

Spirituality & Recovery**14 hours**

Objectives: Examines the role of spirituality and religion in recovery from addiction and mental health problems. Equips the therapist to better appreciate and utilize spirituality as a resource for clients as they seek recovery.

Text: *Addiction & Spirituality: A Multidisciplinary Approach* by Oliver Morgan & Merle Jordan (ed.) ISBN: 0827200234

Holistic Recovery**14 hours**

Objectives: Examines the role, implications and interrelationship of physical, mental, emotional, spiritual and social aspects of recovery.

Text: *Treatment of Abuse and Addiction: A Holistic Approach* by Arthur P. Ciaramicoli ISBN: 0765700875

Cognitive Approach To Addiction Treatment**12 hours**

Objectives: Explores the theoretical and treatment implications of utilizing cognitive strategies when dealing with addicted clients. Prepares the therapist to implement a cognitive approach when providing treatment to the addicted client.

Text: *Cognitive Therapy of Substance Abuse* by Aaron T. Beck, Fred D. Wright & Bruce S. Liese ISBN: 1572306599

Relapse Prevention**12 hours**

Objectives: Gain a greater understanding of the role of relapse in the recovery of the addicted client. Understand what is known of relapse and how relapse prevention can be applied in treatment.

Text: *Staying Sober: A Guide to Relapse Prevention* by Terry Gorski & Marlene Miller ISBN: 083090459X

Women & Addiction**12 hours**

Objectives: Examines the implications inherent in counseling women clients involved with addiction. Better prepares the therapist in providing counseling services that are specifically tailored to meet the needs of women in therapy.

Text: *Chemical Dependency: Women at Risk* by Brenda L. Underhill (Editor), Dana G. Finnegan (Editor) ISBN: 1560230886

Counseling the Older Addict**12 hours**

Objectives: Gain a greater appreciation of the role and extent substance use has among the older population. Gain a greater understanding of the diagnostic, treatment and aftercare implications of the older clients.

Texts: *Addictions Treatment for Older Adults* by Kathryn Marie Graham, et. al. ISBN: 1560248572

Compulsive Gambling**14 hours**

Objectives: Studies the challenges of counseling the pathological gambler examining its similarities and differences with alcoholism. Better prepares the counselor in providing treatment for the client who has a compulsive gambling problem.

Texts: *Releasing Guilt about Gambling* by Valerie C. Lorenz, Ph.D. ISBN: 0894865234

Understanding Compulsive Gambling by Henry R. Lesieur, Ph.D. ISBN: 9780894863882

When Someone You Love Gambles by Mary Heineman, M.S.W., C.A.C. ISBN: 0894865358

Alcoholism and Pathological Gambling: Similarities and Differences by Arthur Herscovitch ISBN: 1556911467