



In this issue	
Officer's Call	→2&9
Scholarship Application	<b>→</b> 3-4
<b>NEW MWAN Member Application</b>	<b>→</b> 5
Sound Off!	→ 6-9
Contact Details	<b>→</b> 10
Supply Locker Order Form	<b>→</b> 11
Silver Taps	<b>→</b> 12

VOLUME MMXXIII, #6

DECEMBER 2023

# Women representation in Million Veteran Program/MVP helps strengthen health research

#### By Alexis Oriel

Senior Communications Consultant, Million Veteran Program Sourced from www.news.va.gov

Did you know women are the fastest-growing segment of the veteran population, and that one in 10 participants in the VA's <u>Million Veteran Program (MVP)</u> is a woman? By joining their ranks and signing up for MVP, you can help researchers make health care breakthroughs that matter to you and your sister women veterans.

One of MVP's strengths is the number and diversity of its participants, which allows the program to make discoveries that benefit veteran health care.

This is especially true for VA researchers Drs. Shiuh-Wen Luoh and Hongyu Zhao, who study breast cancer risk in women Veterans. Luoh and Zhao recently discovered that commonly used breast cancer risk assessments did not predict breast cancer for women Veterans with African ancestry as well as it did for women Veterans with European ancestry. This finding lays the groundwork for researchers to develop breast cancer risk assessments that work better for women from minority populations.

"As researchers, our goal is to always use the information we receive to give back to Veterans," said Luoh, staff physician at the Portland VA. "We're thankful to MVP participants who allow us to continue this work and service to all."

This important finding was only possible because of the large number and representation of minority women in MVP.

"Success in research depends entirely on the number of people involved. The more women involved in MVP, the greater chance for novel scientific discoveries," said Dr. Zhao, a clinical epidemiology researcher at West Haven VA and professor at Yale School of Public Health.

In honor of Breast Cancer Awareness, we're sharing some of MVP's research findings related to women's health care. In addition to MVP's breast cancer research, we've also learned more about:

★ Part of a gene that's connected to both depression and endometriosis, suggesting that care for endometriosis may be improved by taking a whole health approach

 $\bigstar$  Genetic risk factors that may cause osteoarthritis, which could lead to new interventions and treatments

★ Ways Veterans can lower risk of death from heart disease through nutrition—including regularly eating nuts (but not peanut butter)

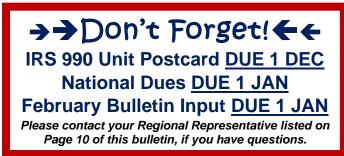


 $\star$  The different ways hearing loss affects men and women, and sex-specific differences that may lead to targeted medications for hearing loss

Joining MVP also means helping to ensure women of all races and ethnicities are represented in medical research and thus benefit from the discoveries. "Using new genetic strategies through MVP helps us look at associations more carefully across diverse populations, not just for breast cancer risk but also for other common disease types to bridge the knowledge gap between different ancestry groups," said Dr. Zhao.

All women deserve specialized health care and MVP is committed to leading the way. The more women who participate, the more opportunities researchers have to understand how military experiences and genetics affect overall health and wellness, helping to improve health care for women Veterans of all backgrounds. By joining the 980,000+ Veterans in MVP, you can help make a difference for women Veterans like you.

Sign up today at <u>https://www.mvp.va.gov/pwa/</u> or call 866-441-6075 to make an appointment at a participating VA facility. You **DO NOT** need to receive your care at VA to participate.



# Presidential Ponderings

#### by GinaMarie Doherty, National President

Please take time to help us promote our Military Women Across the Nation Scholarship. The \$1,000 scholarship opportunity is open to high school seniors or undergraduate college students. A few ways you can help are:

 ★ Forward the application to any of your relatives who are eligible to apply. Guidelines are detailed in the application.
★ Provide information about the Scholarship to the

as well as the financial aid offices at nearby colleges. These are the people eligible students will call when looking for financial support.

★ Pass the information along to members of other veteran service organizations such as VVA, VFW, American Legion, AMVETS, etc.

 $\star$  If you use a social media, consider promoting the scholarship there, too.

The scholarship application is available on our website (www.milwomen.org), as well as in the December and February issues of Military Women's Bulletin. Application package submission DEADLINE is 1 June 2024.

THANK YOU for your service and thank you for helping us spread the word!

Finally, please remember annual national dues are due January 1<sup>st</sup>. The member-at-large renewal form is on Page 12 of this bulletin. Unit members should renew dues and provide updated contact information to their respective unit treasurers.

Hugs and warmest wishes to you and your families for a holiday season full of love, friends and fun, and a happy, healthy new year!

#### Membership Message

#### by Debbie Crutchfield, Vice President for Membership

I recently returned from an annual WAVES Reunion in Branson, MO. I passed out several MWAN applications, and some copies of the Military Women's Bulletin. I hope to have some new members, soon. Please try to encourage other women veterans you meet to join MWAN. Our members are our best recruiters.

Unit officers, please let me know how you are working on inviting MALs to attend your meeting via Zoom. We would love to get our MALs more involved so they feel a part of



our organization. Our motto this year is Recruit, Recruit, Recruit, Recruit. Have a great Thanksgiving.

## Secretary Sought

Our National MWAN secretary Ginger Daniels has resigned for medical reasons. Please keep Ginger in your thoughts and prayers during this challenging time.

Also, please consider stepping up to fill this critical position in our organization. Required computer skills needed are the ability to send and receive emails with attachments, and a solid understanding of the MS Excel database operation.

The approximate time required to complete requisite tasks is five to 10 hours per month.

If you would like more information about this office, please contact MWAN President GinaMarie Doherty at president@milwomen.org.

# Supply Snapshot & Special

#### by Linda Coffield, Supply Locker Officer

How about a last-minute holiday gift idea? Order now and get one each of all THREE embroidered, MWAN patches for only \$10! That is a savings of \$7!

The set includes one large (8") patch, one medium (3") patch, and one small (21/2") patch.

Decorate your jacket, shirt and hat all for one low price!

This is an excellent way to let others know you are a veteran! See the special entry on the December bulletin order form

to take advantage of this offer.



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Continued on Page 9

Military Women's Bulletins are sent **BULK MAIL** and will <u>NOT be forwarded</u> by the Post Office. Please include MWAN on <u>ALL Address Changes</u> in order to keep receiving your bulletin. Please send the address change 60 days before moving. **Consider Receiving Your Bulletin via Email.** *Contact <u>Secretary@MilWomen.org</u> for details.* 

## ADDRESS CHANGE FORM

PLEASE	PRINT	F	PLEASE PRINT	
NAME:		MWAN ID #		
NEW Address:	City:	ST:	Zip:	
Email:	Phone:	Effective	Date:	
	<u>Mail to</u> : MWAN President GinaMarie Doherty, 10 Osage Drive, M <u>OR send via E-mail to</u> : <u>secretary@milwome</u>		2-4522	
Miscellaneous I	nformation 🛠 1. Military Women's Bulletin is the official newsletter for Military W	omen Across the Nation	linc., a nonprofit, v	eteran-

Miscellaneous Information  $\Leftrightarrow$  1. Military Women's Bulletin is the official newsletter for Military Women Across the Nation, Inc., a nonprofit, veteranservice organization originally chartered in California in 1979 by co-founders Jeanne Palermo, Loda Mae Dobbins and Esther Govorchin.  $\diamond$  2. This newsletter is published six times per year in February, April, June, August, October and December by Harbor Printing Inc., 3 Graf Road, Newburyport MA 01950.  $\diamond$  3. Items for publication may be submitted via electronic mail to <u>editor@milwomen.org</u> and must be received by the 1st of the month PRIOR to publication.  $\diamond$  4. Submit all changes of address as soon as possible.  $\diamond$  5. Returned newsletters will NOT be re-mailed.



# Military Women Across the Nation \$1,000 College Scholarship Rules & Application



The 2024 essay topic is

# "Military Women in Command"

# APPLICANTS WHO DO NOT ADHERE TO <u>ALL INSTRUCTIONS</u> WILL BE DISQUALIFIED.

## Applicant Eligibility

- 1. Must have a 3.2 or better Grade Point Average (GPA) on a 4.0 scale.
- 2. Must be a high school senior or undergraduate college student.
- 3. Entries must be submitted by 30 June 2024: NO EXCEPTIONS.
- 4. Military personnel and veterans MAY NOT APPLY FOR THIS SCHOLARSHIP.

#### Application Package MUST INCLUDE the following:

1. Completed Application.

2. Copy of all transcripts pertaining to current course of study to include academic standing.

# NOTE: To protect personal information applicants are directed to mark out all references to social security numbers on high school or college transcripts.

3. An essay of 1,000 to 1,500 words in length written on the above topic. The essay must be the applicant's own work; be submitted in .doc or .docx format, and include documented evidence (including a bibliography) of both research and <u>an</u> <u>interview with at least one military woman</u>. Applicants are encouraged to contact military women in recruiting offices, at military bases, reserve units, etc. to enhance the research.

- 4. The entire Application Package shall be submitted in one email to include **separate attachments** for the following:
  - (1) Completed Application
  - (2) Transcripts (must be legible)
  - (3) Applicant's essay (in .doc or .docx format)

Each attached file must include the applicant's last name and first initial as part of the file name and ALL correspondence must include the applicant's name in the subject line.

5. Email the Application Package and/or any questions to the Scholarship Chair at:

# MWANScholarship@milwomen.org

# Application Package Submission DEADLINE is 30 June 2024.

Applicants will be notified in July 2024 of the results.

The scholarship will be paid jointly to the scholarship recipient AND his/her college.

The application is available for download at www.milwomen.org (See documents page)

If additional information is required,

Contact Scholarship Chair Barb Turner at

#### MWANScholarship@milwomen.org

Or Call (817) 733-7034 (Leave a voice mail.)

# Military Women Across the Nation College Scholarship Rules & Application PRINT or TYPE ALL INFORMATION

#### **Applicant**

Full Name:								
	Last	First	Ν	Middle		Maiden (if applicable)		
Mailing Address:					<u>.</u>			
	Street		City	County		Zip	Country	
Phone #: ()		Email:						
Age:	Curre	ent GPA (4.0 scale):	(	Class Ranking				
		SAT Verbal		h	ACT Comp			
		ttending:						
School Address:								
	Street		City	County	State	Zip	Country	
School Phone #: (	)	Schoo	ol Website:					
Name of School you	plan to	attend (if different):						
-	-	• • •						
	Street		City	County	State	Zip	Country	
School Phone #: (	)	Schoo	ol Website <sup>.</sup>					
religious organization	nbership s for eac	s and offices (if applicable h active membership: t: List your volunteer and	e). Include school,		ty service, hon	orary a	nd	
Hobbies/Talents: Lis	t your ho	bbies, talents and/or inter	rests:					
Course of Study: Lis	t your m	ajor or the field you plan t	o study:					
What is your career	objectiv	e?						
		(Continue answers of	n separate pages a	s necessary.)				
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Questions? Contact Scholarship Chair Barb Turner at <u>MWANScholarship@milwomen.org</u> Or Call (817) 733-7034 *(Leave a voice mail.)* 

Nomen Across the Res	Military Women Across the Nation
***	MEMBERSHIP APPLICATION

Name:				Phone: (	)
Name: First	Middle	Maiden	Last	\	,,
Mailing Address: _					
	Stree	t		City	State Zip
E-Mail Address:				Unit No.	or MAL
Birthday: Day	Month	Year	I	Branch of Service:	
Dates of Service: A	-rom:			_ То:	
Highest Rank/Rate	:		Basic 1	raining:	
Training schools:					
Primary/Last duty	station:				
College/special tal	ecial talents: Referred by:				/:

**MEMBERSHIP** shall be extended to military service women who served or are serving honorably in the U.S. Armed Forces, both regular and reserve components to include the National Guard and Maritime Services. Membership includes an E-MAIL subscription to *Military Women's Bulletin* published six times per year.

"I certify that I meet the eligibility requirements of MWAN and I can produce a copy of my military identification, DD214 or other honorable service/discharge document upon request."

Applicant Signature:\_

\_ Date:\_\_

# First Time, NEW Member Dues are \$35 for the period of 1 Jan through 31 Dec

Initial Annual Dues for <u>First Time, NEW Members</u> joining after 1 Aug shall cover the remainder of the current year AND the full, following calendar year.

# Annual Renewal & Reinstatement Dues are \$25 for the period of 1 Jan through 31 Dec LIFE MEMBERSHIP IS AVAILABLE TO MEMBERS 90 YEARS OF AGE AND OLDER for \$30.00.

**New members** joining through a **LOCAL UNIT**, make check payable to the local unit, and submit this completed and signed application to the **Local Unit Treasurer**, who will submit the payment and application to the MWAN Vice President for Finance.

**New Members-at-Large** make check payable to "**MWAN**" and mail with this completed and signed application to: Maura Mooney, MWAN Vice President for Finance 228 Goldman Lane, Petaluma CA 94952-3682

PLEASE MAKE A COPY OF THIS APPLICATION FOR YOURSELF AND YOUR UNIT.

# A tax-deductible donation to MWAN in the amount of \$\_\_\_\_\_ is included in the attached check.

MWAN11/2023 (For office use only) \_

\_ MWAN National ID #\_\_\_\_



#### NORTHEAST OHIO WOMEN VETERANS

**Unit #21 (OH)** – We've had a busy summer and there is no sign of our schedule letting up any time soon. Members participated in Memorial Day programs and Independence Day parades. In August several unit members visited the Ohio Veterans Memorial Park in Clinton. Unit and Women Marine Association (WMA) members attending had a group photo taken with the Sharon Lane memorial bench.



Pictured (L-R): Unnamed WMA member, Freda Whaley, Sandy Conley, Jennifer Baun, Dianna Murar, Vicki Wallis, Sharon Helmick and Ellen Leidy (kneeling).

The unit returned to the third largest fair in the country by hosting a Women Vet Tent in the veteran area of the Canfield Fair. Several members volunteered to work the tent to ensure information about MWAN, the unit, and veteran resources were available to female veterans attending. Those who helped included Ellen Leidy, Gloria Galati, Jennifer Baun, Dianna Murar, Delores Speed, Nora Patella, Karen Wiscott, friends, and new member Courtney Cramer. The event was successful in reaching many veterans, fundraising, and recruiting at least three new members!



Pictured above are Dianna Murar (L) & Delores Speed working at the Women Vet Tent.

#### **REDWOOD EMPIRE MILITARY WOMEN**

**Unit #77 (CA)** – Unit members had an opportunity to meet Marine Corps veteran and Astronaut Nicole Mann on September 19th. Representing the unit, Rose Nowak presented her with the MWAN Coin and an invitation to join our unit. Nicole was born and grew up in, the Petaluma



Rose Nowak presenting an MWAN coin to astronaut & Marine veteran Nicole Mann.

area, graduating from local schools. The following evening several members attended a program "A Conversation with Astronaut Nicole Mann" at Sonoma State University honoring her achievements.



Pictured above are members who attended the Sonoma State program (L-R) Kate O'Hare Palmer, Rose Nowak, Maura Mooney, Emily Sousa, Bethany LaRosa.

On September 7<sup>th</sup>, we had a Yard Sale Fundraiser at Kate O'Hare Palmer's house, which was quite successful. In October, Leslie Fuller, Maura Mooney and Rose Nowak joined Sonoma AMVETS Post 55 in their fundraiser golf tournament.



Pictured (L-R) are Rose Nowak, Trisha Almond, Maura Mooney & Kate O'Hare Palmer who crewed the Yard Sale.

We are presently preparing for an exhibit at the Petaluma Historical Museum which will run from November 9<sup>th</sup> through December 10<sup>th</sup> called "Women in the Military".

Unit 77 is loaning uniforms, and various personal memorabilia, from unit members for the occasion. Pictures, biographies, and posters will bring to life our shared stories. On the final day, unit members representing seven decades of service will share personal experiences moderated by Debbie Countouriotis, past president of the museum.

We participated in several activities honoring veterans, culminating with the Veterans Day Parade in Petaluma -"The Largest Veterans Parade North of the Golden Gate." We'll close out the year with a holiday luncheon in December. Wishing all of you Happy Holidays!!

## **OCEAN STATE**

**Unit #118 (RI)** – Pictured below are new unit members Ednor Larson (L) and Pat Siegmund, recruiting and raising funds to support women veterans.



Pictured below, unit members Susan Chin (L) and Gretchen Vierling-Cutlip also lend recruiting and fundraising support.



#### TRIANGLE WOMEN VETERANS

**Unit #144 (NC)** – Our unit held it's quarterly meeting and Family Day on September 23<sup>rd</sup>. Due to Tropical Storm Ophelia, activities were moved indoors. We all enjoyed a meeting and potluck lunch with family members and guest veterans. Members got fairy hair in memory of Norma Schaefer. Four new members joined that day.



At Left, Pearl Galloway holds an "In memory" sign for Norma Schrader while getting her sparkly, fairy hair. At Right, Kim Kochis (L) & Shelley Kirk show off their door prizes.





Attendees are pictured above. Individual names were not provided We hosted a table at the Durham VA "Women's Veterans Breast Cancer Awareness" event on October 18<sup>th</sup>. The unit donated refreshments. Attendees are pictured below.



Pictured (L-R) Bernie Denato, Jennifer Griffin, Pearl Galloway, Ranae Kellum, Adina Lev & sitting is Jill Blakeney.

Unit members also attended a "22 Saves Hockey" sponsored event. The nonprofit organization provides programs and services focused on veteran health and wellness with the aim of forming communities of veterans doing the things they love to do – together! Wake County Veteran Service office participated as well as Veterans Bridge Home and Unit #144 represented, and possibly recruited three veteran sisters!



Unit member Ranae Kellum (R) with a veteran at "22 Saves Hockey" event.

Triangle Women Veterans #144 continued on Page 8.



#### **TRIANGLE WOMEN VETERANS #144 – Continued**

We assisted the American Legion Post 16 with its fall festival on October 21<sup>st</sup>. Some 80 pumpkins were painted, and judged. Unit members had a great time!

Kim Kochis (on left below) and Adina Lev (not pictured) assisted guests with the pumpkin painting.



TWV unit members were invited to attend, and provide a speaker, to a luncheon hosted by a local Girl Scout troop in honor of women veterans and first responders. Unit member Linnea Sommer-Weddington spoke on leadership.



Pictured above (L-R) are TWV attendees: Kim Kochis, Bernie Donato, Linnea Sommer-Weddington, Girl Scout Margaret, Jennifer Griffin, Adina Lev and Cathy (no last name provided), with Jill Blakeney on the floor in front.

#### **MEMPHIS BELLES**

**Unit #151 (TN)** – In September we assisted the Friends of Memphis Fisher House with a Classic Car Show fundraiser. We had a great time and helped raise over \$6,000 for the Memphis Fisher House capitol campaign.

We hosted another successful bake sale fundraiser at the Kickin' Pony dance hall to help fund our donation for the Holiday Food Boxes at the LCOL Luke Weathers, Jr. VAMC in Memphis.

October started with the Topping Off Ceremony for the Memphis Fisher House. Unit member Kathy Dejarlais was honored to sign the lentil beam, which was placed above the entrance to the Fisher House.



Pictured above (L-R) are Kathy Desjarlais, Hardin Brown, and Sami Phillips at the Classic Car Show.

Pictured below (L-R) are Jean Jungkans, Becky Dickinson, and Kathy Desjarlais at Kickin' Pony bake sale fundraiser.



Wrapping up October, Kathy Desjarlais dressed in costume to help distribute Halloween candy at the VAMC. Her hat, which sang The Addams Family theme song, was a big hit.





#### MILITARY WOMEN OF TIDEWATER

**Unit #152 (VA)** – Unit members supported the Hampton VAMC's Day of Caring. Several gals baked cookies to pass out to patients in attendance at this event. Martha Kastler and Betty Hand represented the unit at our information table, providing details about Military Women of Tidewater. They spoke with some 12 women veterans, and others, about what our unit does for veterans in the Hampton Roads area. The Hampton VAMC assistant director was on site and walked around to all the booths, speaking with participants. Along with our unit, other participants this year included Fishing for Veterans,

#### MILITARY WOMEN OF TIDEWATER #152 - Continued

Bicycles for Veterans, Virginia Natural Gas, American Red Cross, the American Legion, VFW, and Mission BBQ.



Martha Kastler (L) & Betty Hand at Hampton VAMC Day of Caring.

Unit members are heavily involved with Old Dominion Honor Flight. Mission #5 departed Newport News on Saturday, November 4<sup>th</sup>. This is an all-day event that begins at 5:15am with a welcome for participating veterans. Since Washington, DC, is only a three-hour drive from Hampton Roads, we utilize coach buses instead of flying. Honor Flight days are emotional and uplifting for all who participate.

As is our tradition, Unit #152 Celebrated Veterans' Day with a free lunch at Olive Garden. This event is always a huge success because we have the chance to get together and enjoy lunch while being honored for our service.

We meet monthly at VFW Post 4809 in Norfolk. For meeting information, contact Dassa Carvey, at (757) 363-3059 or <u>RR12@milwomen.org</u>.

#### LAKELAND ROYAL SWANS

**Unit #159 (FL)** – It's hard to believe late fall/early winter has settled in Florida, but Lakeland Royal Swans are warming up and getting busy! First, a hearty welcome to our newest members: Gloria Lee, Connie White, and Irene Rapoza! Welcome sisters! We're excited to have you join us!

Along with hosting a recruitment table at Lakeland's Annual Warrior Walk, some of us took part in the 2.7-mile walk around beautiful Lake Hollingsworth.

In October, we held our first Holiday Cards for the Troops/Crafting Event hosted by Jessyca Carpenter in her lovely home. Our goal is to grow this into a community-wide event, after we master card-making of course!



October Meeting attendees were (L-R) Kathleen VanMiddlesworth, Karen Warren, Caroline Brice, Linda Osborn, Grace Tate, AJ Burr, Lorraine Peaslee, Jessyca Carpenter, Kay Shelby, Gloria Lee & Connie White.

We attended and participated in several veteran-related events during November, including recognition programs at local churches, Veterans' Day events and the Veterans' Day parade. We also plan to partner with Unit #55 in Tampa for Wreaths Across America.

Our meetings are held at 11am on the  $4^{th}$  Saturday each month at the American Legion Post 4, 1375 Ariana St.,

Lakeland. For more information about our unit, please contact Kathleen at (863) 738-4487 (please leave a message), or at <u>MilitaryWomenLakeland@gmail.com</u>.

## MEMBER-AT-LARGE, MISSOURI

Whether filling packages (at left) for shipment to overseas military personnel, attending veteran memorial/ tribute services, or simply providing a "wish list" gift to her local VA staff (below), Member-at-Large Ann Puck always finds some way to remind her community that Women Are Veterans! Thanks Ann! You're doing an excellent job!



# Officers' Call

## Volunteer Viewpoints

by Louise "Mickey" Kibler, National Representative for VA Center for Development and Civic Engagement (VACDCE)

Are you interested in being on the Center for Development and Civic Engagement (CDCE) board at a VA facility?

If you already volunteer at a VA facility, it's simple to join the board. If you aren't volunteering at a VA facility, you will have to go through volunteer orientation and vetting.

If you would like more information, contact me – Mickey Kibler, CDCE National Advisory Committee member at VAVS@milwomen.org.

## 2024 Officer Nominations Needed

#### by Monica O'Hara, Nominating Committee Chair

Nominations for the National and Regional Officers MUST BE SUBMITTED by DECEMBER 31st to the Nominating Committee. Offices to be filled are President, VP for Finance, VP for Membership, VP for Unit Liaison, and all 13 Regional Representatives. The final list of candidates and their biographies will be published in the April 2024 MWB and the election ballot will be in the June 2024 issue. Election results will be announced, and installation conducted at the 2024 MWAN National Convention.

Please contact any nominating committee member (listed below) for more information, to volunteer for a position, or to recommend someone for a position.

Monica O'Hara, CA, 619-507-0572, <u>plansman9@cox.net</u> Beth Wingfield, GA, 706-508-5612, <u>rr10@milwomen.org</u> Yvonne Lyles, AZ, 602-410-2108, <u>yslyles@gmail.com</u> Georgeanne Bickle, AZ, 480-785-6806, <u>gpbickle@gmail.com</u> Denise Duke, AL, 334-289-3142, <u>deniseduke56@gmail.com</u>

December 2023

# **MWAN National Officers & Staff 2022-2024**

President GinaMarie DOHERTY Middletown RI 401-500-1721 president@milwomen.org

VP for Membership Debbie CRUTCHFIELD Lexington SC 803-348-2789 membership@milwomen.org

VP for Unit Liaison Patty PARKS Ooltewah TN 423-987-0405 unitliaison@milwomen.org

VP for Finance Maura MOONEY Petaluma CA 707-547-7745 finance@milwomen.org

Secretary VACANT Please contact the MWAN President if you are interested in this office. secretary@milwomen.org

Supply Locker Officer Linda COFFIELD Atoka TN 901-488-4153 supplies@milwomen.org

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**Bulletin Editor** Patty PARKS Ooltewah TN 423-987-0405

Webmaster Lvnne PINE Chula Vista CA 507-400-9111 admin@milwomen.org

VACDCE National Rep Mickev KIBLER Middletown DE 410-707-4224 vavs@milwomen.org

**Volunteer Hours Chair** Karen WARREN Lakeland FL 863-738-7911 volhours@milwomen.org

Scholarship Chair Barb TURNER Pace FL 817-733-7034 MWANScholarship@milwomen.org

**Public Relations Chair** Audrey MACLEOD-PFEIFFER Middletown RI 401-847-2158 pr@milwomen.org

#### Chaplain

Patty KOPPARI Palm Bay FL 321-723-1697 chaplain@milwomen.org

**Time & Place Chair** Patty KOPPARI Palm Bav FL 321-723-1697 time.place@milwomen.org

HerStorian: Patty PARKS Ooltewah TN 423-9870405 herstory@milwomen.org

# **MWAN Regional Map**



Contact information for each Regional Representative is provided in the chart to the right.

# 2020-2022 Regional Representatives

**REGION 1:** California, Hawaii, Nevada Representative: Lynne Pine, 507-400-9111/CA RR1@milwomen.org

**REGION 2:** Alaska, Idaho, Oregon, Washington Representative: Lynne Pine, 507-400-9111/CA RR2@milwomen.org

**REGION 3:** Arizona, Colorado, New Mexico, Utah Representative: Martha Alderman, 623-810-9328/AZ RR3@milwomen.org

**REGION 4:** Montana, North Dakota, South Dakota, Wyoming Representative: Annette Dunseth, 701-509-5412/ND RR4@milwomen.org

**REGION 5:** Michigan, Minnesota, Wisconsin Representative: Jennifer Baun, 314-803-8643/OH RR5@milwomen.org

# **REGION 6:** Florida

Representative: Jouay Koppari, 813-684-1668/FL RR6@milwomen.org

**REGION 7:** Oklahoma, Texas Representative: VACANT

RR7@milwomen.org

**REGION 8:** Alabama, Arkansas, Louisiana, Mississippi Representative: Beth Wingfield, 706-459-5729/GA RR8@milwomen.org

**REGION 9:** Iowa, Kansas, Missouri, Nebraska Representative: Michele Batliner, 816-315-9229/MO RR9@milwomen.org

**REGION 10:** Georgia, North Carolina, South Carolina, Tennessee Representative: Beth Wingfield, 706-459-5729/GA RR10@milwomen.org

**REGION 11:** Kentucky, Illinois, Indiana, Ohio, West Virginia Representative: Jennifer Baun, 314-803-8643/OH RR11@milwomen.org

**REGION 12:** Delaware, District of Columbia, Maryland, New Jersey, New York, Pennsylvania, Virginia Representative: Dassa Carvey, 757-363-3059/VA RR12@milwomen.org

**REGION 13:** Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont Representative: Alicia Rodriguez, 401-924-2589/RI RR13@milwomen.org

ONLY USE CURRENT ORDER FORM	WAN Supply Locker	DECEMBER 2023
Name:	(Why not use a retu	
Address:	City	ST Zip
Did you circle the type/size and/or color on	items?? Double Check please! **P	hone Number: ( )
Price per piece…X <u>Num</u>	<u>iber you want</u> = <u>total cost</u> for item(s	s)
PATCHES	MWAN CLOTHING	
MWAN 2½" (caps) \$ 3 X = _	Neck Tabs, Black v	
MWAN 3" (shirts) \$ 4 X = _		\$15 X =
MWAN 8½" (vest) \$10 X = _		
USN Women Veteran \$6 X =		
Patches: Navy Flag or Services \$4 X = _		1, L, XL, 2XL, 3XL, 4XL
(USN, USAF, USMC, USCG, ARMY)	MWAN Polo Shirt	•
American Flag Patch (3½"x2") \$4 X =		
Women are Veterans, Too $5X = $	MWAN Jacket	
WAVES Anchor (old style) \$4 X =	SIZES: S, IV	1, L, XL, 2XL, 3XL \$28 X =
Vietnam Era Eagle \$6 X =	MWAN Sweatshirt	
JEWELRY & PINS		1, L, XL, 2XL, 3XL, 4XL
MWAN Coin \$10 X =	MWAN White Dres	
MWAN Lapel pin   \$ 4 X =     MWAN Charm   \$ 7 X =		1, L, XL, 2XL, 3XL, 4XL, 5XL
	ITEMS OF INTER	0% Polyester) \$4 X =
MWAN Earrings     \$12 X =       MWAN Coin Keychain     \$12 X =	American Veteran	
WWAN Com Reycham     \$12 X        MWAN Mouse Pad     \$6 X     =	2016 Convention P	
Original Hat Pin     \$10 X =	2016 National Conve	
Anchor & Prop Earrings \$14 X =	MWAN Playing Ca	
Anchor & Prop Charm \$ 7 X =		/Stars & Stripes \$6 X =
Anchor & Prop Lapel Pin \$ 4 X =	2016 National Con	
Veteran Lapel Pins \$ 4 X =		AL PATCH SET \$10 =
(USN, USAF, USMC, ARMY)	MWAN Window De	
Honor-Courage-Sacrifice Veterans Pin \$5 X		\$2 X =
Vietnam Era Pins \$6 X =		t (8" Oval) \$5 X =
Veteran American Flag Pin \$5 X =		
Freedom Forever Eagle Pin \$5 X =		ch) \$4 X =
US Flag & Service Flag Pin \$4 X =		
(USN, USAF, USMC)	DD214 Alumni Dec	
USN Hat Pin (Spread Eagle w/USN) \$8 X =	MWAN Flags (3'x5	') \$80 X =
USN Crest Lapel Pin \$4 X =	MWAN Table Cove	erings \$120 X =
US Navy Lapel Pin	MWAN PopSockets	s \$10 X = 3 for \$20 X = //WWAN PUCK \$15 X =
USN Patriotic Ribbon Pin \$4 X =		3 for \$20 X =
POW/MIA Lapel Pin \$5 X =	NAME BADGE W/	<i>MWAN PUCK</i> \$15 X =
Department of Navy Lapel Pin \$4 X = Service Crest Lapel \$4 X =	Double clutch back	<b>OR</b> Magnet back (circle one)
Service Crest Lapel \$4 X = _	Name on Badge:	
(USN, USAF, USMC, USCG, ARMY)	Nickname/Maiden:	
Service Dogtag Pins \$5 X =	Unit or Other Info:	Years / FromTo
(USN, USAF, USMC, USCG, VETERANS)	Branch:	Years / From Io
US Vet Stars/Stripes Lapel Pin \$9 X =		n if you need more space**)
Honoring Women Veterans Pin \$6 X = _		<u>o Phone Orders</u>
Poppy Flower Lapel Pin   \$5 X, =	*** <u>Shipping Co</u>	<u>st</u> ***
	Up to \$40 = \$9; \$4	41-\$100 = \$17; \$101 & above = \$2
Make Check/Money Order Paya	ble to Merchandise S	ubtotal: \$
MWAN Supply Locker		Cost <sup>·</sup> \$
Mail Payment with Order Form		
	95 Vernon Street, Atoka, T	
	1) 488-4153 or Email: LindyC1951	
**See my article on Page 2		
<b>NOTE:</b> MWAN Ladies White Dress	Shirts RUN SMALL (Ladies cu	t), I suggest you order a size
larger. POLO Shirts are unise	x, sizes run large; I suggest yo	u order a size smaller.
<b>C</b>		

Military Women Across the Nation 10 Osage Drive Middletown RI 02842-4522





## www.milwomen.org

Silver Taps	S	Gone, bu	t never forgo	otten
U.S. Navy		<u>U.S. Army</u>		
Shirley A. (Heberle) Dawley	055/FL	Patricia A. Tre	emaine	077/CA
Violet Mae (V.M.) 'Johnnie' Johnson	MAL/CA	<u>U.S. Coast Gua</u>		
Audrey J. (O'Hare) O'Brien	MAL/CA	Dolores M. (De	enfeld) Schubilske	MAL/WI
Dorothy (Enes) Forbes	MAL/CT		4	
Harriet M. (Leiber) Parrish Dalton	MAL/FL			
Margaret E. (Sunkel) Wright	MAL/FL		all the second s	
Margaret J. (Hayes) Prefontaine	MAL/MI MAL/NH			
Mildred L. (Emerson) Frye Louise (Ryan) Adams	MAL/WV			
U.S. Air Force				
Sarah Osofsky	118/RI			
Candace Thomas	158/RI			
MAL = Member at lar Submit all MWAN member Silver Taps info to Pat		s Charter Member of W/ ) Sawtooth Dr., Ooltewa		@milwomen.org
MEMBER-AT-LARGE MEMBERS (Dues period 1 January to 31 December)	HIP RENI	EWAL FORM	PLEASE	PRINT
Name:			Member ID #:	
Address:				
City:			Zip Code:	
Email Address:				
<u>NOTE</u> : Future newsletters will be sent	t via email.	lf you <u>Prefer A Pr</u>	<u>inted Copy</u> , please c	heck here 🗌
Phone: Life Me	mbership fo	or those 90 years &	older is a one-time pa	yment of \$30.
National Dues for 1 year are <b>\$25.00 +</b> T	ax Deductibl	e Donation \$	= Total Amount: \$	
Please enclose a check or money	order made	payable to " <b>MWAN"</b> ,	and submit with this forr	n to:
Maura Mooney, VP for Fina First-time applicants must use the MWA	•	•		