Issue 05 Spring (Mar—May) 2018

# Friends Caring for Cowan Lake SEASONAL NEWSLETTER

#### Learn to Sail

Make 2018 the year you learn to sail, or get back into sailing. Cowan Lake Sailing Association welcomes newcomers and old salts to visit and learn more about our club. Visitors are welcome to drop by our facilities on the south shore anytime, though Sundays are the most active, with races starting in the after noon. Contact Judy Hearn at

membership@clsa.club to discuss how to get involved or schedule a tour.

On Saturday and Sunday, May 19<sup>th</sup> and 20<sup>th,</sup> there will be a basic course on sailing offered to the public. Attendees will receive a US Sailing basic sailing instruction book, view videos, practice some handson skills, and have the opportunity to go sailing with a CLSA member. The cost is \$25. Email

Learn-to-Sail@clsa.club for more details on how to register. Limited number of participants - so sign up now.





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Chris and Kelly Shough sailing on Cowan Lake - Photos courtesy of John Ray

## **Come Join the Team!**

Do you love Cowan Lake and wish you could be more involved? Well, you can be a part of our team! Volunteers at any State Park are very special, and here at Cowan Lake we really treasure them. Volunteers allow us to offer more and better opportunities for families to enjoy this wonderful place. Each summer, volunteers help with weekly archery, kayak, canoe, and paddle board programs. This lets us introduce so many more people to exciting outdoor adventures in a beautiful location. Knowledgeable volunteers have been instrumental in expanding and redoing the Naturalist Cabin displays, as well as hosting the building on Thursdays through Saturdays this past summer, tripling the time that this learning center is open and available to the public. The large fire ring and new Environmental Education Center were put together with donations from local businesses and generous help from local people. Both have opened up new educational and recreational opportunities for our area. We also have monthly trail clean ups to keep our hiking trails accessible and enjoyable for people to use.

This year, we have many more volunteer opportunities with a large flight cage going in, a boat house being developed, trail days, pollinator counts, and so many more. If any of these interest you, we would love to welcome you aboard at Cowan Lake State Park. One great way to get involved is to join us for our trail day on March 10<sup>th</sup>. Meeting at the <u>Environmental Education Center</u> at 8 am. Please bring gloves and dress for the weather. Extra loppers or hand clippers are always helpful. We will be cutting back growth hanging over trail and removing branches and limbs on the trail.

Please email volunteer@cowanlakestatepark.com for information on any of our volunteer opportunities.—Sarah Blair



Friends Caring for Cowan Lake (FCC)



## **Upcoming Events**

#### Green Up Day April 14th 9 am-noon

Help us 'Green Up' the park for the season. This is a great community service opportunity. Volunteer groups welcome.

Contact:

Sarah.Blair@dnr.state.oh.us

Spring Into Wildflowers April 21st 9 am—noon

Celebrate Earth Day and see our incredible wildflowers in a new way with a guided hike, photography workshop, or painting lesson.

#### Memorial Day Weekend Camp Out May 25-28

Come celebrate the start of summer with a fun filled weekend of owl hikes, kayak trips and archery. Make your camping reservation early.

#### Would you like to help the park as you do your shopping?

Sign up with these retailers to help raise money for projects and activities through FCC at no further expense to you.

#### Supporting our organization has never been easier—just shop at Kroger and swipe your Plus Card! Here's how to enroll:

- 1. Visit KrogerCommunityRewards.com
- 2. Sign in to your online account, or create an account.
- 3. Find and select 'Friends Caring For Cowan Lake State Park, and click 'Enroll'. You'll start earning rewards for FCC right away on qualifying purchases made using your Kroger Plus Card! Learn more at KrogerCommunityRewards.com,

and thank you for your support.

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