

BASKETBALL SKILLS

Boys and Girls Clubs of the Colorado River

2250 Highland Rd., Bullhead City, AZ 86442

FRIDAY, JANUARY 17, 2020:

MEN'S AND WOMEN'S: HOT SHOT FREE THROW AND THREE POINT SHOT

CHECK IN: 10:30AM EVENT START: 11:00AM

FEES:

→ MANDATORY, ONE-TIME ATHLETE FEE: \$30.00

(Includes official athlete t-shirt and swag bag complete with vendor samples and exclusive coupons, as well as entrance to athlete mixer, and athlete refreshments at each event.)

→ HOT SHOT EVENT FEE: \$5.00

→ FREE THROW AND THREE POINT SHOT: \$5.00

DIVISIONS:

- → 5-Year Age Brackets
- → Game officials reserve the right to cancel any event or combine age divisions due to insufficient entries.



RULES/FORMAT:

→ Balls will be provided. If participant wishes to use his/her own ball, the ball must be official size, adhere to national standards and be approved by the Director.

HOTSHOT:

- → Each contestant will be allowed two rounds, one-minute each round, to make as many baskets as possible from any of the 5 designated spots. The competition will start under the basket in a lay-up spot.
- → Each basket is worth 1 to 5 points depending on the spot from which it is taken:
 - → Men: Lay-up (1 point); 15' shots (3 points); 18' shots (4 points); 20' shots (5 points)
 - → Women: Lay-up (1 point); 12' shots (3 points); 15' shots (4 points); 17' shots (5 points)
- → A bonus of 15 points will be awarded if a shooter attempts a shot from each one of the designated spots during a round. This bonus is awarded only once per one-minute round.
- → Consecutive shots are not allowed from the lay-up spot. Once a lay-up shot is made, the shooter must move to an area of a different point value and attempt a shot before trying for another lay-up. If a player fails to move to a different spot after a successful lay-up, all successive lay-ups attempted and made will not count until the player moves to and attempts from another point value/area.
- → Consecutive shots are allowed from any spot except the lay-up spot.
- → The best single round score will determine the final score.
- → Contestants must rebound their own shots.
- → In the case of a tie, multiple medals will be awarded.

FREE THROW AND 3-POINT SHOOT:

- → Each contestant will first shoot 25 free throws and will earn 1 point for each basket made. A total of 25 points is possible. Contestants are allowed 2 practice shots. If one of those is made, the contestant has the option of starting with that shot.
- → Each contestant will then shoot 6 shots from the 3-Point Line (Men: 19 feet, 6 inches / Women: 16 feet 6 inches) and will earn 3 points for each basket made. (Five spots will be marked and the shooter will shoot from all five of the marked spots in order, A to F. The 6th shot may be taken from any one of the five spots). A total of 18 points is possible.
- → Points for Free Throws and 3-Point Shots will be added for a final, combined score. A combined total of 43 points is possible.
- → Contestants may use rebounders.

