

# Kind.

## Press Release

26 January 2018

### **When we are on the edge of despair, who or what can help us?**

Polish Theatre-makers trial Multi-lingual Performances in London and Luton  
preparing for 2019 tour

To live, a woman must change the way she sees her life. As she tries to understand her own mind, unexpected guidance appears. Two angels intervene to fight for the life of this woman on the verge of suicide. Can the woman find a path to inner peace to cast light on her darkness?

By award-winning, Polish, film and television writer *Robert Brutter* (Ranczo, Wiedzmy, Fuks), **CANTATA FOR FOUR WINGS** is a tragi-comic reflection on self-forgiveness, love, loneliness and friendship.

This latest version of the play, directed by actor Łukasz Lewandowski, known for his work with the National Theatre, Warsaw as well as his voice work in Polish versions of international films such as Harry Potter, The Lord of the Rings and Wall E. Lewandowski collaborated with Warsaw based acting studio Fundacja Act 4 Art ([www.act4art.org](http://www.act4art.org)), run by actresses Judy Turan and Sylwia Kaczmarek who established the organisation in 2014 to promote the acting technique of Sanford Meisner (1905-1997) an American actor, influenced by 'method acting', whose approach promotes "living truthfully under imaginary circumstances".

Act 4 Art's production of **CANTATA FOR FOUR WINGS** was the first Meisner-based production presented in Poland, staged at the Polish Theatre Institute, Warsaw, in April 2016. In taking **CANTATA FOR FOUR WINGS** to the UK, Act 4 Art plans to develop a tour in 2019. For their showcase they are collaborating with UK Producer, Akua Obeng-Frimpong of Kind Productions who, with the support of Arts Council England, is facilitating the company's next steps to develop audiences and interest from British theatres by presenting 2 versions of the show, one entirely in Polish language and the other in English. Maximising the cultural roots of the production and potentially maximising the numbers of people who will see the show.

As well as the two versions of the play, Act 4 Art will trial acting workshops, accessible to all, using the Meisner technique to improve communication skills and confidence. The company are also working with local mental health service providers to address the themes of depression and suicide in the play through after-show panel discussions, intended to encourage those who find it difficult to talk about mental health, to feel less stigmatised.

With this version of **CANTATA FOR FOUR WINGS** the collaboration between Fundacja Act 4 Art and Kind Productions seeks to connect with those who are or have been challenged by difficult life circumstances and inspire them to feel that, no matter how desperate the situation or dark their emotions, options are available.

(Cont...)

Cantata for Four Wings will be presented on the following dates at the following venues:

Saturday 14 April	<b>Bernie Grant Arts Centre</b> , London	<a href="https://www.berniegrantcentre.co.uk/">https://www.berniegrantcentre.co.uk/</a>
Tuesday 17 – Wednesday 18 April	<b>The Cockpit Theatre</b> , London	<a href="http://thecockpit.org.uk/">http://thecockpit.org.uk/</a>
Friday 20 April	<b>Luton Library Theatre</b> , Luton	<a href="http://www.lutonculture.com/luton-library-theatre/">http://www.lutonculture.com/luton-library-theatre/</a>

Tickets are available **now** and can be purchased directly from each venue.

## Notes for Editors

### Quote from Fundacja Act 4 Art:

*“The main aim of our foundation has always been to promote Sanford Meisner and his life-long approach to acting. As founders - actors and coaches - we study Meisner technique in London and we continue to invite our London-based mentors and teachers to lead workshops in Warsaw. Thanks to Arts Council England support it’s a great honour to perform our production in England. It is a milestone in sharing our own view of making art, as a means of discussing issues we consider important and relevant, with international audiences. We hope that our 2018 Showcase tour will bring new opportunities to perform in England in 2019 and develop other socially involved projects on a considerable international level.”*

### Quote from Łukasz Lewandowski, Director:

*“Cantata ... is an attempt to describe the moment which probably each of us has experienced in life, but about which it is so difficult to talk to us. Each of us has experienced or will experience despair. Reasons can be various, ways of experiencing it as complicated as painful. Despair is like an abyss - it frightens you, but it can pull you in and you do not want to let go. Many of us are looking for help in someone or something, but being in this experience, we are boundlessly alone and helpless. Who or what can help us?”*

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**#projektkantata**

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