

# TROPICAL TWIST

## Gymnastics Invitational

February 8-9, 2020

Levels 3-10 & All Xcel

### Cost

\$85 All Xcel  
\$90 Levels 3-5  
\$105 Levels 6-10  
\$55 Team Fee (3+ gymnast per level)

\$100 Deposit to reserve your spot

### Payment

Make Checks Payable to: CMGA  
Mail to: PO Box 514, Waite Park, MN 56387

### Questions

Website: [granitecitygymnastics.com/meets.html](http://granitecitygymnastics.com/meets.html)  
Email: [tropicaltwistinvisational@gmail.com](mailto:tropicaltwistinvisational@gmail.com)

### Deadlines

Entry deadline: December 1, 2019  
Level changes, substitutions, & injury  
refunds: January 5, 2020

### Entries

Meet entries can be done at  
[www.usagym.org](http://www.usagym.org)

### Location

Apollo High School  
1000 44th Ave N  
St. Cloud, MN



### \*\*Prizes awarded to most tropical dressed team\*\*

\*All gymnasts must be paid in full before day of meet

\*\$10/gymnast late fee if postmarked after entry deadline

Additional \$100 international fee for all non-US competing gyms. Contact us directly for registration information.

\*Absolutely no refunds given after level changes, substitutions, and injuries deadline.

\*Meet is USAG Sanctioned. All gymnasts and coaches must have USAG Membership.

\*Competition format: All sessions will be in a modified traditional format.

\*Awards: Individual and team awards will meet or exceed USAG guidelines.

\*AAI Equipment from NSGEL.