



Elementary Cross Country "Run for Fitness"

Sunday, September 16, 2018

(Sept 23rd – rain date)

Held at Garden Spot High School along Tower Road!

Registration and course walks from 1:00 - 1:45pm

- 2:00 p.m. – Kindergarten (1/4 mile run)
- 2:10 p.m. – 1st grade (1/4 mile run)
- 2:20 p.m. – 2nd grade (1/2 mile run)
- 2:30 p.m. – 3rd grade (1/2 mile run)
- 2:40 p.m. – 4th grade (1/2 mile run)
- 2:50 p.m. – 5th grade (1/2 mile run)
- 3:00 p.m. – 6th grade (1/2 mile run)

Awards will be given after each race. Top five (girls and boys separate) in each race will receive a place ribbon (and will qualify for the Lancaster County Elementary Cross Country Championship held on Sun, Oct 7th); all others will receive a participation ribbon.

T-shirts will be on sale at race

Preregistration is appreciated (by 9/15) but not required.

Day of event registration welcomed as well!

For more information please call Traci Tempone at 610-587-6192

RESULTS AND INFORMATION AT: www.GSrunning.org

Return form to your teacher

The teacher will send thru inter-office mail to athletic department

Fee: FREE EVENT

------(Detach & Return to **Teacher**)-----

Elementary Cross Country "Run for Fitness"
Sponsored by Garden Spot Cross Country Booster Club

Child's Name	Gender (B/G)	Grade

Address (include ZIP)

Home Phone #

WAIVER: In consideration of the acceptance of this entry, I the undersigned intending to be legally bound hereby, for myself, my heirs, executors, administrators, and personal representatives, hereby waive and release any and all rights and claims for damages, illness, injuries or losses which I have or which may accrue to me against all race officials and all organizations constructing or involved in this event, including, but not limited to the Garden Spot Cross Country Booster Club, Elanco School District, or their respective officers, directors, employees, representatives, successors, assigns, and sponsors, that may result from my participation in this event. Moreover, I hereby certify that to the best of my knowledge and belief, I am in good physical condition and have properly trained to participate in the race. Further, I hereby grant full permission to the aforementioned persons and organizations to use my name and/or picture in any newspaper, photography, video tape, motion picture, recording or any other account of this event for any purpose whatsoever. I understand there is no event fee; however, the event maybe cancelled due to dangerous conditions or weather, and this decision is made by the race director.

Parent Name (Print): _____ Ele Sch: _____

Signature: _____ Date: _____

Parent/Guardian signature on behalf of minor