



EDISON JR. HIGH FOOTBALL



~ June 2018 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Last Day	2
3	4	5 Lifting/Conditioning @ EHS Weightroom 10-11:30	6	7 Lifting/Conditioning @ EHS Weightroom 10-11:30	8	9
10	11	12 Lifting/Conditioning @ EHS Weightroom 10-11:30	13	14 Lifting/Conditioning @ EHS Weightroom 10-11:30	15	16
17	18	19 Lifting/Conditioning @ EHS Weightroom 10-11:30	20	21 Lifting/Conditioning @ EHS Weightroom 10-11:30	22	23
24	25	26 Lifting/Conditioning @ EHS Weightroom 10-11:30	27	28 Lifting/Conditioning @ EHS Weightroom 10-11:30	29	30





EDISON JR. HIGH FOOTBALL



~ July 2018 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 No Football	3	4	5	6	7
8	9	10 Lifting/Conditioning @ EHS Weightroom 10-11:30	11	12 Lifting/Conditioning @ EHS Weightroom 10-11:30	13	14
15	16	17 Lifting/Conditioning @ EHS Weightroom 10-11:30	18	19 No Lifting Equipment Issue @ EMS 8 th Grade: 8:00 7 th Grade: 8:45	20	21
22	23	24 Lifting/Conditioning @ EHS Weightroom 10-11:30	25	26 Lifting/Conditioning @ EHS Weightroom 10-11:30	27	28
29	30	31				