



Help your clients finally win the war!

*At War with Food:
Trauma-Informed Clinical Skills for Treating the Spectrum of Eating Disorders*



Instructors: **Andrew Seubert**, LMHC, NCC, and **Pam Viridi**, M.Ed., RMN, CPN, CHP

Five-session workshop starting January 28, 2022

*Registration closes soon. Save your spot now!
20 CE Live, Virtual Workshop*

*Taking place on 5 Fridays:
January 28, February 25, March 25, April 22, & May 20*

*From dieting to body image distortion, **At War with Food**, presented by Andrew Seubert and Pam Viridi, provides **Trauma-Informed Skills** to treat the spectrum of eating disorders. Seubert and Viridi are a powerhouse master-class team providing you an immediately usable clinical approach to help your clients now. This course is open to all mental health workers. No prerequisites required.*

At War with Food: Trauma-Informed Clinical Skills for Treating the Spectrum of Eating Disorders is a live, virtual training with a limited number of spots available. This 20-hour workshop meets via HIPAA compliant Zoom over five Fridays throughout Spring 2022: January 28, February 25, March 25, April 22, and May 20, 2022.

It doesn't have to be a losing battle!
Save your spot in

***At War with Food:
Trauma-Informed Clinical Skills for Treating the Spectrum of Eating Disorders***

About Andrew Seubert:

Andrew Seubert, LMHC , NCC, is the co-founder of ClearPath Healing Arts Center in Corning and Burdett, N.Y. A licensed psychotherapist for 35 years, he has an extensive background in Existential-Gestalt Therapy and in music therapy and provides EMDR consultation and training for clinicians. Andrew specializes in working with trauma, post-traumatic stress, eating disorders, and the integration of spirituality and psychotherapy. His first book, *The Courage to Feel: A practical guide to the power and*



freedom of emotional honesty was first published by Infinity Publishers in 2008. He authored a chapter in *EMDR Solutions* (2005) on the use of EMDR with clients with intellectual disability and co-authored an article on the same topic in 2011 for the *Journal of EMDR Practice and Research*. He wrote two chapters on eating disorders for *EMDR Solutions II* (2009) and completed *How Simon Left His Shell* (2015), a fable and user's guide based on *The Courage to Feel*, to teach children and adolescents emotional honesty. Most recently, Andrew authored the article titled "Becoming Known: A relational model utilizing Gestalt and Ego State assisted EMDR in treating eating disorders" (2018) in the Journal of EMDR Practice and Research, and he is the senior editor of *Trauma-informed Approaches to Eating Disorders* (2018).

About Pam Virdi:

Pam Virdi, M.Ed., RMN, CPN, CHP, is an EMDR Europe Accredited Consultant, Integrative Psychotherapist, Lecturer and Clinical Supervisor who now works full time in private practice with adults and young people. She specializes in the treatment of eating disorders, but also has extensive experience of working successfully with a broad range of clinical difficulties including complex trauma and PTSD. The last 28 years of her career in the NHS (UK) were spent working as a specialist psychotherapist in an Eating Disorder Service and delivering University based yearlong multi-professional eating disorder trainings. She has served as a member on the Editorial Board of the European Eating Disorder Review Journal (1998 - 2008) and has set up and chaired national special interest groups for eating disorders both generally and EMDR specific. She has experience working with the media to promote a better understanding of eating disorders and has given newspaper and radio interviews and regularly presents at national and international conferences.



With limited enrollment for this special course, spots are already filling up. Reserve your place for this 20-hour essential workshop to increase your clinical skills for working with clients who struggle with eating disorders.

[Save my spot!](#)

Regular Enrollment: \$850

EMDR Professional Training™ members: \$799

3 -Month payment plan now available!

Need more details before you register?

[Show me more!](#)

This course is a 20 CE course. This course offers professional CEs by [CE-Classes.com](#). EMDRIA CEs are also available for participants who have completed an EMDRIA-approved EMDR Basic Training. For more information about CE credits for this course and to register, visit [EMDR Professional Training.com](#) or call (949) 445-6548.

CE-Classes.com is approved by:

- The American Psychological Association (APA). CE-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. CE-Classes.com maintains responsibility for this program and its content.
- This course is NOT available for NBCC credit.
- This training does not offer ASWB ACE credit to social workers.
- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. Expires 3/31/2023.
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-147-0223. Expires 02-2023
- The Texas Board of Social Work Examiners – CE-Classes.com meets the requirements for acceptable continuing education.
- The Texas Board of Professional Counselors – CE-Classes.com meets the requirements for acceptable continuing

education.

- Massachusetts Authorization Number: (TBD)
- Ohio Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201
- New York Social Work Board – CE-Classes.com is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0120.
- The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2022 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.
- The California Board of Registered Nursing. CEP 15647 Expires 11/30/2022.

***Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at CE-Classes.com, entering a keycode, and completing an evaluation form.*

***Licensed Professionals should contact their regulatory board to determine course approval.*

***There is no known commercial support for this program.*

Engaging. Effective. Essential.

emdrprofessionaltraining.com

EMDR Professional Training™

305 N. Harbor Boulevard, Suite 202
Fullerton, CA 92832
949-445-6548
