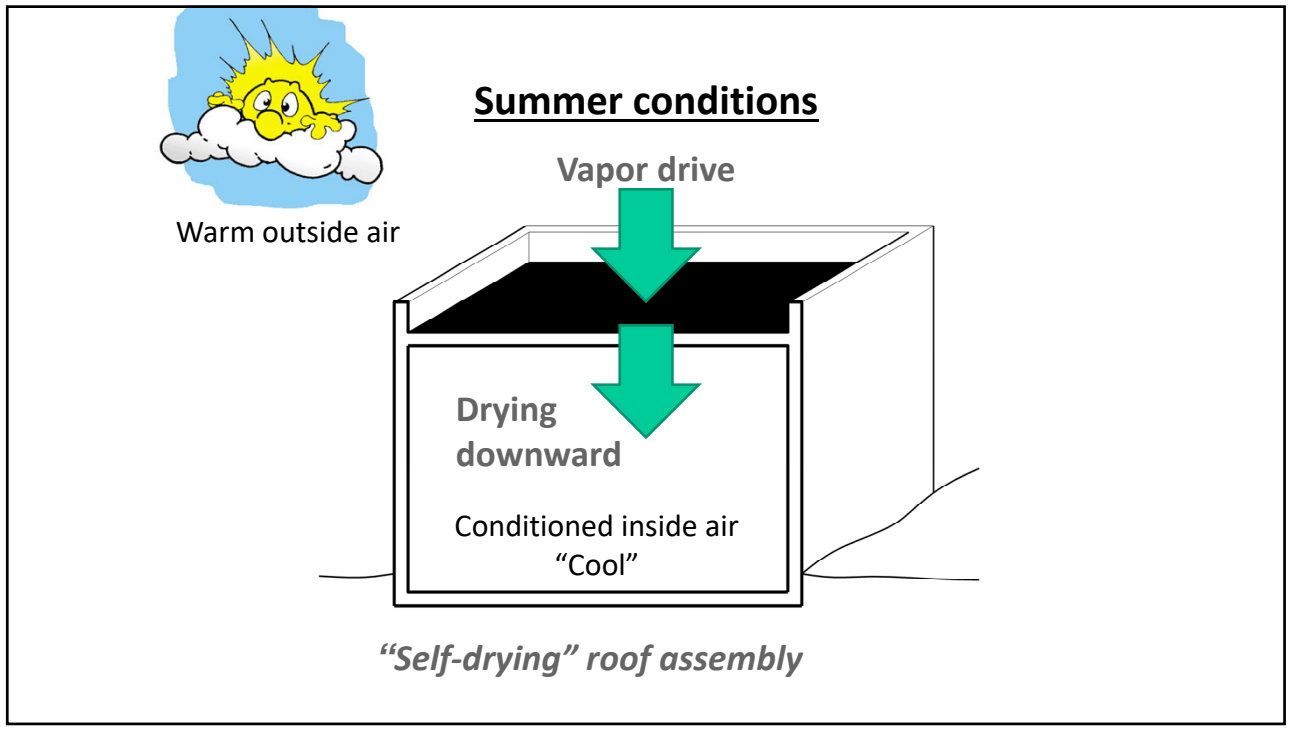
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*Now, pulling all these principles and fundamentals  
together into a roofing-specific example....*

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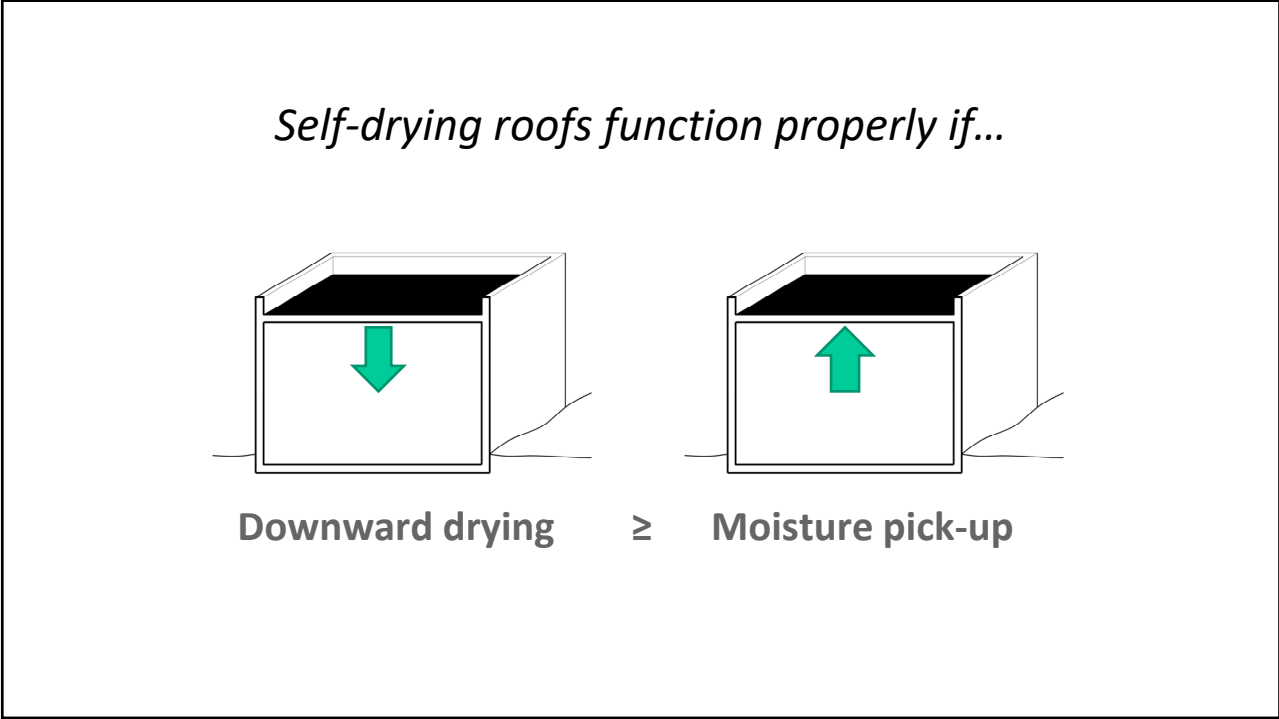


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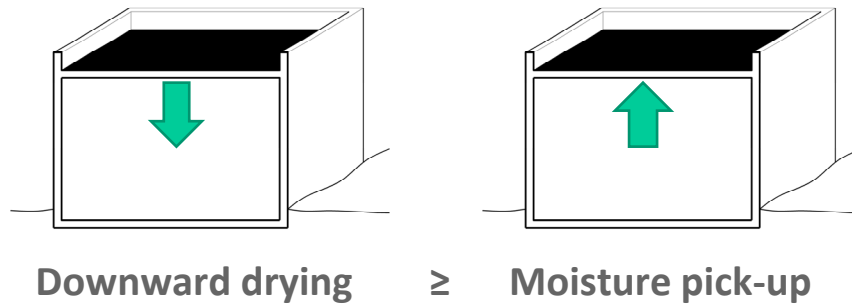
*Historically, most roof systems have effectively performed as “self-drying roofs”...*

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*Self-drying roofs function properly if...*



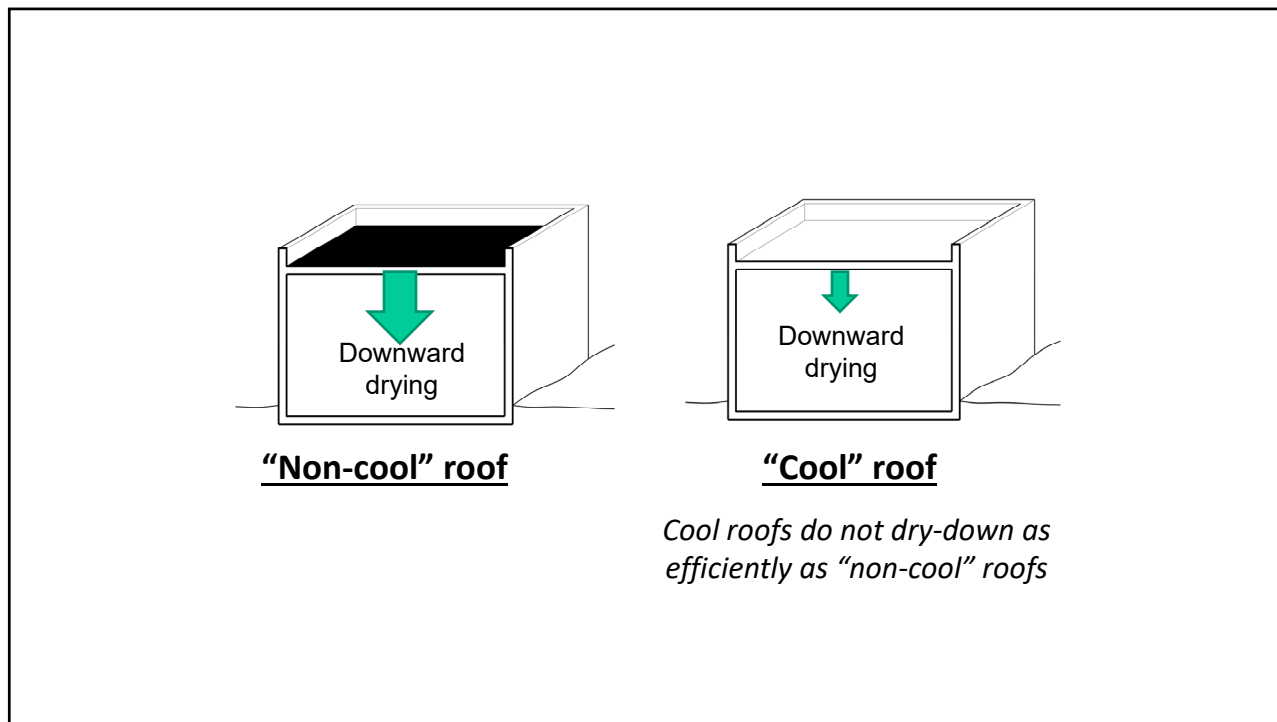
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### **Unintended consequences**

Unintended consequences are outcomes that are not the results originally intended by a particular action.

*The unintended results may be foreseen or unforeseen, but they should be the logical or likely results of the action*

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**NRCA’s recommendations specific to “cool” roofs**

- Adhered roof covering (membrane)
- 2 or more layers of insulation
- Off-set board joints on insulation

--or--

- Don’t rely on the “self-drying” concept:
  - Consider providing for a properly-placed vapor retarder

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## Thermal insulation

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## Principles of thermal insulation

**British thermal unit (Btu):** the energy required to raise the temperature of 1 pound of water 1 degree Fahrenheit (F).

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## **Principles of thermal insulation**

**Thermal resistance (R):** a relative measure of a material's or an assembly's resistance to heat flow; the reciprocal of the material's thermal conductance (C) or an assembly's thermal transmittance (U).

$$R = 1 / C \text{ or } R = 1 / U$$

*R-values are readily additive (unlike k-values and C-values). Therefore  $R_T = R_1 + R_2 + R_3 = \dots$*

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## **Long-term thermal resistance (LTTR)**

Determined using ASTM C1303 or CAN/ULC-S770

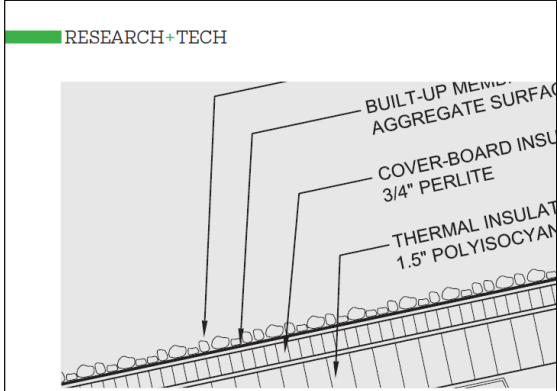
R-value estimate based upon a 15-year time-weighted average, corresponding to the product's estimated R-value 5-years after manufacturing

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**Long-term thermal resistance (LTTR)**  
 Determined using ASTM C1303 or CAN/ULC-S770

R-value estimate based upon a 15-year time-weighted average, corresponding to the product's estimated R-value 5-years after manufacturing

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**RESEARCH+TECH**

**Understanding R-value**  
The Federal Trade Commission's R-value rule provides a basis for comparison  
by Mark S. Graham

**T**hermal resistance, commonly referred to as R-value, is a measure used to report the thermal performance of building materials, products, systems and assemblies. In the roofing industry, R-value also is used as a basis for comparing insulation products. It is important you understand how R-value is derived and tested, as well as guidelines and regulations for reporting and product labeling R-values.

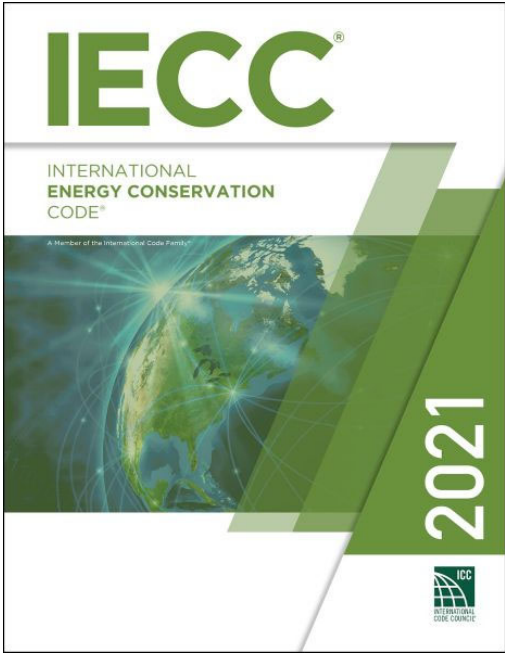
R-value

ASTM C168, "Standard Terminology Relating to Thermal Insulation," defines R-value as "the quantity determined by the temperature difference, at steady state, between two defined surfaces of a material or construction that induces a unit heat flow rate through a unit area." In English (inch-pound) units, R-value is expressed as h·ft<sup>2</sup>·°F/Btu. The R-value of homogeneous materials and products is typically tested using ASTM C518, "Standard Test Method for Steady-State Thermal Transmission Properties by Means of the Heat Flow Meter Apparatus." The testing's outcome is a thermal conductance value, commonly referred to as C-factor, expressed in inch-pound units as Btu·h/ft<sup>2</sup>·°F. The R-value of systems or assemblies commonly is tested using ASTM C1363, "Standard Test Method for Thermal Performance

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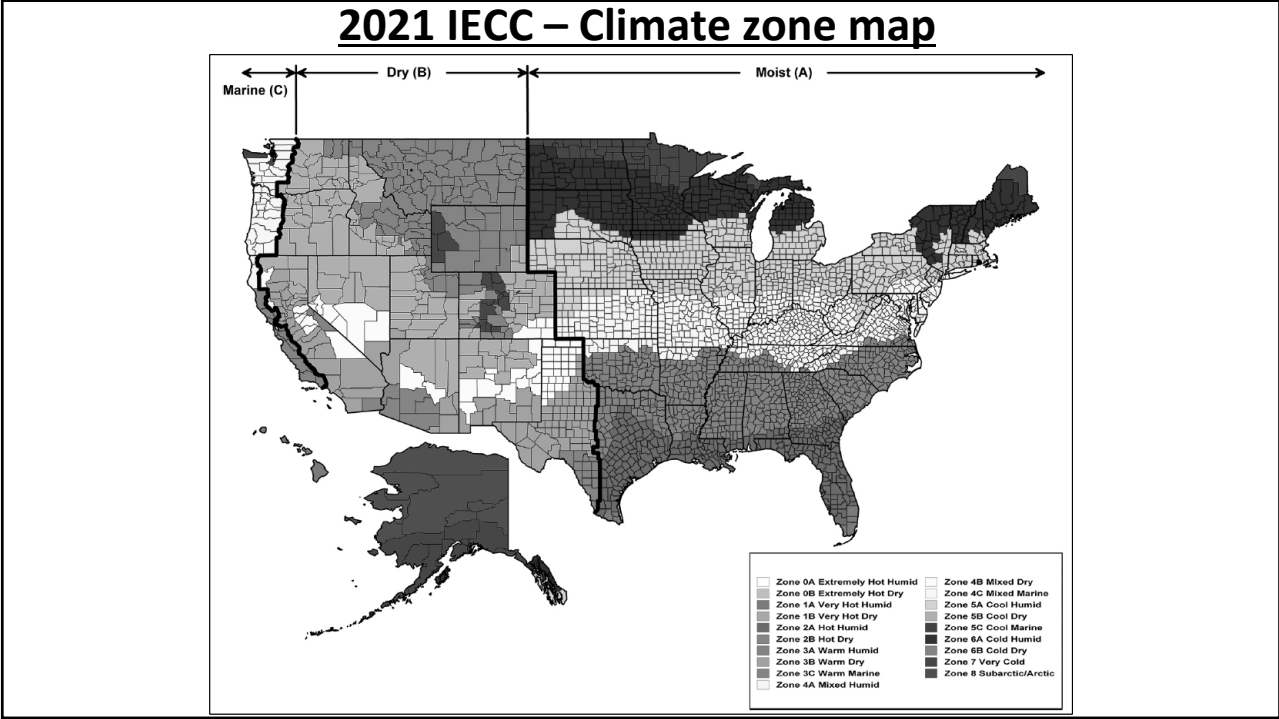
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The Energy Code dictates minimum levels of thermal insulation for building energy efficiency

- The Building Code dictates minimal levels of insulation for fire classification purposes

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## 2021 IECC Commercial -- Application

CHAPTER 4 [CE]  
COMMERCIAL ENERGY EFFICIENCY

**C401.2 Application.** Commercial buildings shall comply with Section C401.2.1 or C401.2.2.

**C401.2.1 International Energy Conservation Code.** Commercial buildings shall comply with one of the following:

- 1. Prescriptive Compliance.** The Prescriptive Compliance option requires compliance with Sections C402 through C406 and Section C408. Dwelling units and sleeping units in Group R-2 buildings without systems serving multiple units shall be deemed to be in compliance with this chapter, provided that they comply with Section R-406.
- 2. Total Building Performance.** The Total Building Performance option requires compliance with Section C407.

**Exception:** Additions, alterations, repairs and changes of occupancy to existing buildings complying with Chapter 5.

**C401.2.2 ASHRAE 90.1.** Commercial buildings shall comply with the requirements of ANSI/ASHRAE/IESNA 90.1.

**SECTION C402 BUILDING ENVELOPE REQUIREMENTS**

**C402.1 Building thermal envelope assemblies for non-low energy buildings.** Building thermal envelope assemblies for non-low energy buildings shall comply with the specific insulation values of Section C402.2 and the thermal mass of either the F-factor-based method of Section C402.1.3, the U-, C- and F-factor-based method of Section C402.1.4, or the component resistance alternative of Section C402.1.5.

**C402.2 Insulation values.** Insulation values for building envelope assemblies shall be as follows:

1. Walls.
2. Roofs.
3. Floors.
4. Fenestration.
5. Low energy buildings and greenhouses.

**TABLE C402.1 PENETRATION ASSEMBLY R-VALUE MINIMUMS**

**C402.1.1 Greenhouse areas that are mechanically ventilated.** Greenhouse areas that are mechanically ventilated shall comply with all of the following:

1. Fenestration assemblies shall comply with Section C402.1.3.
2. Fenestration assemblies shall comply with Section C402.1.4.
3. Fenestration assemblies shall comply with Section C402.1.5.

**C402.1.2 Fenestration assemblies.** Fenestration assemblies shall comply with the following:

1. Fenestration assemblies shall comply with Section C402.1.3.
2. Fenestration assemblies shall comply with Section C402.1.4.
3. Fenestration assemblies shall comply with Section C402.1.5.

**C402.1.3 Fenestration assemblies.** Fenestration assemblies shall comply with the following:

1. Fenestration assemblies shall comply with Section C402.1.3.1.
2. Fenestration assemblies shall comply with Section C402.1.3.2.
3. Fenestration assemblies shall comply with Section C402.1.3.3.

**C402.1.4 Fenestration assemblies.** Fenestration assemblies shall comply with the following:

1. Fenestration assemblies shall comply with Section C402.1.4.1.
2. Fenestration assemblies shall comply with Section C402.1.4.2.
3. Fenestration assemblies shall comply with Section C402.1.4.3.

**C402.1.5 Fenestration assemblies.** Fenestration assemblies shall comply with the following:

1. Fenestration assemblies shall comply with Section C402.1.5.1.
2. Fenestration assemblies shall comply with Section C402.1.5.2.
3. Fenestration assemblies shall comply with Section C402.1.5.3.

**TABLE C402.1 PENETRATION ASSEMBLY R-VALUE MINIMUMS**

**COMPONENT**

**Vertical Assemblies**

**C402.1.2 Equipment built with the following shall meet thermal envelope provisions:**

1. Are separate buildings that are 1,200 square feet or less.
2. Are intended to be attached to the building with a wall per square foot of the building envelope.
3. Have a heating system (17,000 Btu/h) (5.4 kW) or less.
4. Have an average height of 20 feet or less.
5. Comply with the requirements of Section C402.1.3.

**C402.1.3 Insulation method.** Building thermal envelope assemblies shall comply with the requirements of Section C402.1.3.1 or C402.1.3.2.

**C402.1.4 Insulation method.** Building thermal envelope assemblies shall comply with the requirements of Section C402.1.4.1 or C402.1.4.2.

**C402.1.5 Insulation method.** Building thermal envelope assemblies shall comply with the requirements of Section C402.1.5.1 or C402.1.5.2.

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## 2021 IECC Commercial – U-factor Approach

COMMERCIAL ENERGY EFFICIENCY

**C402.1.4.1 Roof/ceiling assembly.** The maximum roof/ceiling assembly *U*-factor shall not exceed that specified in Table C402.1.4 based on construction materials used in the roof/ceiling assembly.

**C402.1.4.1.1 Tapered, above-deck insulation based on thickness.** Where used as a component of a maximum roof/ceiling assembly *U*-factor calculation, the sloped roof insulation *R*-value contribution to that calculation shall use the average thickness in inches (mm) along with the material *R*-value-per-inch (per-mm) solely for *U*-factor compliance as prescribed in Section C402.1.4.

**C402.1.4.1.2 Suspended ceilings.** Insulation installed on suspended ceilings having removable ceiling tiles shall not be considered part of the assembly *U*-factor of the roof/ceiling construction.

**C402.1.4.1.3 Joints staggered.** Continuous insulation board shall be installed in not less than two layers, and the edge joints between each layer of insulation shall be staggered, except where insulation tapers to the roof deck at a gutter edge, roof drain or scupper.

**TABLE C402.1.4 ROOF/CEILING ASSEMBLY U-FACTOR LIMITS**

**CLIMATE ZONE**

**Roof/ceiling assembly**

**C402.1.2 Equipment built with the following shall meet thermal envelope provisions:**

1. Are separate buildings that are 1,200 square feet or less.
2. Are intended to be attached to the building with a wall per square foot of the building envelope.
3. Have a heating system (17,000 Btu/h) (5.4 kW) or less.
4. Have an average height of 20 feet or less.
5. Comply with the requirements of Section C402.1.3.

**C402.1.3 Insulation method.** Building thermal envelope assemblies shall comply with the requirements of Section C402.1.3.1 or C402.1.3.2.

**C402.1.4 Insulation method.** Building thermal envelope assemblies shall comply with the requirements of Section C402.1.4.1 or C402.1.4.2.

**C402.1.5 Insulation method.** Building thermal envelope assemblies shall comply with the requirements of Section C402.1.5.1 or C402.1.5.2.

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# 2021 IECC Commercial

**C402.2 Specific building thermal envelope insulation requirements.** Insulation in *building thermal envelope* opaque assemblies shall comply with Sections C402.2.1 through C402.2.7 and Table C402.1.3.

**C402.2.1 Roof assembly.** The minimum thermal resistance (*R-value*) of the insulating material installed either between the roof framing or continuously on the roof assembly shall be as specified in Table C402.1.3, based on construction materials used in the roof assembly.

COMMERCIAL ENERGY EFFICIENCY

**C402.1.3 Thermal resistance of cold-formed steel walls.** *C-factor* of walls with cold-formed steel shall be determined in accordance with Equation 4.1:

$$U = 1/R_e + [ZE] \quad \text{(Equation 4.1)}$$

where:

- $R_e$  = The cumulative *R-value* of the wall component along the path of heat transfer, excluding the cavity insulation and steel studs.
- $ZE$  = The effective *R-value* of the cavity insulation with steel studs as specified in Table C402.1.4.2.

NOMINAL STUD SPACING (inches)	SPACING OF STUDS (inches)	CAVITY ASSEMBLY (prescription)	CORRECTION FACTOR (CF)	EFFECTIVE R-VALUE (R <sub>e</sub> ) (square feet/degree Fahrenheit-ft)
P <sub>1</sub>	16	11	0.48	3.98
P <sub>1</sub>	24	11	0.52	3.80
P <sub>1</sub>	16	19	0.57	3.61
P <sub>1</sub>	24	19	0.61	3.43
P <sub>1</sub>	16	24	0.65	3.25
P <sub>1</sub>	24	24	0.69	3.07

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TABLE C402.1.3 OPAQUE THERMAL ENVELOPE INSULATION COMPONENT MINIMUM REQUIREMENTS, R-VALUE METHOD <sup>a</sup>																
CLIMATE ZONE	0 AND 1		2		3		4 EXCEPT MARINE		5 AND MARINE 4		6		7		8	
	All other	Group R	All other	Group R	All other	Group R	All other	Group R	All other	Group R	All other	Group R	All other	Group R	All other	Group R
<b>Roofs</b>																
Insulation entirely above roof deck	R-20ci	R-25ci	R-25ci	R-25ci	R-25ci	R-25ci	R-30ci	R-30ci	R-30ci	R-30ci	R-30ci	R-30ci	R-35ci	R-35ci	R-35ci	R-35ci
Metal buildings <sup>b</sup>	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-19 + R-11 LS	R-25 + R-11 LS	R-30 + R-11 LS	R-30 + R-11 LS	R-25 + R-11 + R-11 LS	R-25 + R-11 + R-11 LS
Attic and other	R-38	R-38	R-38	R-38	R-38	R-38	R-49	R-49	R-49	R-49	R-49	R-49	R-60	R-60	R-60	R-60
<b>Walls, below grade</b>																
Metal framed	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci	R-13 + R-5ci
Wood framed and other	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20	R-13 + R-3.8ci or R-20
<b>Floors</b>																
Mass <sup>c</sup>	NR	NR	R-6.3ci	R-8.3ci	R-10ci	R-10ci	R-14.6ci	R-16.7ci	R-14.6ci	R-16.7ci	R-16.7ci	R-16.7ci	R-20.9ci	R-20.9ci	R-23ci	R-23ci
Joist framing	R-13	R-13	R-30	R-30	R-30	R-30	R-30	R-30	R-30	R-30	R-30	R-30	R-38	R-38	R-38	R-38
<b>Slab-on-grade floors</b>																
Unheated slabs	NR	NR	NR	NR	NR	R-10 for 24" below	R-15 for 24" below	R-15 for 24" below	R-15 for 24" below	R-20 for 24" below	R-20 for 24" below	R-20 for 24" below	R-20 for 48" below	R-20 for 48" below	R-20 for 48" below	R-25 for 48" below
Heated slabs <sup>d</sup>	R-7.5 for 12" below+ R-5 fall slab	R-7.5 for 12" below+ R-5 fall slab	R-7.5 for 12" below+ R-5 fall slab	R-7.5 for 12" below+ R-5 fall slab	R-10 for 24" below+ R-5 fall slab	R-10 for 24" below+ R-5 fall slab	R-15 for 24" below+ R-5 fall slab	R-15 for 24" below+ R-5 fall slab	R-15 for 36" below+ R-5 fall slab	R-15 for 36" below+ R-5 fall slab	R-20 for 36" below+ R-5 fall slab	R-20 for 36" below+ R-5 fall slab	R-20 for 48" below+ R-5 fall slab	R-20 for 48" below+ R-5 fall slab	R-20 for 48" below+ R-5 fall slab	R-20 for 48" below+ R-5 fall slab

For SI: 1 inch = 25.4 mm, 1 pound per square foot = 4.88 kg/m<sup>2</sup>, 1 pound per cubic foot = 16 kg/m<sup>3</sup>.

ci = Continuous Insulation, NR = No Requirement, LS = Linear System.

a. Assembly descriptions can be found in ANSI/ASHRAE/IESNA 90.1 Appendix A.

b. Where using *R-value* compliance method, a thermal spacer block shall be provided, otherwise use the *U-factor* compliance method in Table C402.1.4.

c. R-5.3ci is allowed to be substituted with concrete block walls complying with ASTM C90, ungrouted or partially grouted or 32 inches or less on center vertically and 48 inches or less on center horizontally, with augmented cores filled with an insulating material having a maximum thermal conductivity of 0.04 Btu-in/ft<sup>2</sup>-h-R.

d. Where heated slabs are below grade, below-grade walls shall comply with the exterior insulation requirements for heated slabs.

e. "Mass floors" shall be in accordance with Section C402.2.3.

f. "Mass walls" shall be in accordance with Section C402.2.2.

g. The first value is for perimeter insulation and the second value is for full, under-slab insulation. Perimeter insulation is not required to extend below the bottom of the slab.

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## ICC 2021 Commercial – Roof Reflectivity

**C402.3 Roof solar reflectance and thermal emittance.** Low-sloped roofs directly above cooled conditioned spaces in *Climate Zones 0* through *3* shall comply with one or more of the options in Table C402.3.

**TABLE C402.3 MINIMUM ROOF REFLECTANCE AND EMITTANCE OPTIONS<sup>a</sup>**

Three-year-aged solar reflectance index<sup>b</sup> of 55 and 3-year aged thermal emittance<sup>c</sup> of 0.75

Three-year-aged solar reflectance index<sup>d</sup> of 64

- The use of area-weighted averages to comply with these requirements shall be permitted. Materials lacking 3-year-aged tested values for either solar reflectance or thermal emittance shall be assigned both a 3-year-aged solar reflectance in accordance with Section C402.3.1 and a 3-year-aged thermal emittance of 0.90.
- Aged solar reflectance tested in accordance with ASTM C1549, ASTM E903 or ASTM E1918 or CRRC-S100.
- Aged thermal emittance tested in accordance with ASTM C1371 or ASTM E408 or CRRC-S100.
- Solar reflectance index (SRI) shall be determined in accordance with ASTM E1980 using a convection coefficient of  $2.1 \text{ Btu/h} \times \text{ft}^2 \times \text{°F}$  ( $12 \text{ W/m}^2 \times \text{K}$ ). Calculation of aged SRI shall be based on aged tested values of solar reflectance and thermal emittance.

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## IECC 2021 Commercial-- Reroofing

**C503.2.1 Roof replacement.** *Roof replacements* shall comply with Section C402.1.3, C402.1.4, C402.1.5 or C407 where the existing roof assembly is part of the *building thermal envelope* and contains insulation entirely above the roof deck. In no case shall the *R-value* of the roof insulation be reduced or the *U-factor* of the roof assembly be increased as part of the *roof replacement*.

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**Vapor retarders**

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The image shows two code book covers side-by-side. The left cover is for the International Energy Conservation Code (IECC) 2021, featuring a green and white design with a globe. The right cover is for the International Building Code (IBC) 2021, featuring a blue and white design with a globe. A blue callout box with white text is overlaid on the center of the covers, stating: "The Energy Code directs users to the Building Code (and Residential Code) for vapor retarders. Only vapor retarders in walls are addressed." Both covers include the ICC logo at the bottom.

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## **Vapor retarders should be considered**

NRCA guidelines -- Low-slope roof assemblies

- Climate Zones 6A, 7 or 8
- High interior humidity occupancies (swimming pools)
- Coldest month < 40 F, interior RH  $\geq$  45%
  - US Army CRREL method enhancement
- Where there is a vapor retarder in the wall assembly

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## **Average January temperature less than 40F**

ALASKA HAS AN AVERAGE JANUARY TEMPERATURE BELOW 40°F.



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## US Army CRREL method

Vapor retarder determination  
(CRREL: Cold Regions Research and Engineering Laboratory)

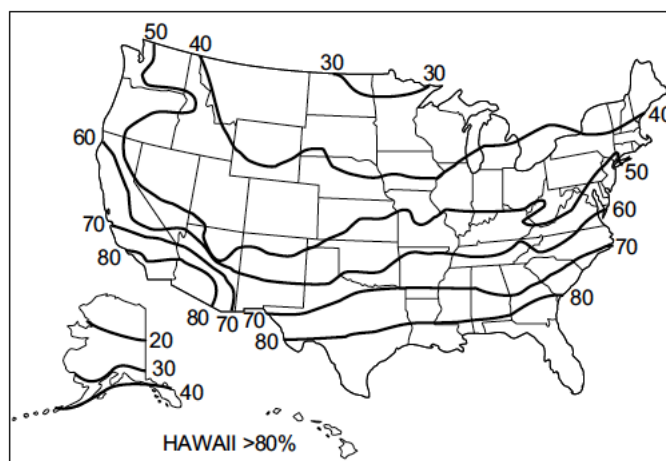
Enhances the “Coldest month < 40 F, interior  
RH  $\geq$  45%” guideline:

- Applies to adhered roof coverings (only)
- Provides interior RH thresholds for throughout the U.S. (68 F design interior temperature)
- Provides RH threshold corrections for design interior temperatures other than 68 F

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## US Army CRREL method

Vapor retarder determination

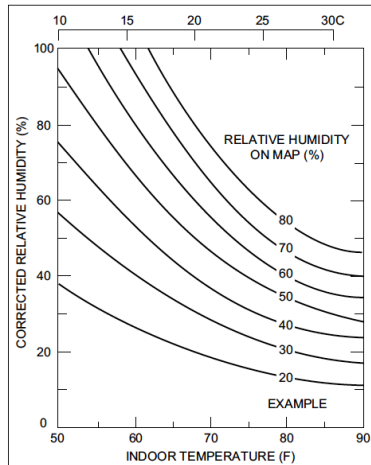


Maximum allowable design interior humidity  
(before use of a vapor retarder is suggested)

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## US Army CRREL method

Vapor retarder determination



Temperature correction  
(other than 68 F)

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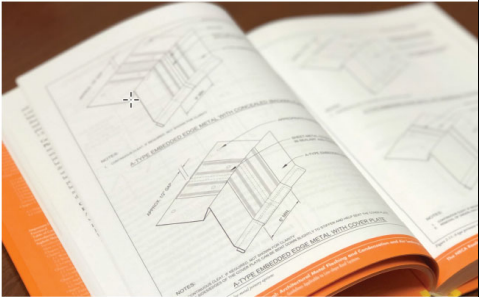
## Vapor retarder fundamentals

- Evaluate the dew point temperature during winter design conditions (in North America)
- To prevent the formation of condensation on the interior side of a vapor retarder, the temperature at the vapor retarder level must be warmer than the dew point temperature.

*Position the vapor retarder as close to the "warm side" as possible.*

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RESEARCH+TECH



**Positioning is everything**  
Proper vapor retarder layer placement is essential to prevent condensation  
by Mark S. Graham

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### May 2021

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## Cooler and freezer buildings

TECH TODAY

**Design challenges**  
Cooler and freezer building designs present unique situations for roof system designers  
by Mark S. Graham

**Unlike most building types** where interior environments are relatively moderate, interior conditions in cooler and freezer buildings often are the same or worse than typical exterior winter conditions. As a result, roof system designers of cooler and freezer buildings are presented with some unique design challenges and decisions.

**Design considerations**  
In addition to typical considerations for conventional buildings, there are at least three fundamental design considerations that need to be resolved when designing buildings for low-temperature operations, such as coolers or freezers:

- Compensating for building thermal movement and avoiding potential damage to the roof system caused by thermal

**When the building is put into operation** and its interior and structural framework cook in the building's internal operating temperature, which can be about 20°F, the lateral framework may contract about 1/2 of an inch because of thermal movement and longitudinal members may contract about 1/8 inches. Also, the stresses created by these movements are considerable and typically will be greatest at the building's corners. Thermal movement and stresses also can significantly affect a roof system if not properly addressed.

**Sound engineering judgment is necessary** when designing the structural framework for cooler and freezer buildings to address thermal movement and stresses. NRCA suggests placing structural expansion joints to divide the building envelope into relatively square (and not rectangular) segments. Also, the design of expansion joints can be critical.

**Thermal insulation**  
 To achieve necessary R-values, designers also need to consider the insulation-to-service temperature (which is the assembly's temperature gradient). Polyisocyanurate insulation, for example, has a relatively high R-value at 75°F but steadily decreased R-values at lower or higher temperatures.

**Air and vapor retarders**  
 Also, designers need to consider the placement of a vapor retarder and possibly a separate air retarder.

For cooler and freezer buildings, there is no question the most effective location for a vapor retarder is on the outside of the insulation—a continuous, airtight, and moisture-resistant membrane. The only time there will be a need for vapor drive direction is when the exterior temperature drops below the interior temperature; these conditions would need to exist for long time periods before a moisture vapor pressure differential could cause vapor migration damage.

**Special considerations also apply to be**

The direction of vapor drive is typically reversed; the roof covering likely functions as the vapor retarder

While it's true that the warmer the interior temperature is (75°F), the building's framework may be vapor and air tight.

Properly placed joints are not airtight or vapor tight until assembly may be useful.

When selecting specific insulation types

**MARK S. GRAHAM** is NRCA's vice president of national services.

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New Orleans, LA

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*The Energy Code dictates minimum air retarder requirements*

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## IECC 2021 Commercial – Air Retarders

### COMMERCIAL ENERGY EFFICIENCY

Daylight zones shall include night daylight zones and daylight visible zones.  
**C402.4.5 Doors.** Opaque swinging doors shall comply with Table C402.1.4. Opaque nonswinging doors shall comply with Table C402.1.4. Opaque doors shall be considered as part of the gross area of above-grade walls that are part of the building thermal envelope. Opaque doors shall comply with Section C402.4.5.1 or C402.4.5.2. Other doors shall comply with the provisions of Section C402.4.3 for vertical fenestration.

**C402.5 Air leakage—thermal envelope.** The *building thermal envelope* shall comply with Sections C402.5.1 through Section C402.5.11.1, or the *building thermal envelope* shall be tested in accordance with Section C402.5.2 or C402.5.3. Where compliance is based on such testing, the building shall also comply with Sections C402.5.7, C402.5.8 and C402.5.9.

**C402.5.1 Air barriers.** A continuous air barrier shall be provided throughout the *building thermal envelope*. The continuous air barriers shall be located on the inside or outside of the building thermal envelope, located within the assemblies composing the building thermal envelope, or any combination thereof. The air barrier shall comply with Sections C402.5.1.1, and C402.5.1.2.

**Exception:** Air barriers are not required in buildings located in *Climate Zone 2B*.

3. Penetrations of the air barrier shall be sealed, gasketed or otherwise sealed in a manner compatible with the construction materials and location. Sealing shall allow for expansion, contraction and mechanical vibration. Joints and seams associated with penetrations shall be sealed in the same manner or type. Sealing materials shall be securely installed around the penetration so as not to dilute, loosen or otherwise impair the penetration. Joints to resist positive and negative pressure from wind, stack effect and mechanical ventilation. Sealing of concealed fire stoppings, where required, shall be in a manner that is recommended by the manufacturer. Cracking or other adhesive failures shall not be used to fill voids between fire stoppings cover plates and walls or ceilings.  
 4. Recessed lighting fixtures shall comply with Section C402.5.10. Where similar objects are installed that penetrate the air barrier, provisions shall be made to maintain the integrity of the air barrier.

**C402.5.1.2 Air barrier compliance.** A continuous air barrier for the opaque building envelope shall comply with the following:

- Buildings or portions of buildings, including Group R and I occupancies, shall meet the provisions of Section C402.5.1.2.  
**Exception:** Buildings in Climate Zones 2B, 3C and 5C.
- Buildings or portions of buildings other than Group R and I occupancies shall meet the provisions of Section C402.5.1.3.  
**Exception:**
  - Buildings in Climate Zones 2B, 3B, 3C and 5C.
  - Buildings larger than 5,000 square feet (464.5 m<sup>2</sup>) floor area in Climate Zones 0B, 1, 2A, 4B and 4C.
  - Buildings between 5,000 square feet (464.5 m<sup>2</sup>) and 50,000 square feet (4645 m<sup>2</sup>) floor area in Climate Zones 0A, 3A and 5B.
- Buildings or portions of buildings that do not complete air barrier testing shall meet the provisions of Section C402.5.1.3 or C402.5.1.4 in addition to Section C402.5.1.5.

**C402.5.1.3 Materials.** Materials with an air permeability not greater than 0.004 cfm/100 ft<sup>2</sup> (0.02 L/s · m<sup>2</sup>) under a pressure differential of 0.3 inch water gauge (75 Pa) when tested in accordance with ASTM E2178 shall comply with this section. Materials in Items 1 through 3 shall be deemed to comply with this section, provided that joints are sealed and materials:

### COMMERCIAL ENERGY EFFICIENCY

Daylight zones shall include night daylight zones and daylight visible zones.  
**C402.4.5 Doors.** Opaque swinging doors shall comply with Table C402.1.4. Opaque nonswinging doors shall comply with Table C402.1.4. Opaque doors shall be considered as part of the gross area of above-grade walls that are part of the building thermal envelope. Opaque doors shall comply with Section C402.4.5.1 or C402.4.5.2. Other doors shall comply with the provisions of Section C402.4.3 for vertical fenestration.

**C402.4.5.1 Opaque swinging doors.** Opaque swinging doors shall comply with Table C402.1.4.  
**C402.4.5.2 Nonswinging doors.** Opaque nonswinging doors that are horizontally hinged sectional doors with a single row of fasteners shall have an assembly U-factor less than or equal to 0.440 in Climate Zones 0 through 6 and less than or equal to 0.360 in Climate Zones 7 and 8, provided that the fenestration area is not less than 14 percent and not more than 25 percent of the total door area.  
**Exception:** Other doors shall comply with the provisions of Section C402.4.3 for vertical fenestration.

**C402.5 Air leakage—thermal envelope.** The *building thermal envelope* shall comply with Sections C402.5.1 through Section C402.5.11.1, or the *building thermal envelope* shall be tested in accordance with Section C402.5.2 or C402.5.3. Where compliance is based on such testing, the building shall also comply with Sections C402.5.7, C402.5.8 and C402.5.9.

**C402.5.1 Air barriers.** A continuous air barrier shall be provided throughout the *building thermal envelope*. The continuous air barriers shall be located on the inside or outside of the building thermal envelope, located within the assemblies composing the building thermal envelope, or any combination thereof. The air barrier shall comply with Sections C402.5.1.1, and C402.5.1.2.

**Exception:** Air barriers are not required in buildings located in Climate Zone 2B.

**C402.5.1.1 Air barrier construction.** The continuous air barrier shall be constructed to comply with the following:

- The air barrier shall be continuous for all assemblies that are the thermal envelope of the building and across the joints and assemblies.
- Air barrier joints and seams shall be sealed, including sealing transitions in places and changes in materials. The joints and seals shall be securely installed so as to the joint for its entire length so as not to dilute, loosen or otherwise impair its ability to resist positive and negative pressure from wind, stack effect and mechanical ventilation.

**C402.5.1.2 Air barrier compliance.** A continuous air barrier for the opaque building envelope shall comply with the following:

- Buildings or portions of buildings, including Group R and I occupancies, shall meet the provisions of Section C402.5.2.

**Exception:** Buildings in Climate Zones 2B, 3C and 5C.

- Buildings or portions of buildings other than Group R and I occupancies shall meet the provisions of Section C402.5.3.

**Exceptions:**

- Buildings in Climate Zones 2B, 3B, 3C and 5C.
- Buildings larger than 5,000 square feet (464.5 m<sup>2</sup>) floor area in Climate Zones 0B, 1, 2A, 4B and 4C.
- Buildings between 5,000 square feet (464.5 m<sup>2</sup>) and 50,000 square feet (4645 m<sup>2</sup>) floor area in Climate Zones 0A, 3A and 5B.
- Buildings or portions of buildings that do not complete air barrier testing shall meet the provisions of Section C402.5.1.3 or C402.5.1.4 in addition to Section C402.5.1.5.

**COMMERCIAL ENERGY EFFICIENCY**

Daylight zones shall include triple daylight zones and daylight interior zones.

**C402.4.3 Doors.** Opaque swinging doors shall comply with Table C402.1.4. Opaque nonswinging doors shall comply with Table C402.1.4. Opaque doors shall be considered as part of the gross area of above-grade walls that are part of the building thermal envelope. Opaque doors shall comply with Section C402.4.5.1 or C402.4.5.2. Other doors shall comply with the provisions of Section C402.4.3 for vertical fenestration.

**C402.4.3.1 Opaque swinging doors.** Opaque swinging doors shall comply with Table C402.1.4.

**C402.4.3.2 Nonswinging doors.** Opaque nonswinging doors that are horizontally hinged sectional doors with a single row of fenestration shall have an assembly U-factor less than or equal to 0.440 in Climate Zones 0 through 6 and less than or equal to 0.360 in Climate Zones 7 and 8, provided that the fenestration area is not less than 14 percent and not more than 25 percent of the total door area.

**Exception:** Other doors shall comply with the provisions of Section C402.4.3 for vertical fenestration.

**C402.5 Air leakage—thermal envelope.** The building thermal envelope shall comply with Section C402.5.1 through Section C402.5.11.1, or the building thermal envelope shall be tested in accordance with Section C402.5.2 or C402.5.3. Where compliance is based on such testing, the building shall also comply with Sections C402.5.7, C402.5.8 and C402.5.9.

**C402.5.1 Air barriers.** A continuous air barrier shall be provided throughout the building thermal envelope. The continuous air barrier shall be located on the inside or outside of the building thermal envelope, located within the assemblies comprising the building thermal envelope, or any combination thereof. The air barrier shall comply with Sections C402.5.1.1, and C402.5.1.2.

**Exception:** Air barriers are not required in buildings located in Climate Zone 2B.

**C402.5.1.1 Air barrier construction.** The continuous air barrier shall be constructed to comply with the following:

1. The air barrier shall be continuous for all assemblies that are the thermal envelope of the building and across the joints and assemblies.
2. Air barrier joints and seams shall be sealed, including sealing transitions in places and changes in materials. The joints and seals shall be securely installed in or on the joint for its entire length so as not to dilute, loosen or otherwise impair its ability to resist positive and negative pressure from wind, stack effect and mechanical ventilation.

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**C4-10**

**INTERNATIONAL CODE COUNCIL**

**C402.5.1.3 Materials.** Materials with an air permeability not greater than 0.004 cfm/ft<sup>2</sup> (0.02 L/s × m<sup>2</sup>) under a pressure differential of 0.3 inch water gauge (75 Pa) when tested in accordance with ASTM E2178 shall comply with this section. Materials in Items 1 through 16 shall be deemed to comply with this section, provided that joints are sealed and materials

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**COMMERCIAL ENERGY EFFICIENCY**

**C402.5.1.5 Building envelope performance verification.** The installation of the continuous air barrier shall be verified by the code official, a registered design professional or approved agency, in accordance with the following:

1. A review of the construction documents and other supporting data shall be conducted to assess compliance with the requirements in Section C402.5.1.
2. Inspections of continuous air barrier components and assemblies shall be conducted during construction while the air barrier is still accessible for inspection and repair to verify compliance with the requirements of Sections C402.5.1.1 and C402.5.1.4.
3. A final commissioning report shall be provided for inspections completed by the registered design professional or approved agency. The commissioning report shall be provided to the building owner or owner's authorized agent and the code official. The report shall identify deficiencies found during the review of the construction documents and inspection and details of corrective measures taken.

**C402.5.2 Dwelling and sleeping unit enclosure testing.** The building thermal envelope shall be tested in accordance with ASTM E779, ANSI/RESNET/ICC 385, ASTM E1827 or an equivalent method approved by the code official. The measured air leakage shall not exceed 0.30 cfm/ft<sup>2</sup> (1.1 L/s m<sup>2</sup>) of the testing unit enclosure area at a pressure differential of 0.2 inch water gauge (50 Pa). Where multiple dwelling units or sleeping units or other occupiable conditioned spaces are contained within one building thermal envelope, each unit shall be considered an individual testing unit, and the building air leakage shall be the weighted average of all testing unit results, weighted by each testing unit's enclosure area. Units shall be tested separately with an unguarded blower door test as follows:

1. Where buildings have fewer than eight testing units, each testing unit shall be tested.
2. For buildings with eight or more testing units, the greater of seven units or 20 percent of the testing units in the building shall be tested, including a top floor unit, a ground floor unit and a unit with the largest testing unit enclosure area. For each tested unit that exceeds the maximum air leakage rate, an additional two units shall be tested, including a mixture of testing unit types and locations.

**C402.5.3 Building thermal envelope testing.** The building thermal envelope shall be tested in accordance with ASTM E779, ANSI/RESNET/ICC 385, ASTM E1815 or ASTM E1827 or an equivalent method approved by the

**C4-11**

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are installed as air barriers in accordance with the manufacturer's instructions.

1. Plywood with a thickness of not less than 3/8 inch (10 mm).
2. Oriented strand board having a thickness of not less than 3/8 inch (10 mm).
3. Extruded polystyrene insulation board having a thickness of not less than 1/2 inch (12.7 mm).
4. Foil-back polyisocyanurate insulation board having a thickness of not less than 1/2 inch (12.7 mm).
5. Closed-cell spray foam having a minimum density of 1.5 pcf (2.4 kg/m<sup>3</sup>) and having a thickness of not less than 1 1/2 inches (38 mm).
6. Open-cell spray foam with a density between 0.4 and 1.5 pcf (0.6 and 2.4 kg/m<sup>3</sup>) and having a thickness of not less than 4.5 inches (113 mm).
7. Exterior or interior gypsum board having a thickness of not less than 1/2 inch (12.7 mm).
8. Cement board having a thickness of not less than 1/2 inch (12.7 mm).
9. Built-up roofing membrane.
10. Modified bituminous roof membrane.
11. Single-ply roof membrane.
12. A Portland cement/sand parge, or gypsum plaster having a thickness of not less than 3/8 inch (15.9 mm).
13. Cast-in-place and precast concrete.
14. Fully grouted concrete block masonry.
15. Sheet steel or aluminum.
16. Solid or hollow masonry constructed of clay or shale masonry units.

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COMMERCIAL ENERGY EFFICIENCY

are installed as air barriers in accordance with the manufacturer's instructions.

1. Plywood with a thickness of not less than 1/2 inch (12.7 mm).
2. Oriented strand board having a thickness of not less than 1/2 inch (12.7 mm).
3. Extruded polystyrene insulation board having a thickness of not less than 1/2 inch (12.7 mm).
4. Felt-back polystyrene insulation board having a thickness of not less than 1/2 inch (12.7 mm).
5. Closed-cell spray foam having a minimum density of 1.5 pcf (2.4 kg/m<sup>3</sup>) and having a thickness of not less than 1 1/2 inches (38 mm).
6. Open-cell spray foam with a density between 0.4 and 1.5 pcf (0.6 and 2.4 kg/m<sup>3</sup>) and having a thickness of not less than 4.5 inches (113 mm).
7. Exterior or interior gypsum board having a thickness of not less than 1/2 inch (12.7 mm).
8. Cement board having a thickness of not less than 1/2 inch (12.7 mm).
9. Built-up roofing membrane.
10. Modified bituminous roof membrane.
11. Single-ply roof membrane.
12. A Portland cement/sand parge, or gypsum plaster having a thickness of not less than 1/2 inch (12.7 mm).
13. Cast-in-place and precast concrete.
14. Fully grouted concrete block masonry.
15. Sheet steel or aluminum.
16. Solid or hollow masonry constructed of clay or shale masonry units.

**C402.5.1.4 Assemblies.** Assemblies of materials and components with an average air leakage not greater than 0.04 cfm/ft<sup>2</sup> (0.2 L/s × m<sup>2</sup>) under a pressure differential of 0.3 inch of water gauge (w.g.) (75 Pa) when tested in accordance with ASTM E2357, ASTM E1677, **ASTM D8052** or ASTM E283 shall comply with this section. Assemblies listed in Items 1 through 3 shall be deemed to comply, provided that joints are sealed and the requirements of Section C402.5.1.1 are met.

**C402.5.1.5 Building envelope performance verification.** The installation of the continuous air barrier shall be verified by the *code official*, a *registered design professional* or *approved agency* in accordance with the following:

1. A review of the construction documents and other supporting data shall be conducted to assess compliance with the requirements in Section C402.5.1.
2. Inspection of continuous air barrier components and assemblies shall be conducted during construction while the air barrier is still accessible for inspection and repair to verify compliance with the requirements of Sections C402.5.1.3 and C402.5.1.4.
3. A final commissioning report shall be provided for inspections completed by the *registered design professional* or *approved agency*. The commissioning report shall be provided to the building owner or owner's authorized agent and the *code official*. The report shall identify deficiencies found during the review of the construction documents and inspection and details of corrective measures taken.

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are installed as air barriers in accordance with the manufacturer's instructions.

1. Plywood with a thickness of not less than 1/2 inch (12.7 mm).
2. Oriented strand board having a thickness of not less than 1/2 inch (12.7 mm).
3. Extruded polystyrene insulation board having a thickness of not less than 1/2 inch (12.7 mm).
4. Felt-back polystyrene insulation board having a thickness of not less than 1/2 inch (12.7 mm).
5. Closed-cell spray foam having a minimum density of 1.5 pcf (2.4 kg/m<sup>3</sup>) and having a thickness of not less than 1 1/2 inches (38 mm).
6. Open-cell spray foam with a density between 0.4 and 1.5 pcf (0.6 and 2.4 kg/m<sup>3</sup>) and having a thickness of not less than 4.5 inches (113 mm).
7. Exterior or interior gypsum board having a thickness of not less than 1/2 inch (12.7 mm).
8. Cement board having a thickness of not less than 1/2 inch (12.7 mm).
9. Built-up roofing membrane.
10. Modified bituminous roof membrane.
11. Single-ply roof membrane.
12. A Portland cement/sand parge, or gypsum plaster having a thickness of not less than 1/2 inch (12.7 mm).
13. Cast-in-place and precast concrete.
14. Fully grouted concrete block masonry.
15. Sheet steel or aluminum.
16. Solid or hollow masonry constructed of clay or shale masonry units.

**C402.5.1.4 Assemblies.** Assemblies of materials and components with an average air leakage not greater than 0.04 cfm/ft<sup>2</sup> (0.2 L/s × m<sup>2</sup>) under a pressure differential of 0.3 inch of water gauge (w.g.) (75 Pa) when tested in accordance with ASTM E2357, ASTM E1677, ASTM D8052 or ASTM E283 shall comply with this section. Assemblies listed in Items 1 through 3 shall be deemed to comply, provided that joints are sealed and the requirements of Section C402.5.1.1 are met.

1. Concrete masonry walls coated with either one application of block filler or two applications of a joint or outer coating.
2. Masonry walls constructed of clay or shale masonry units with a nominal width of 4 inches (102 mm) or more.
3. A Portland cement/sand parge, stucco or plaster not less than 1/2 inch (12.7 mm) in thickness.

**C402.5.1.5 Building envelope performance verification.** The installation of the continuous air barrier shall be verified by the *code official*, a *registered design professional* or *approved agency* in accordance with the following:

1. A review of the construction documents and other supporting data shall be conducted to assess compliance with the requirements in Section C402.5.1.
2. Inspection of continuous air barrier components and assemblies shall be conducted during construction while the air barrier is still accessible for inspection and repair to verify compliance with the requirements of Sections C402.5.1.3 and C402.5.1.4.
3. A final commissioning report shall be provided for inspections completed by the *registered design professional* or *approved agency*. The commissioning report shall be provided to the building owner or owner's authorized agent and the *code official*. The report shall identify deficiencies found during the review of the construction documents and inspection and details of corrective measures taken.

**C402.5.3 Building thermal envelope testing.** The building thermal envelope shall be tested in accordance with ASTM E779, ANSI/RESNET/ICC 380, ASTM E3158 or ASTM E1827 or an equivalent method approved by the

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*Roof system manufacturers should be providing air retarder information, including construction details specific to their products functioning as an air retarder.*

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*The NRCA Roofing Manual: Architectural Metal Flashing and Condensation and Air Leakage Control-2022*

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**CHAPTER 4  
AIR RETARDERS FOR**

The NRCA Roofing Manual: Architectural

building envelope, air retarder materials, methods of application and details of any penetrations, terminations or transitions. Special attention must be paid to the design and construction sequencing of any air retarder transition details or conditions, such as where an air retarder incorporated into a roof assembly transitions into and interfaces with a wall assembly air retarder.

NRCA considers a continuous, air-impermeable roof membrane to function as an air retarder. Examples of continuous, air-impermeable roof membranes include polymer-modified bitumen and silicone roof systems.

For a roof membrane to effectively retard, any penetrations, terminations must be sealed and made air-tight. Membrane flashings and base materials must be adhered to the substrate and membrane flashings must be lapped or otherwise sealed to provide continuity to adjacent air retarders. Figures 4-2 through 4-5 are example illustrations showing how a roof membrane can be lapped at an adjacent wall surface. These will be used by designers in developing roof-to-wall transition details based on project conditions. For more information, see the roof membrane penetration

Figure 4-2. Air retarder assembly at roof-to-wall transition.

Figure 4-3. Air retarder assembly at roof-to-wall transition.

Figure 4-4. Air retarder assembly and roof-to-wall transition, parapet with metal coping (option 1).

Figure 4-5. Air retarder assembly at roof-to-wall transition, embedded edge metal flashing.

The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control

The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control

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The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control—2022 | Chapter 4—Air Retarders for Roof Assemblies

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Figure 4-7. Air retarder assembly at roof-to-wall transition, unvented attic.

Figure 4-8. Air retarder assembly at roof-to-wall transition, vented attic.

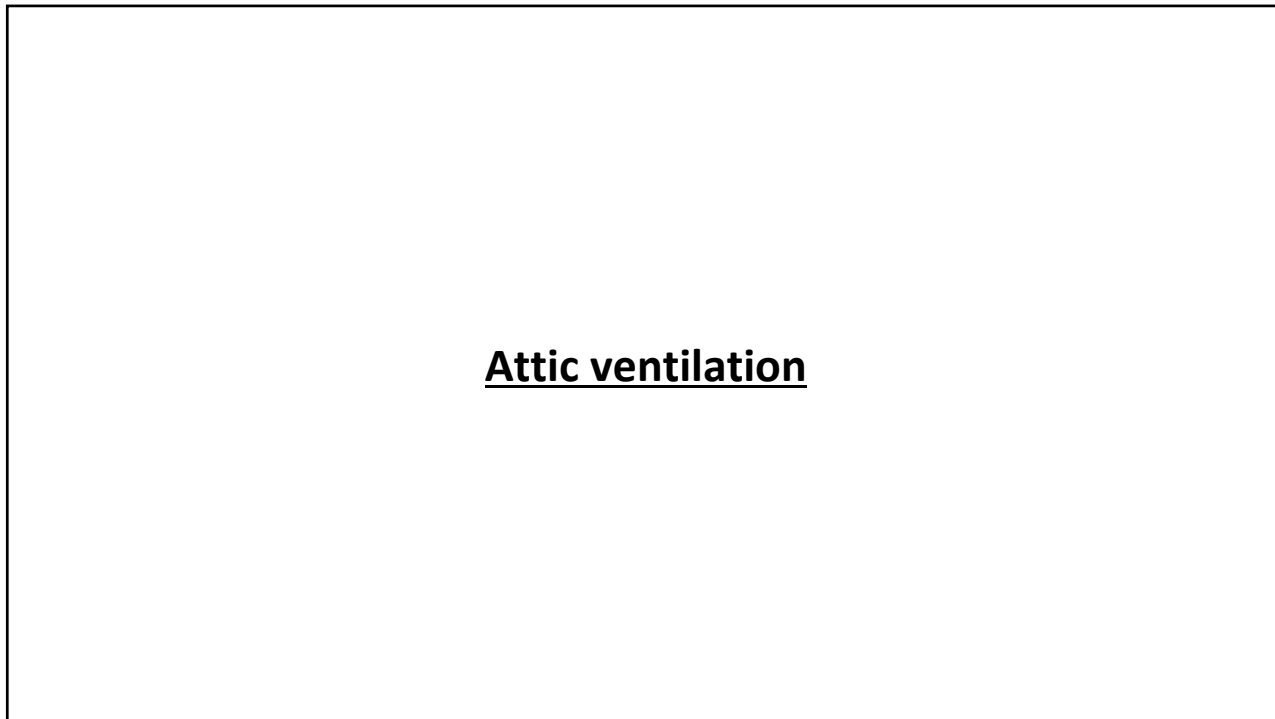
270 The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control—2022

The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control—2022

270 The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control—2022

The NRCA Roofing Manual: Architectural Flashing and Condensation and Air Leakage Control—2022 | Chapter 4—Air Retarders for Roof Assemblies

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## Attic ventilation

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CHAPTER 12  
INTERIOR ENVIRONMENT

**User note:**  
About this chapter: Chapter 12 provides minimum provisions for air and space heating are directly regulated in this chapter and in our Energy Conservation Code®. Minimum room size, maximum room, total occupancies.

**SECTION 1201  
GENERAL**

1201.1 Scope. The provisions of this chapter shall govern ventilation, temperature control, lighting, yards and courts, sound transmission, room dimensions, surrounding materials and radonproofing associated with the interior spaces of buildings.

**SECTION 1202  
HEALTH ASPECTS**

**1202.2 Roof ventilation.** Roof assemblies shall be ventilated in accordance with this section or shall comply with Section 1202.3.

**1202.2.1 Ventilated attics and rafter spaces.** Enclosed attics and enclosed rafter spaces formed where ceilings are applied directly to the underside of roof framing members shall have cross ventilation for each separate space by ventilation openings protected against the entrance of rain and snow. Blocking and bridging shall be arranged so as not to interfere with the movement of air. An airspace of not less than 1 inch (25 mm) shall be provided between the insulation and the roof sheathing. The net free ventilating area shall be not less than  $\frac{1}{150}$  of the area of the space ventilated. Ventilators shall be installed in accordance with manufacturer's installation instructions.

**Exception:** The net free cross-ventilation area shall be permitted to be reduced to  $\frac{1}{500}$  provided both of the following conditions are met:

1. In Climate Zones 6, 7 and 8, a Class I or II vapor retarder is installed on the warm-in-winter side of the ceiling.
2. At least 40 percent and not more than 50 percent of the required venting area is provided by ventilators located in the upper portion of the attic or rafter space. Upper ventilators shall be located not more than 3 feet (914 mm) below the ridge or highest point of the space, measured vertically, with the balance of the ventilation provided by eave or cornice vents. Where the location of wall or roof framing members conflicts with the installation of upper ventilators, installation more than 3 feet (914 mm) below the ridge or highest point of the space shall be permitted.

Attic space of any building intended for human occupancy shall be protected to prevent the entry of birds, squirrels, rodents, snakes and other similar creatures. Openings for ventilators having a least dimension of not less than  $\frac{1}{16}$  inch (1.6 mm) and not more than  $\frac{1}{4}$  inch (6.4 mm) shall be permitted. Openings for ventilators having a least dimension larger than  $\frac{1}{16}$  inch (1.6 mm) shall be provided with corrosion-resistant wire cloth screening, hardware cloth, perforated vinyl or similar material with openings having a least dimension of not less than  $\frac{1}{16}$  inch (1.6 mm) and not more than  $\frac{1}{4}$  inch (6.4 mm). Where construction air is obtained from an attic area, it shall be in accordance with Chapter 7 of the International Mechanical Code.

**1202.3 Unvented attic and unvented enclosed rafter assemblies.** Unvented attics and unvented enclosed roof framing assemblies created by ceilings applied directly to the underside of the roof framing members rafter and the structural roof sheathing at the top of the roof framing members shall be permitted where all of the following conditions are met:

1. The unvented attic space is completely within the building thermal envelope.
2. No interior Class I vapor retarders are installed on the ceiling side (interior) of the unvented attic assembly or on the ceiling side of the unvented enclosed roof framing assembly.
3. Where wood shingles or shakes are used, not less than a  $\frac{1}{4}$ -inch (6.4 mm) vented airspace separates the shingles or shakes and the roofing underlayment above the structural sheathing.

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*Research has shown there is little or no technical basis for these historic attic ventilation guidelines*

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### Suggested guidelines

Static ventilation configuration

- Balanced
- 1:150 ratio
- Jan. ≤ 30 F:
  - Vapor retarder
- Slope 8:12:
  - Increase ventilation

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### Average January temperature less than 30F

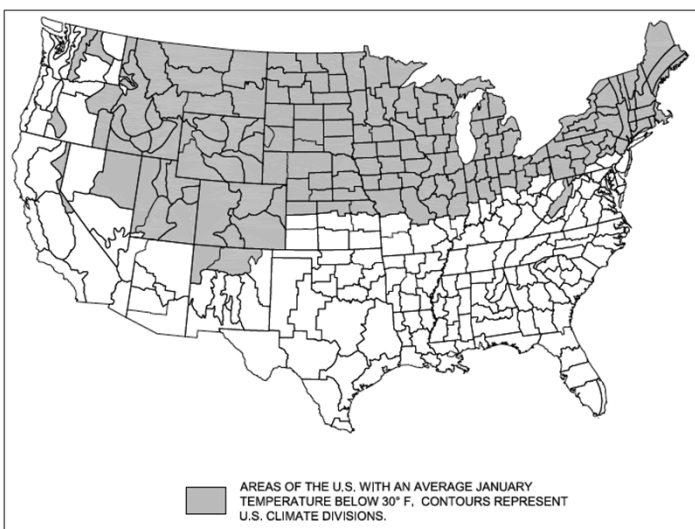


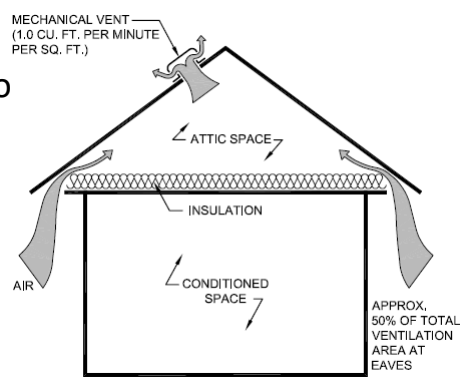
Figure 2-3: Areas of the U.S. with an average January temperature below 30 F, composite 1981-2012 data. Map is based on data provided by NOAA/ESRL Physical Sciences Division, Boulder, Colo., from its website, www.cdc.noaa.gov. Contours represent U.S. Climate Divisions.

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### Suggested guidelines

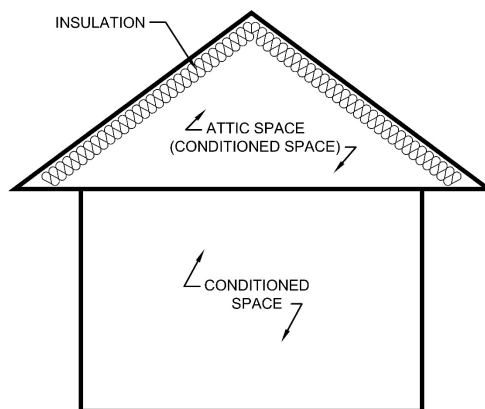
#### Mechanical ventilation

- 1 CFM per sq. ft.  $\approx$  1:150 ratio
- Eave/soffits vents req'd.
- Jan.  $\leq$  30 F:
  - Vapor retarder
- Slope 8:12:
  - Increase ventilation



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## An alternative: Unvented, conditioned attic



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CHAPTER 12  
INTERIOR ENVIRONMENT

**User note:**  
About this chapter: Chapter 12 provides minimum provisions for the interior of buildings—the occupied environment. Ventilation, lighting, and space heating are directly regulated in this chapter and in conjunction with the International Mechanical Code® and the International Energy Conservation Code®. Minimum room size, maximum room-to-room sound transmission and classroom acoustics are set for educational occupancies.

**SECTION 1201  
GENERAL**

**1201.1 Scope.** The provisions of this chapter shall govern ventilation, temperature control, lighting, sound and sound transmission, room dimensions, surrounding materials and radonproofing associated with the interior spaces of buildings.

**SECTION 1202  
VENTILATION**

**1202.1 General.** Buildings shall be provided with natural ventilation in accordance with Section 1202.5, or mechanical ventilation in accordance with Section 1202.6.

Where the air infiltration rate in a dwelling unit is less than 5 air changes per hour when tested with a blower door at a pressure 0.2 inch w.e. (50 Pa) in accordance with Section R402.4.1.2 of the International Energy Conservation Code—Residential Provisions, the dwelling unit shall be ventilated by mechanical means in accordance with Section 403 of the International Mechanical Code. *Exhaustive care facilities* and Group I-2 occupancies shall be ventilated by mechanical means in accordance with Section 407 of the International Mechanical Code.

**1202.2 Roof ventilation.** Roof assemblies shall be ventilated in accordance with this section or shall comply with Section 1202.3.

**1202.2.1 Ventilated attic space.** Attic and enclosed rafter space shall have cross-ventilation for each separate space by ventilation openings protected against the entrance of rain and snow. Blocking and bracing shall be arranged so as not to interfere with the movement of air. An airspace of not less than 1 inch (25 mm) shall be provided between the insulation and the roof sheathing. The net free ventilating area shall be not less than 1/100 of the area of the space ventilated. Ventilators shall be installed in accordance with manufacturer's installation instructions.

**Exception:** The net free cross-ventilation area shall be permitted to be reduced to 1/150 provided both of the following conditions are met:

1. In Climate Zones 6, 7 and 8, a Class I or II vapor retarder is installed on the warm-in-water side of the ceiling.
2. At least 40 percent and not more than 50 percent of the required venting area is provided by ventilators located in the upper portion of the attic or rafter space. Upper ventilators shall be located not more than 3 feet (914 mm) below the ridge or highest point of the space, measured vertically, with the balance of the ventilation provided by eave or cornice vents. Where the location of wall or roof framing members conflicts with the installation of upper ventilators, installation more than 3 feet (914 mm) below the ridge or highest point of the space shall be permitted.

**1202.2.2 Openings into attic.** Exterior openings into the attic space of any building intended for human occupancy shall be protected to prevent the entry of birds, squirrels, rodents, snakes and other similar creatures. Openings for ventilators having a least dimension of not less than 1/16 inch (1.6 mm) and not more than 1/2 inch (6.4 mm) shall be permitted. Openings for ventilation having a least dimension larger than 1/16 inch (6.4 mm) shall be provided with corrosion-resistant wire cloth screening, hardware cloth, perforated metal or similar material with openings having a least dimension of not less than 1/16 inch (1.6 mm) and not more than 1/2 inch (6.4 mm). Where construction air is obtained from an attic area, it shall be in accordance with Chapter 7 of the International Mechanical Code.

**1202.3 Unvented attic and unvented enclosed rafter assemblies.** Unvented attic and unvented enclosed rafter framing assemblies created by ceilings applied directly to the underside of the roof framing members and the structural roof sheathing at the top of the roof framing members shall be permitted where all of the following conditions are met:

1. The unvented attic space is completely within the building thermal envelope.
2. No interior Class I vapor retarders are installed on the ceiling side (attic floor) of the unvented attic assembly or on the ceiling side of the unvented enclosed rafter framing assembly.
3. Where wood shingles or shakes are used, not less than 1/2-inch (6.4 mm) vented airspace separates the shingles or shakes; and the roofing underlayment above the structural sheathing.

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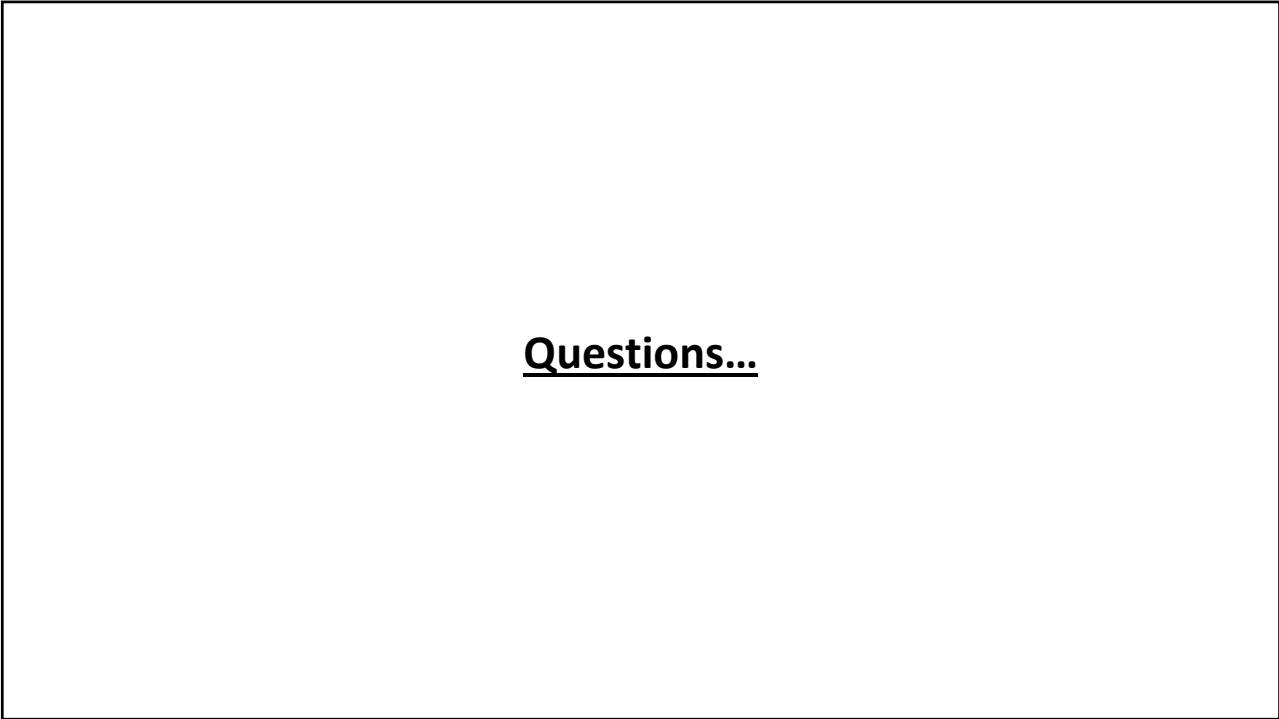
*The conditioned, unvented attic is considered a viable alternative to attic ventilation*

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*The NRCA Roofing Manual: Architectural Metal Flashing and Condensation and Air Leakage Control-2022*

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**Questions...**

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