



ABSTRACT PREVIEW

Abstract ID: 608478

[Multicultural Supervision, How do I do it?: A New Approach to the Integration of Cultural Discussions in Counseling Supervision](#)

Proposal Category: Oral Presentation

Abstract Status: Complete

Presenter(s)

Zoricelis Davila, LMHC, LPC-S

Bilingual Counselor

Puerta de Esperanza Bilingual Counseling

Role: Primary Presenter

Bio

Ms. Zoricelis Davila is a doctoral student in the Ph.D. Counselor Education and Supervision program at Liberty University. She is a Licensed Professional Counselor with a Private Practice in Fort Worth, Texas serving the Latino Community for 13 years. She is also the author of three books.

CV/Resume Upload

[Resume_DAVILA.doc](#)

AMHCA Membership

Student

Topic

1st choice: Supervision

2nd choice:

Type of Session

- Breakout (50 minutes)

Audience

- Student/New Professionals
- Middle Career
- Late Career
- Educators
- Supervisors
- Clinicians

Learning Objectives

1. Upon completion, participants will be able to articulate strategies to make counseling supervision culturally sensitive to the values of diverse populations by integrating cultural discussions in counseling supervision.
2. Upon completion, participants will be able to Identify interventions that are considered best practices for ethical and competent integration of cultural topics in counseling supervision.
3. Upon completion, participants will be able to apply the ethical integration of cultural discussions in the supervision session to practice culturally competent supervision

Presentation Annotation

This presentation provides evidence from a qualitative research that provides information about the process, action, and interaction occurring in the supervision session that contributes to the positive integration of multicultural topics. Guidelines for best practices will be provided in order to enhance ethical and competent multicultural counseling supervision.

Program Abstract

In recent years, there has been an increased awareness of the need for multicultural counseling supervision due to the dramatic change in demographics in the United States (Christiansen, Thomas, Kafescioglu, Karahurt, Lowe, Smith, & Wittenborn, 2011). The field of counseling and supervision has been affected by globalization and immigration in the United States by changing the demographic profile of both clients and counseling providers (Mori, Inman, & Caskie, 2009). The number of individuals and families from diverse cultural backgrounds that seek counseling and psychotherapy have escalated in the past ten years (Inman & Ladany, 2014). Consequently, this has resulted in a significant increase of counselors/supervisees and supervisors from diverse cultural backgrounds which leads to a greater need for multicultural competency in the supervision process (Tohidian & Quek, 2017). These changes, then, have intensified the need for counselors to attend to cultural issues in their therapeutic work (Inman & Ladany, 2013).

There is sufficient evidence that supports the ethical responsibility supervisors have to facilitate multicultural discussions through the integration of cultural topics in counseling supervision. Unfortunately, it is reported that supervisors who feel inadequate addressing cultural issues tend to ignore and not integrate such discussions. This lack of competence leads to the frustration and dissatisfaction of supervisees which in turn impacts client work. A dearth of information exists about the process that counseling supervisors follow to integrate multicultural topics in supervision. Further, there is limited evidence about the action and interaction between the supervisor and supervisee leading to the integration of cultural content. This presentation provides evidence from a qualitative research that provides information about the process, action, and interaction occurring in the supervision session that contributes to the positive integration or avoidance of multicultural topics.

Guidelines for best practices and positive integration of multicultural discussions will be provided in order to enhance ethical and competent multicultural counseling supervision. Throughout the presentation participants will be able to apply the principles and guidelines learned to strengthen multicultural self-efficacy in counseling supervision. It is the ultimate intention of this presentation to create a safe place for clients, counselors, educators, and supervisees for the positive integration of cultural discussions in counseling and supervision.

Description of accompanying materials or handouts

Handouts of the presentation will be provided to the audience along with references from the literature.

Supporting Evidence

The merits of this proposal rests on empirical evidence and the literature review conducted during her doctoral work and dissertation process. In regard to multicultural supervision, although some work has been done to provide guidelines and models to conduct multicultural supervision and education; its effectiveness has been difficult to achieve because there is little discussion of what the multicultural supervision process looks like (Christiansen et al., 2011; Constantine, 2001; Falender, Burnes, & Ellis, 2013; Goodyear, Bunch, & Claiborn, 2005).

Thus, this proposal rests on existing body of evidence indicating the need for the integration of cultural topics in supervision and the results from a qualitative research conducted during the dissertation process of this presenter.

Format

The format of the session will be primarily didactic in nature with the integration of lecture and seminar style including the interaction of the presenter with the audience. During the interaction with the audience active participation will be encouraged with time for questions throughout the presentation and at the end of the presentation.

Diversity and Multiculturalism

This presentation is primarily multicultural due to addressing the integration of cultural topics during counseling supervision.

Conference Theme

The conference theme is closely tied to the title and purpose of this presentation. The presentation will encourage the audience to embrace the possibilities of integrating cultural discussions in counseling supervision in order to connect with supervisees and clients in an innovative manner resulting from evidence of a qualitative research.

Primary Presenter Education

No Title

Zoricelis Davila, LMHC, LPC-S

Degree and Place of Education:

May 2019, Expected Graduation -Ph.D.- Counselor Education and Supervision- Liberty University – Department of Counselor Education & Family Studies- CACREP Accredited Program - Dissertation: Integrating Multicultural Discussions in Counseling Supervision: A Grounded Theory Study
December 2002 Master of Arts (M.A.) – Marriage & Family Counseling; Southwestern Baptist Theological Seminary

