

Reagan XC All-Time Bests- Girls

Senior

1.	18:04	2016	Isabel Zimmermann	4A State Championship	Ivey Redmon
2.	18:06	2010	Julie Swaim	Footlocker South	McAlpine
3.	18:23	2012	Emily Grimes	4A State Championship	Ivey Redmon
4.	18:50	2011	Kristen Henson	Footlocker South	McAlpine
5.	18:54	2018	Ainsley Cooper	Providence Inv.	McAlpine
6.	18:58	2014	Erin Jameson	4A Midwest Regional	Ivey Redmon
7.	19:04	2017	Spencer Faircloth	Hagan Stone Classic	Hagan Stone
8.	19:14	2013	Monica Medrano	4A Midwest Regional	Ivey Redmon
9.	19:14	2013	Brittany Brinson	4A Midwest Regional	Ivey Redmon
10.	19:20	2011	Ashley Brubaker	Footlocker South	McAlpine

Junior

1.	18:30	2019	Gwen Parks	Hagan Stone Classic	Hagan Stone
2.	18:47	2010	Kristen Henson	4A Midwest Regional	Ivey Redmon
3.	19:01	2015	Isabel Zimmermann	Providence Invitational	McAlpine
4.	19:15	2013	Emmie Costen	4A Midwest Regional	Ivey Redmon
5.	19:16	2013	Erin Jameson	4A Midwest Regional	Ivey Redmon
5.	19:16	2017	Ainsley Cooper	4A State Championship	Ivey Redmon
6.	19:45	2007	Laurie Humphrey	3A Midwest Regional	McAlpine
7.	19:47	2007	Leslie Raymond	Conference Championship	Hagan Stone
8.	19:49	2019	Samantha Troup	Adidas Challenge	WakeMed
9.	19:51	2011	Sophie Capshaw	4 Runners Only	Ivey Redmon
9.	19:51	2011	Emily Grimes	4A State Championship	Ivey Redmon
10.	19:57	2012	Monica Medrano	Hare and Hounds	McAlpine

Sophomore

1.	18:09	2017	Sophie Faircloth	4A State Championship	Ivey Redmon
2.	19:15	2016	Ainsley Cooper	4A Midwest Regional	Ivey Redmon
3.	19:18	2009	Kristen Henson	Jungle Run	South View
4.	19:22	2018	Gwen Parks	Hagan Stone Classic	Hagan Stone
5.	19:34	2006	Laurie Humphrey	3A Midwest Regional	McAlpine
6.	19:45	2017	Jessica Herzog	4A State Championship	Ivey Redmon
7.	20:03	2010	Emily Grimes	4A State Championship	Ivey Redmon
8.	20:08	2006	Leslie Raymond	3A Midwest Regional	McAlpine
9.	20:10	2006	Elizabeth Chaffee	Forsyth Co Championship	Hanes Park
9.	20:10	2019	Sophie Jones	Hagan Stone Classic	Hagan Stone
10.	20:14	2012	Erin Jameson	4A State Championship	Ivey Redmon

Freshman

1.	18:17	2016	Sophie Faircloth	4A Midwest Regional	Ivey Redmon
2.	19:37	2015	Ainsley Cooper	Providence Inv.	McAlpine
3.	19:41	2017	Gwen Parks	Adidas XC Challenge	WakeMed
4.	19:53	2005	Elizabeth Chaffee	3A Midwest Regional	McAlpine
4.	19:53	2017	Samantha Troup	4A State Championship	Ivey Redmon
6.	20:05	2006	Kayla Polonsky	Forsyth Co Championship	Hanes Park
7.	20:25	2010	Allie Orgnon	4A Midwest Regional	Ivey Redmon

8.	20:34	2016	Jessica Herzog	Hagan Stone Classic	Hagan Stone
9.	20:38	2011	Erin Jameson	4A State Championship	Ivey Redmon
9.	20:38	2019	Ahtziri Alonzo	4A Midwest Regional	Ivey Redmon
10.	20:42	2016	Nytrinitey Jenkins	Hagan Stone Classic	Hagan Stone