

SAABE TIMES

A publication of the San Antonio Association of Building Engineers

August 2010

Mark Your Calendar-

JOIN US FOR OUR AUGUST MEETING!

The next General Membership Meeting of the San Antonio Association of Building Engineers is set for 11:30 am on Wednesday, August 18, at the Embassy Suites Hotel (7750 Briaridge Drive; northeast corner of IH-10 and Loop 410).

The meeting topic is "Domestic Water Pressure Booster Savings Opportunities with Variable Speed Drives," and the presenter is Bobby Richard with Yaskawa America, Inc. This month's meeting sponsor is Mechanical Reps, Inc.

Please RSVP no later than Monday, August 16, at noon.

If you must cancel your attendance, please call Melodie Goff at 408-8135 BY MONDAY, AUGUST 16, AT NOON so we can cancel your meal.

Please make sure to check in at the front desk when you arrive.

RSVPs are REQUIRED, so we can be sure to have enough meals on hand! *



Engineer Spotlight

by Jeff Turov



Manuel Arellano

Port San Antonio 907 Billy Mitchell Blvd. San Antonio, TX 78226 manuel.arellano@portsanantonio.us Phone: (210) 932-0789

• How long have you been in the building engineer trade?

I have worked at Kelly for 19 years - ten years as a Port San Antonio employee and nine years for the civil service. Having worked for a few private HVAC companies, I am satisfied to be the master HVAC technician for the Port. I have been involved with SAABE for almost three years.

Any awards, recognition or special training?

I graduated with an Associates degree in HVAC from Southwest Texas Junior College in Uvalde. Having this degree has helped me to direct my efforts in this industry.

· Family and children?

My wife and I have a twelve year old son and a nine year old daughter. We also have one on the way that is due in November - sleepless nights are ahead.

Hobbies/what do you enjoy during off-hours?

My favorite pastime is spending time with my family. Second to that is fishing, hunting and playing guitar.

• Tell us a good fish story.

My daughter and I were out bay fishing in the flats, and she hooked a ten pound hammer head. She reeled it in, and I worked to get it off the hook while it attempted to bite me in the derrière. Once I finally got it on the stringer, we went about fishing. Sometime later, I went back to check the stringer and found that the fish had eaten the rest of our catch and bitten through the stringer! ❖



A Message from the President

by Charles Mikolajczyk, Jr., CBE-M

Congratulations to John Cauley and the staff at the Fountainhead Business Park II on being the first existing office building in San Antonio to earn LEED Silver certification. Way to go!

Also, as I am creating this article, a news flash just came across that the oil spill leak has stopped, and, if the cap holds under pressure, this will be the end of the leak until it is plugged by horizontal reliefs. Watching the video, the cap appears to be nothing more than a fancy Dresser coupling. Can't help but wonder how many ideas from the public BP has filtered through. Hopefully, by the time this article is delivered, the horizontal relief wells will have resolved the situation.

Much like the oil disaster, things can go terribly wrong in our industry as well. Disaster Recovery, Emergency Planning, etc. all need respect and to be practiced...along with updating call lists. Use every issue as a learning tool, and you will go far. The key item is to not get caught with your pants down (i.e., unprepared).

July was an awesome month. Got some MRT down in Puerto Aransas - got to spend some time with some BOMA SA friends at the 75th Deep Sea Roundup. We would have brought back a trophy, but there was not a "Hard Luck" division. We ended up breaking two (2) boats while down there, but it still beat a week at work! There is a Texas Women's Angler Tournament the fourth weekend of August, so maybe the ladies



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can bring us some luck. Hopefully, you as well, have been taking some MRT. You're not getting any younger you know! :-)

August is a wonderful time of year, if you're into heat like Hades. For many Building Engineers, equipment is operating at or near peak, 2011 budget numbers are due, and building occupants are stressed and cranky - among other wonderful things. At least the 2010-11 hunting and fishing licenses becoming available on August 15th is something to look forward to...along with the opening of dove season in September. By the way, Falcon Lake in Zapata is at its highest ever level. The previous level was set back in 1958. Should be a sight to see if you're into that sort of thing.

I would like to express thanks to Johnson Controls, Inc. for presenting "Magnetic Bearing Chiller Technologies" at the July Luncheon and Keith Bender and Keith McFarlin for the Last Thursday Training Seminar "Electrical System Testing!"

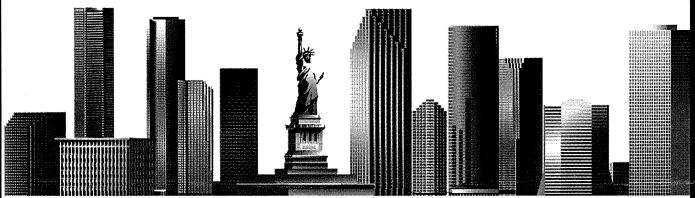
Live a little, a lot...and enjoy the ride! *





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Left to right: Pan American Life, New Orleans; Greenway Plaza, Houston; JP Morgan Chase Tower, Houston; Wells Fargo Plaza, Houston; San Felipe Plaza, Houston; Seagram Building, New York City; The Statue of Liberty, Liberty Island; Wachovia Financial Center, Miami; One Brickell Square, Miami; 1400 Smith Streeet, Houston; 1100 Louisiana, Houston; Five Post Oak Park, Houston; One Sheel Square, New Orleans

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"Saving with Energy" Workshop

Alamo Colleges is presenting a "Saving with Energy" workshop from September 22-24, 2010 at the Mission Verde Center. This workshop will enable you to establish the systems and processes necessary to improve energy performance, including energy efficiency and energy intensity.

The workshop will provide hands-on training combined with tools, real life demonstrations, and active participation of all attendees. Each attendee will set up their own energy management system and demonstrate improved energy performance.

You will learn:

- how to prepare for compliance with the ISO 50001 Energy Management Standard;
- how to implement an Energy Management System based on the PLAN-DO-CHECK-ACT continual improvement framework;
- how to provide effective measurement and monitoring of energy use and how to find hidden waste; and
- how to have low cost/high value projects which will result in measurable cost reduction in a short time.

The fee for the three day workshop is \$875 which includes an electronic data logger, sensors, software and manuals. For more information and/or to register, contact Dayna De Hoyos at ddehoyos5@alamo.edu or (210) 485-0240. ❖

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Gerloff's Emergency Preparedness Plan is designed to provide the highest quality and the best catastrophe management service possible. With your assistance, Gerloff Co Inc. will create a proactive format to facilitate a positive outcome from any unfortunate event of any size or magnitude. The more prepared for any event, the better the results.

Gerloff has been assisting our Texas clients and the insurance community since 1985 in the restoration of Commercial and School Properties affected by water, hurricane, fire, and wind emergencies. These properties, referred to as Emergency Preparedness Plan Partners have experienced a sense of confidence and piece of mind knowing that Gerloff can be contacted to do the right job, the first time.

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TIP: Emergency Preparedness Kit

- · Pack a Flashlight with back up batteries
- Pack a Transistor Radio with back up batteries
- Pack bottled water
- Pack Cell Phone

- · Pack personal hygiene supplies
- Pack a manual can opener
- · Pack a first aid kit

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SAABETIMES

Recyclable Metal Thefts

by Charles Mikolajczyk, Jr., CBE-M

The salvage thieves have now added yellow brass to their salvaging (i.e., backflow preventers). Mostly, these thefts are to irrigation back-flow preventers which can be turned off without disrupting or alarming anyone.

The thieves are turning off the water at the water meter and then cutting or breaking the associated piping to remove the device. And the turnaround time to re-install a new device and test may be longer than your landscape can sustain without water!

Here are a few tips:

- 1. Check your devices daily.
- 2. Install a lock so that the water (at the meter) cannot be turned off, or install some type of lock-out device. Then, perhaps, they will leave you alone...or leave you with gushing water. *



"8th Annual Fall Shoot Out"

Join the fun at the "8th Annual Fall Shoot Out" golf tournament benefitting the San Antonio Pest Control Association, the American Diabetes Association and Odessy Home Hospice Care.

The tournament will be held on Friday, September 10 at 1 p.m. at the Silverhorn Golf Club (1100 W. Bitters). Cost is \$90/player or \$350/team. There will be door prizes, dinner and an awards ceremony.

For more information and/or to register, visit www.Silverhorngolfclub.com. Register by August 27 for early bird discounts. ❖







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Vendor Rep Report by Allen Mangrum (aka Turtle)

Well, here we are in August, and boy has this year gone by fast! As I write this, I have some sad news to share. This will be my last letter as your Vendor Rep, as I will be moving back to California to help with my family business and to spend some time with family.

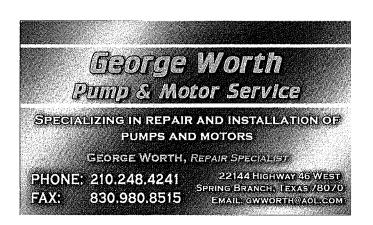
I would like to thank every member of SAABE for your support and help over the last six or so years. I would also like to personally thank Laura, her ladies and the board for all the good advice and friendship you've given me. I've enjoyed serving as your Vendor Rep for many years and look forward to seeing SAABE continue to grow with new direction.

I will check in from time to time and send in periodical updates for those who may be interested. Again, thank you for the opportunity to serve you and be a part of one of the most successful organizations in Texas! And, as always...keep the greasy side down!!

Allen Mangrum

Signing off. *











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Pavecon is big on recycling jobs, whether for a patch repair or a total recycle job. Pavecon has taken the challenge to help our environment in every way possible. One way is by becoming one of the leading recycling companies of asphalt and concrete in the Southwest, and by extending that commitment to our customers.

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Pavecon is always thinking of our environment. When asphalt paving repair jobs are specified to be removed, Pavecon makes sure the old asphalt goes back to asphalt manufacturers to be recycled into new asphalt mix called "RAP". Remember, it is our planet, and we all need to work to keep it "GREEN."

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Making the Transition from Staff to Supervisor

- Sponsored by American Management Association
- August 26, Norris Conference Center, San Antonio
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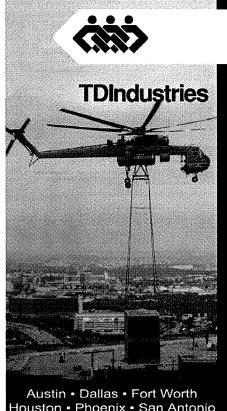




Job Openings

There are several job openings currently listed on the SAABE website (www.saabe.org). Visit the site for full details.

If you have job openings, please forward them to laurabray@braycommunications.com for posting. �



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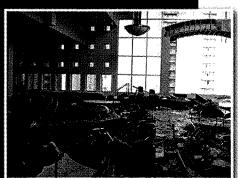
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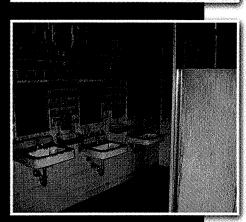
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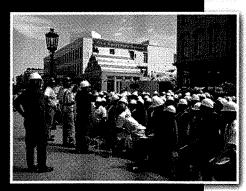
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SAABE August Last Thursday Training Seminar

Save the date for this month's Last Thursday Training Seminar. The topic is "McQuay Magnetic Bearing Chillers," and the presenters will be Sid Hebert with Gillette Air Conditioning and Mike Donovan and Mark Pickett with Heat Transfer Solutions. Gillette Air Conditioning is this month's training seminar sponsor.

Where: First National Bank (6243 IH 10 W)

Fourth floor conference room (next to deli)

When: Thursday, August 26, 11:30 am - 1:00 pm

(Lunch provided by Gillette Air Conditioning)

Gillette Air Conditioning was founded in 1959 and has developed into one of the largest service and construction companies in the San Antonio and Central Texas trade area. Their areas of specialization include air conditioning, heating, refrigeration and boilers for commercial and industrial facilities. And, Gillette Air Conditioning received the 2010 Contractor of the Year Award from "Contracting Business" magazine.

For more information about Gillette Air Conditioning, contact Sid Hebert at (210) 735-9235 or sh@gillette-ac.com. Or, visit their website at www.gillette-ac.com.

The seminar is open to **SAABE Engineers and their** assistants only, and there is no cost to attend. There is a limit of 25 attendees.

If you are coming, please email mgoff@braycommunications.com. Please RSVP by Wednesday, August 25 so we know how many lunches to order. If you RSVP and cannot attend, please call Melodie Goff at (210)408-8135 so she can move someone off the waiting list.



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Fountainhead Business Park II Becomes First Existing San Antonio Office Building to Earn LEED Silver Certification

Grubb & Ellis Realty Investors LLC announced that Fountainhead Business Park II, a three-story office building, has earned LEED® Silver (Leadership in Energy and Environmental Design®) certification from the U.S. Green Building Council®, the nation's foremost authority on environmentally responsible building practices.

The designation makes Fountainhead Business Park II the first existing office building in San Antonio to earn LEED Silver certification.

Retrofitting the building involved changing the type of lighting used as well as the cleaning supplies, which must be environmentally friendly. New building materials must be green and the sole tenant, Genzyme Corp., must incorporate recycling into its waste removal process.

The Grubb & Ellis team consisted of Daryn Mieure, Senior Portfolio Manager, Mark Upton, Regional Manager -Engineering, Cindy James, RPA, Property Manager, SAABE member John Cauley, Building Engineer and Daphne Shepard, Administrative Assistant.

Onsite Property Manager, Cindy James, RPA received SAABE's "Manager Highlight" award for her support of her staff and all of her hard work during her building's LEED certification. *



July Lunch Summary

by Curtis Thompson

We live in an energy hungry world, so an investment in chiller efficiency can reduce your energy consumption.

With a little ingenuity, Johnson Controls discovered how to put their already efficient centrifugal chillers on a stricter diet. They began with the driveline and utilized a permanent magnet motor and active magnetic bearing technology to eliminate mechanical contact losses associated with oil lubricated bearings. As a result, the YMC2 chiller offers 10% better efficiency than conventional, variable-speed centrifugal chillers.

Then, they improved the efficiency of their Opti Speed variable speed drive and enhanced the efficiency of their evaporator with an advanced falling film design. But, they kept the features that always made York chillers so efficient - like an optimized centrifugal compressor that can take advantage of the

low-temperature tower water to save energy. And, their proprietary capacity control logic which continually analyzes and adjusts the chiller's operations to ensure optimum performance.

When you weigh your chiller options, you will find that the YMC2 chiller offers the best real-world efficiency in the market place. Plus, this chiller is super quiet.

If you would like additional information about the YMC2 chiller or other Johnson Controls products, please contact Peter Smith at (210) 383-1996 or peter.a.smith@jci.com. Or, visit their website at www.johnsoncontrols.com.

A special thank you from SAABE to Johnson Controls for all the great info! �



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SAABE TIMES August Issue

Final Thought:

"In skating over thin ice, our safety is in our speed." - Ralph Waldo Emerson (1803 - 1882)

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Association Manager

(laurabray@braycommunications.com)

Next Meeting:

Wednesday, August 18

"Domestic Water Pressure Booster Savings Opportunities with Variable Speed Drives" Sponsored by Mechanical Reps, Inc.

> Upcoming Program: Wednesday, September 15 Sponsored by Trane

The SAABE Times is edited by Bray Communications.