

Alabama Slammin'

Choreographed by Rachael McEnaney

Description: 48 count, 2 wall, intermediate west coast swing line dance

Music: If You Want My Love by Laura Bell Bundy [CD: Achin' and Shakin' / Available on iTunes]

Intro: 32

ROCK FORWARD RIGHT, ¾ TURN RIGHT, RIGHT SAILOR WITH TURN ¼ RIGHT, LEFT KICK BALL SIDE

1-2 Rock right forward, recover to left

3-4 Turn ½ right and step right forward, turn ¼ right and step left to side (9:00)

5&6 Cross right behind left, turn ¼ right and step left together, step right forward (12:00)

7&8 Kick left forward, step left together, take big step to right side

LEFT TOUCH TWICE, STEP LEFT TO SIDE, RIGHT SAILOR ¼ TURN, LEFT TOE TOUCH THEN 2X HEEL JACKS

1&2 Touch left toe next to right, touch left toe next to right again, step left to side

3&4 Cross right behind left, turn ¼ right and step left together, step right forward (3:00)

5&6 Touch left toe next to right, step left back, touch right heel forward

&7&8 Step right in place, touch left toe next to right, step left back, touch right heel forward

RIGHT RECOVER, LEFT SIDE ROCK, LEFT BEHIND SIDE CROSS, RIGHT SIDE ROCK, RIGHT SAILOR ¼ TURN

&1-2 Step in place with right, rock left to side, recover to right

3&4 Cross left behind right, step right to side, cross left over right

5-6 Rock right to side, recover to left

7&8 Cross right behind left, turn ¼ right and step left together, step right forward (6:00)

STEP LEFT FORWARD, TURN ½ RIGHT, FULL TURN RIGHT TRAVELING FORWARD (OR 2 WALKS), LEFT MAMBO, RUN BACK RIGHT-LEFT-RIGHT

1-2 Step left forward, pivot turn ½ right (12:00)

3-4 Turn ½ right and step left back, turn ½ right and step right forward

Easy option: step left forward, step right forward

5&6 Rock left forward, recover to right, step left back

7&8 Step right back, step left back, step right back

BIG STEP LEFT BACK, HOLD, BALL WALK WALK

1-2&3-4 Big step left back, hold, step right together, step left forward, step right forward

5-6 Touch left toe forward bumping hips forward, step left forward

7-8 Step right forward, turn ¼ left (9:00)

RIGHT CROSSING SHUFFLE, ¾ TURN RIGHT, 2X HEEL SWITCHES, BIG STEP FORWARD LEFT

1&2 Crossing chassé right, left, right

3-4 Turn ¼ right and step left back, turn ½ right and step left forward (6:00)

5&6 Touch left heel forward, step left together, touch right heel forward

&7 Step right together, big step left forward

Lean back slightly and imagine stepping over a box

8 Brush right forward

REPEAT