

# Mane Stride

## An Equine Assisted Therapeutic and Riding Program

### Physician's Statement

Dear Health Care Provider:

Your patient, \_\_\_\_\_, is interested in participating in supervised equine activities.

In order to safely provide this service, our center requests that you complete/update the attached Medical History and this Physician's Statement form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present and to what degree. Thank you for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact our center at the address/phone below.

#### Orthopedic

Atlantoaxial Instability  
Include neurological symptoms  
Coxa Arthrosis  
Cranial Deficits  
Heterotopic Ossification/  
Myositis Ossificans  
Joint subluxation/dislocation  
Osteoporosis  
Pathological Fractures  
Spinal Joint Fusion/Fixation  
Spinal Joint Instability/  
Abnormalities

#### Medical/Psychological

Allergies  
Animal Abuse  
Cardiac Condition  
Physical/Sexual/Emotional  
Abuse  
Blood Pressure Control  
Dangerous to self or others  
Exacerbations of medical  
conditions (i.e. RA, MS)  
Fire Settings  
Hemophilia  
Medical Instability  
Migraines  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disease

#### Neurologic

Hydrocephalus/Shunt  
Seizure  
Spina Bifida/Chiari II  
Malformation/Tethered  
Cord/ Hydromyelia

#### Other

Age-under 4 years  
Indwelling Catheters  
Medical Equipment  
Medications i.e.  
photosensitivity  
Poor Endurance  
Skin Breakdown

Physician's Notes \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_