



## **Pacific Jujitsu Alliance**

**PO Box 1881, Phoenix, Oregon 97535**

# ***Newsletter – December 2011***

### **Message from Professor Bob McKean**

As we approach the end of another year let us take a moment and look back on our own DZR training and the events we participated in during 2011. For me 2011 has been a very busy and rewarding year. I was able to be participant in many mat related events this year strengthening old relationships while also building many new ones. 2011 has been a very good year for the PJA. Our membership has grown to over 85 black belts and 20 schools.

Many PJA schools are now holding their dojo black belts exams with the PJA. The PJA encourages each sensei to take responsibility for testing their own students. The sensei puts in the time, work, and loving dedication in teaching their students. The sensei should be the one who examines their own students for black belt. Who knows their student better than the sensei?

The Bob Krull Memorial, KITW 2011, and the Summer Gathering were just three of the many activities hosted by PJA members and PJA schools. PJA events continue to be open to all DZR organizations and their members. The PJA and the Kilohana Martial Arts Association continue to strengthen their friendship and to support each other's events. Several PJA schools and PJA black belts joined Kilohana this past year. The PJA encourages its schools and individual members to consider joining the other DZR organizations and to become part of the bigger DZR Ohana.

Filers for some of the 2012 PJA events are listed in this newsletter. Sensei Robert Korody will begin teaching the new PJA Basic Dojo Massage Course this coming January. Dates are also locked in for the 2012 KITW and the Bob Krull Memorial.

I would like to wish everyone a wonderful and Merry Christmas and a happy and safe New Years. I'm looking forward to seeing all of you on the mat in 2012.

Stay safe.

Professor Bob McKean

[Cop2rn@aol.com](mailto:Cop2rn@aol.com)

(541) 512-2770

## **K.I.T.W. Skill Development Workshop**

November 6<sup>th</sup>

A K.I.T.W. workshop was held at the Medford Judo Academy. Nineteen people attended the intense five hour workout. This was our first K.I.T.W. skills development workshop. Time was spent reviewing the basic cutting and Apache drills. Unlike the basic K.I.T.W. course, we had nice soft mats to fall on. A two hour knife wound trauma management block of instruction was included in the workshop.

Several K.I.T.W. alumni, who we have not seen in a couple of years, were in attendance. I would like to thank K.I.T.W. instructors Dominic Beltrami, Troy Shehorn, Brandon Johnson and Jesse Ellis for assisting in the workshop. Mark your calendar for the 2012 K.I.T.W. – August 10 -12, 2012.

## **Kilohana Deep Roots**

November 12<sup>th</sup>

Three PJA school heads attended the Annual Kilohana Deep Roots held in Morgan Hill, CA. The guest instructors for this years event included Maestro Claudio Artusi from Venice, Italy, Master Ron Saturno and Great Grandmaster Ralph Castro.

At the Annual Kilohana Awards Banquet, Professor James Muro was promoted to the rank of judan. The presentation was made by Pauline Chow-Hoon, wife of Professor John Chow-Hoon and by Bernice Jay, wife of Professor Wally Jay and herself a black belt student of Professor Okazaki.

Congratulations to Professor Muro from the Pacific Jujitsu Alliance. Thank you for your years of dedication and service to Danzan Ryu.

## **Pacific Self Defense Academy**

November 13<sup>th</sup>

Sensei Chris Nicholas invited me to teach a clinic at his Pleasanton, CA. dojo. Kevin Bird and Paul Hernandez, long time students of mine from the 1990s, attended the workout. After being off the mat for several years, it was good seeing them working out once again. Sense Nicholas and I spent time working with two of his brown belts who will be testing for PJA shodan in January. Good luck guys. Keep training.

## **Renkiohen Budokai**

November 14<sup>th</sup>

I was invited to teach a class and to participate in a shodan exam at Sensei Dominic Beltrami's dojo in St. Helena, CA. I always enjoy going to the Renkiohen Budokai. Sensei Beltrami has a great bunch of students who train hard and are very enthusiastic about learning new aspects of DZR. Meghan Gainers had a great exam and is a new PJA shodan. Congratulations, Meghan!

## **Kodenkan Jujitsu of New York**

November 19<sup>th</sup>

I was invited to New York City by Sensei Robert Korody to participate in the testing of two of Sensei Korody's students for shodan. The two exams were conducted together and lasted just over 3 ½ hours. In keeping with the PJA tradition, the black belt candidates demonstrated all the arts on each of the boards they were required to know. PJA Professor Barb Gessner, from Rutgers Kodenkan, also attended the exams. Congratulations go out to two new PJA shodans, Craig Phildius and Dorian Brito. Thanks to the hard work and dedication of Sensei Korody, Danzan Ryu and the PJA are alive and doing very well in New York City.

## **Annual Winter Clinic & Dinner - Fudo No Sei Katsu**

December 3

Sensei Robbin Miller held her annual dojo clinic and Christmas dinner in Crescent City, CA. Participants included 24 people from of the Medford Judo Academy, Jobu Shin Kan and Fudo No Sei Katsu. A social gathering and dinner followed a six hour workout taught by Sensei Jess Ellis and Sensei Brandon Johnson, which included arts from the Fujin Goshin No Maki and Shime No Kata II boards. Sensei Miller will be hosting the 2012 K.I.T.W., August 10-12, 2012.

## **New PJA Schools**

The PJA welcomes two new schools to our growing Ohana. We currently have 20 schools registered with the PJA.

**Jobu Shin Kan**  
Sensei Jon Sylvia  
Eureka, CA

**Zentai Judo & Jujitsu School**  
Sensei Eddie Gearhart  
Los Altos, CA

A quick Internet search shows that there are about 272 DZR schools that belong to 9 DZR organizations. This is an approximate number. Some schools are members of more than one organization and some of the organizations have not updated their school rosters in a while.

<u>Schools</u>	<u>DZR Organization</u>
79	American Judo & Jujitsu Federation
45	American Jujitsu Institute
40	Jujitsu American
39	Bushidokan Federation
20	Shoshin Ryu Yudanshakai
<b>20</b>	<b>Pacific Jujitsu Alliance</b>
14	Kilohana Martial Arts Association
10	Christian Jujitsu Association
3-5?	Kodenkan Danzan Ryu Jujitsu Association
?	Kodenkan Yudanshakai

### **New PJA Members**

Eight new black belts have joined the PJA since summer. Our black belt membership is currently at 85 and growing.

Jon Sylvia – yodan  
Stan Miller – sandan  
Ross Anthony – shodan  
Dorian Brito – shodan

Eddie Gearhart – sandan  
Andrew Woeppel – shodan  
Craig Phildius – shodan  
Meghan Gainers – shodan

### **PJA and KITW Facebook**

We now have a PJA/KITW Facebook page. Sensei Brandon Hamlet is the administrator of our PJA/KITW Facebook page. If you are not already a PJA/KITW friend, please submit a request to join us by contacting Brandon at [hamlet13@charter.net](mailto:hamlet13@charter.net). PJA/KITW is a restricted page that is specifically for PJA members and KITW course survivors.

### **PJA Website**

The PJA website, [www.pacificjujitsualliance.com](http://www.pacificjujitsualliance.com), will be updated after the first of the year. Check for new DZR articles, new black belts, new schools, updated lineage tree, updated list of DZR professors and information on the PJA massage program.

# 2012 Event Calendar

## **Basic Dojo Massage Course**

January 21 & 22, 2012

Hosted by Sensei Chris Nicholas - Pacific Self Defense & Esteller Martial Arts

915 Main St. Pleasanton, CA. 94566

(510) 329-5351 [chrisn@pacificselfdefense.com](mailto:chrisn@pacificselfdefense.com)

## **American Judo & Jujitsu Federation Annual Convention**

March 16, 17, 18, 2012

Sacramento, CA.

For more information go to [www.ajjf.org](http://www.ajjf.org)

## **Bob Krull Memorial**

April 28 & 29, 2012

Hosted by Sensei Chris Nicholas

Hayward, CA

(510) 329-5351 [chrisn@pacificselfdefense.com](mailto:chrisn@pacificselfdefense.com)

More information will be available soon

## **Summer Gathering 2012**

June or July 2012

More information will be available soon

## **Ohana 2012**

July 6-8, 2012

Hosted by the American Jujitsu Institute

Honolulu, Hawaii

Form more information go to [www.americanjujitsuinstitute.org](http://www.americanjujitsuinstitute.org)

## **19<sup>th</sup> Annual K.I.T.W. - Combat Knife Training Course**

August 10, 11 and 12, 2012

Hosted by Sensei Robbin Miller - Fudo No Sei Kaku

1493 Northcrest Dr. Crescent City, CA 95531

(707) 954-5534 [randsmiller@frontier.com](mailto:randsmiller@frontier.com)

## **Basic Dojo Massage Course**

Hosted by Sensei Chris Nicholas  
Pacific Self Defense & Esteller Martial Arts  
(510) 329-5351 [chrisn@pacificselfdefense.com](mailto:chrisn@pacificselfdefense.com)

**Date:** **January 21 & 22, 2012** (Saturday 8:30 AM – 3:30 PM, Sunday 9:00 AM – 4:00 PM)

**Location:** **915 Main St. Pleasanton, CA. 94566**

**Instructor:** **Sensei Robert Korody**

M.S. P.T. L.Ac. NYS licensed Physical Therapist, Acupuncturist, practitioner and instructor of Okazaki massage.

**Course Fee:** **\$40.00. Because of limited space, pre-registration is required.** Course fees collected go to cover only the expenses incurred by the course instructor. This course is not intended to be a money making venture or the cost of participation to be a detriment.

**What to wear and bring:** Shorts or swim suit, tee shirt and sweats. Bring at least two beach size towels and a bed sheet. Please bring a massage table if you have one. Bring snacks and water. We will be taking breaks but no offsite lunch.

Professor Henry S. Okazaki developed a unique system of martial and healing arts. His students would often exchange a basic dojo massage with their training partners at the end of class. Today there are not many Danzan Ryu schools that still practice the exchange of massages between students at the end of a workout. The Basic Dojo Massage Course has been designed to teach the basic fundamentals and principles of the Okazaki massage method so this practice can once again be part of the dojo curriculum.

Some of the Okazaki massage programs currently being offered are often financially prohibitive due to high registration fees, time commitment and travel expenses. The Pacific Jujitsu Alliance is offering a shorter and less expensive version of the Okazaki massage which can be learned in a weekend and applied immediately in the dojo. The course was designed to vastly simplify instruction in anatomy, physiology, history and theory. It has been specifically designed for those interested in learning and practicing basic massage for use in the dojo and on friends and family.

The Basic Dojo Massage Course is not intended to replace the Okazaki massage programs currently being offered by other Danzan Ryu organizations. Course participants wishing to further their personal knowledge and training will be encouraged to enroll in these other programs. It is hoped that interest in this course will prompt many to do so.

A certification of course participation will be issued upon the successful completion of the course hours. NOTE: The Basic Dojo Massage Course is not certified for continuing education units (CEU's) and may not be applied towards meeting local or state massage license requirements.

**Contact Sensei Chris Nicholas for registration information or any questions you may have about the course. [chrisn@pacificselfdefense.com](mailto:chrisn@pacificselfdefense.com)**

# 19<sup>th</sup> Annual K.I.T.W.

## Combat Knife Training Course

**August 10, 11 and 12, 2012**

Hosted by Sensei Robbin Miller

Fudo No Sei Kaku

1493 Northcrest Dr.

Crescent City, CA 95531

(707) 954-5534

[randsmiller@frontier.com](mailto:randsmiller@frontier.com)



**Participation Fee: \$125.00.**

*A \$50.00 non-refundable deposit is due by June 15, 2012.*

*The balance of \$75.00 is due by the August 10, 2012.*

*Participation fee goes up to \$175.00 after July 15, 2012.*

**Space is limited so pre-registration is a must**

**Fee includes:** Friday night lecture, two days of intense hands on field training, 1 dinner and 2 lunches. A certificate of participation and a course tee shirt will be awarded upon course completion.

### **Registration Information**

Registration forms, equipment list, lodging and course requirements can be obtain from Sensei Robbin Miller at [randsmiller@frontier.com](mailto:randsmiller@frontier.com). This course is open to Danzan Ryu brown belts and above (green belts with the approval of your sensei), active military personnel and sworn law enforcement personnel.

*This is a physically and mentally demanding course. You will have the opportunity to learn and to test your warrior skills in a controlled and safe environment.*

### **Instructors**

Professor Bob McKean and other KITW staff instructors

*New and expanded course material has been added to the 2012 KITW*