

Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321

Pastor and Campus Minister—Rev. Ben Dunkelberger— frbdunkelberger@hbgdiocese.org
Website-www.olvshippensburg.org You Tube-Shippensburg Catholic
Church...(717) 532-2912 Campus...(717) 477-1244 Emergency...(717) 323-2679

14TH SUNDAY IN ORDINARY TIME

Jesus said to them, "A prophet is not without honor
except in his native place and among his own kin
and in his own house."

† R 64



Weekend Masses

Saturday.....5:00 pm
Sunday.....8:00 am and 11:00 am

Daily Mass

Tuesday, Thursday & Friday8:30 am
Wednesday.....6:30 pm
First Saturday of the Month.....9:00 am

Rosary

Tuesday—Friday.....8:00 am

Reconciliation

Saturdays.....3:30 pm – 4:30 pm
Wednesdays.....5:30 pm - 6:20 pm
1st Fri. of the Month...7:30 am – 8:20 am
1st Sat. of the Month...8:00 am – 8:45 am

Adoration of the Most

Blessed Sacrament

1st Fri. of the Month....7:30 am – 8:20 am
Fridays.....9:00 am-- 7:00 pm

Office Hours

Monday-Thursday.....9:00 am—4:00 pm
Closed Holy Days & Holidays

Parish Staff Contact Info.

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Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.

The Reception of Holy Communion (Part 2) –

Not a Good-Feeling Spiritual Vitamin, But a Real Person and a Growing Union of Persons

We talked last week in Part 1 about how receiving Holy Communion is certainly one of the main climatic moments throughout each Catholic Mass ceremony/liturgy. We say "Amen" before we receive not just to say "Yes" or "I believe" to the fact that Jesus is fully present in Holy Communion, but we say "Amen" also to affirm all that the Catholic Church teaches and especially all of how we try to follow Christ as his disciples and live according to the Gospel with as much faith, hope, and love as possible! In addition to this beautiful reality of striving to follow Jesus with all of our hearts, we now turn our attention to the effects of Holy Communion on our bodies and our souls. After all, if we are receiving Jesus Christ, the infinite God become man, His very body, blood, soul, and divinity, if we are truly receiving all of Him in that sense, then this should change us or affect us in some dramatic way, right?

I'd like to mention one quick reflection that has really helped me to "get the most out of receiving communion" in this sense of how it changes us on a personal and spiritual level. First of all, there are a lot of people who generally have very positive and even emotional experiences when receiving communion. People often tell me how they experience a deep sense of calm or peace, or people are filled with joy or hope or love in their souls through receiving Christ in the Eucharist. On the other hand, that experience is not always universal, and even for people who experience those spiritual consolations, sometimes they seem to fade or sometimes they do desire even more out of Holy Communion and coming to Mass in general. My first encouragement to help you with this is to realize that even though God does want to give us these emotional or spiritual consolations when we receive communion, His desire is not primarily about the emotions or feelings after we receive. God's desire in and through the Eucharist is a growing communion relationship with each one of us! True love (*and a true communion as far as 'com-union'... meaning 'with union'*) always involves a certain amount of emotions and feelings, but the central part of true love is sacrificing for the good of the other. In other words, do we approach the Eucharist ONLY to experience those good emotions or spiritual consolations, or do we approach Christ in the Eucharist as a person, who wants to help us continue to grow more and more into a perfect communion with Him throughout our entire lives?!

A very brief way to summarize this first reflection is – don't approach Holy Communion just as a 'feel-good spiritual vitamin.' Rather, approach Holy Communion as receiving a person more fully into your soul and into your life. A person who wants what is best for you, and will sometime give you consolations, but at other times will certainly encourage you to grow or sacrifice for Him or for other people. For example, when is the last time you sat down after receiving communion (sat down or knelt down in the pew), and then you said to Jesus in your soul, "Ok, Lord what do you want to say to me today? Even if it is a challenge or a call to conversion or growth in some way, what are calling me to strive for with your grace this week?" The goal of the Eucharist, the goal of Holy Communion is for our relationship with Jesus Christ to grow more and more into a union of persons preparing for the perfection of heaven! This means that yes, sometimes Christ will want to give us consolations or words that just encourage us or pick us back up or give us a fresh new perspective on something to show us how He really sees it the right way. But other times, like a good Father, like a true Savior from sin, Jesus in the Eucharist will challenge us to avoid occasions of sin, He will exhort us to grow in virtues and good habits, and he will ask us to do uncomfortable things to sacrifice for Him and for others in our lives. May we enter into this communion with Christ in the Eucharist as fully as possible; Because He is alive, He is not just a good-feeling vitamin but a person who gives Himself totally to us in love in this way, and this is the greatest gift we could ever hope for God to give us - Himself in real relationship of perfect love.



Knights of Columbus & The Ladies Auxiliary



The next Knights meeting will be **Thursday, August 1st at 7:00 pm in the social hall.** For more info. please contact Travis Detwiler at 717-809-0672 or travisedetwiler@gmail.com

The next Ladies meeting will be **Wednesday, September 4th at 2:00 pm in the social hall.** For more info. please contact Donna Bonitz at 717-860-4909 or ddbbonitz@gmail.com.



You may sign up for a weekend to have flowers placed at the tabernacle in honor or in memory of someone. The flowers cost 40.00. The flowers will be ordered and delivered

from Fishers Florist. The sign up sheet is in the lobby of the church. Envelopes are provided near the sign up sheet for payment that you may put in the collection bin or drop off at the office. Please contact Sue German at 717-816-0552 with any questions.



We are excited to announce that our parish is enrolled in a recycle program. We have 2 recycle bins, one is placed in the social hall and the other bin is placed in the lobby of the church closest to the social hall entrance. On front of the bins are guidelines as well as copies of the guidelines that you may take with you. Our goal is to collect 1,000lbs in a years time. **We currently have collected 78lbs!!** Please contact Heather Kauffman for more information, 223-220-6913.

Foster Parents Needed

Make a lasting difference in a child's life. If you can provide a loving home, we will provide the support that you need. Please contact Catholic Charities Specialized Foster Care at (717) 564-7115 or gpfeifer@cchbg.org for more information and to register for a virtual Information & Orientation session.

FOSTER PARENTS



Mass Intentions

Saturday, 9:00am 5:00pm	July 6 In Memory of Nancy Redington People of the Parish
Sunday, 8:00am 11:00am	July 7 In Memory of Thomas Sutch Sr. In Memory of Blanche Baron
Tuesday, 8:30am	July 9 Intentions of the Levins Family
Wednesday, 6:30pm	July 10 Intentions of Ligia Fernandez
Thursday, 8:30am	July 11 In Memory of Patricia (PJ) McGuigan
Friday, 8:30am	July 12 In Memory of Francis Thomas Faragasso
Saturday, 5:00pm	July 13 In Memory of Patrick Dechene
Sunday, 8:00am 11:00am	July 14 In Memory of the Stewart-Gelas Family People of the Parish

*The flowers at the tabernacle
are placed in memory of
Josh Everetts*



DONATE ONLINE

This is just a small reminder that you can give to our parish Sunday collec-

tion online either with an individual gift or with a recurring donation of your choice.

Please visit: olvshippensburg.weshareonline.org for more information.

Online giving total for June was \$6,221.87

Our 8 Days of Eucharistic Joy may be over, but you can remember this momentous week and be reinvigorated in your love for Christ with a commemorative art decal drawn by some of the younger members of our diocesan community! The Office for Laity and Family is offering three different decals featuring the Holy Eucharist, each one available to purchase for only \$3. To see each decal and place your order, please go to: www.hbgdiocese.org/euch8decal

All proceeds will go to support new and existing family ministry initiatives in our Diocese. Please share this widely with your families, friends, ministries, and communities. If you have any questions about the decals, please reach out to Melissa Maleski at mmaleski@hbgdiocese.org or Shannon Gump at sgump@hbgdiocese.org



Weekly Announcements

Wednesday, July 10th – Morning Prayer 8:30am —
No Choir Practice

Thursday, July 11th —Knitting Group- Join us for coffee, snacks, and good conversation in the social hall after morning Mass.

Saturday, July 13th — Youth Group All students in grades 6-12 from **6-8pm** in the social hall.

The next potluck will be Sunday July 21st

CHURCH

Potluck

Immediately following the 11am Mass. Please bring a dish to share.

Water, juice & coffee will be provided

YOUTH GROUP
News

All students in grades 6-12 are invited to our next **Youth Group Meeting on Saturday July 13th from 6-8pm** in the social hall.

Feel free to invite your friends!!



Run with a Priest! (...or walk or bike!)

Every 1st & 3rd Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails.

The next run will be Sat. July 20th.

Join Bishop Timothy Senior in a once-in-a-lifetime pilgrimage to the Eternal City – Rome. In honor of the 2025 Jubilee Year for the Church, this 10-day pilgrimage from



The Eternal City

April 22 – May 1, 2025, will visit sites throughout Italy, including Rome, Assisi and Siena. Find full details online at <https://www.hbgdiocese.org/jubilee>



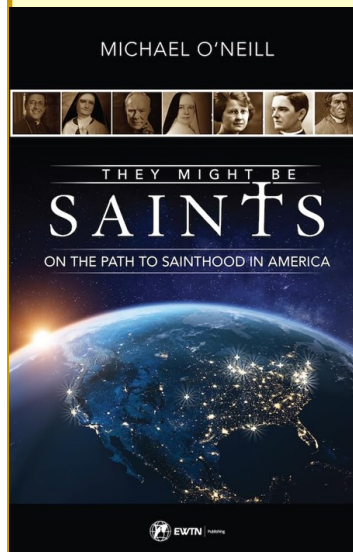
PENNSYLVANIA MARCH FOR LIFE

Save the date! The annual Pennsylvania March for Life is Monday, September 23 in Harrisburg.

11:00 AM - RALLY 501 N 3rd St
12:00 PM - MARCH FOR LIFE

FOR MORE INFORMATION, VISIT:
PA.MARCHFORLIFE.ORG

Book of the Month July and August 2024



The Book of the Month for both July and August will be ***They Might Be Saints: On the Path To Sainthood in America*** written by Michael O'Neil and published by EWTN. This might be our biggest book we have ever had at just under 300 pages, however, it also might be my favorite book so far in this series! This book is written based off of research for a TV series on EWTN that tried to study and compile the stories of dozens of potential Catholic Saints that lived in America (both before it

was the U.S.A. and since then in our very modern world as well!). The chapters are only about 7-10 pages each, and it covers the stories of at least 24 different holy individuals who are currently in the process of potentially becoming a future Saint in the Catholic Church. Also, this book begins with an incredibly detailed explanation of how the official process currently works (and some past history of the process of becoming a Saint as well), which I guarantee will surprise you in beautiful ways! There are so many miracle stories and stories of authentic holiness, heroic virtue, and determined faith that if you give this book a chance, you will be inspired and consoled at God's activity within human souls as well as His great plan for your life.

We will get together to discuss this book on **Wednesday, September 4th from 7:30 – 8:30 pm**, which gives you a solid two months to get this book and read it in that time! Even if you don't have time to read this book, please consider coming to meeting in the social hall on Sept. 4th, and I will do my best to summarize my favorite stories and bring some good discussion into the room as well. Thank you again, and God Bless you.



Save the date!
The Diocese is hosting a Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C., on November 16, 2024.

More details coming soon.



Answering the Call to Follow Jesus”

“Oh, that today you would hear His voice, do not harden your hearts”

Fr. David A. Driesch will lead us in refining this connection so we can “Follow Jesus” every day by being attuned to hearing His voice. When will this happen? During the 46th Annual Men’s Retreat, **August 2 – 4** at Mt. St. Mary’s University in Emmitsburg, MD. John Thornton will be available at all the masses to assist you with registration and answer any questions you may have or you may contact him at (508) 868-5640 text or call. Email johnnie7746@gmail.com. You can register on-line at cburgcatholic.org/mensretreat. Costs vary based on accommodations. Deposit is \$60.00. A \$5.00 processing fee will be added to all on-line reservations. **Last date to register July 10!**



The Word of God Alive:

Discussing the Readings with your children

**What does it mean to be successful?
What does it mean to be successful at doing God's will?**

Jesus was the best and truest prophet. Jesus could hear his Father's voice totally and completely. The words he spoke were the words of God because Jesus is God. When Jesus first started sharing the words of God and of doing the special work the Father had asked of him, the people who knew him his whole life couldn't recognize what he was doing. They thought because they knew his family, that he was only like them. They didn't see that in addition to being just like them, completely human, that he was also completely God, that his words were God's words. It might have seemed as though Jesus was not successful because the people closest to him and that had known him the longest didn't understand.

Jesus' greatest work was dying and rising out of love for all of us. When Jesus was taken, tried, and sentenced to death, it looked like he was not only not successful but also totally defeated. When he was on the cross and died, it seemed as though his work had been ended and had no effect. Yet we know what came next. Jesus's death was a great triumph. Jesus rose and brought with him life and a light that will never go out. He shares that light until the end of time, when that light and life of Christ will be so bright that we won't even need the sun or moon.

Jesus shares this light and life with us through baptism. **What, then, does our own success look like?** We hope to be more and more like Jesus. We want to give of ourselves completely in love of others. We can let the light we are given shine so that they might know that it comes from the One who is Love.

Living our Faith: This week share the love and light you have been given at baptism to others by your words and deeds.

Shippensburg Community Resource Coalition

Christ Among Neighbors (CAN): CAN has been helping Shippensburg residents with emergency financial needs for over 20 years. Volunteers are needed on Wednesday afternoon or Saturday morning. Visit our website or call us to learn more. Suzanne Hildabrand 717-377-8316; www.christamongneighbors.com.

Hound Packs: We will be collecting soup all summer so that we are ready for the fall. At the end of the school year, we were packing 200 bags of food for children who don't have enough food for the weekend, they try to give 2 cans of soup each week.

They are also looking for someone to deliver the bags to the schools for next year. The bags are delivered on Thursday mornings. In the past there was one person who delivered to all the schools, and it took about an hour. More than one person can deliver to the schools, making the job easier and quicker.

SPO: Shippensburg Produce Outreach is in immediate deed of volunteers to help distribute food on Tuesdays from 3:30-6:30. This takes place on South Penn ST., in the building next to the Lutheran Church. It would be nice if you could make it each week, but if you can volunteer a couple times a month, that would be greatly appreciated.

Any questions, contact Bobbi Staver 717-816-5309

WE ARE
Meals On Wheels
So no senior goes hungry.

Meals On Wheels NEEDS DRIVERS!

Meals On Wheels is a life-line for many in the Shippensburg area. We deliver approximately 250 meals weekly to those in need. This invaluable service extends beyond providing nourishment; it offers companionship, care, and support to individuals who may face challenges in accessing nutritious meals. Please contact Diana Nazario if you need any information to start volunteering with Meals on Wheels at 717-300-3563 or by email to diana.nazario@mennohaven.org



Register Now for Vacation Bible School!!!!

There is NO COST, but spaces are limited— so don't wait! VBS is for students in pre-k (4 & 5 years old) through 5th grade.

VBS is August 5-9 this year from 6-8pm in the social hall with some outside activities, as weather permits. Registration forms can be found on the bulletin board outside of the Religious Education office. You may email, mail, or slide completed forms under my door! Let me know if you have any questions! Jolene Cramm jcramm@hbgiocese.org