

Island Foods



Great Valu Markets

Visit us at www.islandfoodsgreatvalu.com

Our Butchers Cut Fresh Beef & Pork Daily

get ready for the
crazy 8 Sale

& MELON

MANIA

8.88 lb.

Boneless Strip Loin



Jumbo Athena Melons

2/\$5



Extra Large Whole Seedless Watermelon

4.98 each



Sweet Honeydew Or Lemondrop Melons

5.88 each

2.48 lb.

Pork Spare Ribs
Fresh

Family Pack

pork
Be inspired

1.28 lb.

Perdue Jumbo Chicken Drumsticks Or Thighs
Fresh, Grade "A"

Valu Pack

PERDUE

These Savings Are Crazy!



Gatorade Thirst Quencher

Selected Varieties
8 pk. 20 oz. btl.

5.88



Idaho Spuds Mashed Potatoes
Selected Varieties
3.74 oz. pkg.



Blue Bonnet Margarine Quarters
Selected Varieties - 1 lb. pkg.



Essential Everyday Skillet Dinners
Selected Varieties
5.6-6.4 oz. box



Kraft Salad Dressing
Selected Varieties - 8 oz. btl.



Essential Everyday 100% Natural Tomato Sauce
15 oz. can



Starkist Chunk Light Tuna
In Water Or Oil - 5 oz. can



Essential Everyday Mandarin Oranges
In Light Syrup
11 oz. can



Ore-Ida Just Crack an Egg Scramble Kits
Selected Varieties
2.25-3 oz. cups

2/\$5



Essential Everyday Shredded Or Bar Cheese
Selected Varieties - 6-8 oz. pkg.

1.99



Green's Ice Cream

Selected Varieties - 48 oz. ctn.

2.99

Essential Everyday Ice Cream Cones
Cake Or Sugar - 12 ct. boxes

3/\$4



Florida's Natural Orange Juice

Selected Varieties
Or Grapefruit Juice
52 oz. ctns.

2/\$7



Tastykake Family Packs

Selected Varieties
8-16.08 oz. pkgs.

5/\$10



Deer Park Natural Spring Water
24 pk. 16.9 oz. btl.

Deer Park Sparkling Natural Spring Water
Pomegranate Lemonade
8 pk. 12 oz. cans

5.99



Mott's Apple Or Tot's Juice

Selected Varieties
64 oz. btl. Or 6 pk. 8 oz. btl.

2/\$6



Green Giant Steamers Vegetables

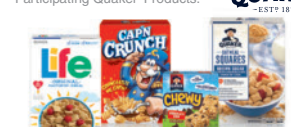
Selected Varieties
7-10 oz. pkg.

1.99

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.

Save \$2.00

When You Purchase any 4 Participating Quaker® Products.



WHEN YOU USE OUR GREAT VALU APP

Quaker Cereal
11.4-14 oz. Cap'n Crunch,
13 oz. Life Or
14.5 oz. Oatmeal Squares

2/\$6

PRICES GOOD AUGUST 5 - AUGUST 11, 2020

Meats

2/**\$3**

Banquet Brown 'N Serve
Breakfast Sausage
Patties Or Links

Selected Varieties Frozen - 6.4 oz. boxes

Bar S Meat,
Chicken Or Turkey Franks

12 oz. pkg.

1.29

Bob Evans
Sausage Links, Patties Or Rolls

Selected Varieties - 9.6-16 oz. pkgs.

2/**\$7**

Essential Everyday
Polska Kielbasa
Or Smoked Sausage

Regular Or Turkey Polska Kielbasa

14 oz. pkg.

2.99

Essential Everyday Italian
Or Bratwurst Sausage

Mild Or Hot Italian - 16 oz. pkgs.

2/**\$6**

Oscar Mayer
Delifresh Lunch Meats

Selected Varieties - 16 oz. pkg.

6.99

Oscar Mayer
Bun Length
Turkey Franks

16 oz. pkgs.

2/**\$5**

On-Cor Redi-Serve
Breaded Chicken

Selected Varieties - 26-27.5 oz. pkg.

5.99

Smithfield
Sliced Bacon

Selected Varieties - 12-16 oz. pkg.

5.49

Stahl-Meyer Hot Dogs
Or Frankfurters

Chicken, Meat Or Turkey - 3 lb. pkg.

5.49

Bob Evans Mashed Potatoes
Or Side Dishes

Selected Varieties - 20-24 oz. pkg.

3.79

Seafood

41/50 Count
Cooked Shrimp

Arctic Shores Tail-On IQF

12 oz. pkg.

5.99

Great American
Salmon Fillets

IQF - 2 lb. bag

10.99

Arctic Shores
Whiting Fillets

IQF - 32 oz. pkg.

5.99

Great American
31/40 Count Raw Shrimp

32 oz. pkg.

11.99

Bantry Bay
Mussels

Selected Varieties - 16 oz. pkg.

3.99

Eastern
Scallops

U10 Frozen

13.29 lb.

Pastuerized
Lump Crabmeat

1 lb. ctn.

13.99

Bakery

8 Inch
Double Layer
Coconut Cake

9.99

Angel Food Cake

10 oz.

2.99

Lofthouse
Frosted Cookies

Selected Varieties - 10 ct. pkgs.

2/**\$7**

Jumbo
Glazed Donuts

12 ct. pkg.

4.89

Mini
Eclairs

5 ct. pkg.

2.99

LaBrea
Sourdough Bread

16 oz.

2.99

St. Pierre Brioche Rolls

8 ct. pkg.

4.99

Deli

Kretschmar
Hard
Salami

Deli Fresh

6.99 lb.

Land O Lakes
American Cheese

Deli Fresh White Or Yellow

5.99 lb.

Culinary Circle Salami

Selected Varieites - 7 oz. pkg.

6.99

Kretschmar
Turkey Off The Bone

Deli Fresh Regular Or Honey

8.99 lb.

Reser's Cole Slaw

Deli Fresh

3.99 lb.

Signature
Provolone Cheese

Deli Fresh

6.99 lb.

Hormel Gatherings
Snack Tray

Pepperoni Or Honey Ham

14 oz. pkg.

9.99

Kretschmar
Beef Summer Sausage

Regular Or Garlic - 14 oz. pkg.

7.99

Rotisserie
Chicken

Deli Fresh

7.99 each

Grocery Savings



Hawaiian Punch Juice Drinks
Selected Varieties
128 oz. jugs

2/**\$5**



Essential Everyday Applesauce
Selected Varieties
6 pk. 4 oz. cups

1.89



Super Chill Soda
Selected Varieties
12 pk. 12 oz. cans

3.59



San Giorgio Pasta
Selected Varieties
12-16 oz. boxes

3/**\$4**



Essential Everyday Purified Drinking Water
24 pk. 16.9 oz. btl.

4.59



Duncan Hines Perfect Size For One
Selected Varieties
12.9-13 oz. pkgs.

2/**\$5**



Kool-Aid Bursts
Selected Varieties
6 pk. 6.75 oz. btl.

1.29



Keebler Club, Toasteds Or Town House Crackers
Selected Varieties
5.7-13.8 oz. boxes

2/**\$6**



Pasta Or Rice A Roni
Selected Varieties
4.3-7.2 oz. boxes Or
1.97-2.25 oz. cups

2/**\$3**



Barilla Pasta Sauce
Selected Varieties
24 oz. jars

2/**\$6**



Hershey's King Size Candy Bars
Selected Varieties
2.2-5 oz. pkg.

1.99



Deer Park Sparkling Water
Selected Varieties
33.8 oz. btl.

4/**\$3**



Essential Everyday Ground Coffee
Selected Varieties
10.3-11.3 oz. cans

2/**\$6**



Quaker Chewy Granola Bars
Selected Varieties
6.3-7.4 oz. boxes

2/**\$6**



Hormel Chili
Selected Varieties
15 oz. can

2.39



McCormick Taco Seasoning Mix
Selected Varieties
1 oz. pkt.

.99



Old El Paso Taco Shells Or Tortillas
Selected Varieties Or Refried Beans
8-12 ct. pkgs. Or 16 oz. cans

2/**\$3**



Old El Paso Stand N Stuff Taco Shells Or Hard Or Soft Shell Dinner Kits
Selected Varieties
5.4-12.5 oz. pkgs.

2/**\$5**



Essential Everyday Coffee K-Cups
Selected Varieties
12 ct. box

4.99



Skippy Peanut Butter
Natural Or Creamy
26.5-28 oz. jar

3.99



Essential Everyday Dinner Plates
Red
15 ct. pkgs.

2/**\$5**



Essential Everyday Plastic Party Cups
Red Or Blue
20 ct. pkgs.

2/**\$4**

Dairy



Yoplait French Oui Or Plant Based Yogurt
Selected Varieties
5 oz. cups

2/**\$3**



Tropicana Twister Fruit Beverages
Selected Varieties
59 oz. cnts.

2/**\$3**



Breakstone's Sour Cream
Regular, Fat Free Or Low Fat
16 oz. cnt.

1.99



La Yogurt Probiotic Yogurt
Selected Varieties
6 oz. cups

10/**\$5**



Essential Everyday Cream Cheese
Regular Or Neufchatel
8 oz. boxes

2/**\$4**



Coffee-mate Flavored Coffee Creamers
Selected Varieties
64 oz. cnt.

6.99



Essential Everyday Deli Style Sliced Cheese
Selected Varieties
6.8-8 oz. pkg.

2.79



Swiss Miss Pudding
Selected Varieties
6 ct. 4 oz. cups

2/**\$6**

Frozen



Green's Ice Cream Sandwiches
Selected Varieties
8-16 ct. boxes

Kems' Frozen Yogurt
Moose Tracks,
Vanilla Or Chocolate
48 oz. cnt.

3.99



Jimmy Dean Breakfast Bowl Or Delights
Selected Varieties
7 oz. boxes

2/**\$5**



Blue Bunny Ice Cream
Neapolitan or
Double Strawberry
48 oz. cnt.

4.99



Jimmy Dean Biscuits, Sandwiches Or Bites
Selected Varieties
9-18.4 oz. pkgs.

2/**\$10**



Essential Everyday Soft Pretzels
13 oz. pkgs.

2/**\$5**



North Star Super Bar Variety Pack
30 ct. pkg.

12.99



Ore-Ida Extra Crispy Fries Or Crowns
Selected Varieties
4.25-4.75 oz. boxes

2/**\$3**



Boston Market Home Style Dinners
Selected Varieties
13-16 oz. box

3.19



Bagel Bites Pizza Snacks!
Selected Varieties
7 oz. boxes

2/**\$5**

8.5.20 IF-3

**BUY ANY EIGHT (8) PARTICIPATING ITEMS*
GET \$3 OFF
ANY PRODUCE PRODUCT**



10/\$10

Banquet Basic Meals Or Pot Pies
Selected Varieties - 4.85-7 oz. boxes
Hunt's Snack Pack Pudding
Selected Varieties - 4 ct. pkgs.
Hunt's Tomato Ketchup
Squeeze - 20 oz. btl.
Hunt's Pasta Sauce
Selected Varieties - 24 oz. cans
Hunt's Manwich Sloppy Joe Sauce
Selected Varieties - 15-16 oz. cans
Van Camp's Baked Beans
15 oz. cans
Celeste Pizza For One
Selected Varieties - 4.4-5.9 oz. boxes

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.



**BUY ANY EIGHT (8) PARTICIPATING ITEMS*
GET \$3 OFF
ANY PRODUCE PRODUCT**



Participating items must be purchased in a single transaction.

WHEN YOU USE OUR GREAT VALU APP

**Save MORE
with Kellogg's!**



Kellogg's Cereal
10.1 oz. Froot Loops Or
12 oz. Rice Krispies



See Store
For Additional
Varieties

3/**\$10**



Kellogg's Rice Krispies Treats
Selected Varieties
5.6-6.2 oz. boxes



2/**\$5**



Kellogg's Pop-tarts
Selected Varieties
12 ct. pkgs.



2/**\$7**

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.



BUY 4, SAVE \$2.00 INSTANTLY
Kellogg's Products
Selected Varieties - 5.4-13.5 oz. pkgs.

WHEN YOU USE OUR GREAT VALU APP

Farm Fresh Produce



Yellow Nectarines
2.49 lb.



Red Or Black Plums
New Crop
2.49 lb.



Sweet & Juicy Mangoes
A Tropical Treat
1.29 each



3 lb. bag
Navel Oranges
4.99



Green Bell Peppers
Extra Large Size
.89 each



Dole Sleeved Celery
1.99 each



Local
Hanover Ripe Tomatoes
2.39 lb.



Dole Romaine Hearts
3 ct. pkg.
4.99



Snow White Cauliflower
head
4.99



Green Giant Idaho Potatoes
5 lb. bag
2/\$7



Dole Cole Slaw, Garden Salad Or Shredded Lettuce
8-14 oz. bags
2/\$4



Green Giant Whole Or Sliced White Mushrooms
8 oz. pkg.
1.99

Snack Center



Doritos Tortilla Chips
Selected Varieties
9.25-9.75 oz. bag
2.99



Frito Lay Party Size! Snacks
Selected Varieties
6-20 oz. bag
3.99



Utz Potato Or Tortiyahs! Chips
Selected Varieties
8.5-12.5 oz. bags
BUY 1 GET 1 FREE



Nabisco Family Size! Snack Or Ritz Crackers
Selected Varieties
11.5-24 oz. box
3.99



Nabisco Family Size! Oreo Or Chips Ahoy! Cookies
Selected Varieties
13.1-20 oz. pkg.
4.39



Little Debbie Snack Cakes
Selected Varieties
9-16 oz. boxes
3/\$5



Lay's XL Potato Chips
Selected Varieties
5-8 oz. bags
2/\$6

and
NATURAL
SPECIALTY



EVOL Pizza
Cheese Or Pepperoni
7.5-7.8 oz. pkg.
5.99



Bob's Red Mill Organic TriColor Quinoa
26 oz. pkg.
9.99



Simply Almond Milk
Selected Varieties
46 oz. btl.
3.99



PG Tips Tyram Black Tea
40 ct. pkg.
4.29



Earth Balance Pressed Oil Or Butter Spreads
Avocado, Sunflower Or Olive Oil
10-15 oz. ctn.
2/\$7



Tony Chachere's Seasoning
Original Or Light
8-10 oz. ctns.
2/\$7



Healthy Choice Power Bowl Wrap
Selected Varieties
6 oz. pkgs.
2/\$5



Tony Chachere's Bold Seasoning
7 oz. ctns.
2/\$6



Planet Oat Oatmilk Non-Dairy Dessert
Selected Varieties
16 oz. ctns.
2/\$6



Sticky Fingers BBQ Sauce
Memphis Original Or Habanero Hot
18 oz. btl.
2/\$6



Life Cuisine Bowls Or Pizza
Selected Varieties
4.5-11 oz. boxes
2/\$8



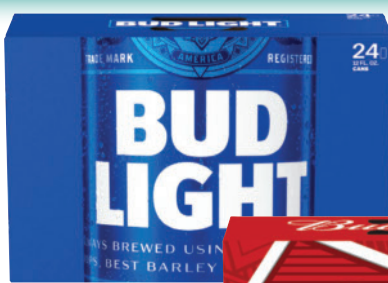
Angie's Boom Chicka Pop Popcorn
Butter Or Sea Salt
13.16 oz. boxes
2/\$7



Wild Harvest Organic Omega-3 Large White Eggs
Grade A dozen
2.99



Coke, Diet Coke, Cherry Coke, Caffeine Free Coke, Sprite, Mello Yello, Seagram's Ginger Ale, Pibb, Barq's Root Beer, Coke Zero Or Sprite Zero
Selected Varieties - 2 ltr. btl.
5/\$5



Budweiser Or Bud Light Beer
24 pk. 12 oz. cans
21.99



EVO Lot No 3
12 pk. cans Or Btl.
19.99

Visit us on the web
www.greatvalu.com



ISLAND
Great Valu

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PHONE: 757-336-5829

PRICES GOOD
AUG. 5 - AUG. 11

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8 am - 9 pm



We Reserve The Right To Limit Quantities.
No Sales To Dealers. No MVP Card Required.