



# Mother/Baby Skills Checklist

This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of Love N Care Healthcare Services.

### PROFICIENCY SCALE

1. No Experience      2. Need Training  
 3. Able to perform with supervision      4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
<b>Care of the Newborn</b>					<b>Meds/IV Therapy (Mother)</b>				
Ballard Scale					Administer IM & SQ Meds				
Blood Glucose Monitoring					Administer IV Medications				
Bulb Suction					Administer PO Medications				
Circumcision Care					Administer RhoGAM				
Circumferences					Mix IV Infusion w/ Additives				
Collect Heelstick Blood Samples					Needle-Less Systems				
Cord Care					Neonatal Injections				
CPR - Neonate					Peripheral IV Insertion				
Culture Suspect Infectious Neonate					Use of Heparin/Saline Locks				
Discharge Procedures									
Dubowitz Scale					<b>Administer/Monitor IV Infusions:</b>				
Eye Prophylaxis					Administer Blood/PRBC's				
Identifying Infant					Administer Plasma/Albumin				
Incubator/Isolettes					Antibiotics				
Jaundice/Phototherapy Treatment					Assess Pain Level				
Length					Care of Central Line				
Mother/Baby Skills Self Evaluation					Discontinue Peripheral IV's				
Newborn Assessment:					Draw Blood From Central Line				
Reflexes					Draw Perip. Blood for Labs				
Skin Care - Bathe					Heparin				
Test Stool for Blood					Oxytocin induction/augmentation				
ThermoNeutral Environment									
Urine Output/Collect Specimens					<b>Care of Patient with:</b>				
Vital Signs					Conscious Sedation				
Weight					Epidural Anesthesia				
					Patient Controlled Anesthesia (PCA)				
<b>Postpartum Assessment:</b>									
Bladder Distention					<b>Postpartum Care</b>				
Breast Engorgement					Maternal History				
Deep Vein Thrombosis					Maternal Vital Signs				
Edema									
Fundus Consistency/Location					:				

**Mother/Baby Skills Checklist**

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Lochia					<b>Care of the Patient with</b>				
Manage Postpartum Pain					Assist/Instruct Bottlefeeding				
Perineum					Assist/Instruct Breastfeeding				
					Assist/Instruct Use of Breast Pumps				
<b>Initiate Post-Anesthesia Care:</b>					Asthma				
Adult CPR / Assist with Code					Cardiac Disease				
Apply Ice to Perineum					Contraceptive Counseling				
Blood Glucose Monitoring					Diabetes				
C-Section Incision Care					Discharge Teaching				
Epidural					Family-Centered Maternity Care				
Episiotomy Care					Infant Safety / Car Seats				
General					Infectious Disease				
Insert Straight/Foley Catheter					Known Substance Abuse				
Intake and Output					Multiple Births				
Provide/Instruct Perineal Care					Parent/Infant Bond				
Pulse Oximetry Setup/Monitoring					Post-Tubal Ligation				
Sitz Baths					Pregnancy Induced HTN/Preeclampsia				
Spinal									
Urine Dipstick									
Vital Sign Monitoring									



## **Mother/Baby Skills Checklist**

The information represented above is true and correct to the best of my knowledge. I also authorize Love N Care Healthcare Services to share the above skills checklist with its hospital clients.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (Printed) \_\_\_\_\_