



4C Family Center of Washington County Newsletter

2376 W Washington St, West Bend, WI 53095
Office: 262-338-9461
www.wcfamilycenter.org



Strengthening families by providing parent education & family activities.

4C-FOR CHILDREN, INC.

Newsletter for May through August 2019



4C-for Children serves Kenosha, Milwaukee, Ozaukee, Racine, Washington & Waukesha Counties
Main Office: 1736 N 2nd Street, Milwaukee, WI 53212 • Office: 414-562-2650
www.4c-forchildren.org

PROGRAMS

Programs are held at the
4C Family Center,
2376 W Washington St, West Bend.

**REGISTRATION REQUIRED AND
SPACE IS LIMITED, SO REGISTER EARLY
PLEASE CALL: 262-338-9461**



ROCKIN' READ-A-THON WEDNESDAY, JULY 31 6:00 PM

Join us tonight for the kick-off of our first ever read-a-thon. We'll learn reading strategies to engage your child to read. It will be a night of fun and surprises. So come tonight to sign up, you won't want to miss out!

PRESENTERS:
Gina Meyer and Kathy Bruni
Parent Educators

We ENCOURAGE you to bring your children

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NURTURING PROGRAM WEDNESDAYS, AUGUST 21 THROUGH DECEMBER 4 9:00-11:30 AM

The philosophy of this **FREE** 16—week Nurturing program emphasizes the importance of raising children in a warm, trusting, caring household. Discover how children develop the capacity to trust, care, and respect themselves and others.

Explore the 7 principles of the program:

Attachment, Empathy, Nurturing Ourselves, Discipline,
Expressing Feelings, Expectations, and Self Worth.

PRESENTER:

Kathy Bruni, Nurturing Facilitator

NO CHILD CARE



PHONE
REGISTRATION
BEGINS

MONDAY
APRIL 29TH
@ 8:30AM



**REGISTER @ 8:30AM BY PHONE: 262-338-9461
FOR MAY, JUNE, JULY AND AUGUST PROGRAMS**

COFFEE & CONVERSATION MONDAYS

The coffee is ready!

**MAY 6 & JUNE 3 ONLY!
NO GROUP IN JULY OR AUGUST**



PRESENTER: KATHY BRUNI
LOCATION: 4C FAMILY CENTER
TIME: 9:30 – 11:00AM

CHILD CARE AVAILABLE: MUST REGISTER

Come relax and join in as we discuss concerns and share ideas to help you through your child's next stage and beyond. This group is an opportunity to support you in the most important job on Earth... **RAISING YOUR KIDS!**

TUESDAYS & THURSDAYS FAMILY DROP-IN

Playgroup

AT THE 4C FAMILY CENTER FROM
9:30-11:00AM

NO SIGN-UP NEEDED FOR THIS ONE – COME WHEN YOU CAN AND LEAVE WHEN YOU MUST! A GREAT MORNING OUT FOR THE KIDS – AND YOU!

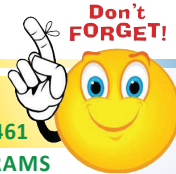
Join the fun with open play time, then put the toys away & it's on to a special craft, snack & circle-singing time, too! Drop-In is for you and your 0-5 year old to come and enjoy whenever you can!

NOTE: There will be NO "Family Drop-In Playgroup" on May 14th, June 25th, July 2nd, July 9th, July 16th and July 23rd. No Thursday drop-in after June 1st through the August 15th for fieldtrips.

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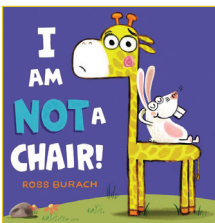
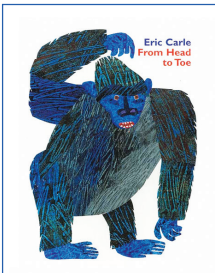
LET'S START WITH A BOOK

LOCATION: 4C FAMILY CENTER
TIME: 6:00 - 7:30PM
AGES: INFANT - 6 YEARS

FROM HEAD TO TOE:

Join in with a host of elephants, monkeys, and other animals as they wiggle, stomp, thump, and bend across the pages. Lots of Fun!

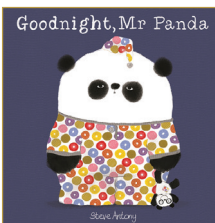
TUESDAY, MAY 7



I AM NOT A CHAIR:

This is a story of a giraffe who keeps being mistaken for a chair. Come see if giraffe can convince his jungle friends that he is NOT a chair!

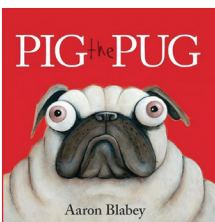
TUESDAY, JUNE 18



GOODNIGHT MR. PANDA:

Bath? Teeth? Pajamas? It's bedtime for Mr. Panda and his friends. But Mr. Panda's pals are not quite ready for bed. The fun is never ending in this getting-ready-to-go-to-bed story.

TUESDAY, JULY 30



PIG THE PUG:

Pig was a pug and I'm sorry to say, he was greedy and selfish in most every way...this is a hilarious book about learning to share!

TUESDAY, AUGUST 20

A NIGHT OUT WITH DAD

(OR GRANDPA, UNCLE, OR OTHER
SIGNIFICANT MALE IN YOUR CHILD'S LIFE)

LOCATION: 4C FAMILY CENTER

unless otherwise noted*.

TIME: 6:00 - 7:30PM

AGES: CHILDREN 2 – 6 YEARS

Mother's Day Make It-Take It:

Daddies be a big hit at your house by bringing your little ones to make a special gift for Mom. Nothing says love like a handmade gift from the kids.

THURSDAY, MAY 9

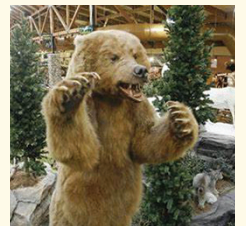


Cabela's:

We'll travel to Cabela's tonight to get a tour.

We'll see so many things it will feel like we are in a museum! We might even get to try our luck fishing in the outdoor pond!

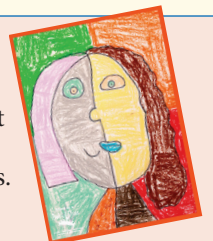
***LOCATION: CABELA'S, 1 CABELA WAY, RICHFIELD
THURSDAY, MAY 30**



Pint Sized Picasso's:

Join me for a night of messy, painting fun. We'll create some projects using crayon resist art and watercolor paints, we may use vegetables and fruits to create different prints. Don't miss this messy night of creativity!

THURSDAY, JUNE 20



Lac Lawrann:

Tonight we'll get out in the great outdoors and take a nature hike. After we have done that we will get to enjoy smores by the campfire. Yum-yum!

***LOCATION: 300 SCHMIDT RD, WEST BEND
THURSDAY, AUGUST 15**





EDUCATIONAL WORKSHOPS

All workshops are held at the 4C Family Center, 2376 W Washington St, West Bend, WI 53095.

Workshops are from 6:00 - 7:30PM and are FREE unless otherwise noted.

Limited Child Care Available - Must call 262-338-9461 to register for all workshops.

MAY

RESOLVE TO RAISE A HEALTHY CHILD

TUESDAY, MAY 21 6:00-7:30 PM

Learn natural ways and practical tips to boost your child's immune system and help your child THRIVE.

PRESENTER: Andrea Lange, DC River Shores Chiropractic

CHILD CARE AVAILABLE: Must Register

COOK FOR A DAY-EAT FOR A WEEK

WEDNESDAY, MAY 29 9:30-11:00 AM

Find out how to set a few hours aside on a weekend to prepare meals for the next week. Might be a sacrifice, but the payoff is huge! You will be able to create easier, faster dinners all week long!

PRESENTER: Kathy Bruni, Parent Educator

CHILD CARE AVAILABLE: Must Register

JUNE

TRIPLE P-POSITIVE PARENTING PROGRAM

WEDNESDAY, JUNE 5 9:30-11:30 AM (note longer time)

DEALING WITH DISOBEDIENCE:

We all know what it's like to face that moment when our children just don't do as they are told. This discussion group will give some positive suggestions to help teach your child to accept limits, do as they are told, and to understand the meaning of the word NO!

Offered for Grandparents Raising Their Grandchildren

CHILD CARE AVAILABLE: Must Register

FATHER'S DAY MAKE IT TAKE IT

WEDNESDAY, JUNE 12 1:00-3:00 AM

So Mom's now it is your turn to rock an awesome handmade gift for Daddy. The kids will have fun creating a masterpiece for "Good ole Dad"!

PRESENTER: Kathy Bruni, Parent Educator

WOMEN'S SAFETY

WEDNESDAY, JUNE 19 6:00-7:30 PM

This workshop is designed for women of all ages and abilities who would like to learn how to protect themselves in dangerous situations. You'll learn to deal with a variety of threatening situations using basic techniques.

PRESENTER: Deputy Bill Niehus,

Washington County Sheriff's Department

NO CHILD CARE

ePARENTING HIGH TECH KIDS

WEDNESDAY, JUNE 26 9:30-11:00 AM

Thinking ahead... explore what life might be like as your child becomes a high tech kid. Many programs for parents about digital media focus on the potential negative effects of its use and how parents can protect their children from such dangers. This program focuses on the positive aspects of how digital media can support the developmental tasks of adolescents and can enhance parenting skills and communication with your child.

PRESENTER: Carol Bralich, Family Living Educator,

UW Extension-Washington County

CHILD CARE AVAILABLE: Must Register



JULY

COMMON SENSE PARENTING – TEACHING KIDS SELF CONTROL

WEDNESDAY, JULY 17 9:30-11:00 AM

Learn how to keep your cool while stopping your child's temper tantrums, meltdowns, stonewalling, and other acts of defiance. Teaching children how to stay in control when they are frustrated or angry is a difficult parenting challenge. Learning to stay calm is the first step you must take when facing an upset child.

PRESENTER: Ann Fuerbringer, Parent Educator

CHILD CARE AVAILABLE: Must Register

TRIPLE P-POSITIVE PARENTING PROGRAM

WEDNESDAY JULY 31 9:30-11:30 AM (note longer time)

HASSLE-FREE SHOPPING WITH CHILDREN: All parents have to deal with misbehavior at some stage, and shopping can be one of the most difficult times. We'll discuss why children misbehave on shopping trips, how to prevent problems, and how to deal with misbehavior when it happens.

PRESENTER: Kathy Bruni, Triple P Educator

CHILD CARE AVAILABLE: Must Register



AUGUST

WIGGLE, GIGGLE, GO

WEDNESDAY, AUGUST 7 3:00-5:00 PM

Parents this is an interactive program for you and your child to help you get moving. We'll learn some new songs, hula hoop games, and different things you can do with a jump rope. Play for a child is magical, why not share the fun with your child!

PRESENTER: Kathy Bruni, Parent Educator

TRIPLE P-POSITIVE PARENTING PROGRAM

TUESDAY, AUGUST 13 6:00-7:30 PM

RAISING CONFIDENT, COMPETENT CHILDREN:

The values, skills and behaviors to encourage children are the choice of every individual parent. However, some core skills are important for everyone. Children are more likely to be confident, succeed at school and get on well with others when they develop certain life skills. These life skills include being respectful and considerate, communicating well with others, thinking positively and having healthy self-esteem. Come learn ideas on how to help children learn these important life skills.

PRESENTER: Carol Bralich, Triple P Educator

CHILD CARE AVAILABLE: Must Register



NOTICE TO PROFESSIONALS:

There will be \$5.00 fee per educational workshop if proof of attendance is needed for certification processes.



> FIELD TRIPS <

> RIVERSIDE PARK: Join us as we kick off field trips with a visit to the "Purple Park"! We'll have a nature scavenger hunt and create a work of art with our findings.

LOCATION: KILBOURN AVE, WEST BEND
THURSDAY, JUNE 6

> LAC LAWRAAN: What is more fun than being outside and enjoying nature. We'll discover many things and may even see a turtle or two! Please wear good walking shoes.

LIMITED ENROLLMENT

LOCATION: 300 SCHMIDT RD, WEST BEND
THURSDAY, JUNE 13

> TEXAS ROADHOUSE: We'll get a behind the scenes kitchen tour, try our luck at "line dancing", and when we are done kids will enjoy a "free" lunch of a hot dog and applesauce.

LIMITED ENROLLMENT

LOCATION: 800 W PARADISE DR, WEST BEND
THURSDAY, JUNE 20
OPTIONAL PARENTS LUNCH: FEE \$5.00

> BORN LEARNING TRAIL: Today we will check out this trail. It is an interactive experience designed to help parents, grandparents, and care givers explore ways to turn everyday moments into fun learning opportunities. Feel free to bring a lunch to enjoy after our hike!

LOCATION: VILLA PARK-SQUIRE LANE, WEST BEND
THURSDAY, JUNE 27

> COUNTY SHED: Have you ever wondered where they keep the salt they use on the roads in winter? Come and see the big salt dome up close. We'll get a chance to see all the "Big Rigs" and sit in them. Great photo opportunities!

LIMITED ENROLLMENT

LOCATION: 900 LANG ST, WEST BEND
THURSDAY, JULY 11

> FIRE STATION: If your child dreams of sitting in a fire truck then this is the field trip for you. We will get a tour of the firehouse and see where the fire fighters eat and sleep. The kids will also get to put out a "pretend" fire with the big fire hose!

LIMITED ENROLLMENT

LOCATION: 325 N. 8TH AVE, WEST BEND
TUESDAY, JULY 16 -OR- TUESDAY JULY 23

- Note day of week change for this field trip only.
- Register for one date only.



**MONDAY
APRIL 29th
@ 8:30AM**

**REGISTER @ 8:30AM BY PHONE: 262-338-9461
FOR MAY, JUNE, JULY AND AUGUST PROGRAMS**

> ZIEGLER PARK: We'll enjoy our pot luck field trip early this year. Summer will be in full swing and we will be able to enjoy it! Please bring a dish to pass. Utensils, cups, napkins and juice will be provided.

**LOCATION: CORNER OF LINCOLN DR S & SYLVAN WAY,
WEST BEND**
THURSDAY, AUGUST 1

> SUNSET FARM: We'll travel to the farm today and get to see close-up how a dairy farm operates. We'll see the milking parlor, the dairy barn, and even if we are lucky see some new calves!

LIMITED ENROLLMENT

LOCATION: 6600 SUNSET DR, ALLENTON
THURSDAY, AUGUST 8

> WASHINGTON COUNTY SHERIFF'S DEPARTMENT: We'll take a tour of the sheriff's department and get a look at where the 911 calls are answered. We'll get to try on handcuffs and hear about how the deputies keep us safe. Best of all we'll get to sit in the squad car!

LIMITED ENROLLMENT

LOCATION: 500 SCHMIDT ROAD, WEST BEND
THURSDAY, AUGUST 15

> NATIONAL GUARD ARMORY: Have you ever sat in a helicopter? If not, this is your chance. We will hear all about how the National Guard keeps people safe in emergencies!

LIMITED ENROLLMENT

LOCATION: 105 TRENTON ROAD
THURSDAY, AUGUST 22

**WE WILL MEET AT THE
LOCATION OF THE FIELD TRIP!**

ALL FIELD TRIPS ARE FROM 10:00-11:00AM.

Registration begins Monday, April 29th at 8:30PM
Please Call: 262-338-9461

Registration REQUIRED and Space is limited!



VOLUNTEERS!

Has the 4C Family Center of Washington County made a difference in your life?

How about doing the same for another?

Please consider adding your name to our list of childcare volunteers! The commitment is small, but the rewards are great — lots of free hugs and smiles from the kids!

Call 262-338-9461 for more information.



4C-FOR CHILDREN, INC. Family Center of Washington County

2376 W WASHINGTON STREET, WEST BEND, WI 53095

PHONE: 262-338-9461

WEBSITE: www.wcfamilycenter.org

HOURS: MONDAY THRU FRIDAY
8:30AM – 4:30PM

NOTE: There will be NO “Family Drop-In Playgroup” on May 14th, June 25th, July 2nd, July 9th, July 16th and July 23rd. No Thursday drop-in after June 1st through the August 15th for fieldtrips.

INCLEMENT WEATHER POLICY:

On days when the West Bend School District has cancelled school, the Family Center will also be closed and all programming for the day will be cancelled. If the school district has a delayed start, all morning programs will be cancelled for that day.



Please check out our website www.wcfamilycenter.org or our Facebook page for any closings or cancellations. Also closings will be broadcast on channels TODAY’S TMJ4, WISN12, FOX 6, and you can also check their websites.

4C FAMILY CENTER STAFF:

Bonnie Debroux Site Director
Kathy Bruni Family Engagement Specialist,
Family & Educational Programs
Kelly Carini Office Coordinator/ Youngstar



United Way of Washington County

1121 E Summer Street, Hartford, WI 53027

262-670-9980

www.unitedwayofwashingtoncounty.org

IMPORTANT WASHINGTON COUNTY PHONE NUMBERS

WASHINGTON COUNTY HUMAN SERVICES DEPARTMENTS:

Acute Care/Crisis Intervention.....	262-365-6565
Aging & Disability Resource Center	262-335-4497
Alcohol & Other Drug Abuse	262-335-4583
Child Abuse/Neglect Hotline	262-335-4888
Children & Family Services/BadgerCare	262-335-4610
Energy Assistance	262-335-4677
Financial Assistance Programs	888-446-1239
Mental Health Services	262-335-4545
Washington County..... Toll Free	800-616-0446
WIC (Women, Infants & Children)	262-335-4466
ALBRECHT FREE CLINIC	262-334-8339
ELEVATE	262-677-2216
FRIENDS OF ABUSED FAMILIES.....	262-334-7298
FULL SHELF FOOD PANTRY.....	262-335-0685
HOUSING SUPPORT HOTLINE	262-334-4912
W2	262-306-3505
WORKFORCE DEVELOPMENT.....	262-335-5300
BREASTFEEDING COALITION	262-335-4741

PROGRAM LOCATIONS

4C Family Center of Washington County

2376 W Washington Street

West Bend, WI 53095

262-338-9461

www.wcfamilycenter.org



United Way Resource Center

1121 E Summer Street

Hartford, WI 53027

262-670-9980

www.unitedwayofwashingtoncounty.org



United Way of
Washington County

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of Washington County**
2376 W Washington Street
West Bend, WI 53095

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4C-For Children, Inc.



SUPPORT GROUPS

4C Family Center 2376 W Washington St, West Bend, WI 53095.
Must call 262-338-9461 to register.

ON THE SPECTRUM: A SUPPORT GROUP FOR PARENTS OF CHILDREN ON THE AUTISM SPECTRUM

4TH THURSDAY OF THE MONTH, 6:30PM *No meeting June, July and August*

LOCATION: 4C FAMILY CENTER
No meeting June, July and August

This group has been formed to help educate and support all who attend, with many meetings including guest speakers. Come and join us and become part of a positive autism experience within our community. Many of these discussions would apply to anyone with special needs, so anyone would truly be welcome, not just families living with ASD.

FOR MORE INFORMATION PLEASE CONTACT: NIKKI BUSALACCHI,
262-353-2335 • jnbusalacchi@charter.net

WEST BEND LA LECHE LEAGUE BREASTFEEDING INFORMATION AND SUPPORT GROUP

2nd Wednesday of the month, 9:30 am

Whether you breastfeed your baby six days, six weeks, six months or beyond, you'll find La Leche League meetings supportive and informative. Mothers with nursing babies, mothers-to-be and children welcome.

FOR MEETING INFORMATION OR BREASTFEEDING HELP CALL:
MOLLY 507-382-5309

The Giving Tree Wish List:

- CHILDREN'S DVD'S • GLUE & GLUE STICKS • HAND SANITIZER
- KID FRIENDLY SNACKS/JUICE • KITCHEN GARBAGE BAGS • KLEENEX
- LIQUID HAND SOAP • NAPKINS • POSTAGE STAMPS • SMALL PAPER PLATES

**GIFT CARDS: HOBBY LOBBY, MEIJER, OFFICE MAX, PICK-N SAVE,
PIGGY WIGGLY, WALMART**



**Don't
FORGET!**



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