

PREPARING FOR FAMILY MEDIATION

The following materials are provided to help you prepare for your upcoming mediation.

Please take some time to consider the potential issues that will be discussed and decided during your mediation sessions(s). These questions are designed to start you thinking about your child's/children's needs, interests and concerns.

This information is specifically for you to be better prepared to begin the mediation process. You will not be required to share your specific answers during the mediation session if you are not comfortable doing so.

ISSUES TO CONSIDER PRIOR TO MEDIATION

- * transportation
- * child's/children's activities
- * schooling
- * discipline
- * holidays/special family occasions/vacation periods
- * living arrangements of child/children
- * child's/children's health
- * religious training

What are your wishes for your child/children in the next 5-10 years?

How has your child/children dealt with the current situation (residing in one household; visiting in the other)?

How can you make this situation easier for your child/children?

What is special/unique about your child/children?

Who cares or would care for the child/children in your home?

Does the child/children have any siblings regarded as brothers or sisters, or is the child/children living with other children?

What daily activities, outside the home, are important to your child/children?

Describe your relationship with your child/children.

Describe your child's/children's relationship with the adults in the other party's home.

Describe your child's/children's relationship with the other adults in your home.

Describe your current relationship with the other party to this mediation?

What are the other party's strengths as a parent?

What are your strengths as a parent?

Do you have any concerns about your child/children spending time with the other party or any members of his/her household? If yes, what?

What are your needs as you parent this/these child/children in the future?

What problems, if any, do you anticipate dealing with any agreement we may reach in mediation?
