



## Client Intake Form

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Are you under a Physician's care now? \_\_\_\_\_ For What? \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Current Occupation: \_\_\_\_\_ Hours worked per day: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**What is your main complaint physically?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Surgeries:** *(List type, and approximate date and age)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Any Medically Diagnosed Disease or Disorders:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Medications:**

Name of Medication

Dosage (strength)

Frequency

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Client Intake Form**

**Page Two**

**Family History of Disease or Medical Condition:** \_\_\_\_\_

\_\_\_\_\_

**Genealogy Traits:**

Are you more similar to your mother or your father? Explain why? \_\_\_\_\_

\_\_\_\_\_

**Personal History:**

Allergies:

*Foods:* \_\_\_\_\_

*Medications:* \_\_\_\_\_

*Pollens, etc.:* \_\_\_\_\_

Abdominal Pain: (*location*) \_\_\_\_\_

Back Problems: (*location*) \_\_\_\_\_

Joint Pain: (*location*) \_\_\_\_\_

Other Pain: (*location*) \_\_\_\_\_

Eczema/Psoriasis/other skin problems: \_\_\_\_\_

Bowel Problems: \_\_\_\_\_

Muscle Aches: (*location*) \_\_\_\_\_

Edema/Swelling: (*location*) \_\_\_\_\_

Have you ever had hepatitis? \_\_\_\_\_ Type: (*if known*) \_\_\_\_\_

Have you ever had a blood transfusion? \_\_\_\_\_

Heart Problems: \_\_\_\_\_

Breathing Problems: \_\_\_\_\_

Do you Smoke? \_\_\_\_\_ If yes, how many a day? \_\_\_\_\_ How long? \_\_\_\_\_

Have you quit smoking? \_\_\_\_\_ If yes, when? \_\_\_\_\_

Do you use alcohol? \_\_\_\_\_ How often? \_\_\_\_\_

Sleep: Hours per day: \_\_\_\_\_ Exercise: \_\_\_\_\_

**Females:**

Menstrual cycle: \_\_\_\_\_ Menopause: \_\_\_\_\_

Have you ever been on the pill? \_\_\_\_\_ How long? \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_ Number of children: \_\_\_\_\_

Are you pregnant? \_\_\_\_\_

Other problems: \_\_\_\_\_

**Males:**

Prostate gland problems: \_\_\_\_\_

Urinary frequency: \_\_\_\_\_ Difficult urination: \_\_\_\_\_

Other problems: \_\_\_\_\_

**Complaints or Symptoms:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Depression          | <input type="checkbox"/> Poor Digestion      |
| <input type="checkbox"/> Memory Loss     | <input type="checkbox"/> Hearing Problems    | <input type="checkbox"/> Indigestion         |
| <input type="checkbox"/> Crave Sweets    | <input type="checkbox"/> Tire Easily         | <input type="checkbox"/> Vision Problems     |
| <input type="checkbox"/> Headaches       | <input type="checkbox"/> Constipation        | <input type="checkbox"/> Cold Hands/Feet     |
| <input type="checkbox"/> Dizziness       | <input type="checkbox"/> Diarrhea            | <input type="checkbox"/> Burping/Belching    |
| <input type="checkbox"/> Earaches        | <input type="checkbox"/> Hemorrhoids         | <input type="checkbox"/> Bloating/Gas        |
| <input type="checkbox"/> Anxiety         | <input type="checkbox"/> Lack Patience       | <input type="checkbox"/> Nagging Cough       |
| <input type="checkbox"/> Nervousness     | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Temper Problems     |
| <input type="checkbox"/> Hernias         | <input type="checkbox"/> Sinus Problems      | <input type="checkbox"/> Difficulty Sleeping |
| <input type="checkbox"/> Varicose Veins  | <input type="checkbox"/> Sore Throat         | <input type="checkbox"/> Dental Problems     |
| <input type="checkbox"/> Low Blood Sugar | <input type="checkbox"/> Bad Breath          | <input type="checkbox"/> Low Blood Pressure  |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Blood Clots         | <input type="checkbox"/> High Blood Pressure |

**Habits:** (*How much each day?*)

Bread: \_\_\_\_\_ Sugar: \_\_\_\_\_  
Coffee: \_\_\_\_\_ Junk Foods: \_\_\_\_\_  
Fried Foods: \_\_\_\_\_ Green Leafy Vegetables: \_\_\_\_\_  
Water: \_\_\_\_\_ Fresh Fruit: \_\_\_\_\_

**Childhood History:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Asthma         | <input type="checkbox"/> Tonsillitis   | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Chicken Pox    | <input type="checkbox"/> Measles       | <input type="checkbox"/> Mumps               |
| <input type="checkbox"/> Colds          | <input type="checkbox"/> Pneumonia     | <input type="checkbox"/> Scoliosis           |
| <input type="checkbox"/> Earaches/tubes | <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Hay Fever/Allergies |

Other: \_\_\_\_\_

Childhood Immunizations: \_\_\_\_\_

Other Immunizations: \_\_\_\_\_

**Is there any other medical information you feel I should know about?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**What are you goals or expectations?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_