



GEORGETOWN UNIVERSITY  
School of Continuing Studies  
Institute for Transformational Leadership

## 2014 Leadership Coaching Alumni Conference

### RESILIENCE: *The Art of Leading in Challenging Times*

March 6-7, 2014

Washington, DC

**Institute Mission:** To develop and sustain worldwide communities of transformational leaders and coaches dedicated to awakening, engaging and supporting the leadership required for a more sustainable and compassionate future.

**Conference Objective:** Provide an opportunity for GT alumni to reengage in a warm, comfortable atmosphere that provides for expanded thinking and new learning.

## CONFERENCE AGENDA

### General Sessions

Learning	Track 1	PERSONAL RESILIENCE: Tools and practices that enhance personal resilience
	Track 2	PROFESSIONAL RESILIENCE: Strategies, tools and practices that make for resilient businesses and coaching practices
	Track 3	CLIENT RESILIENCE: Effective processes, tools and practices to support clients in being more resilient leaders
	Track 4	GLOBAL RESILIENCE: Interactive exploration of challenges and techniques in successfully leading a global workforce

**Connections:** Yoga, Exercise, Breaks, Bartered Coaching, Cohort Dinner, Reception

Thursday, March 6, 2014

10:00 a.m. -Noon	Volunteer Check-in
Noon-2:00 p.m.	Registration
Noon -2:00 p.m.	Optional Bartered Coaching
2:00-3:00 p.m.	Opening General Session <b>Kate Ebner</b>
3:00-3:30 p.m.	Break with Coffee/Drinks/Light Snacks

3:30-5:00 p.m.	Concurrent Session #1 (90 minutes)		
	Track 1: PERSONAL RESILIENCE	Susan Collins & Dr. Kathe Ana	Are you "In Condition" to be Transformative? Whole Person Self Care Practices to Sustainable Transformational Coaching.
	Track 2: PROFESSIONAL RESILIENCE	Sara Rohling & Dr. Hany Malik	Building Personal Resilience Marrying Key Insights from Psychology with Coaching.
	Track 3: CLIENT RESILIENCE	Lloyd Raines	Silencing One Another in Life and Organizational Life
	Track 4: GLOBAL RESILIENCE	Maria Morukian, Rondalyn Kane, Laura Miller	Leading Through Change: Preparing Global Leaders to Thrive
6:00-7:30 p.m.	Cohort Dinners		
7:45-9:00 p.m.	<b>Champagne and Dessert Reception</b> Georgetown University School of Continuing Studies 640 Massachusetts Ave, NW		
9:00 p.m.-Midnight	<b>After Party – Cash bar and informal conversation</b> Hampton Inn/Sixth Street Bar, 901 6th St, NW		

Friday, March 7, 2014

6:00-7:00 a.m.	Walk, Run, Yoga, Meditate Hampton Inn – Ground Floor
7:30-8:30 a.m.	Connection Breakfast with Learning Circle Advisors
9:00-10:30 a.m.	Morning General Session : <b>Coaching for Personal &amp; Client Resilience: Presence as a Meta-Competency</b> <b>Doug Silsbee</b>
10:30- 10:45 a.m.	Break: Coffee& Light Snacks Provided

	Concurrent Session #2 (60 minutes)		
10:45-11:45 a.m.	Track 1: PERSONAL RESILIENCE	Scott Eblin	Overworked and Overwhelmed: The Mindful Leadership Solution
	Track 2: PROFESSIONAL RESILIENCE	Janice Shack-Marquez	The Insider Coach: Internal Coaching as a Tool for Leading Oneself and Others
		Wendy Swire	The Neuroleadership of Peak Executive Performance and The Brain's Resiliency
Track 3: CLIENT RESILIENCE	Dr. Peter Liu & Claudia Voisard	Brave New Workers-Coaching for Resilience in the New Workplace	
11:45 a.m.-Noon	Transition to Lunch		
12:00-1:30 p.m.	General Session: <b>Keynote -Dr. Stuart Brown</b>		

	Concurrent Session #3 (90 minutes)		
1:45-3:15 p.m.	Track 1: PRERSONAL RESILIENCE	Glenn Schiraldi	Remarkable WWII Survivors: Inspiring Stories and Timeless Lessons in Resilience.
	Track 2: PROFESSIONAL RESILIENCE	Rae Ringel	The Art of Facilitation: Tools to Transform Individual and Group Performance
	Track 3 : CLIENT RESILIENCE	Aman Gohal, Clark Blakus & Jeff Herman	Client Resilience: Leading through Change Initiating Change and Responding to Change
Amanda Blake		Body, Brain & Behavior: How to Embody Resilience in the Face of Change	
3:15-3:45 p.m.	Break: Coffee & Light Snacks Provided		

	Concurrent Session #4 (60 minutes)		
3:45-4:45 p.m.	Track 1 : PERSONAL RESILIENCE	Karin Wiedemann	"Put your oxygen mask on before helping others" – Coaches Staying Resilient in Body and Mind
		Colin McLetchie	Polarity Therapy: Practices for holding space, grounding, centering mind-body
		Mike Coe	Improv Your Life
Track 2: PROFESSIONAL RESILIENCE	Sue McLeod & Beth Bloomfield	Navigating the Boundaries in Coaching Relationships	
4:45-5:00 p.m.	Transition to Closing Session		
5:00-5:30 p.m.	<b>Closing Session</b>		
6:00 p.m.	Optional Activities – To Be Announced		