



*Because no two families are the same...*

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## Parent Solutions

[www.PS-CA.com](http://www.PS-CA.com)

**Name of service:** Co-parent Therapy

**Explanation of service:** Co-Parent therapy is a process designed to provide guidance to achieve the best workable parenting relationship for your child. The goal of co-parent therapy is for the parents to find a way to reduce tension and work together with minimal or no assistance. We provide co-parent counseling to one or both parents. It is the discretion of the therapist to have individual sessions for safety reason, when the goals are not similar, and suspend joint sessions if the therapist determines the meetings will not be productive.

**How this works:** Our process begins by meeting with each party individually for an intake. The sessions can be held in San Jose or Morgan Hill and are for one hour. Each party is asked to complete intake forms and send them in prior to the meeting. You may be contacted by administration, therapist, and/or supervisor to assist with any part of the process. Please provide us with the most current court order that speaks of Co-Parent Therapy and any appointment of Minor's Counsel if applicable.

**Joint Sessions:** During your intake session, it will be determined if and when each party is ready for a joint session. Once this is completed, both parties will be asked to sign a consent to release information to the other party. There may be instances where multiple individual sessions are necessary to make the determination or assist each party with therapy to better prepare them for joint sessions. Also, in preparation for the joint sessions, we assess to assist with goal identification for each party and for readiness of joint sessions. Generally we find there are commonalities in each party's goals once they are presented to the therapist. We may also determine the parties will not be productive in a joint session.

**Fee:** Each party is responsible for their own intake fee unless otherwise specified. Joint sessions are held in the office only and unless otherwise specified, the fee is split between each party. Our sliding scale fee is based on earning less than \$96,000 per year. Our sliding scale for co-parent therapy is \$150-\$200 per hour. Insurance does not cover the fee for Co-Parent Therapy. A retainer may be required.

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16360 Monterey Road, Suite 270

Morgan Hill, Ca. 95037

408-292-4357

1625 The Alameda, Suite 207

San Jose, Ca. 95126

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**Reports:** The therapist may provide a written report and will address the report to both parties. At that time you may disperse the report to your attorneys you have one. The rate for court report writing is \$125/ hour and total may depend on the detail of the report.

**Safety:** The clinician will make as much accommodation to ensure the parents do not come in contact with each other if necessary. It is the responsibility of the parents to make sure each parent follows the court orders. The parents take full responsibility of such encounters and shall act appropriately in the presence of any child (ren) and the clinician. Please note that inappropriate behaviors can lead to termination of sessions and services. Please do not bring children to the sessions as supervision is not provided. Each party will not disparage the other parent or engage in third party conversations about the other parent. Anyone under the influence of drugs or alcohol will cause the visit to be terminated.

**Discretion:** The clinician has the discretion to change or modify the sessions as needed. The clinician does reserve the right to terminate a session at any time. If the clinician does terminate the visit for any reason, it is the discretion of the clinician and/or the supervisor to provide a refund. The therapist may also reschedule sessions which can be also determined by a current court order. A termination of agreement also applies if a third party, including a visitor, breaks the guidelines. It is the responsibility of each party to provide the clinician with any current court order and restraining order if applicable. Please let us know if you have any questions.

**Schedule:** Flexible Monday-Saturday, days and evenings

**Location:** San Jose and Morgan Hill

**Language:** Spanish and English

**Availability to begin service:** Services can usually begin within 10 days of enrollment.

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